

CONTRACEPTION

Family Planning NSW supports increasing access to safe, effective and affordable methods of contraception and family planning services for women, men, young people, children and people with disability in the Indo-Pacific region.

We build the capacity of health systems to provide information, counselling and services so families can actively plan whether to have children, when to have them and how many to have.

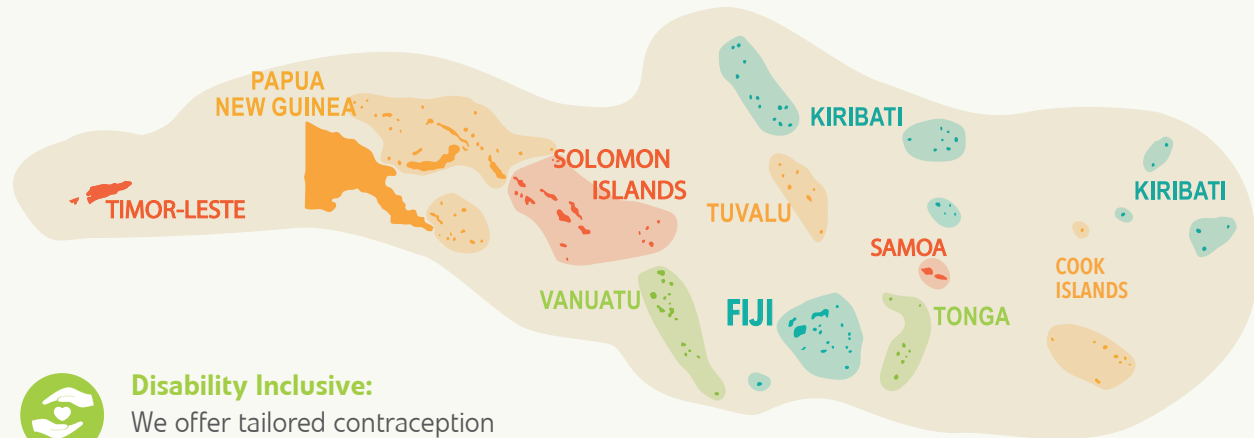


TRAINED OVER
1,200
CLINICIANS & COMMUNITY WORKERS
SINCE 2010
IN THE PACIFIC



Comprehensive:

We deliver education and information about contraception and family planning to ensure everyone can make informed decisions about their sexual and reproductive health.



Disability Inclusive:

We offer tailored contraception education to people with disability, as well as their teachers, parents and carers, that acknowledge the sexual and reproductive health needs of people with disability.



Gender Transformative:

We create opportunities for women and girls to actively plan when to have children, empowering them to participate in education and employment.

OUR APPROACH



Build Partnerships:

We work with in-country organisations to determine the most appropriate method of contraception education and service delivery.



Health Promotion:

We provide health professionals and community educators with the technical skills and information to provide contraception information and education.



Capacity Building:

We use a train-the-trainer approach to build local capacity to ensure that programs are locally owned and sustained.



Evidence-based:

We use local and international research and knowledge to offer quality family planning services that are evidence-based, and align with best practice and the local context.



Advocacy:

We promote the need for increased access and supply of contraceptives for all, in particular long acting reversible contraceptives.

SUSTAINABLE DEVELOPMENT GOALS

We actively support the achievement of the Sustainable Development Goals, with a close alignment to SDG 3 on healthy lives and SDG 5 on gender equality.



“Our vision is for all people to have high quality sexual and reproductive health and rights by building the capacity of international partners in the Indo-Pacific region to provide universal access to sexual and reproductive health services.”

Family Planning NSW

SUPPORT OUR WORK



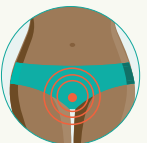
There is a great need for sexual and reproductive health services in the Indo-Pacific, and we need support and donations to continue our work. Your funding supports projects that:

REDUCE TEENAGE PREGNANCY THROUGH ACCESS TO CONTRACEPTION



ALLOW WOMEN AND GIRLS TO PARTICIPATE IN EDUCATION AND EMPLOYMENT BY PROVIDING CHOICE

REDUCE SEXUALLY TRANSMITTED INFECTIONS



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