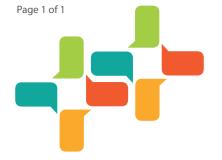
Fact Sheet - Assyrian

بنئه سجبهة

The Combined Pill



حدٰدب حدّہ شدہ سجبہہ؟۔



دِّيجِب جِهِ فُلَسْمَ سُحْمَ؟

بُقَعْ فِعْ بُحِيثَة فَعْ شِدَوْءُ دِيقَة هِمَ كَعَدُقُومِيهُ سَدِّة فِكَمُّ حَمَّدُ بُحْسَة، أَدْمَةُ وَحِلَا بُحْسَة، فَدِجْةً وَجُدَنَاءً وَجُدَنَاءً .

حقع ہفت چه قلشه؟

چه قَكْمَهُ ذَتْهُ عِقْب. يَكِكُ هِي 98 دِيُّوَهُ جِه هَمَهُ هِعَمْتَعَمُّ هِ مُتَعْهُ لِمُ مُعَمِّتُهُمُ مُنَكُمُ هُمِعِيْتُكُمُ مُوَعَدِّمِهُ مُعَدِّمِهُ مُعَادِمٍ. لَمِتْهُ لَكُمُ هُمُعِيْدُمُ مُنَهُ لَمُعَادِمُهُمُ لَمُتَدِّمُ مُلِعَدِيدًا مُعَلِيدًا مُلِكُ 9 هِي 100 يَتِيْءُ جِهُ فَهُمَادِمُ. لَحَدَّمُ لَمُعَادِمُهُمُ لَمُعَادِمُ لَمُعَادِمُهُمُ لَمُعَادِمُهُمُ لَمُعَادِمُهُمُ لَمُعَادِمُهُمُ لَمُعَادِمُ لَمُعَادِمُهُمُ لَمُعَادِمُهُمُ لَمُعَادِمُ لَمُعُمُ لَمُعُمُ لَمُعُمِعُهُمُ لَمُعُمِمُ لَمُعُمُ لَمُعُمُ لَمُعُمِعُتُمْ لَمُعَادِمُ لَمُعَلِّمُ لِمُعَادِمُ لَمُعُمُومُ لَمُعُمُ لَمُعُمُومُ لَمُعُمُ لِمُعُمِّمُ لِمُعَادِمُ لِمُعَالِمُ لِمُعْلِمُ لِمُعُمُ لِمُعُمِّ لَمُعُمِّمُ لِمُعْلِمُ لِمُعِمِّ لَمُعُمِّ لَمُعُمِّ لَمُعِمِّ لِمُعْلِمُ لِمُعِمْ لِمُعْلِمُ لِمُعْلِمُ لِمُعْلِمُ لِمُعْلِمُ لِمُعْلِمُ لِمُعُمْ لِمُعْلِمُ لِمُعْلِمُ لِمُعْلِمُ لِمُعْلِمُ لِمُعْلِمُ لِمُعْلِمُ لِمُعْلِمُ لِمُعِمْ لِمُعْلِمُ لِمُعْلِمُ لِمُعِمْ لِمُعِمْ لِمُعْلِمُ لِمُعُمُ لِمُعُمْ لِمُعِمْ لِمُعْلِمُ لِمُعِمْ لِمُعْلِمُ لِمُعْلِمُ لِمُعْلِمُ لِمُعْلِمُ لِمُعْلِمُ لِمُعْلِمُ لِمُعِمْ لِمُعْلِمُ لِمُعْلِمُ لِمُعِمْ لِمُعْلِمُ لِمُعْلِمُ لِمُعُمْ لِمُعُمْ لِمُعْلِمُ لِمُعْلِمُ لِمُعْلِمُ لِمُعُمْ لِمُعُمُ لِمُعُمُ لِمُعِ

مُعب مُعبِيّ دِجُعلِيّه يُن سُدّه؟

ۻەققى ۋەۋە دىتى، قىيە دېكىلىنىڭ ئېقى، ئېقى چى ئېدىنىڭ گە كىلىمەڭ، يى، كېمە دۆلەردىنىڭ مەرىق، دېقى قىيى، دۆلىقى ھەدكېڭ دەھقىلىم، يى، قىلىمە دۆلەلەر.

مُعب يُذِك دِكُ، مُعكِسُ، كُهُ سُتُه؟

يقي هَذِك دِكْم هُهِيْسِبُكُه شِقْع يَى ثَعب عَبِمُلَهُهُ سَدِّهُ عَهُدَهُمْ دِدْهُمْ هُهُ هُمْ هُمُ عَجْدَهُم وَهُمْ وَهُمْ مُعْدَم وَهُمُ وَهُمْ وَهُمْ وَهُمْ هُمُ وَهُمْ هُمُ وَهُمْ وَهُمْ وَهُمْ وَهُمْ وَهُمْ وَهُمْ وَهُمْ وَهُمْ مُومُ وَهُمْ وَهُمْ وَهُمْ وَهُمْ وَهُمْ مُومُ مُمْ وَهُمُ وَهُمْ وَهُمْ وَقُمْ مُومُ مُومُ وَهُمْ وَهُمْ وَهُمْ وَهُمْ وَهُمْ مُومُ مُومُ مُومُ مُمْ وَهُمْ وَقُمْ مُومُ وَهُمْ وَقُمْ مُومُ وَهُمْ مُومُ مُمْ وَهُمْ وَهُمْ وَهُمْ وَهُمْ مُومُ مُمْ وَهُمْ وَهُمُ وَعُمْ وَوَكُمْ وَهُمْ وَهُمُ وَهُمْ وَهُمُ وَهُمْ وَهُمُ مُومُ وَهُمْ مُهُمْ وَهُمْ وَهُمْ وَهُمْ وَهُمْ وَهُمُ مُومُ مُومُ مُومُ مُومُ مُومُ مُومُ وَمُعُمْ وَهُمْ مُومُ مُومُ وَهُمْ وَمُعُمْ وَمُعُمْ

دْيْجِب غُسَكُمْت كُهُ شِقْعْ؟

جُقَعْ حِعْ نُمَنَعْ نُهَ مَهَلَقَعْ (قَحَبَمٌ) جَمِعْ شَعِعَ لَا 28 جُقِعْ، مَهَلَبُمْ حَنَّهُ لِمُلَكَ فِيكَ غُلَّ فِيكُمْ دَجْفَعْ، جِعْ شَعِعَ لَحِيلًا 2 م 7 جُقِعْ دَجُنه بَعْمَنَعْ دَنه هُقِعْ عَبِشَعْ (جَعَدْد). عَنْدُعْبِم قِمَ جَهُدُد فَعْ دَجُودَتُمْ فَعِمْنَعْ دَنه هُقِعْ عَبِشَعْ دَخُودُ عَبِهُ مَخْدُد. وَجُعُلُوجُهُولُ مِنْهِا مِغْمُد جُقِعْ دَجِحُدْ.

سُمِحَمَّة شِقِهُ شَعِيْهُ مِقْدِعِبِ عِمِيهُ عَدَهِدَهُ مِسْهِدُوْءَ مِسْهِدُوْءَ مِسْمَدُوْءِ مِسْمَدُهُ وَسُمِدُوْء مَسْمِحَمَّةُ كَـُدَ، وَمَعِمِعِد خُمْ يُعَمِّدِ عَهِمَ جَبِمَّهُ مِعْمَادِ مِعْكِدُ عَدْبِكِهُ مِسْقِيْهُ مَك حَدْدَ عِنْكَثَرْهُ عَلِيْهُ خَبِيْتُهُ مِنْكِيْهُ عِبْكِهُ مِنْكِيْهُ خُبُودِهِ.

حفدب چم قوع ہے، حودجاکجت دخصکمت گھ شتع؟

٤٨ قيون قد به ٤٧ قبن و و و و به د به ١٠٠٠ و به ١٠٠٠

دُدجِب مُعينِهم وقعنِهم كُهُ سُقَعْ؟

هعبعة مؤمد وشوئهد كبد تهنع نه ونوكهد كوله لاوهنه وهيكدهة وهيكدهة وهيكدهة وهيكدهة وهيكدهة وهيكدهة وجلكده للموقد بدوكه ويستورد بدوكه وي المحافظة والمعافظة وا

المِدَسُمُ السِدَومُ شَامُ فُحِكُمَمُ وَسَهُمُ عُمِدُمُمُ

هُهُمْ لَهُمْ لَهُ وَسَيْ قُحِمْ لَسِقَعِمْ شَمْ هُمَكُنِمْ دِمَهُبَعَهِمْ لَمَ سُرِيكُوهُ ، وَقَعَيْمِ وَهُمَونُعُمَهُمْ دِ FPNSW .

شَعْ سَمِت زُودُهُ مُحُودِثُمُهُمْ

- - NRS (قَعْ نَتْقِعْ خِدِّدٌ) NRS •
 - وحومد مودد دوهنه ومهنه وجدهوه وجدموهه

سِم حَمْقِهِ | سَمْهُهُ مُكَدُّرُ 2 www.fpnsw.org.au | 886 658 1300

سِلَجُيِّ دِحِيهَ ١٩ هُنِهُ وَجُوهِ وَخُعُومُ ١ مُوكَفَعُ وهُ وَكُفَدُ ١ مُوهُدُ ٤ مِجِبُكُنَهُ

حودَثَهَة وهيُجُهِدُ وجُحدُومَة وصحهُ هُمه صُحْم بَيِّه ضِو جهدَتُهُا ذُر هُم فَحَتْ ووورَه فَعَيْدَ حِيْه صُوفُ لَعَبْ وَوَجِدَوَدُهُ وسوكُمُتَة وصدهُ هُمه صُحْف



Fact Sheet - English

THE COMBINED PILL



What Is The Pill?

The combined Pill contains two hormones, oestrogen and progestogen. It is usually just called 'The Pill'. There are many types of combined Pills but they all work the same way to prevent pregnancy.



How Does The Pill Work?

The Pill stops a woman's ovaries from releasing an egg each month, so a pregnancy cannot begin.

Who Can Use The Pill?

Most women can use the Pill. It is effective at preventing pregnancy if taken correctly, but can also be easily stopped if you wish to become pregnant.

Who Should Not Use The Pill?

Women should not use the Pill if they have had a blood clot in their leg, a stroke or heart attack, liver problems, high blood pressure, certain types of migraine, or breast cancer. You may not be able to use the Pill if you are breastfeeding and your baby is less than six months old. It is very important to talk with your doctor to make sure it is safe for you to use the Pill. Some other medications can stop the Pill from working properly and the doctor will tell you about these and other things you need to know before you decide to use it.

Are There Any Side Effects?

Most women feel well while using the Pill, but it is common to have some side effects at first. You may have irregular bleeding in between periods, sore breasts and nausea (feeling sick). This usually settles down after a couple of months but sometimes your doctor may change the type of pill you are using. Serious health problems caused by the Pill are rare, but ask your doctor to tell you about them.

How Do You Take The Pill?

The Pill comes in a 28 day pack and depending on the type of pill, it will have between two and seven pills that have no hormones (sugar pills). You will usually have vaginal bleeding during the days when you take the sugar pills.

Some types of pill are available on the PBS while others are not. Talk to your doctor about the cost of different pill types if this is an issue for you.

What If You Miss A Pill?

If you are less than 24 hours late taking a pill, take it as soon as you remember, and then take the next pill at the usual time. You will still be protected against pregnancy. If you are more than 24 hours late taking a pill you should use condoms or not have sex until you have had seven days of hormone pills. You may need the emergency contraceptive pill. It is a good idea to talk with your doctor or pharmacist about what to do if you are more than 24 hours late or you can ring to speak with a nurse on our Talkline (1300 658 886).

How Can You Get The Pill?

You need to go to a doctor or Family Planning Clinic to get a script for the Pill. The doctor will ask you questions about your health and will tell you how to take the Pill. You can then buy your pills from a pharmacy or a Family Planning Clinic. You should have a check-up every 12 months.

www.fpnsw.org.au | talkline 1300 658 886 | bookshop

 $\label{lem:clinical services & information | education \& training | research | international development \\ \textit{Family Planning NSW} is a not-for-profit organisation funded by the NSW Ministry of Health \\ \\$





Other Methods of Contraception

There are many other methods of contraception available. See FPNSW factsheets.

For Further Information

- Contact the Family Planning NSW Talkline on 1300 658 886 or go to www.fpnsw.org.au/talkline
- NRS (for deaf) 133 677
- Or visit your nearest Family Planning clinic

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The information in this Factsheet has been provided for educational purposes only. Family Planning NSW has taken every care to ensure that the information is accurate and up-to-date at the time of publication. Individuals concerned about any personal reproductive or sexual health issue are encouraged to seek advice and assistance from their health care provider or visit an Family Planning NSW clinic.



 $\label{lem:clinical services & information | education \& training | research | international development \\ \textit{Family Planning NSW is a not-for-profit organisation funded by the NSW Ministry of Health} \\$

