



FAMILY PLANNING NSW

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# ANNUAL 2010 REPORT



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Aboriginal and Torres Strait Island people need to be aware that this publication contains an image of a person who has died.

# ORGANISATION ORGANISATION

COMMITTED TO **EXCELLENCE** IN MEETING  
THE REPRODUCTIVE AND SEXUAL HEALTH NEEDS  
OF THE NSW COMMUNITY



# WHO WE ARE



We maintain active partnerships with other organisations that are positioned to impact on the reproductive and sexual health of the people of NSW.

With more than 80 years as a leader in reproductive and sexual health, **our commitment to excellence in meeting the reproductive and sexual health needs of the NSW community continues to achieve outstanding results.**

As a company limited by guarantee incorporated under the *Corporations Act 2001*, we are an independent not-for-profit organisation with a voluntary board. Our organisation uses various avenues to focus on the contribution to, promotion, collection and dissemination of reproductive and sexual health knowledge, information and learning to people in NSW.

More than 80 years as a leader in reproductive and sexual health.

## WE OFFER

- **Clinics** located in Ashfield, Dubbo, Fairfield, Newcastle and Penrith;
- **Education & Training** opportunities for doctors, nurses, teachers, disability workers, service providers, youth workers and members of the general public;
- **Research** of the highest standard and updates on the latest developments in reproductive and sexual health;
- **Health Promotion** designed to meet the specific needs of our priority populations;
- **Resources** developed with community engagement and support;
- **Information** that is accessible, credible and easy to understand.

These activities focus on our priority populations and on those who have difficulty accessing mainstream services. These priority groups include people who are young, aged, Aboriginal and Torres Strait Islander, with disability, culturally and linguistically diverse, same-sex attracted and those from regional, rural and remote NSW.



## VISION

To be a leader in reproductive and sexual health.

## MISSION

To promote the reproductive and sexual health of the people of NSW.

## PURPOSE

To contribute to, collect and disseminate reproductive and sexual health knowledge, information and learning.

## OUR LINKS

Through our membership of Sexual Health and Family Planning Australia (SH&FPA), Family Planning NSW (FPNSW) links with other family planning organisations around the country and with the International Planned Parenthood Federation. We maintain active partnerships with other organisations that are positioned to impact on the reproductive and sexual health of the people of NSW including government, community and the corporate sector.



## OUR INCOME

**Family Planning NSW is the peak organisation funded by the government to specifically provide reproductive and sexual health services throughout NSW.** Family Planning NSW gratefully acknowledges NSW Health for providing funds through the Non-Government Organisation (NGO) program, managed by Sydney South West Area Health Service, Sydney West Area Health Service and Hunter New England Area Health Service.

## OUR VALUES

- Leadership on reproductive and sexual health issues of importance in our communities;
- Excellence in our services and resources by supporting the expertise of those who work for the organisation;
- Respect for the dignity and choices of our clients, communities and staff;
- Collaboration with other organisations and sectors for increased health outcomes;
- Participation from clients and communities in the development and review of services and resources;
- Equity of services and resources for maximum distribution of reproductive and sexual health outcomes in priority groups;
- Access to services and resources that are appropriate for our clients and communities; and
- Accountability to our clients, communities, funders and stakeholders.



## KEY DIRECTION 1

### Expert Information Systems

- **Healthline 1300 658 886** and [healthline@fpnsw.org.au](mailto:healthline@fpnsw.org.au) confidential telephone and email service – 7,200 phone calls and 419 emails answered.
- **Healthrites Bookshop** integrated new online shopping cart – 1,274 orders.
- **Family Planning NSW website: [www.fpnsw.org.au](http://www.fpnsw.org.au)** – new design launched October 2009.
- **Newsletters:** *Clinical Update*, *Sexual and Reproductive Health Nursing Information* and *Between the Sheets* – 10 newsletters distributed to 2,029 recipients.

# KEY ACHIEVEMENTS 2009–2010

## KEY DIRECTION 2

### Credible, responsible advocacy that is considered and achieves results

- **New and updated resources** – *The Vulva: A Clinician's Practical Handbook*; *Contraception the Basic Facts* booklet; *Women & HIV Factsheets* and *Contraception: Healthy Choices*.
- **Translation of the *Down There DVD*, 2nd edition** into Persian, Arabic and Mandarin.
- **105% increase in media responses** from the previous year.
- Participation in International Women's Day, National Condom Day, Sydney Gay and Lesbian Mardi Gras, Sexual Health Week, NAIDOC Week, Youth Week and Refugee Week.



## KEY DIRECTION 3

### Growth and diversification of funding base

- Statewide Reproductive and Sexual Health Data Needs Analysis drafted.
- FPNSW support of SH&FPA by managing the SH&FPA International Projects in 2009/10.
- Ongoing research projects and funding through pharmaceutical companies and partnerships.

## KEY DIRECTION 4

### Best quality health promotion, prevention and clinical care to the people of NSW

- 13,460 clients attended FPNSW clinics for 24,667 visits, a 5% increase in services from the previous year.
- Services provided – gynaecological (43%), contraception (35%), STI/HIV (10%) and pregnancy (6%).
- 32% of all FPNSW and 71% FPNSW Fairfield clients were born overseas.
- 4% of FPNSW clients reported having a disability.
- 3% of all FPNSW clients and 16% clients at FPNSW Dubbo were from an Aboriginal and Torres Strait Islander background.

## KEY DIRECTION 5

### Research and evaluation implemented across NSW

- 24 ongoing research studies: 13 either funded or partially funded by FPNSW, six in collaboration with either universities or other research institutions and five clinical trials funded by pharmaceutical companies.
- 6 articles accepted and/or published by peer review journals.
- 10 conference presentations and 69 seminar/workshop presentations given.

## KEY DIRECTION 6

### Training and education

- 1,304 course participants attended 100 FPNSW Medical, Nursing and Professional Education courses: a 25% increase from the previous year.
- 41% of the participants attended professional education courses, 23% attended nursing education courses and 19% attended medical education courses.
- 12,697 participants attended FPNSW health promotion activities.

Our organisation uses various avenues to contribute to and promote reproductive and sexual health knowledge, information and learning to people of NSW.



At every level, the organisation's passion and commitment for the services we provide is noteworthy and we can look to 2010/11 with immense opportunity in our future.

## PRESIDENT'S REPORT

**What a privilege it is to lead this passionate and effective organisation,** as FPNSW continues to increase its profile across the state and strives to reach into new areas to improve reproductive and sexual health in NSW.

A challenge we set for ourselves for 2009/10 was to increase service delivery to Aboriginal and Torres Strait Islander community members near the Hunter and Dubbo centres. I am pleased to report **increases at our Hunter and Dubbo Centre, which reported a total 3.1% and 15.6%, respectively, of their client base as Aboriginal and Torres Strait Islander.**

In fact, there was an overall increase in service delivery across all five of our clinics, as well as significant increases in professional course and health promotion participants.

FPNSW's drive to provide high quality reproductive and sexual health care continued this year, as the organisation embraced new technologies in client medical records, distance education courses for medical and nursing professionals and use of social marketing sites such as Facebook and MySpace for health promotion activities. **Utilising these new technologies has already impacted client throughput at each of our centres, heightened public and media attention of FPNSW and increased the overall number of research participants.**



**DR DEVORA LIEBERMAN**  
President  
MD MPH FRANZCOG

The research unit of FPNSW continues to undertake and participate in a broad range of projects. In 2009/10, research addressed key issues in reproductive and sexual health including contraception, HPV surveillance and treatment, reproductive and sexual health behaviour and knowledge, clinical service delivery and the management of menstrual symptoms.

**FPNSW continues to manage the SH&FPA International Projects. This remains a very exciting undertaking for our organisation as we expand our international activities to regular presentations at international conferences, involvement in international delegations and to advocacy activities as appropriate. The Millennium Developmental Goals continue to underpin our work in places such as Papua New Guinea, Fiji, Solomon Islands, Timor Leste and the Philippines.**

At the last Annual General Meeting we welcomed our new Board Members David Stephens, who brings his 40 plus years of knowledge of the pharmaceuticals industry, and David Miles, who brings with him significant experience in politics and high level advocacy. We also said goodbye this year to Board Member Marion Haas. On behalf of the Board I thank Marion for her service to FPNSW.

I would like to thank my co-directors for their continuing dedication and professional input throughout the year. At every level, the organisation's passion and commitment for the services we provide is noteworthy, and we can look to 2010/11 with immense opportunity in our future.

Thanks sincerely to all.

**Another dynamic year has flown by and during my four years as CEO I have seen the organisation move mountains** to deliver exemplary, high quality services. The 2009/10 year showed a continuation of that same daily dedication and ongoing commitment.

We continue to focus on improving the reproductive and sexual health of the communities we serve. In the past year we have delivered 24,667 clinical services, representing a 5% increase in services from the previous year. Health promotion activities engaged 12,697 participants and 1,304 participants attended Medical, Nursing and Professional Education courses.

FPNSW staff delivered 10 conference presentations and 69 seminar/workshop presentations in 2009/10.

The Sydney Centre for Reproductive Health, the research arm of FPNSW, is currently involved in 24 research studies, of which a majority are either funded or partially funded by FPNSW. **Our broad expertise in reproductive and sexual health clinical service delivery, research and policy-making continues to be well recognised and we are often sought after for policy advice and input.**

Our management of SH&FPA International Projects has grown in capacity and reach and continues to present opportunities in clinical service and health promotion in addressing the reproductive and sexual health needs of our developing country neighbours in the Asia Pacific region.

We said our fond goodbyes to a number of FPNSW staff this year. In particular, I would like to acknowledge Dr Christine Read, Medical Director for FPNSW since 1994, who retired in April 2010. FPNSW benefited greatly from her years of determination and genuine desire to make a difference in the lives of those she touched. An easy transition was in store as Dr Deborah Bateson took on the Medical Director role and is a highly capable and respected medical professional.

This year saw the implementation and utilisation of new technology across all our streams. **All five FPNSW clinics underwent a significant process to change from handwritten client records to Medical Director, an electronic medical record and appointment scheduling system.** Additionally, the new website and e-marketing capabilities have already positively impacted the way we communicate with course participants and the public about what FPNSW can offer in education, training and health promotion.

This year our Health Promotion Unit expanded their reach by translating several resources into community languages. Several popular factsheets were translated into 14 different languages and last year's successful *Down There DVD, 2nd edition* was translated into Persian, Arabic and Mandarin. Another successful resource released in 2010 was Medical Education's *The Vulva: A Clinician's Practical Handbook*.

We continue to focus our services and health promotion on specific priority groups, including those who are young, aged, culturally and linguistically diverse, with disability, Aboriginal and Torres Strait Islander, same-sex attracted and those who are from regional, rural and remote areas.

It remains a privilege to be the CEO of such an effective organisation and I cannot thank each staff member enough for their daily dedication to achieving the aspirations of our organisation.

The FPNSW Board also continues to provide the organisation with support, vision and true advocacy for those communities we serve.

I would also like to acknowledge the support of NSW Health, a major funder of FPNSW activities.

I cast my eyes to the achievements and possibilities for the next year and look forward to working with all our staff, Board Members and supporters to continue the reach and impact of our work.

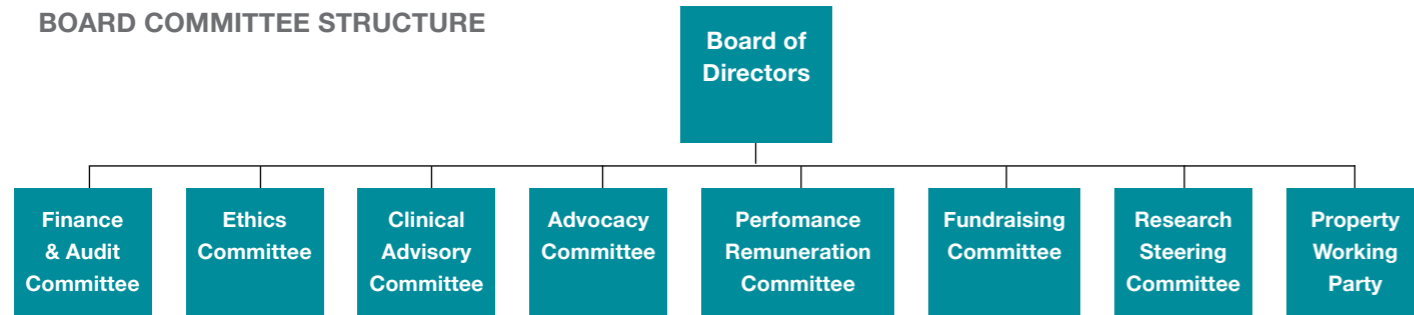
**ANN BRASSIL**  
Chief Executive Officer  
BSc (Psych) Hons MA (Hons) Clin Psych MBA

## CEO'S REPORT

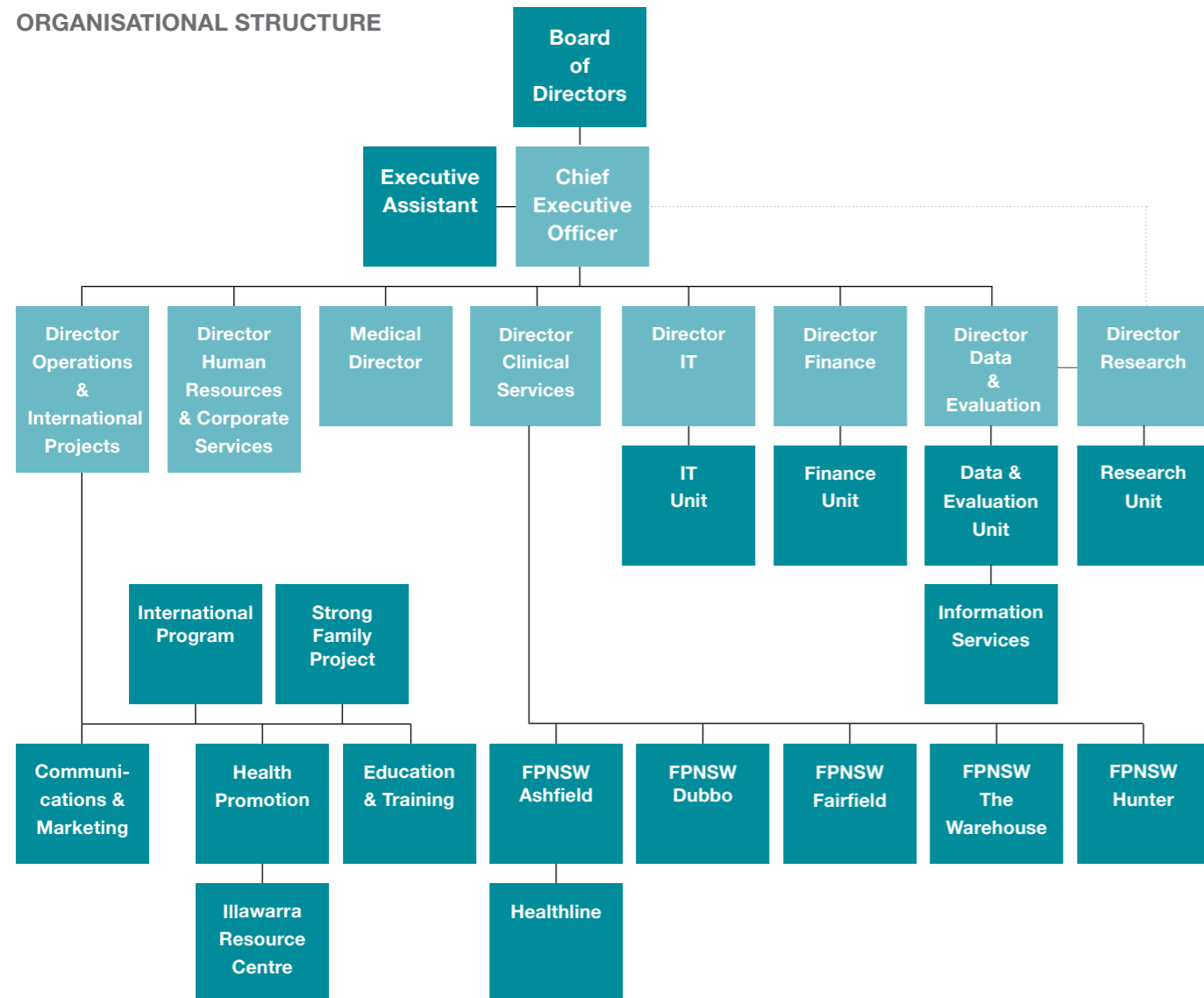


# ORGANISATIONAL STRUCTURE

## BOARD COMMITTEE STRUCTURE

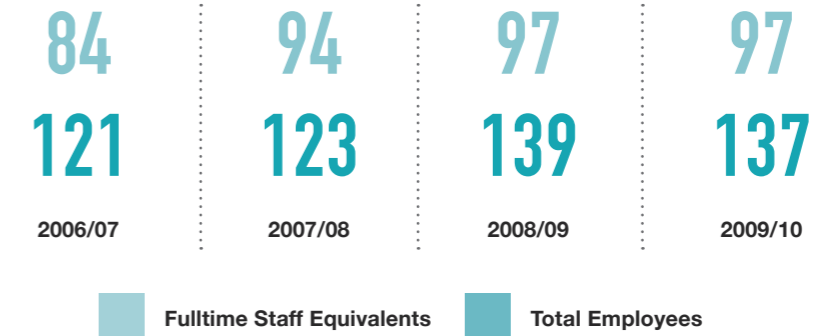


## ORGANISATIONAL STRUCTURE

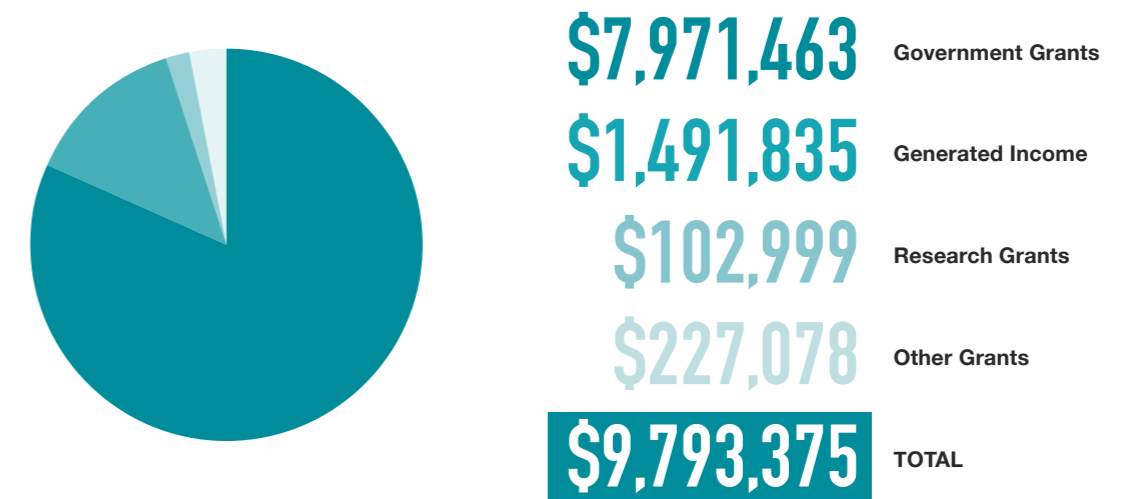


# PROFILE

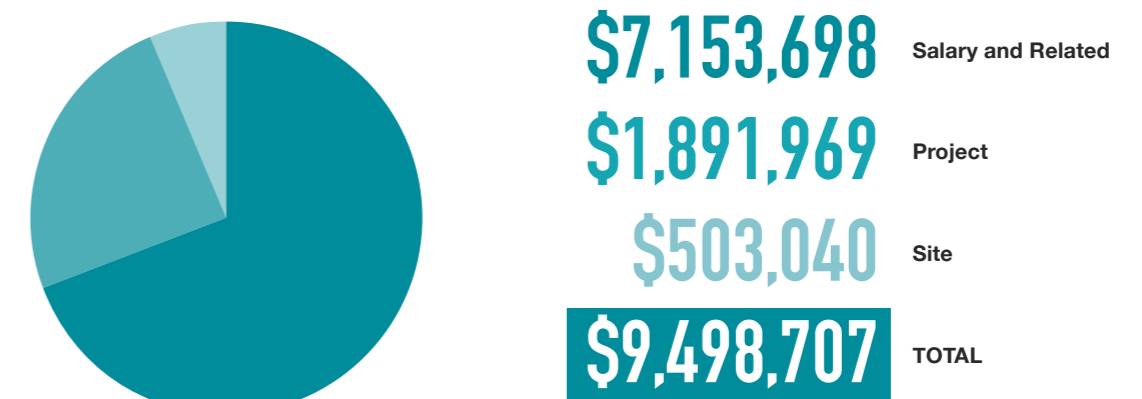
## STAFFING



## INCOME



## EXPENDITURE







# SERVICES SERVICES

COMMITTED TO PROVIDING THE BEST PRACTICE  
**CLINICAL SERVICES** IN REPRODUCTIVE AND  
 SEXUAL HEALTH



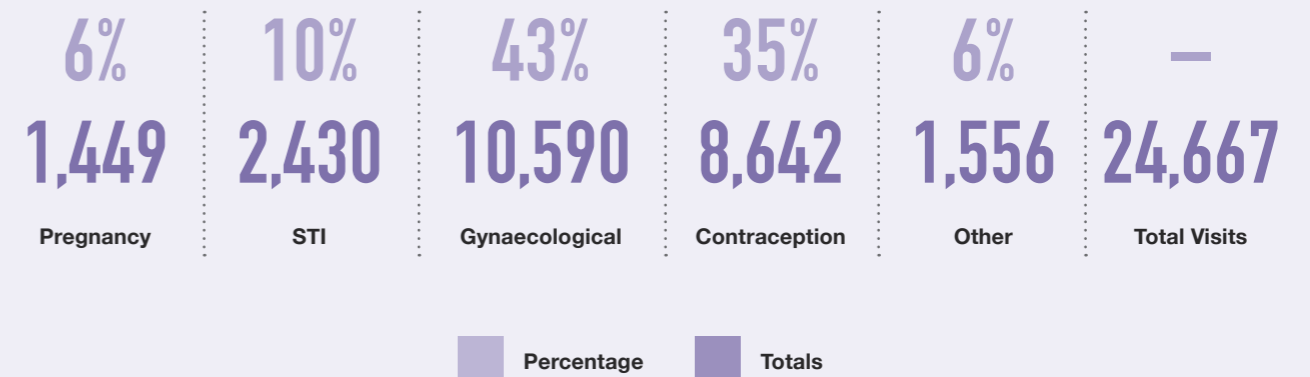
Centre Managers with the Director of Clinical Services

# CLINICAL SERVICES

FPNSW is committed to providing the best practice clinical services in reproductive and sexual health and maintaining high levels of professionalism, respect and enthusiasm.

**Our medical and nursing professionals are leaders in their field and offer a best practice model to training for doctors and nurses** who are positioned to improve the reproductive and sexual health outcomes of the NSW population.

## 2009/10 Clinical Services Provided



### 13,460 CLIENTS ATTENDED FOR 24,667 VISITS:

- 5% increase from 2009/10
- 97% female
- 31% clients less than 25 years old
- 16% clients over 50 years
- 4.3% reported having a disability
- 3% clients from an Aboriginal and Torres Strait Islander background
- 32% clients born outside of Australia

**Our clinical services are focused on priority populations and in areas where access to mainstream services are limited.** These priority populations include those who are young, aged, Aboriginal and Torres Strait Islander, with disability, culturally and linguistically diverse, same-sex attracted and those who are from regional, rural and remote NSW.



FPNSW Ashfield experienced success in 2009/10 in achieving its main priorities: providing clinical training of doctors and nurses, providing high quality clinical services, supporting FPNSW Dubbo in clinical work and continued engagement with the local community.

**Target – specialist clinical training centre for reproductive and sexual health services.**

**HIGHLIGHTS**

- 10,559 visits for 6,043 clients
- Most common services – 47% gynaecological, 35% contraception
- 46% of clients born overseas
- Most preferred languages other than English: Mandarin, Cantonese, Spanish and Arabic
- 2.5% of clients reported as having a disability



FPNSW Ashfield Reception



FPNSW Dubbo Centre Lauch – Karen Wallace RN, Dr Irene Ng, Dr Judy Gardiner, Dr Christine Read (Medical Director to April 2010)

“The women who work in the clinics are so helpful and professional. I have been a long term client of the service and would not go anywhere else. I am so proud and grateful to have Family Planning as you give such expert advice and care and I am gratefully happy with the care and attention.”

– FPNSW ASHFIELD CLIENT

**CLINICAL TRAINING**

The growth of medical and nursing education was supported by clinical instruction from the doctors and nurses at FPNSW Ashfield. During 2009/10, **1,632 hours of clinical training were provided to doctors and 1,433 hours to nurses completing FPNSW courses.**

**ASHFIELD DOCTORS SUPPORTING THE DUBBO CLINIC**

Doctors from FPNSW Ashfield work on a rotating roster to fly to Dubbo to provide expert clinical services at the FPNSW Dubbo Centre. The doctors provide support to the nurses and continue to show absolute commitment to rural and Aboriginal women whose access to reproductive and sexual health services is otherwise restricted.

**ROSEMOUNT GOOD SHEPHERD YOUTH SERVICES**

FPNSW Ashfield has continued to engage with Rosemount Good Shepherd Youth Service to run sessions on reproductive and sexual health for day students attending the program. The information sessions cover safe sex messages, sexually transmissible infections (STIs), contraception and healthy relationships. **Since the start of the partnership in 2008, approximately 100 young people have attended the sessions at FPNSW Ashfield.**

# FPNSW FAIRFIELD



**Target – clients from culturally and linguistically diverse backgrounds and newly arrived refugees.**

**HIGHLIGHTS**

- 2,617 client visits: a 9% increase from previous year
- Most common services: 49% gynaecological, 35% contraception
- 71% of clients were born outside of Australia, an increase from 68% in 2008/09
- 23% of clients were born overseas and came to Australia for humanitarian reasons
- 18% clients required an interpreter with the most common languages being Khmer, Arabic, Vietnamese, Mandarin, Cantonese and Persian
- 4% of clients reported having a disability

**MULTICULTURAL RESOURCES AND ACTIVITIES**

**Maintaining a community presence is crucial to increasing awareness of FPNSW Fairfield services.** Health promotion activities included participation in local events such as: International Women’s Day, World AIDS Day and Fairfield Council’s ‘Bring It On Festival’ during Youth Week.

**REFUGEE WEEK**

Fairfield staff hosted an event at FPNSW Ashfield, with 45 people attending to listen to stories and information about the current refugee situation in NSW, Australia and locally. The event included presentations and performances from people who were refugees who now live in Australia.

“My mum told me to come here. She comes to get her pap smear and said that I could get some advice on contraception.”

– FPNSW FAIRFIELD CLIENT



Bring It On Festival (photo courtesy of Ben Hunt)

**‘DOWN THERE’ TRAINING PACKAGE REVIEW**

FPNSW Fairfield staff reviewed and updated the ‘Down There’ training package, which aims to build the capacity of service providers to provide information about reproductive and sexual health to people from culturally and linguistically diverse backgrounds. The ‘Down There’ workshops were delivered locally and in Dubbo, Newcastle and Wagga Wagga.

**JOINT RESEARCH STUDY WITH UNIVERSITY OF WESTERN SYDNEY**

Commenced in 2010, this study examines emerging communities in Fairfield and why they do or do not access reproductive and sexual health services. The findings from this project will be used by FPNSW Fairfield to engage with those in the community who do not currently access reproductive and sexual health services.



FPNSW Fairfield clinical services

# FPNSW ASHFIELD

“...thank you for your contributions and support of medical student teaching for the Perinatal and Women’s Health discipline during 2009.

Marie Nicolas is a great help in the organisation of placements and we really appreciate your continuing support.”

– PROF JOHN MORRIS UNIVERSITY OF SYDNEY NORTHERN CLINICAL SCHOOL, FACULTY OF MEDICINE



**Target – young people and people from regional NSW.**

**HIGHLIGHTS**

- 6,963 client visits: a 4% increase from previous year
- 50% clients under 24 years: a 5% increase from previous year
- Most common services: 40% gynaecological, 37% contraception
- 10% of clients were born outside of Australia: an increase from 4.1%
- 3.1% clients are from an Aboriginal and Torres Strait Islander background
- 7% of clients reported having a disability
- 1,900 people participated in health promotion and community education activities: a 46% increase from the previous year

**AFRICAN MEN'S GROUPS**

One of this year's highlights has been the ongoing opportunity to work with African men's groups, providing information and discussion on safer sex and relationships. During the lively, interactive sessions with the group, questions have focused on the need for information regarding STIs, current treatments and questions regarding condom use. Evaluation of these sessions has demonstrated that the men welcome the opportunity to participate and look forward to further reproductive and sexual health education.



African Men's Group with Susan Guest (Hunter CNS and Health Promotion Officer)

# FPNSW HUNTER

**DISABILITY**

**FPNSW supported the Hunter branch of Autism Spectrum Australia's Positive Partnership Program to develop a Sexuality, Personal Health and Safety Information session for the Positive Partnership Parent Carer workshop.** Autism Spectrum Educators from around Australia delivered this session to support parents to provide sexual and reproductive health and relationship education. Their feedback was extremely positive, in particular noting that the workshop improved their confidence in delivering sensitive information. Parents also reported that the information was extremely helpful.

**PARTNERSHIP WITH BIRRA-LI**

Hunter Centre and Birra-Li Aboriginal Birthing Unit continue to explore ways of increasing post-natal checks for young Aboriginal clients of Birra-Li. While appointments were made for these women, attendance remained low, with the majority of these young mothers not presenting for their post-natal checks. A more flexible access system was agreed, resulting in the majority of Birra-Li clients attending for their post-natal checks.

**HEY SISTER! HEY BROTHER!**

Developed by FPNSW Hunter in 2009, this booklet has proven to be a valuable tool for those working with Aboriginal communities and individuals. **Over 20,000 copies have been disseminated throughout Australia to Departments of Health, Aboriginal Medical Services, NSW high schools, the Aboriginal Health and Medical Research Council and the Northern Territory AIDS Council and Hepatitis Council.**

**TRANSLATED CONTRACEPTIVE FACTSHEETS AND PROMOTIONAL RESOURCES**

To improve access to contraceptive information for local African refugees, the Hunter Centre coordinated the translation of FPNSW contraceptive factsheets into French and Kirundi. These translated factsheets are now available on the website, enabling access for French and Kirundi speaking women. Hunter promotional material was translated into French, Kirundi, Dinka, Swahili and Arabic to assist prospective clients in accessing Hunter FPNSW services.



**Target – young people in the Penrith, Blue Mountains and Hawkesbury LGAs.**

**HIGHLIGHTS**

- 2,661 client visits: an 8% increase from previous year
- 94% clients under 24 years
- 8% clients male
- Most common services: 37% contraception, 21% gynaecological, 18% STI
- 8% of clients reported having a disability: a 2% increase from previous year
- 7% of clients born outside of Australia
- 4.4% clients are from an Aboriginal and Torres Strait Islander background

**UNCAPPING THE AGE LIMIT**

**From May 2010, clients over the age of 25 years can now access services at The Warehouse.** This change in service was made to increase access to reproductive and sexual health to the local community, and is especially significant to those who previously had limited options in reproductive and sexual health care once over 25 years old.

**YOUTH WEEK 2010**

Forty five young people from six services attended the 'Live it now! Slam Dunk Tournament' to celebrate Youth Week 2010. **The tournament provided a forum for the participants to discuss and express their views and raise concerns through interactive activities which incorporated sports and health.** The Warehouse engaged participants in a game of Jeopardy, where participants answered questions about The Warehouse, Youth Week 2010, reproductive and sexual health and healthy relationships.

**MARDI GRAS**

The Warehouse supported the Same-Sex Attracted Young People (SSAY) Group by participating in the 2010 Sydney Gay and Lesbian Mardi Gras parade. More than 50 young people marched under the banner of 'Love is a Battlefield – battling for equality and fighting for acceptance'.

**NEW TECHNOLOGY**

The use of new technology and social marketing has been implemented in various ways, with The Warehouse taking a proactive lead in piloting MySpace, Facebook and texting to give health promotion activities further reach in their online dissemination. **These tools have also been successful in recruiting participants for FPNSW research projects and surveys.**

**MEN'S HEALTH**

During 2009/10, The Warehouse implemented reproductive and sexual health strategies targeted to men including the following projects:

- Condom Credit Card Project, which aims to increase access to reproductive and sexual health information in a 'male friendly' format;
- Men's Health Poster campaign, which uses sport and television personalities to increase awareness of men's reproductive and sexual health and increase the visibility of FPNSW services;
- Cobham Juvenile Justice project, with FPNSW staff visiting the detention centre weekly to facilitate reproductive and sexual health sessions for young men.

# THE WAREHOUSE



The Warehouse SSAY group celebrating Mardi Gras

"This is great for the community as there aren't many places in Penrith we can go for pap smears."

– THE WAREHOUSE CLIENT



# FPNSW DUBBO

“Family Planning’s most important contribution may well be the light it casts on the darkness. Those involved in the field of sexual and reproductive health realize that the best weapon to take to this particular battle is knowledge.”

– DAWN FARDELL, MP SPEAKING AT THE LAUNCH OF THE NEW FPNSW DUBBO CENTRE, 31 JULY 2009.



Launch of the new Dubbo Centre with Dawn Fardell (MP)



Centre Managers Sue Tasman (l) and Joy Purdy (r) and Senior Health Promotion Officer Patrick Duley



Aunty Bubby Towney, founding AWAG member

**Target – clients from Aboriginal and Torres Strait Islander background and rural NSW.**

#### HIGHLIGHTS

- 1,867 client visits: a 25% increase from previous year
- 34% clients under 24 years: a 7% increase from previous year
- Most common services: 51% gynaecological, 26% contraception, 9% pregnancy related
- 15.6% clients are from an Aboriginal and Torres Strait Islander background: an increase from 13.6% in 2008/09

#### LAUNCH OF THE NEW DUBBO FACILITY

**The new FPNSW Dubbo Centre was officially opened by Ms Dawn Fardell MP and community elders on 31 July 2009.** The launch included a Welcome to Country from Dubbo Elder, Aunty Bubby Towney, a speech by Ms Pat Doolan, a member of the Aboriginal Women’s Advisory Group (AWAG) and Aboriginal dancing by the Waamaar Aboriginal Dance Group. The new centre is located in Macquarie Street and provides three spacious clinic rooms, a large training room for community workshops, training sessions and seminars and more space to accommodate staff.

#### ABORIGINAL WOMEN’S CLINIC

**The initiation of Aboriginal Women’s Clinics on a regular basis has increased the percentage of Aboriginal women attending FPNSW Dubbo.** The initial two-day clinic was attended by 29 women who accessed various services and treatments. Clinics are now held every three months and are generously supported by the FPNSW Aboriginal Women’s Advisory Group.

#### ABORIGINAL WOMEN’S ADVISORY GROUP

The Aboriginal Women’s Advisory Group was formed in 2001 when FPNSW Dubbo originally opened. During 2009/10, the group met on a bi-monthly basis and provided guidance on targeted clinical and health promotion strategies for the Aboriginal community in Dubbo.

Members of the group are well respected in the Dubbo community and include Elders, support workers, service providers and community members. This group is intrinsic to the positive connection FPNSW Dubbo has with the Aboriginal community.

## EDUCATION

This year has been one of tremendous progress and success with increased medical, nursing and professional education courses, clinical observation, partnerships with universities and research placements for medical undergraduates.

#### HIGHLIGHTS

- 100 courses delivered to 1,304 participants
- 364 nurses, 299 doctors, 232 disability workers and 151 teachers trained
- Courses delivered in Sydney, Albury, Bathurst, Bega, Bourke, Cowra, Dubbo, Goulburn, Griffith, Kiama, Newcastle, Taree, Tamworth, Wagga Wagga, Wollongong, Yass and Young.

Workshops provided 55 doctors with training and skills.



Associate Professor Dr Ngaire Brown with CEO Ann Brassil at the FPNSW Conference and Open Day



Annual Women’s Health Update

## MEDICAL EDUCATION

#### CONFERENCE AND OPEN DAY 2009

##### – “WHAT’S NEW, WHAT’S HOT”

Attended by more than 100 health professionals from Sydney, regional NSW and interstate. **The conference was opened by Professor Ngaire Brown who talked passionately, positively and practically about Indigenous adolescent health.**

#### CERVICAL UP-SKILLING WORKSHOPS

Six successful workshops were held, including workshops in Griffith, Wagga Wagga and Bathurst. These practical workshops provided 55 doctors with the training and skills to carry out Pap tests in an effective and comfortable way.

#### SH&FPA DOCTOR’S CERTIFICATE COURSE

Ninety-four doctors completed the certificate course in 2009/10 and in response to an increased demand for training, FPNSW has developed a short two-day course covering the latest information on contraception, menopause, STIs and women’s health. This course stands alone as a two day update or can comprise the first part of the certificate course.



Shane Jasiak (Director of Clinical Services) and Dr Deborah Bateson (Medical Director)



**IUD INSERTION TRAINING**

The demand for intrauterine contraception is increasing worldwide. Women can now choose either the more 'traditional' copper devices or the newer hormone-releasing devices, both having non-contraceptive benefits for women with heavy menstrual bleeding.

To meet this demand FPNSW has developed a popular IUD instruction course for GPs, consisting of a distance theory module followed by supervised IUD insertions. A credentialing system for external general practitioners has also been instituted with three doctors being accredited to date: Dr Marion Reeves in Griffith, Dr Debby Bachmayer and Dr Charlotte Hespe in metropolitan Sydney will provide IUD instruction in their clinic rooms.



*"The Vulva: A Clinician's Practical Handbook is a new resource that will prove a valuable reference for those diagnosing, treating and managing vulval conditions..."*

Various differential diagnoses are outlined in terms of presentation, investigation and management complete with full-colour clinical photographs and illustrations."

**- REVIEW BY DR LINDA CALABRESI, AUSTRALIAN DOCTOR (9 APRIL 2010)**

**THE VULVA: A CLINICIAN'S PRACTICAL HANDBOOK**

Published in February 2010, *The Vulva: A Clinician's Practical Handbook*, provides a unique visual and written guide to the diagnosis, treatment and management of both acute and chronic vulval conditions. Written by dermatologist Dr Gayle Fischer and gynaecologist Dr Jennifer Bradford and edited by Dr Christine Read the book received a positive review by *Australian Doctor*, sighting its practicality and value to health professionals.

**CLINICAL UPDATE NEWSLETTER**

Sent out quarterly to over 1,100 doctors across NSW, this popular newsletter continues to increase its circulation. Packed full of up-to-date clinical information on topics such as contraception, menopause and STIs; it is delivered through the post or via email. To subscribe to the *Clinical Update*, you can go to [www.fpnsw.org.au](http://www.fpnsw.org.au) and subscribe online.

# NURSE EDUCATION



Clinical Instruction

**NURSING EDUCATION**

2009/10 has been a year of extraordinary growth in both Nursing Education and clinical instruction. Through their commitment and expertise in working across a number of different sites **FPNSW nurses continue their crucial role as the backbone of our clinical training programs.**

**FPNSW CERTIFICATE IN SEXUAL AND REPRODUCTIVE HEALTH (NURSING)**

This course aims to prepare registered nurses/midwives to function in an extended clinical role as practitioners in the specialty of reproductive and sexual health. In 2009/10, 44 nurses enrolled for the certificate, 26 nurses completed the certificate and 31 nurses have yet to complete their clinical training.

**WELL WOMEN'S SCREENING COURSE**

Now in its eighth successful year, this course provides the theory and clinical components to help registered nurses, midwives and enrolled nurses develop the confidence and competence to provide cervical screening. In partnership with the Cancer Institute NSW, workshops were delivered in rural, regional and metropolitan NSW, with 75 participants being issued with full certificates, two completed the theory component only and 21 yet to meet the requirements for completion.

"I have enjoyed every single part of this course. It is very organised. Great resources, great workshop, great instructors. My experience was definitely a positive one. Thank you very much for everything. I have learnt a great deal."

**- COURSE PARTICIPANT**

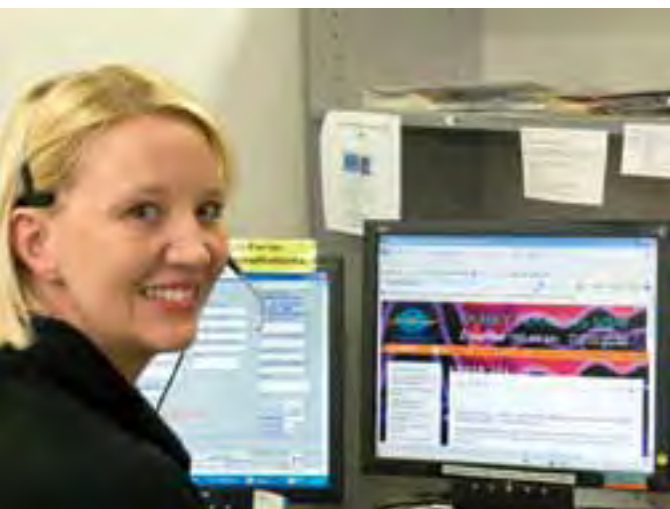
**2009/10 Clinical Training Hours**

1,631.5	73	246.5	1,065	513	-	3,529
1,443	27	179.5	1,029.7	113	136.5	2,928.7
Ashfield	Dubbo	Fairfield	Hunter	The Warehouse	External	Total Hours

Medical Nursing



Well Women's Screening Course



#### E-LEARNING MODULES FOR NURSES

Nursing education engaged this year with new technology by developing two new e-learning modules for nurses. **This is an exciting expansion of nursing education that is available to nurses within NSW and nationally with interest growing since being launched in January 2010.**

#### NURSING SCHOLARSHIPS

FPNSW continued promoting two scholarships to support registered nurses in rural NSW to complete the FPNSW Certificate in Sexual and Reproductive Health (Nursing) and develop reproductive and sexual health nursing skills.

The **McCarthy Green Scholarship** was awarded to Leona McGrath, a midwife working with the Aboriginal community in Malabar.

The **Tony McGrane Rural Scholarship** was awarded to Lee Millard-Newton, a specialist breast care nurse working in Coffs Harbour, to support her work in rural NSW.

#### SEXUAL AND REPRODUCTIVE HEALTH NURSING INFORMATION NEWSLETTER (SARHNI)

Growing in popularity, this quarterly newsletter highlights current issues and available resources for nurses working in reproductive and sexual health.

With more than 819 nurses on the mailing list, this newsletter reaches across NSW and into other states through our networks with other Family Planning organisations. **To subscribe to SARHNI, you can go to our website [www.fpnsw.org.au](http://www.fpnsw.org.au) and subscribe online.**



Nursing education engaged this year with new technology by developing two new e-learning modules for nurses.



“Thank you so much – what a fantastic day. Wish I had done this training sooner. Satisfaction with the trainers – I loved them.”

– COURSE PARTICIPANT, DOWN THERE

#### FPNSW is a leading provider of specialist training for teachers, community workers and other professionals in the area of reproductive and sexual health.

FPNSW is a Registered Training Organisation authorised by the NSW Vocation Education and Training Accreditation Board (VETAB) to provide nationally accredited courses under the Australian Qualifications Framework.

#### FPNSW Professional Education continued to expand this year, with more courses added to the calendar.

There are now more than 20 unique and specialised courses offered to service providers such as disability workers, teachers, youth workers and allied health staff. The Professional Education Unit offers customised workshops to meet the particular requests of client organisations. More than 50% of our courses are delivered at the invitation of various organisations throughout NSW.

“A great in-service. Very informative and provided me with a great deal of new resources and contacts in which to get new resources.”

– COURSE PARTICIPANT STI & CONTRACEPTIVE UPDATE

# PROFESSIONAL EDUCATION

#### HIGHLIGHTS

##### LAUNCH OF FPNSW CAREER DEVELOPMENT EDUCATION (CDE)

This program significantly increases the size and scope of the Professional Education calendar and includes the addition of **Certificate IV in Training and Assessment**. **Those who enrol in the CDE courses learn how to advance their career, sharpen group facilitation and presentation skills, refresh assessment skills and build on their existing skills in training and assessment.**

##### NSW INSTITUTE OF TEACHERS ENDORSEMENT

This year FPNSW received an endorsement by the NSW Institute of Teachers for one of the Professional Education Unit's teacher training courses. **This enables teachers to gain professional development points and confirms the relevance of our professional education to teachers.**

##### ONLINE PROFESSIONAL EDUCATION

The Professional Education Unit began steps to increase access to education and learning online. In 2010, FPNSW commissioned a review by an external consultant to identify steps in progressing with online learning, producing podcasts and videos for the website and participating in classroom based teaching by video conferencing.

##### DISTANCE LEARNING

At the invitation of the School of Medicine and Public Health, University of Newcastle, FPNSW developed a distance learning module on reproductive and sexual health in an international context for a new course called Global Health which will be offered to students studying for Masters in Public Health and other health related courses. A session on reproductive and sexual health is scheduled for July 2010 at the University of Newcastle to complement the distance learning material.

##### STRONG FAMILIES PROJECT

**In 2010 the Strong Family Project commenced focusing, at this stage, on the development of vocational educational pathways for Aboriginal people in the area of sexual health.** FPNSW looks forward to working closely with Aboriginal people on this project over the next three years and building on the educational program that FPNSW is able to offer.



## RURAL 'DOWN THERE'

For the first time since the workshop was developed FPNSW provided the 'Down There' professional education course in Dubbo, Newcastle and Wagga Wagga.

**Taking the course to these rural areas allowed for increased capacity building of health professionals in isolated areas.** FPNSW looks forward to rolling out these courses in more rural and remote areas in 2010/11.

## NEW COURSES

A brief overview of the new courses offered by the FPNSW professional education:

- **Certificate IV in Training and Assessment** – Designed to meet the needs of industry employees who wish to deliver, design and assess training in their field of expertise. The qualification has 14 units of competency which are divided into four courses that cover 12 core units and two elective units. Registrants learn how to advance their career, sharpen group facilitation and presentation skills, refresh assessment skills and build on their existing skills in training and assessment.
- **Sexuality Program Planning for People with a Disability** – A one-day program designed to take participants through the steps of: planning an education program; presentation and evaluation; teaching strategies; activities and resources.
- **Sexual Health Education for Life: the PDHPE Curriculum for students with a disability** – developed with the support of the NSW Department of Education and Training for high school teachers working with students with disabilities.
- **Sexuality & Disability: workplace policy made easy** – A half-day workshop designed to inform managers and policy officers of organisations who want a best practice approach to developing a positive sexuality policy.
- **Down There** – Based on the newly released *Down There* DVD, 2nd edition, this four-hour workshop builds confidence and supports service providers in communicating about reproductive and sexual health issues with culturally and linguistically diverse communities.



Jane Chivers, Manager of Education & Training

# STATE HEALTH PROMOTION UNIT

The FPNSW State Health Promotion Unit had an exciting and productive year, engaging in new technologies and increased health promotion activities across the state.



- 56 current health promotion projects
- 792 health promotion sessions held with 12,697 participants including 7,482 young people, 3,007 from a CALD background, 413 same-sex attracted, 535 from an Aboriginal and Torres Strait Islander background and 135 with disability

## HIGHLIGHTS

### NATIONAL CONDOM DAY – 14 FEBRUARY 2010 “SHARE AFFECTION, NOT INFECTION”

For the first time, National Condom Day implemented an online approach to raise awareness about condom use and safe sex with the development of the 'Share Affection, Not Infection' Facebook page.



**National Condom Day 2010 reached across NSW, engaging 1,500 TAFE and University students who accessed the National Condom Day Facebook page.** The campaign was accompanied by disseminating safe sex packs and safe sex information.

### WORLD AIDS DAY 2010 – “HIV IS STILL HERE”

In an effort to remind young people that HIV is still present in our communities, FPNSW and The Heterosexual HIV/AIDS Service developed a two-minute video, featuring quotes from the National Centre in HIV Social Research's study: *Men and Women living heterosexually with HIV*.

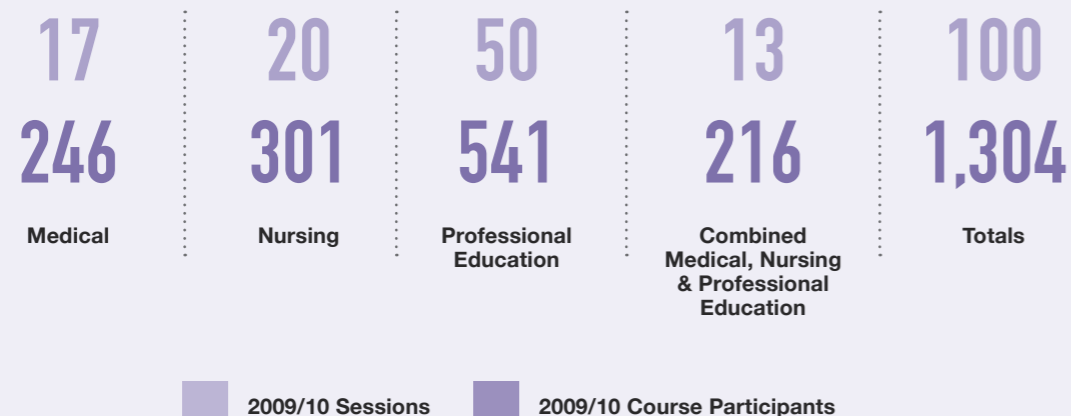
The video is available on YouTube and the FPNSW website <http://www.fpnsw.org.au/media.html>. **Since it was released on YouTube in December 2009, the video has been viewed over 1,000 times.**

### WOMEN & HIV FACTSHEETS LAUNCH

**In March 2010, the Women & HIV Factsheets were successfully launched by Virginia Furner, senior HIV consultant with the Albion Street Clinic.** The project partnership among FPNSW Multicultural HIV/AIDS and Hepatitis C Service, The Heterosexual HIV/AIDS Service and the ACON Women and Families Affected by HIV Project worked for more than 18 months on updating and revising the popular factsheets. The revised factsheets contain basic information in plain English making them particularly appropriate for women from culturally and linguistically diverse communities and for women who have been diagnosed recently and are not familiar with the complex HIV jargon.



## 2009/10 Sessions & Course Participants





#### TRANSLATED FACTSHEETS

In 2009, FPNSW translated our most popular factsheets into the following 14 languages: Arabic, Assyrian, Burmese, Chinese (simplified), Dinka, Farsi, Khmer, Korean, Laotian, Serbian, Swahili, Thai, Turkish and Vietnamese. They are available on the FPNSW website at [http://www.fpnsw.org.au/index\\_nes.html](http://www.fpnsw.org.au/index_nes.html).

#### TRANSLATED DOWN THERE DVD 2ND EDITION

In 2009, this popular DVD was translated into Mandarin, Persian and Arabic. *Down There* DVD 2nd Edition addresses a broad range of reproductive and sexual health issues such as women's bodies, reproduction and contraception and was updated in 2006 to reflect developments in cervical screening, Human Papilloma Virus (HPV) and contraception.

#### SAME DIFFERENCE TRAINING DVD

FPNSW has been delivering the Same Difference Youth Panel Speaking project since the mid-nineties and is now entering a new phase in its development. In 2009, production of the Same Difference Training DVD commenced to accompany the Same Difference Youth Panel Speaker Training Manual. The aim of the resource is to increase the reach of this unique project by building the capacity of other agencies in Australia to run similar panel speaking programs.

#### CERVICAL SCREENING PROJECT COONAMBLE

This project came to a successful close in 2010, with an increase of Aboriginal women attending for Pap tests at the Coonamble Aboriginal Health Service and an estimated increase in the cervical screening participation rate in Coonamble LGA by 1.9%. The project was successful in increasing the capacity of the Coonamble Aboriginal Health Service to deliver clinical and health promotion services targeting cervical screening to local women. The project hosted three health promotion events which attracted over 100 local women.



#### SYDNEY FESTIVAL 2010

For the Sydney Festival in January, FPNSW partnered with NSW Health Sexually Transmissible Infections Prevention Unit (STIPU) and Area Health Services in the Sydney area to raise awareness of the government's "Stay Safe, Get Tested" sexual health education campaign.

#### SEX & ETHICS

Two FPNSW staff were trained in the Sex & Ethics behaviour change program in preparation for implementation in 2010. This education program focuses on promoting ethical, non-violence skills that assist young people negotiate sexual intimacy positively. It also provides young women and men opportunities to learn new ways of negotiating sexual intimacy and relationships.

#### SURVEY PARTNERSHIP WITH MYSPACE.COM

In February 2010, MySpace.com and FPNSW began a survey project focusing on finding where young people, between 12 and 24 years old, find their information about reproductive and sexual health. The survey ran during June 2010 and resulted in more than 1,200 survey responses, as well as a large increase of traffic to the FPNSW website. The final report is currently being prepared and will be released next year.

#### MOODITJ IN RURAL NSW

During 2009, FPNSW piloted the Mooditj program with 38 young people in Dubbo and Bourke. Mooditj is a six-week community-based sexual health promotion and informal peer education program for Aboriginal youth aged 11 to 14. The program, developed by Family Planning WA, aims to link sexual health and physical, mental and emotional well being with environmental and social influences.

In 2010, 12 new panel speakers, two of whom are persons with disability, completed the training. For many of the young people participating in the training, the experience is empowering and life changing. FPNSW is excited to have captured this creative program on DVD to share with others and look forward to launching the resource in early 2011.

#### ABOUT SAME DIFFERENCE

The Same Difference Program is an ongoing FPNSW project which uses a comprehensive approach to addressing sexual diversity and homophobia in schools and educational settings. The Same Difference youth Panel Speaker Project, which is A component, trains same sex attracted young people to be skilled panel speakers.

Trained panel speakers work alongside FPNSW in educational settings to talk about their experiences as a same-sex attracted young person and answering questions from the audience. Through telling their stories, same-sex attracted young people are empowered to address homophobia and deliver positive messages about tolerance and sexual diversity.

When asked how they felt about the training session, one of the panel speakers replied, "Well, I feel relieved it's over, but glad for my chance to shine light on a disgustingly common reality. Speaking out (about homophobia) is a challenging but worthwhile investment."



"I am a paraplegic and come to this clinic not only for the great service but for the great accessibility, parking, building, toilets, and beds. Everyone is so friendly, efficient and professional."

– FPNSW CLIENT



# INTERNATIONAL PROJECTS

FPNSW is contracted by SH&FPA to manage International Projects in the Asia Pacific region. The projects focus on improving the reproductive and sexual health of these communities and, in particular, addressing the Millennium Development Goals (MDG) in the Asia Pacific region.

## FPNSW CLINICAL GUIDELINES FOR PEOPLE WITH A DISABILITY

Based on consultations with clinical staff and receptionists, the *FPNSW Clinical Guidelines for People with a Disability* were published, aiming to make a clinic visit a more positive experience for people with disability. Topics covered include consent and decision-making, working with carers and making appointments. The guidelines are available from Healthrites at [www.fpnsw.org.au](http://www.fpnsw.org.au).

## BEING A HEALTHY WOMAN FACTSHEETS

FPNSW was contracted by the Centre for Education and Research on Ageing to develop a series of factsheets for women with intellectual disability on a range of health issues. Topics included: puberty, safer sex, deciding to become a parent and menopause. The Being a Healthy Woman Factsheets are funded and published by NSW Health as a booklet and online resource and are available from the FPNSW website at [www.fpnsw.org.au](http://www.fpnsw.org.au).



<b>COUNTRY</b>	Papua New Guinea
<b>PROJECTS</b>	COMPASS (Clinical Outreach, Men's Programs, Advocacy and Sexual Health Services Strengthening)
<b>WHERE</b>	Lae, Goroke, East Sepik
<b>PARTNERS</b>	Papua New Guinea Family Health Association, Family Planning New Zealand International, Canberra Sexual Health, HELP Resources
<b>FUNDING</b>	AusAID PASHIP (PNG-Australia Sexual Health Improvement Program)

COMPASS and PASHIP members comprise Australian and PNG non-government organisations working in partnership with church groups, research institutes, national, provincial and district level governmental departments, and the Provincial and District AIDS Committees. **The consortium aims to reduce the incidence of HIV in PNG by reducing STI prevalence in the three PNG COMPASS project provinces.**

### THE PROJECT INCORPORATES

- A men and boys behaviour change program, promoting positive change in sexual health and related behaviours;
- Provincial and district level health worker training in STI treatment;
- Development and trial of a graduate level certificate course for registered nurses in sexual health, and;
- Rural and urban clinical and outreach STI service provision.

<b>COUNTRY</b>	Timor Leste
<b>PROJECTS</b>	Engaging Men to Improve Sexual and Reproductive Health
<b>WHERE</b>	Riheu Suco, Ermera District
<b>PARTNERS</b>	Cooperative Café Timor
<b>WHO</b>	Men's health group leader and 14 peer educators trained, 5 Aldiea Men's Health groups established
<b>FUNDING</b>	AusAID ANCP Project and private donor

In Timor-Leste men are the dominant decision makers in matters related to health and accessing health services. This new three year project works with men in rural areas to improve their reproductive and sexual health and understanding. It engages community workers and health providers in providing men with reproductive and sexual health information and services. **This project acknowledges the role men can play in improving women's health outcomes and reducing maternal mortality.**

Peer educators establish men's health groups where men can share information and ask questions on issues including birth-spacing and pregnancy. **The project is also creating relevant resources for men to build their decision making capacity within their families.**

## INTERNATIONAL DAY OF PEOPLE WITH DISABILITY 2009

This was celebrated by enhancing the information available on the FPNSW website to advocate for the reproductive and sexual health of people with disability. **The first FPNSW podcast was produced, featuring a short interview with a young woman with Aspergers who spoke about relationships. We also uploaded a shortened version of our popular Love and Kisses DVD.**

## SEXUAL HEALTH EDUCATION FOR LIFE: PDHPE CURRICULUM FOR STUDENTS WITH DISABILITY

Professional education and training for disability workers continues to be one of the main activities of the Professional Education Unit. The Sexual Health Education for Life course offers one-day training for secondary school teachers and provides teaching and learning strategies for supporting students with special needs. It is very popular with teachers in Sydney and rural areas with 57 teachers attending training in 2009/10.



The project aims to strengthen youth participation and enhance empowerment about reproductive and sexual health services and information for young people. **Using youth FM radio, face-to-face provincial workshops, schools focus groups and a youth friendly health centre and drop-in clinic, the project will increase young people's knowledge of and access to reproductive and sexual health services.**

<b>COUNTRY</b>	Solomon Islands
<b>PROJECTS</b>	Strengthening Youth Participation and enhancing empowerment in Sexual and Reproductive Health
<b>PARTNERS</b>	Solomon Island Planned Parenthood Association
<b>WHO</b>	1,771 young people at rallies and music festivals; young people listening to 17 x 15 minute radio messages/promotion
<b>FUNDING</b>	AusAID ANCP Project

<b>COUNTRY</b>	Fiji
<b>PROJECTS</b>	Youth for Health
<b>WHERE</b>	Bua Province
<b>PARTNERS</b>	Reproductive and Family Health Association of Fiji
<b>WHO</b>	728 beneficiaries in Tavea Island, Nasarowaqa and Votua Village
<b>FUNDING</b>	AusAID ANCP Project

The Youth for Health project aims to increase knowledge and skills and change behaviours in communities to impact on HIV, STI and unplanned pregnancy rates in young people up to 27 years old. An Integrated, Comprehensive & Life Skills Sexuality Education (ICLSSE) approach is used to increase the knowledge/awareness, motivation, competence and life skills of young people to address these issues. **In the past year, the program content has been increased with an aim to improve sanitation conditions in targeted villages.**

<b>COUNTRY</b>	Papua New Guinea
<b>PROJECTS</b>	Supporting community based sexual health education in East Sepik Province
<b>WHERE</b>	Wewak, Angoram and Wasera Gawi Districts, East Sepik Province, Papua New Guinea
<b>PARTNERS</b>	HELP Resources
<b>FUNDING</b>	AusAID ANCP Project

MDG 5b specifically targets the need for universal access to reproductive health including the contraceptive prevalence rate and unmet need for family planning. **Thanks to generous donations from our dedicated supporters, SH&FPA, through FPNSW, provides the Family Planning Organisation of the Philippines with both injectable and oral contraceptives.**

<b>COUNTRY</b>	The Philippines
<b>PROJECTS</b>	Provision of Injectable and Oral Contraceptives
<b>PARTNERS</b>	Family Planning Organisation of the Philippines
<b>WHO</b>	10,200 women provided with contraception
<b>FUNDING</b>	Private donor

# DATA & EVALUATION

The Data & Evaluation Unit has had an enormously productive year, resulting in the long awaited implementation of two new database systems, launching the new design for the FPNSW website, integrating new e-marketing activities and improving the online surveys.

- **Implementation of Medical Director in November 2009** – all FPNSW Centres made the transition from a paper-based medical record system to the implementation of an electronic medical record. All client consultations are now recorded electronically in the system and the electronic notification of pathology results has made the provision of client results more timely and effective.
- **Stakeholders Database (NEXUS)** – FPNSW commenced a staged implementation in May 2010 of NEXUS, a new stakeholder database designed to improve the collection and analysis of data across FPNSW units. The database is initially being used by the Education & Training Unit and will be implemented across other FPNSW Units in 2011.



Medical Director Training



Jane Estoesta (Director Data & Evaluation)

## QUALITY MANAGEMENT AND RISK MANAGEMENT

Clinical client satisfaction surveys conducted biennially by FPNSW consistently demonstrate satisfaction levels of 99% or higher, with nearly all clients indicating that they would use our service again and would recommend FPNSW to others. This response is especially pleasing given FPNSW's role in clinical training. 20-40% of those surveyed in recent times indicate that their consultation was used for clinical training purposes in 2010, and only one person reported that they felt uncomfortable having a second doctor or nurse in attendance in the consultation room. **This high level of satisfaction reflects the professional standards of our clinical staff.**

In 2009, a consultancy firm was commissioned to conduct a risk assessment of all operational aspects of FPNSW and provide recommendations in relation to ongoing risk management. **It was found that FPNSW "has a demonstrated culture of proactive risk management"** which supports identification and management of risks in multiple forums throughout the organisation. With the guidance and support of the FPNSW Board, work on the development of the FPNSW Risk Framework is underway.



David Horspool (Director HR & Corporate Services) with Wulin Hu (Director IT)

## ETHICS COMMITTEE

In 2009/10, the FPNSW Ethics Committee convened seven times and approved five new research projects. **The FPNSW Ethics Committee has successfully established the Scientific Advisory Group**, which will provide advice regarding scientific questions for study proposals, consider matters pertaining to the clinical management of the conditions under a study and ensure quality of processes for data collection, analysis and oversight of research.



# INFORMATION SERVICES



FPNSW continued to provide reproductive and sexual health information to health professionals, the community and policy makers through the development of new reproductive and sexual health publications and resources.



## HEALTHRITES BOOKSHOP

A specialty bookshop with a wide range of books, manuals, DVDs and resources about reproductive and sexual health for health professionals, educators and the general public, Healthrites sells the publications produced by FPNSW and also stocks titles from other publishers. Purchases can be made by visiting the bookshop at FPNSW Ashfield, or by viewing the full catalogue and purchasing online at [www.fpnsw.org.au](http://www.fpnsw.org.au).

**In 2009/10, the FPNSW Contraceptive Kit and the second edition of *Contraception: An Australian clinical practice handbook* remained among Healthrites' top selling items.**

A new FPNSW publication *The Vulva: A Clinician's Practical Handbook*, co-authored by a gynaecologist and a dermatologist specialising in vulval conditions, was also very popular with health professionals.

FPNSW developed and updated six publications including:

- *The Vulva: A Clinician's Practical Handbook*
- *Contraception the Basic Facts* booklet – new edition
- *Down There* DVD 2nd edition – in Arabic, Mandarin and Persian
- *Contraception Healthy Choices* – A contraceptive clinic in a book.



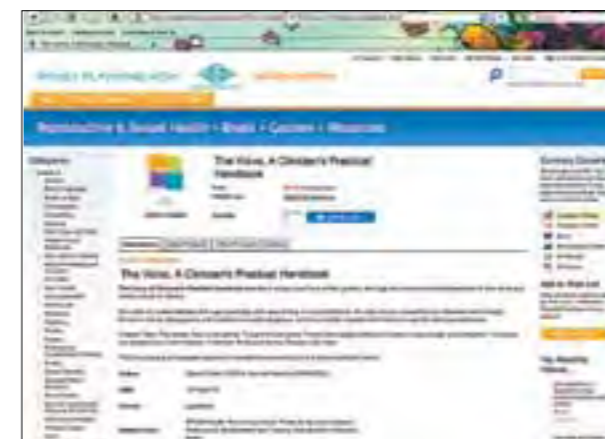
## FPNSW LIBRARY

Specialises in print and electronic material on all aspects of reproductive and sexual health. **The collection consists of approximately 5,000 books and journals, in addition to an array of audiovisual material, kits and teaching resources.**

Over the past year approximately 100 new borrowers have registered for the library's services. More than 500 new items have been added to the library collection (including electronic documents and physical resources) and approximately 350 loans have been processed.

**The Disability Resource Collection continues to be a valuable part of the library with a 58% increase in usage from last year.** The Disability Resource Collection consists of approximately 200 teaching resources, kits and audiovisual items aimed at educating people with disability about sexuality. Items from this collection are available for loan to parents and caregivers, service providers and organisations which provide services for people with disability.

The new website has been designed to enable multiple staff members to add and edit content, ensuring that the website information provided is current and comprehensive.



## FPNSW WEBSITE – [www.fpsw.org.au](http://www.fpsw.org.au)

In October 2009 the new FPNSW website design was launched. The new website has been designed on a modern content management system to enable multiple staff members to add and edit content, ensuring that the website information provided is current and comprehensive. As a result, **the new FPNSW website contains almost three times the previous website's content.** Other features include:

- a clear and easy to use interface;
- new video and audio content;
- more graphics and visually appealing content;
- new audience entry pages for young people, health professionals, non-English speakers and the general public; and
- new portals for the health promotion and research units.

**Along with the new website, a new shopping cart system was successfully launched for Healthrites Bookshop products and all health promotion resources.** The new system makes it easy for users to browse, select and order this material and is processing Healthrites Bookshop orders at more than four times the rate of the old system.





# HEALTHLINE 'ANSWERS TO TRICKY QUESTIONS'

# 1300 658 886

"Thank you so much for your help. This really puts my mind at ease. We are both really happy with our decision because we had spoken to you many times. Thanks again for your help."

– HEALTHLINE CLIENT

Healthline is the confidential telephone and email information and referral service provided by FPNSW. This service plays an important key role in the dissemination of knowledge through answering telephone enquiries, responding to emails and writing, updating and reviewing the Frequently Asked Questions (FAQs) section of the FPNSW website.

"Many thanks for your time on the phone yesterday and for your email suggesting website links so I got the right information. Look forward to getting the resources you are posting which will help make the right decision for me."

– HEALTHLINE CLIENT



# SYDNEY CENTRE FOR REPRODUCTIVE HEALTH RESEARCH

Research Division of FPNSW

FPNSW has successfully finalised several collaborative projects with tertiary institutions including a study looking at what characteristics women and GPs value in a contraceptive method with the Centre for Health Economics Research and Evaluation (CHERE at UTS) funded by an ARC Linkage Grant. Interestingly both groups wanted a long-acting method with good menstrual cycle control.

**A study with the Applied Linguistics Department at UTS, co-funded by FPNSW, examining communication in family planning consultations resulted in valuable insights into successful consultations. The report of the findings was successfully launched at UTS by Wendy McCarthy on 30 September 2009.**

During 2009/10, FPNSW were partners in two Australian Research Council Linkage grants. The first was in conjunction with the University of Queensland to set up a randomly selected group of 2,000 young women aged 18-23 to look at their knowledge, choice and use of contraception, including reasons for contraceptive failure. The second was with the University of Sydney to carry out a randomised survey of women in NSW who suffer with heavy menstrual bleeding and develop check lists based on both measured menstrual blood loss and women's responses. The checklists will enable both medical practitioners and women to decide whether treatment or further investigations are required. The industrial partner for both applications is Bayer Healthcare. We await the results of these applications which will provide funding in 2011.

**We are indebted to Professor Ian Fraser, USYD, who continues to provide valuable expert advice and support.**

Masters students continue to provide extra research capacity to the Research Centre. This year a Master of Philosophy student from Sydney has completed her thesis under our supervision, at the same time collecting data for the longitudinal study on long-acting methods.

## PUBLICATIONS

- Contraceptive Options for Women in Selected Circumstances. Weisberg E. *Best Pract Res Clin Obstet Gynaecol*. 2010 Apr 28. [Epub ahead of print]
- Psychosocial Outcomes of Three Triage Methods for the Management of Borderline Abnormal Cervical Smears: An Open Randomised Trial. McCaffery KJ, Irwig L, Turner R, Chan SF, Macaskill P, Lewicka M, Clarke J, Weisberg E, Barratt A. *BMJ*. 2010 Feb 23;340:b4491. doi: 10.1136/bmj.b4491.PMID: 20179125.
- Contraception and Pregnancy Then and Now: Examining the Experiences of a Cohort of Mid-Age Australian Women. Read C, Bateson D, Weisberg E, Estoesta J. *Aust N Z J Obstet Gynaecol*. 2009 Aug;49(4):429-33.
- Rights to Emergency Contraception. Weisberg E, Fraser IS. *Int J Gynaecol Obstet*. 2009 Aug;106(2):160-3.
- An Open-Label Randomized Trial to Determine the Most Effective Regimen of Vaginal Estrogen to Reduce the Prevalence of Atrophic Changes Reported in Postmenopausal Cervical Smears. Bateson DJ, Weisberg E. *Menopause*. 2009 Jul-Aug;16(4):765-9.
- A Randomized Controlled Trial of Treatment Options for Troublesome Uterine Bleeding in Implanon Users. Weisberg E, Hickey M, Palmer D, O'Connor V, Salamonsen LA, Findlay JK, Fraser IS. *Hum Reprod*. 2009 Aug;24(8):1852-61.

This financial year has been another successful one for the Research Centre with a number of projects brought to successful conclusion, including a 12 month contraceptive vaginal ring study for the Population Council in New York and several contraceptive studies with pharmaceutical companies.

**In two multi-centre contraceptive studies of new methods, a trial of a low-dose contraceptive skin patch and a low dose progestogen-releasing intrauterine system, the Research Centre achieved the highest recruitment rate of any Australian centre, which wouldn't have been achieved without our integrated clinical services.**



Dr Edith Weisberg (Director Research)

# FPNSW COMMITTEES & PARTNERSHIPS

## ETHICS COMMITTEE 2010

Dr Walter Stern	Scientist (Chair)
Ms Sandra Nicholson	FPNSW Board affiliate (Vice Chair)
Mr Tobias Armstrong	Male Layperson
Ms Elena Berrocal Capdevila	Female Layperson
Ms Beverley Essue	Researcher
Mr Thomas Kelly	Lawyer
Ms Kerrie Chambers	Lawyer
Ms Blaise Lyons	Lawyer
Mr Adam Craig	Male Layperson (resigned end of 2009)
Ms Jill Hall	Female Layperson
Dr John Troughton	Male Layperson
Mr Edward Grantham	Pastoral care role
Dr Yvonne Selecki	Professional care, counselling or treatment of people
Dr Kirsten Black	Professional care, counselling or treatment of people
Dr Vijay Ramanathan	Researcher
Ms Rachel Reid	Researcher
Dr Craig McLachlan	Researcher
Dr Gisselle Gallego	Researcher (on leave till February 2011)
Dr Lina Safro	Researcher
Dr Betty Chaar	Researcher
Ms Marina Berbic	Researcher

## CLINICAL ADVISORY BOARD 2010

Prof Ian Fraser	Gynaecologist (Chair)
Dr Georgina Hale	Infectious diseases and women's health
Dr Devora Lieberman	Gynaecologist - fertility
Dr Michael Lowy	Men's sexual health
Dr Meredith Makeham	General Practitioner
Dr Amanda McBride	General Practitioner
Dr Karuna Raja	Gynaecologist & Obstetrician
Dr Lynne Wray	Sexually Transmissible Infections & HIV
Dr Pam Konecny	Staff Specialist in Infectious Diseases
Dr Selvan Pather	Obstetrics, Gynaecology and Neonatology
Dr Edith Weisberg	Director of Research FPNSW
Dr Deborah Bateson	Medical Director FPNSW (from April 2010)
Dr Christine Read	Medical Director FPNSW (to April 2010)

## BOARD OF DIRECTORS 2010

Dr Devora Lieberman	President
Ms My Chappell	Treasurer
Ms Rosalind Winfield	Vice President
Ms Sandra Nicholson	Vice President
Mr Neil Jackson	Legal Advisor
Ms Fiona Larnach	
Mr David Miles	
Ms Alice Arnott Oppen	
Mr David Stephens	
Ms Susan Templeman	

## FINANCE & AUDIT COMMITTEE 2010

Ms My Chappell (Chair)  
Ms Rosalind Winfield  
Ms Fiona Larnach

## PERFORMANCE & REMUNERATION COMMITTEE 2010

Dr Devora Lieberman (Chair)  
Ms Alice Arnott Oppen  
Ms Sandra Nicholson

## ADVOCACY COMMITTEE 2010

Mr Neil Jackson (Chair)  
Dr Devora Lieberman  
Ms Alice Arnott Oppen  
Ms Sandra Nicholson  
Mr David Miles  
Mr Mike Peterson  
Ms Susan Templeman

## FUNDRAISING COMMITTEE 2010

Ms Fiona Larnach (Chair)  
Ms My Chappell

## RESEARCH STEERING COMMITTEE 2010

Dr Marion Haas (Chair)  
Dr Devora Lieberman  
Prof Ian Fraser  
David Stephens  
Sandra Nicholson  
Honorary Prof Sally Redman

## PROPERTY WORKING PARTY 2010

Dr Devora Lieberman  
Mr David Stephens  
Ms My Chappell  
Ms Rosalind Winfield  
Ms Fiona Larnach

**NSW AREA HEALTH SERVICES**

Sydney South West Area Health Service  
 Hunter New England Area Health Service  
 Sydney West Area Health Service  
 Greater Western Area Health Service  
 Northern Sydney Central Coast Area Health Service  
 South East Sydney and Illawarra Area Health Service

**OTHER NSW HEALTH SERVICES**

BreastScreen NSW  
 Cancer Institute NSW  
 Centre for Research and Education on Ageing  
 Fairfield Liverpool Youth Health Team  
 Health Care Interpreter Service  
 Heterosexual HIV/AIDS Service  
 NSW Multicultural Health Communication Services  
 NSW Refugee Health Service

**OTHER GOVERNMENT PARTNERSHIPS**

Commonwealth Department of Ageing, Disability and Home Care  
 Department of Juvenile Justice  
 NSW Anti Discrimination Board  
 NSW Department of Community Services  
 NSW Department of Education and Training  
 NSW Department of Women/Law Access

**NON GOVERNMENT PARTNERSHIPS**

Aboriginal Housing Office  
 Aboriginal Health and Medical Research Council  
 ACON - Northern Rivers  
 Advanced Personnel Management  
 Allira Child Care Centre  
 AIDS Council of NSW  
 Andrology Australia  
 Autism Spectrum Australia – Hunter  
 Australian Practice Nurse Association  
 Australian Society for HIV Medicine  
 Bligh Park Youth Centre  
 Blue Mountains Youth Service Network  
 Break Thru Solutions  
 Bunninyong SACCs  
 Burnside

Burnside Doorways  
 Cental Coast Disability Interagency  
 Central Coast School Leaver Committee  
 Centrelink  
 Communities For Children  
 Community Drug Action Team  
 Coonamble Aboriginal Health Service  
 Dubbo Aboriginal Community Working Party

Dubbo Aboriginal Women's Alliance  
 Dubbo Men's Shed  
 Dubbo Neighbourhood Centre  
 Dubbo West SACCs  
 Erskine Park Youth Centre  
 FaHSCIA/ICC  
 Fairfield Immigrant and Refugee Women's Network  
 Fairfield Youth Workers Network  
 Fusion Western Sydney

Hawkesbury Community Outreach Services  
 General Practice NSW  
 Hawkesbury District Health Service  
 Hawkesbury Youth Interagency  
 HIV/AIDS & Sexual Health Interagency  
 Housing NSW  
 Hunter Women's Centre  
 Hunter School Leaver committee  
 Hunter Disability Interagency  
 Hunter Community Services Learning Network

Immigrant Women's Health Service  
 Inspire Foundation (Reach Out)  
 Jean Hailes Foundation  
 Job Placement, Employment and Training  
 Juvenile Justice – Cobham  
 Marist Youth Care  
 Mission Australia Bronte Child and Family Centre

Mission Australia - Dubbo  
 Mountains Youth Services Team  
 Nepean Adolescent and Family Services  
 Nepean Interyouth Services  
 Nepean Area of Disabilities Organisation  
 Nepean Youth Accomodation Service  
 New South Wales Association for Adolescent Health (NAAH)

Northern Settlement Services  
 NSW Anti-Homophobia Interagency  
 NSW Anti Violence Project  
 New South Wales Sport and Recreation  
 North Richmond Youth Project  
 Nova Employment  
 Orana JJ Detention Centre  
 Parents and Friends of Lesbians and Gays

Penrith City Council

Penrith Women's Health Centre  
 PCYC  
 Putland High School  
 Refugee Women's Health Working Group  
 Refugee Health Information Network  
 Riverside Parramatta  
 Riverside Lifehouse/NILS/Food Bank  
 Royal Women's Hospital, Melbourne  
 Schools Industry Partnership

Sexual Health Network  
 Sex Workers Outreach Project  
 SPYNS Inc  
 Telephone Information Support and Counselling Association  
 Touching Base Inc  
 The Breast Centre  
 The Junction Youth Health Medical Service  
 The Richmond Fellowship

Translating and Interpreting Services  
 Turning Point  
 Twenty10  
 Twenty10 Gay and Lesbian Youth Services  
 Upper Mountains Youth Centre  
 Wellington Aboriginal Community Service (WACS)  
 Werrington Youth Centre  
 West Dubbo Aboriginal Women's Consultative Group

Youth Accommodation Service  
 Youth Interagency

**TRAINING AND EDUCATION PARTNERSHIPS**

Cranebrook High School  
 Genesis Ed  
 GP Synergy training consortium  
 Health in Schools Interagency  
 NSW Institute of Teachers  
 People with Disability Australia inc  
 Poche Centre for Indigenous Health, University of Sydney  
 Pozhet  
 Relationships and Private Stuff  
 Royal Australian College of General Practitioners (RACGP)

Royal Australian College of Physicians, Chapter of Sexual Health Medicine  
 Royal College of Nursing Australia  
 Royal Hospital for Women Annual Hormone Day  
 Rural Doctors Network  
 TAFE Colleges  
 University of New South Wales  
 University of Newcastle

University of Sydney (School of Medicine, Rural Clinical Training School, Northern Sydney Clinical

School, Department of Obstetrics and Gynaecology)  
 University of Western Sydney – Penrith & Hawkesbury Campus  
 University of Wollongong  
 Valley to Coast GP Training Consortium

**RESEARCH PARTNERSHIPS**

Aboriginal Health and Medical Research Council  
 Australian Research Council Linkage Grant  
 Burnet Institute, Melbourne  
 GlaxoSmithKline  
 Merck Sharp and Dohme  
 Medical Devices Evaluation Committee  
 MySpace

Penrith Disabilities Resource Centre  
 Royal Women's Hospital, Melbourne  
 University of NSW  
 University of Newcastle  
 University of Sydney (Department of Public Health)  
 University of Technology  
 University of Western Sydney

**NATIONAL AND INTERNATIONAL PARTNERSHIPS**

Aust Health International  
 Canberra Sexual Health Centre  
 Cooperativa Café Timor  
 Family Planning Organisation of the Philippines  
 HELP Resources  
 International Planned Parenthood Federation  
 National Health and Medical Research Council

National Centre for Health and Social Research  
 National Institute of Health, USA  
 New Zealand Family Planning International  
 Papua New Guinea Family Health Association  
 Reproductive & Family Health Association of Fiji  
 Sexual Health and Family Planning Australia

Solomon Islands Planned Parenthood Association

**FINANCIALS FINANCIALS**



# DIRECTORS' REPORT

Your directors present this report on the entity for the financial year ended 30 June 2010.

## DIRECTORS

The name of each person who has been a director during the year and to the date of this report are:

Dr D Lieberman **President**  
Ms R Winfield **Vice President**  
Ms S Nicholson **Vice President**  
Ms M Chappell **Treasurer**  
Mr N Jackson **Legal Adviser**

Dr M Haas – resigned 24.11.09  
Ms F Larnach  
Mr D Miles – appointed 24.11.09  
Ms A Oppen  
Mr D Stephens – appointed 24.11.09  
Ms S Templeman

Directors have been in office since the start of the financial year to the date of this report unless otherwise stated.

## COMPANY SECRETARY

The following person held the position of entity secretary at the end of the financial year:

Ms K Gannon – Bachelor of Commerce, Certified Practising Accountant, Graduate Diploma of Applied Corporate Governance. Ms Gannon has worked for Family Planning NSW for the last 15 years, in financial and management roles. Ms Gannon was appointed Company Secretary on 26 September 1995.

## PRINCIPAL ACTIVITIES

The principal activity of the entity during the financial year was to provide clinical, health promotion, educational and research services in the area of reproductive and sexual health.

No significant changes in the nature of the entity's activity occurred during the financial year.

## OPERATING RESULTS

The profit of the entity amounted to \$294,668 (2009: \$10,526).

## DIVIDENDS

Under the organisation's constitution no dividends are permitted.

## REVIEW OF OPERATIONS

A review of operations of the entity during the financial year indicated that revenue had remained constant while expenditure had reduced by 2.7% resulting in an increase in entity profit.

## SIGNIFICANT CHANGES IN STATE OF AFFAIRS

No significant changes in the entity's state of affairs occurred during the financial year.

## AFTER BALANCE DATE EVENTS

No matters or circumstances have arisen since the end of the financial year which significantly affected or may significantly affect the operations of the entity, the results of those operations, or the state of affairs of the entity in future financial years.

## FUTURE DEVELOPMENTS

The entity expects to maintain the present status and level of operations and hence there are no likely developments in the entity's operations.

## ENVIRONMENTAL ISSUES

The entity's operations are not regulated by any significant environmental regulation under a law of the Commonwealth or of a state or territory.

## VOLUNTARY DIRECTORS

Under the organisation's constitution no director is permitted to receive fees or a salary.

# PROFILE OF DIRECTORS

## DR DEVORA LIEBERMAN – MD MPH FRANZCOG: PRESIDENT

Dr Devora Lieberman is one of the principal doctors in Sydney IVF's Miscarriage Management Program and has an active infertility practice. She joined Sydney IVF in 2003 after several years working as an Associate Medical Director, Women's Health at Organon Australia, a pharmaceutical company where she was responsible for the company's contraception, HRT and pro-fertility products. In this role, Devora was involved in the Australian introduction of a pen device for follicle-stimulating hormone delivery and educated fertility doctors about a new type of stimulation regimen using gonadotrophin-releasing hormone antagonists.

Devora has been a Visiting Medical Officer at Royal North Shore Hospital's Menopause Clinic since 1998. She has long-standing involvement in many professional organisations and is currently Vice-President of the Fertility Society of Australia and a past President of Sexual Health and Family Planning Australia. Devora has presented at regional and national conferences and has contributed to textbooks and several peer-reviewed publications.



Devora moved to Australia from Boston, Massachusetts, USA, in 1998, when her fiancé told her: "there's no surf in Boston Harbor". At the time she was a lecturer in obstetrics and gynaecology at Harvard Medical School. Devora studied medicine at the State University of New York and received her Masters Degree in Public Health from Harvard.

Devora is a member of the Executive of the Board of Directors of Family Planning NSW, Clinical Advisory Board, Advocacy Committee, Property Working Party, Research Steering Committee and Performance and Remuneration Committee. Elected to the Board in November 2002.

## ROSALIND WINFIELD – BA LLB: VICE PRESIDENT

A lawyer in private practice since 1982, Rosalind Winfield has a special interest in legal issues affecting women and women's health. Convenor Women's Electoral Lobby (Brisbane) 1977-1978. President of the Women Lawyers' Association of NSW 1988-1989 and committee member 1983-1991. Rosalind was a member of the Women's Advisory Council 1986-1989 and Director of the Women's Legal Resources Centre 1983-1987. Family Planning Australia President's Award 1995. Rosalind is a member of the Executive of the Board of Directors of Family Planning NSW, Finance & Audit Committee and Property Working Party and has previously represented the Board on the Ethics Committee. Elected to the Board in November 1986.





**SANDRA NICHOLSON – BA (HONS) M MEDIA PRAC MAICD:  
VICE PRESIDENT**

Sandra Nicholson works in the marketing and communications section of the RTA's Transport Management Centre. She was a radio journalist for more than a decade and holds a Master of Media Practice from the University of Sydney. Her undergraduate studies focused on politics and gender studies, and she completed an Honours thesis about Aboriginal language maintenance and public policy implementation. Sandra is a member of the Media, Entertainment and Arts Alliance (MEAA). She has previously worked at the NSW Working Women's Centre and volunteered at a Kings Cross women's refuge. Sandra is a member of the Family Planning NSW Performance & Remuneration Committee, Advocacy Committee and Research Steering Committee. She also represents the Board on the Ethics Committee. Elected to the Board in November 2003.

**NEIL JACKSON – LLB BEC LLM: HON. LEGAL ADVISER**

Neil Jackson practises as a barrister, largely in workers compensation, family law and de facto relationships law. He is a member of the Conciliators and Arbitrators Association, the Australian Association of Family Lawyers and Conciliators, and the Family Law Section of the Law Council of Australia. He is also a member of the Australian Plaintiff Lawyers Association.

In 2002 he was appointed as an Arbitrator of the New South Wales Compensation Commission. In 2004 he was appointed a Mediator of the New South Wales Supreme Court and an Arbitrator of the New South Wales District Court. Neil is a member of the Executive of the Board of Directors of Family Planning NSW and Advocacy Committee. Elected to the Board in November 1999.



**MY CHAPPELL – BSC (HONS) GRAD DIP  
(ACCOUNTING) M COMM: TREASURER**

Prior to becoming a professional director, My Chappell held senior executive accounting and finance positions in both the government and corporate sectors. She is a qualified accountant with extensive experience in treasury and enterprise-wide risk management. She was a board member and treasurer of Shopfront Theatre for Young People, a not-for-profit organisation, training and helping youth to develop themselves through the arts. My is a member of the Executive of the Board of Directors of Family Planning NSW, Finance & Audit Committee, Property Working Party and Fundraising Committee. Elected to the Board in November 2005.



**FIONA LARNACH – BSC DIP ED, MASTERS (BBUS FINANCE),  
CPA, GRAD DIP ACCTG**

Fiona is a partner with Ernst and Young in the Financial Risk Advisory Services area. Prior to this Fiona was Chief Risk Officer at Westpac, responsible for the Retail Bank Credit and Operational Risk. After graduating from University with a BSc DipEd, Fiona worked at IBM within Treasury. Fiona then worked at Citibank with roles in Risk Management and IT. Fiona then moved to GE Capital; during this period, she gained her Masters in Banking and Finance and qualified as a CPA.

Following GE, Fiona was employed at AMP heading up the Risk function for AMP Bank. Her last role at AMP was Head of Group Capital and Deputy Group Treasurer covering the Australian and European markets. Fiona is a member of the Family Planning NSW Finance & Audit Committee, Fundraising Committee and Property Working Party. Elected to the Board in November 2006.

**DAVID MILES**

David Miles is the Senior Manager, Government Affairs with the global pharmaceutical company Pfizer. In this role, David maintains Pfizer's relationships with governments across Australia, particularly at the political level.

David started his career in stockbroking and merchant banking, before making the transition to politics as an adviser to a federal Senator and Minister in 1997. He has advised a range of politicians at both state and federal level and immediately prior to joining Pfizer in 2005, was Public Affairs Manager for Environment ACT, within the ACT Government.

In his current role, David devises and implements policy strategies for Pfizer and coordinates representations to the Federal Government regarding the Pharmaceutical Benefits Scheme (PBS) particularly in reference to its effectiveness in meeting the needs of consumers, governments and the industry.

David's experience working in government and media over the past decade has provided him with an extensive and influential network of political and media contacts including senior politicians and staff from all political parties at Federal and State level.

David is a member of the Family Planning NSW Advocacy Committee. Elected to the Board in November 2009.





**ALICE ARNOTT OPPEN – B.A., M.A.T., M.A., F.A.I.C.D**

Alice Oppen taught Australian, English and American literatures, and her book *Shakespeare: Listening to the Women* was published in 1999. She has edited and contributed to publications on Australian literature, heritage and town planning, the environment and women's educational and legal concerns. In 1993 Alice was active in the campaign to keep Australian companies Australian and served on the Arnotts Board until 1997. A Fellow of the Institute of Company Directors, she was a member of their National Education Committee and a consultant for the Advanced Course. Alice served on the boards of the State Library Foundation, of ChildFund Australia and ChildFund International. She currently serves on the International Advisory Committee of Sexual Health & Family Planning Australia and the Ethics Committee of the Cancer Council. Alice is the founder and Chair of Women's Plans Foundation, a charitable trust that raises funds to enable a family planning component in overseas aid and development. Alice is a member of the Family Planning NSW Performance & Remuneration and the Advocacy Committees. Elected to the Board in November 2006.



**SUSAN TEMPLEMAN – BA (COMM)**

A journalist for more than a decade, Susan Templeman runs a specialist media and presentation training company. Susan started as a federal political reporter with Radio 2UE in the Canberra Press Gallery in the mid-eighties, went on to be a foreign correspondent in New York and moved to London with the Austereo network. On her return to Australia, she worked as a freelance journalist and briefly in media relations before establishing her training business. In the past 15 years she has provided training to a broad range of clients in the government, non-profit and business sectors. She is part of a network of trainers, many of whom have been mentored by Susan as they transition from journalism to their own business. Susan is a member of the Family Planning NSW Advocacy Committee. Elected to the Board in November 2005.



**DAVID STEPHENS – F.A.I.C.D., F.A.I.M.**

David has over 40 years experience in the pharmaceutical industry, the last twenty-seven in executive and non-executive director roles. His responsibilities have included businesses in UK, Ireland, Australia, New Zealand, Malaysia, Singapore, Thailand, Indonesia, The Republic of China and the People's Republic of China. He has lived and worked in USA, Japan and the UK. David is former Chairman of ASX listed Healthzone Limited and of Vital Food Processors Limited (NZ) and is currently non-executive director and Chairman of UWSCoconnect – the wholly owned facilities company of University of Western Sydney.

David holds a Diploma as a Graduate of the Australian Institute of Company Directors, of which he is a Fellow. He is also a Fellow of the Australian Institute of Management. David is a member of the Family Planning NSW Research Steering Committee and Property Working Party. Elected to the Board in November 2009.



**MEETING OF DIRECTORS**

During the financial year, 12 meetings of directors were held. Attendances by each director were as follows

DIRECTOR'S NAME	DIRECTORS' MEETINGS		OPERATIONS MEETINGS	
	# ELIGIBLE TO ATTEND	# ATTENDED	# ELIGIBLE TO ATTEND	# ATTENDED
Dr Devora Lieberman	12	11	9	9
Ms Rosalind Winfield	12	12	2	2
Ms Sandra Nicholson	12	12	9	9
Ms My Chappell	12	10	3	3
Dr Marion Haas	4	2	–	–
Mr Neil Jackson	12	9	4	4
Ms Fiona Larnach	12	8	3	2
Mr David Miles	8	5	4	3
Ms Alice Oppen	12	11	7	7
Mr David Stephens	10	7	2	2
Ms Susan Templeman	8	7	4	–

**INDEMNIFYING OFFICERS OR AUDITOR**

No indemnities have been given or insurance premiums paid, during or since the end of the financial year, for any person who is or has been an officer or auditor of the entity with the exception that the entity has paid premiums to insure officers of the entity and each of the persons listed above as directors against certain liabilities arising out of their conduct while acting in the capacity of officer of the entity.

Under the terms of the insurance contract, neither the nature of liabilities insured against nor the premium paid can be disclosed.

**PROCEEDINGS ON BEHALF OF THE ENTITY**

No person has applied for leave of Court to bring proceedings on behalf of the entity or intervene in any proceedings to which the entity is a party for the purpose of taking responsibility on behalf of the entity for all or any part of those proceedings.

The entity was not a party to any such proceedings during the year.

**AUDITOR'S INDEPENDENCE DECLARATION**

The lead auditor's independence declaration for the year ended 30 June 2010 is included with the directors' report.

Signed in accordance with a resolution of the Board of Directors:

**Dr Devora Lieberman – President**

**Ms My Chappell – Treasurer**

Date this 28th day of September 2010

**AUDITOR'S INDEPENDENCE DECLARATION UNDER SECTION 307C OF THE CORPORATIONS ACT 2001 TO THE DIRECTORS OF FAMILY PLANNING NSW**

I declare that, to the best of my knowledge and belief, during the year ended 30 June 2010 there has been:

- no contraventions of the auditor independence requirements as set out in the Corporations Act 2001; and
- no contraventions of any applicable code of professional conduct in relation to the audit.

William Buck  
Chartered Accountants



L.E. Tutt  
Partner  
Sydney, 28 September 2010

Sydney  
Melbourne  
Brisbane  
Perth  
Adelaide  
Auckland

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STRATEGIC THINKING | TAILORED ADVICE | INTEGRATED SOLUTIONS

CHARTERED ACCOUNTANTS & ADVISORS

# STATEMENT OF COMPREHENSIVE INCOME

For Year Ended 30 June 2010

	Note	2010 \$	2009 \$
Revenue	2	9,793,375	9,723,689
Changes in inventories of finished goods		(9,655)	12,182
Employee benefit expenses		(7,153,698)	(6,735,521)
Cost of contraceptive supplies		(105,865)	(99,786)
Cost of Healthrites resources for resale		(61,858)	(74,925)
Depreciation and amortisation expenses		(109,969)	(89,568)
Lease/rent		(161,650)	(160,961)
Insurance		(110,874)	(106,581)
Relocation of business operations		—	(144,482)
Computer services and software		(117,347)	(112,087)
Printing / postage / stationery / advertising / photocopying		(306,617)	(316,783)
Repairs and maintenance / cleaning		(180,693)	(252,657)
Teaching resources		(189,384)	(320,724)
Travel		(178,282)	(216,310)
Materials and equipment		(18,692)	(51,637)
Labour hire – external		(9,854)	(907)
Medical consumables		(45,469)	(51,666)
Consultancy		(132,351)	(242,106)
Utilities		(62,338)	(57,445)
Telephone / internet		(151,210)	(146,545)
Staff recruitment		(9,629)	(26,147)
Conferences and seminars		(63,546)	(91,667)
Other expenses		(319,726)	(426,840)
<b>PROFIT FOR THE YEAR</b>		<b>294,668</b>	<b>10,526</b>
OTHER COMPREHENSIVE INCOME			
Net gain on revaluation of non-current assets		733,549	—
Total comprehensive income for the year		1,028,217	10,526
Profit attributable to members of the entity		294,668	10,526
Total comprehensive income attributable to members of the entity		1,028,217	10,526

The accompanying notes form part of these financial statements.



# STATEMENT OF FINANCIAL POSITION

As at 30 June 2010

	Note \$	2010	2009
<b>ASSETS</b>			
<b>CURRENT ASSETS</b>			
Cash and cash equivalents	4	4,761,364	7,190,126
Trade and other receivables	5	150,339	73,826
Inventories	6	106,344	96,689
Other current assets	7	96,866	72,572
<b>TOTAL CURRENT ASSETS</b>		<b>5,114,913</b>	<b>7,433,213</b>
<b>NON-CURRENT ASSETS</b>			
Financial assets	8	3,327,750	–
Property, plant and equipment	9	5,989,938	5,378,523
<b>TOTAL NON-CURRENT ASSETS</b>		<b>9,317,688</b>	<b>5,378,523</b>
<b>TOTAL ASSETS</b>		<b>14,432,601</b>	<b>12,811,736</b>
<b>LIABILITIES</b>			
<b>CURRENT LIABILITIES</b>			
Trade and other payables	10	2,512,460	2,406,585
Income in advance	11	2,108,254	1,613,580
<b>TOTAL CURRENT LIABILITIES</b>		<b>4,620,714</b>	<b>4,020,165</b>
<b>NON-CURRENT LIABILITIES</b>			
Trade and other payables	12	41,669	49,570
<b>TOTAL NON-CURRENT LIABILITIES</b>		<b>41,669</b>	<b>49,570</b>
<b>TOTAL LIABILITIES</b>		<b>4,662,383</b>	<b>4,069,735</b>
<b>NET ASSETS</b>		<b>9,770,218</b>	<b>8,742,001</b>
<b>EQUITY</b>			
Reserves	13	3,474,449	2,740,900
Retained earnings		6,295,769	6,001,101
<b>TOTAL EQUITY</b>		<b>9,770,218</b>	<b>8,742,001</b>
Capital and leasing commitments	14		
Contingent liability	15		

The accompanying notes form part of these financial statements.

# STATEMENT OF CHANGES IN EQUITY

For Year Ended 30 June 2010

	RETAINED EARNINGS	ASSET EVALUATION RESERVE	GENERAL RESERVES	TOTAL
<b>BALANCE AT 30 JUNE 2008</b>	<b>5,990,575</b>	<b>2,665,900</b>	<b>75,000</b>	<b>8,731,475</b>
Profit attributable to the entity	10,526	–	–	10,526
<b>BALANCE AT 30 JUNE 2009</b>	<b>6,001,101</b>	<b>2,665,900</b>	<b>75,000</b>	<b>8,742,001</b>
Profit attributable to the entity	294,668	–	–	294,668
Revaluation increment	–	733,549	–	733,549
<b>BALANCE AT 30 JUNE 2010</b>	<b>6,295,769</b>	<b>3,399,449</b>	<b>75,000</b>	<b>9,770,218</b>

The accompanying notes form part of these financial statements.

# STATEMENT OF CASH FLOW

For Year Ended 30 June 2010

	Note	2010 \$	2009 \$
<b>CASH FLOWS FROM OPERATING ACTIVITIES</b>			
Receipts from government grants	3	7,933,540	7,741,236
Donation – Family Planning NSW Foundation	3	–	–
Other grants received	3	1,229,671	380,137
Receipts from customers		1,027,836	1,345,339
Payments to suppliers and employees		(9,524,097)	(9,309,501)
Interest received		219,961	393,461
<b>NET CASH GENERATED FROM OPERATING ACTIVITIES</b>	<b>18</b>	<b>886,911</b>	<b>550,672</b>
<b>CASH FLOW FROM INVESTING ACTIVITIES</b>			
Payment for property, plant and equipment		(65,673)	(193,014)
Proceeds from sale of property, plant and equipment		–	–
Payment for investments		(3,250,000)	–
<b>NET CASH USED IN INVESTING ACTIVITIES</b>		<b>(3,315,673)</b>	<b>(193,014)</b>
Net (decrease)/increase in cash held		(2,428,762)	357,658
Cash at beginning of year		7,190,126	6,832,468
<b>CASH AT END OF YEAR</b>		<b>4,761,364</b>	<b>7,190,126</b>

The accompanying notes form part of these financial statements.

## 1. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

The directors have prepared the financial statements on the basis that the company is a non-reporting entity because there are no users who are dependent on its general purpose financial report. These financial statements are therefore special purpose financial statements that have been prepared in order to meet the requirements of the *Corporation's Act 2001*.

The financial report has been prepared in accordance with the mandatory Australian Accounting Standards applicable to entities reporting under the *Corporation's Act 2001* and the significant accounting policies disclosed below, which the directors have determined are appropriate to meet the needs of members. Such accounting policies are consistent with the previous period unless stated otherwise.

The financial statements have been prepared on an accruals basis and are based on historical costs unless otherwise stated in the notes. The accounting policies that have been adopted in the preparation of this report are as follows:

### (A) PRINCIPLES OF CONSOLIDATION

The directors believe that the controlled entities of Family Planning NSW are not material, as their omission or non-disclosure does not have the potential to adversely affect:

1. Decisions about the allocation of resources made by users of the consolidated accounts; or
2. The discharge of accountability by the directors or the members of the governing body of the entity; and as such the financial statements of Family Planning NSW have not been consolidated with its controlled entities.

### (B) INVENTORIES

Inventories are measured at the lower of cost and current replacement cost. Inventories are determined on an average cost basis.

Inventories acquired at no cost, or for nominal consideration are valued at the current replacement cost as at the date of acquisition.

### (C) BAD AND DOUBTFUL DEBTS

Bad debts are written off as they occur and the provision for doubtful debts is based on an appraisal of individual outstanding accounts that are in excess of normal trading terms.

# NOTES TO THE FINANCIAL STATEMENTS

For Year Ended 30 June 2010

### (D) PROPERTY, PLANT AND EQUIPMENT

Each class of property, plant and equipment is carried at cost or fair value as indicated, less, where applicable, accumulated depreciation and impairment losses.

#### PROPERTY

Freehold land and buildings are shown at their fair value based on periodic, but at least triennial, valuations by external independent valuers, less subsequent depreciation for buildings.

Increases in the carrying amount arising on revaluation of land and buildings are credited to a revaluation reserve in equity. Decreases that offset previous increases of the same class of asset are charged against fair value reserves directly in equity, all other decreases are charged to the income statement.

Any accumulated depreciation at the date of revaluation is eliminated against the gross carrying amount of the asset and the net amount is restated to the revalued amount of the asset.

#### PLANT AND EQUIPMENT

Plant and equipment are measured on the cost basis less depreciation and impairment loss. Items with a first cost of less than five hundred dollars are expensed in the period they are purchased in accordance with the terms of the NSW Health funding conditions.

### DEPRECIATION

The depreciable amount of all fixed assets, including buildings and capitalised leased assets, but excluding freehold land, is depreciated on a straight line basis over the asset's useful life to the entity commencing from the time the asset is held ready for use. Leasehold improvements are depreciated over the shorter of either the unexpired period of the lease or the estimated useful life of the improvements. An asset's carrying amount is written down immediately to its recoverable amount if the asset's carrying amount is greater than its estimated recoverable amount.

Gains and losses on disposals are determined by comparing proceeds with the carrying amount. These gains or losses are included in the statement of comprehensive income. When revalued assets are sold, amounts included in the revaluation reserve relating to that asset are transferred to retained earnings.

### (E) FINANCIAL INSTRUMENTS

Financial assets and financial liabilities are recognised when the entity becomes a party to the contractual provisions to the instrument. For financial assets, this is equivalent to the date the company commits itself to either purchase or sell the asset (ie trade date accounting is adopted). Financial instruments are initially measured at fair value plus transaction costs except where the instrument is classified at fair value through profit or loss in which case transaction costs are expensed to profit or loss immediately.

Financial instruments held by Family Planning NSW are measured at fair value. Fair value represents the amount for which an asset could be exchanged or a liability settled, between knowledgeable parties. Where available, quoted prices in an active market are used to determine fair value.

### (F) EMPLOYEE BENEFITS

Provision is made for the company's liability for employee benefits arising from services rendered by employees to the end of the reporting period. Provision for long service leave is raised in respect of employees who have in excess of five years continuous service. Employee benefits that are expected to be settled within one year have been measured at the amounts expected to be paid when the liability is settled.

Contributions are made by the entity to an employee superannuation fund and are charged as expenses when incurred.

### (G) LEASES

Lease payments for operating leases, where substantially all the risk and benefits remain with the lessor, are charged as expenses in the periods in which they are incurred.

The depreciation rates used for each class of depreciable assets are:

CLASS OF FIXED ASSET	DEPRECIATION RATE
Buildings	2%
Leasehold Improvements	2%
Fixtures & Fittings	10%
Medical & Office Equipment	12.5%
Motor Vehicles	15%
Computers	33.3%

### (H) INCOME TAX

No provision for income tax has been raised, as the entity is exempt from income tax under Div 50 of the *Income Tax Assessment Act 1997*.

### (I) CASH AND CASH EQUIVALENTS

Cash and cash equivalents include cash on hand, deposits held at-call with banks, other short-term highly liquid investments with original maturities of three months or less, net of bank overdraft.

### (J) PROVISIONS

Provisions are recognised when the entity has a legal or constructive obligation, as a result of past events, for which it is probable that an outflow of economic benefits will result and that outflow can be reliably measured. Provisions recognised represent the best estimate of amounts required to settle the obligation at the end of the reporting period.



## (K) REVENUE

Revenue from the sale of goods is recognised upon the delivery of goods to customers.

Grant revenue is recognised in the statement of comprehensive income when the entity obtains control of the grant and it is probable that the economic benefits gained from the grant will flow to the entity and the amount of the grant can be measured reliably.

If conditions are attached to the grant which must be satisfied before it is eligible to receive the contribution, the recognition of the grant as revenue will be deferred until those conditions are satisfied.

When grant revenue is received whereby the entity incurs an obligation to deliver economic value directly back to the contributor, this is considered a reciprocal transaction and the grant revenue is recognised in the statement of financial position as a liability until the service has been delivered to the contributor, otherwise the grant is recognised as income on receipt.

Donations and bequests are recognised as revenue when received unless they are designated for a specific purpose, where they are carried forward as prepaid income in the statement of financial position.

Interest revenue and distribution income from investments is recognised on a proportional basis taking into account the interest rate applicable to the financial assets. Dividend revenue is recognised when the right to receive a dividend has been established.

Revenue from the rendering of a service is recognised upon delivery of the service to the customers.

All revenue is stated net of the amount of goods and services tax (GST).

## (L) UNEXPENDED GRANTS

The entity receives grant monies to fund projects either for contracted periods of time or for specific projects irrespective of the period of time required to complete these projects. It is the policy of the entity to treat grant monies as unexpended grants in the balance sheet when the entity is contractually obliged to provide the services in a subsequent financial period to when the grant is received or in the case of specific project grants where the project has not been completed.

## (M) GOODS AND SERVICES TAX (GST)

Revenues, expenses and assets are recognised net of the amount of GST, except where the amount of GST incurred is not recoverable from the Tax Office. In these circumstances the GST is recognised as part of the cost of acquisition of the asset or as part of an item of expense. Receivables and payables in the statement of financial position are shown inclusive of GST.

Cash flows are presented in the statement of cash flows on a gross basis, except for the GST component of investing activities, which are disclosed as operating cash flows.

## (N) COMPARATIVE FIGURES

Where required by Accounting Standards, comparative figures have been adjusted to conform with changes in presentation for the current financial year.

## (O) TRADE AND OTHER PAYABLES

Trade and other payables represent the liability outstanding at the end of the reporting period for goods and services received by the company during the reporting period which remain unpaid. The balance is recognised as a current liability with the amount normally paid within 30 days of recognition of the liability.

## (P) ECONOMIC DEPENDENCE

Family Planning NSW is dependent on NSW Health for the majority of its revenue used to operate the business. At the date of this report the Board of Directors has no reason to believe the support will not continue.

## (Q) ADOPTION OF NEW AND REVISED ACCOUNTING STANDARDS

During the current year the company adopted all of the new and revised Australian Accounting Standards and Interpretations applicable to its operations which became mandatory.

The adoption of these standards has impacted the recognition, measurement and disclosure of certain transactions. The following is an explanation of the impact the adoption of these standards and interpretations has had on the financial statements of Family Planning NSW.

AASB 101: Presentation of Financial Statements

In September 2007 the Australian Accounting Standards Board revised AASB 101 and as a result, there have been changes to the presentation and disclosure of certain information within the financial statements. Below is an overview of the key changes and the impact on the company's financial statements.

## DISCLOSURE IMPACT

Terminology changes – The revised version of AASB 101 contains a number of terminology changes, including the amendment of the names of the primary financial statements.

Reporting changes in equity – The revised AASB 101 requires all changes in equity arising from transactions with owners, in their capacity as owners, to be presented separately from non-owner changes in equity. Owner changes in equity are to be presented in the statement of changes in equity, with non-owner changes in equity presented in the statement of comprehensive income. The previous version of AASB 101 required that owner changes in equity and other comprehensive income be presented in the statement of changes in equity.

Statement of comprehensive income – The revised AASB 101 requires all income and expenses to be presented in either one statement, the statement of comprehensive income, or two statements, a separate income statement and a statement of comprehensive income. The previous version of AASB 101 required only the presentation of a single income statement.

The company's financial statements now contain a statement of comprehensive income.

Other comprehensive income – The revised version of AASB 101 introduces the concept of 'other comprehensive income' which comprises of income and expenses that are not recognised in profit or loss as required by other Australian Accounting Standards. Items of other comprehensive income are to be disclosed in the statement of comprehensive income. Entities are required to disclose the income tax relating to each component of other comprehensive income. The previous version of AASB 101 did not contain an equivalent concept.

	2010 \$	2009 \$
<b>2. PROFIT FROM ORDINARY ACTIVITIES</b>		
<b>EXPENSES</b>		
Depreciation and amortisation	109,969	89,568
Employee benefits	7,153,698	6,735,521
Remuneration of auditor		
– Audit or review	29,000	27,900
– Other services	–	–
Rent – premises and equipment	161,650	160,961
<b>REVENUES</b>		
Government grants	7,971,463	7,957,782
Other grants	330,077	392,336
Family Planning NSW Foundation Donation / Grant	1,361	78,506
Sales income	787,261	611,611
Interest and investment income	386,126	383,752
Other income	317,087	299,702
<b>TOTAL REVENUE</b>	<b>9,793,375</b>	<b>9,723,689</b>

	2010 \$	2009 \$
<b>3. GRANTS RECEIVED DURING THE YEAR</b>		
<b>NSW HEALTH: NGO FUNDING</b>		
Fairfield Multicultural Women's Health	472,300	461,200
Women's Health	6,376,700	6,227,200
HIV/AIDS Program	231,500	226,100
Outreach and Community Education, The Warehouse	417,200	416,850
Young Men's Sexual Health, The Warehouse	116,000	116,025
	<b>7,613,700</b>	<b>7,447,375</b>
<b>NSW HEALTH: AIDS &amp; INFECTIOUS DISEASES BRANCH</b>		
NSW Aboriginal Sexual and Reproductive Health Program	21,000	-
<b>AREA HEALTH GRANTS</b>		
Hunter New England – Health Program	43,300	42,300
Hunter New England – Education Grant	2,727	0
	<b>46,027</b>	<b>42,300</b>
<b>OTHER GOVERNMENT GRANTS</b>		
Cancer Institute NSW – Well Women's Screening Training for Practice Nurses	203,590	138,047
Cancer Institute NSW – Coonamble Project	14,679	58,716
Cancer Institute NSW – GP's Up-Skilling	34,544	54,798
	<b>252,813</b>	<b>251,561</b>
<b>OTHER GRANTS</b>		
Research Grants	197,870	196,795
McCarthy-Green Indigenous Nurse Scholarship	0	6,000
Sexual Health and Family Planning – International Program	1,023,181	174,542
Penrith City Council	1,000	800
NSW Association for Adolescent Health	818	2,000
The Aurora Group	4,953	-
Centre for Education and Research on Ageing (CERA)	1,850	-
	<b>1,229,672</b>	<b>380,137</b>
<b>TOTAL GRANTS RECEIVED</b>	<b>9,163,212</b>	<b>8,121,373</b>
<b>4. CASH AND CASH EQUIVALENTS</b>		
Cash at bank	4,756,234	7,184,996
Cash on hand	5,130	5,130
	<b>4,761,364</b>	<b>7,190,126</b>
<b>RECONCILIATION OF CASH</b>		
Cash and cash equivalents	4,761,364	7,205,990
Bank overdraft	0	(15,864)
	<b>4,761,364</b>	<b>7,190,126</b>
<b>5. TRADE AND OTHER RECEIVABLES</b>		
<b>CURRENT</b>		
Trade receivables	41,102	28,320
Sexual Health and Family Planning Australia	-	23,482
Other receivables	109,237	22,024
	<b>150,339</b>	<b>73,826</b>

	2010 \$	2009 \$
<b>6. INVENTORIES</b>		
<b>CURRENT</b>		
Stock at cost	106,344	96,689
<b>7. OTHER CURRENT ASSETS</b>		
<b>CURRENT</b>		
Prepayments	96,866	72,572
<b>8. FINANCIAL ASSETS</b>		
Available-For-Sale Financial Assets comprise listed investments at fair value	3,327,750	-
<b>9. PROPERTY, PLANT AND EQUIPMENT</b>		
<b>LAND AND BUILDINGS</b>		
Freehold land at:		
– Independent valuation 2010	3,205,800	3,085,800
<b>TOTAL LAND</b>	<b>3,205,800</b>	<b>3,085,800</b>
Buildings at:		
– Independent valuation 2010	1,944,200	1,744,200
Less accumulated depreciation	(3,240)	(75,582)
<b>TOTAL BUILDINGS</b>	<b>1,940,960</b>	<b>1,668,618</b>
<b>TOTAL LAND AND BUILDINGS</b>	<b>5,146,760</b>	<b>4,754,418</b>
<b>LEASEHOLD IMPROVEMENTS</b>		
– At cost	6,636	10,045
– Independent valuation 2010	600,000	400,000
Less accumulated amortisation	(7,526)	(26,604)
<b>TOTAL LEASEHOLD IMPROVEMENTS</b>	<b>599,110</b>	<b>383,441</b>
<b>PLANT AND EQUIPMENT</b>		
At cost	472,536	407,681
Less accumulated depreciation	(228,468)	(167,017)
<b>TOTAL PLANT AND EQUIPMENT</b>	<b>244,068</b>	<b>240,664</b>
<b>TOTAL PROPERTY, PLANT AND EQUIPMENT</b>	<b>5,989,938</b>	<b>5,378,523</b>

The entity's land and buildings were re-valued at 1 June 2010 by independent valuers. Valuations were made on the basis of open market value. The revaluation increase was credited to the asset revaluation reserve in equity.

No capital gains tax has been taken into account in determining re-valued amounts as the company is exempt from income tax.



	2010 \$	2009 \$
<b>10. TRADE AND OTHER PAYABLES</b>		
<b>CURRENT</b>		
Trade payables	24,300	122,686
Sundry payables and accrued expenses	1,184,427	1,058,983
Employee benefits	1,303,733	1,224,916
	<b>2,512,460</b>	<b>2,406,585</b>
<b>11. INCOME IN ADVANCE</b>		
<b>CURRENT</b>		
Funding for special projects	<b>2,108,254</b>	<b>1,613,580</b>
<b>12. TRADE AND OTHER PAYABLES</b>		
<b>NON-CURRENT</b>		
Employee benefits	41,669	49,570
Number of employees at year end	137	139
<b>13. RESERVES</b>		
Asset revaluation reserve records revaluations of non current and financial assets	3,399,449	2,665,900
General reserve records funds approved by the Board to be set aside to fund specific activities	75,000	75,000
	<b>3,474,449</b>	<b>2,740,900</b>
<b>14. CAPITAL AND LEASING COMMITMENTS</b>		
Non cancellable operating leases contracted for but not capitalised in the financial statements: Payable: minimum lease payments		
– not later than twelve months	110,322	114,085
– between twelve months and five years	136,443	225,193
– greater than five years	31	32
	<b>246,796</b>	<b>339,310</b>
<b>15. CONTINGENT LIABILITIES</b>		
Estimates of the maximum amount of contingent liabilities that may become payable.	–	–
<b>16. MEMBERS' GUARANTEE</b>		
The entity is incorporated under the <i>Corporation's Act 2001</i> and is a company Limited by Guarantee. If the company is wound up, the constitution states that each member is required to contribute a maximum of \$10 each towards meeting any outstandings and obligations of the company. At 30 June 2010 the number of members was 41 (2009:44).		
<b>17. RELATED PARTY TRANSACTIONS</b>		
Transactions between related parties are on normal commercial terms and conditions no more favourable than those available to other parties unless otherwise stated.		
<b>SYDNEY REPRODUCTIVE HEALTH SERVICES LIMITED</b>		
Payment of ASIC fees by Family Planning NSW for Sydney Reproductive Health Services Limited. Dr Devora Lieberman, Mr Neil Jackson and Ms My Chappell are directors of both Sydney Reproductive Health Service Limited and Family Planning NSW.	40	375

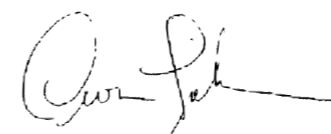
	2010 \$	2009 \$
<b>18. CASH FLOW INFORMATION</b>		
Reconciliation of cash flow from operations with profit for the year		
<b>PROFIT FOR THE YEAR</b>	294,668	10,526
<b>NON-CASH FLOWS IN PROFIT</b>		
Depreciation and amortisation	109,969	89,568
Net (profit) / loss on disposal of plant and equipment	88	870
<b>CHANGES IN ASSETS AND LIABILITIES</b>		
(Increase) in inventories	(9,655)	12,182
(Increase) in trade and other receivables	(76,513)	434,037
(Increase) / Decrease in other current assets	(24,294)	104,499
(Decrease) / Increase in income in advance	494,674	(510,253)
Increase in trade and other payables	97,974	409,243
<b>CASH FLOWS PROVIDED BY OPERATING ACTIVITIES</b>	<b>886,911</b>	<b>550,672</b>

## DIRECTORS' DECLARATION

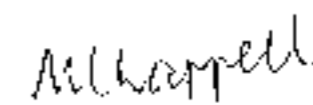
The directors of the company declare that:

1. The financial statements and notes are in accordance with the *Corporation's Act 2001* and:
  - a) comply with Accounting Standards and the Corporations Regulations 2001; and
  - b) give a true and fair view of the company's financial position as at 30 June 2010 and of its performance for the year ended on that date.
2. In the directors' opinion there are reasonable grounds to believe that the company will be able to pay its debts as and when they become due and payable.

This declaration is made in accordance with a resolution of the Board of Directors.



**Dr Devora Lieberman**  
President



**Ms My Chappell**  
Treasurer

Dated this 28th day of September, 2010.

## INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF FAMILY PLANNING NSW

### Report on the Financial Report

We have audited the accompanying financial report, being a special purpose financial report, of Family Planning NSW, which comprises the Statement of Financial Position as at 30 June 2010, Statement of Comprehensive Income, Statement of Income and Expenditure and Statement of Cash Flows for the year ended on that date, a summary of significant accounting policies, other explanatory notes and the Directors declaration.

### The Responsibility of Directors for the Financial Report

Directors of the entity are responsible for the preparation and fair presentation of the financial report and have determined that the accounting policies described in Note 1 to the financial statements which form part of the financial report are appropriate to meet the financial reporting requirements of the Corporations Act 2001 and are appropriate to meet the needs of the members. The Directors responsibility also includes establishing and maintaining internal control relevant to the preparation and fair presentation of the financial report that is free from material misstatement, whether due to fraud or error; selecting and applying appropriate accounting policies; and making accounting estimates that are reasonable in the circumstances.

### Auditor's Responsibility

Our responsibility is to express an opinion on the financial report based on our audit. No opinion is expressed as to whether the accounting policies used, as described in Note 1, are appropriate to meet the needs of the members. We conducted our audit in accordance with Australian Auditing Standards. These Auditing Standards require that we comply with relevant ethical requirements relating to audit engagements and plan and perform the audit to obtain reasonable assurance whether the financial report is free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial report. The procedures selected depend on the auditor's judgement, including the assessment of the risks of material misstatement of the financial report, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the entity's preparation and fair presentation of the financial report in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by Directors, as well as evaluating the overall presentation of the financial report.

The financial report has been prepared for distribution to members for the purpose of fulfilling the Directors financial reporting responsibilities under the Corporations Act 2001. We disclaim any assumption of responsibility for any reliance on this report or on the financial report to which it relates to any person other than the members, or for any purpose other than that for which it was prepared.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

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MEMBERSHIP

### Independence

In conducting our audit, we have complied with the independence requirements of the Corporations Act 2001.

### Auditor's Opinion

In our opinion:

- a) the financial report of Family Planning NSW is in accordance with the Corporations Act 2001, including:
  - i) giving a true and fair view of the company's financial position as at 30 June 2010 and of its performance for the year ended on that date; and
  - ii) complying with Australian Accounting Standards (including the Australian Accounting Interpretations) and the Corporations Regulations 2001.

### Matters Relating to the Electronic Presentation of the Audited Financial Report

The auditor's report relates to the financial report of Family Planning NSW for the year ended 30 June 2010 included on Family Planning NSW's website. The entity's Directors are responsible for the integrity of Family Planning NSW's website. We have not been engaged to report on the integrity of Family Planning NSW's website.

The auditor's report refers only to the statements named above. It does not provide an opinion on any other information which may have been hyperlinked to / from these statements. If users of this report are concerned with the inherent risks arising from electronic data communications they are advised to refer to the hard copy of the audited financial report to confirm the information included in the audited financial report presented on this website.

William Buck  
Chartered Accountants

L.E. Tutt  
Partner  
Sydney, 28 September 2010





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