



FAMILY PLANNING NSW

Family Planning NSW **Annual Report 2011**

**Commitment to excellence
in meeting the reproductive
and sexual health needs of
the NSW community.**



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Who we are

For 85 years, Family Planning NSW has been committed to meeting the reproductive and sexual health needs of the NSW community. We have continued to achieve remarkable results in reproductive and sexual health by delivering high quality clinical services, improving the knowledge and skills of service providers, contributing to and disseminating knowledge through research and publications, developing strategic partnerships and conducting health promotion activities.

As a company limited by guarantee incorporated under the *Corporations Act 2001*, we are an independent not-for-profit organisation with a voluntary board.

We offer:

- **Clinics** located in Ashfield, Dubbo, Fairfield, Newcastle and Penrith;
- **Education & Training** opportunities for doctors, nurses, teachers, disability workers, service providers, youth workers and members of the general public;
- **Research** of the highest standard and updates on the latest developments in reproductive and sexual health;
- **Health Promotion** designed to meet the specific needs of our priority populations;
- **Resources** developed with community engagement and support;
- **Information** that is accessible, credible and easy to understand; and
- **International Projects** focussing on improving the reproductive and sexual health of communities in the Asia Pacific region.

These activities focus on disadvantaged groups and in areas where access to mainstream services are restricted including those who are young, aged, Aboriginal and Torres Strait Islander, with disability, culturally and linguistically diverse (CALD), same-sex attracted and those who are from regional, rural and remote NSW.



Vision:

Our vision is for all people to have high quality reproductive and sexual health.

Purpose:

To provide specialised services and programs and advocate to promote the reproductive and sexual health and rights of all.

Our Links:

Through our membership of Sexual Health and Family Planning Australia, Family Planning NSW links with other family planning organisations around the country and with the International Planned Parenthood Federation. We maintain active partnerships with other organisations positioned to enhance the reproductive and sexual health of all including government, non government organizations (NGOs), civil society and the corporate sector.

Our Income:

Family Planning NSW is the peak organisation funded by the government to specifically provide reproductive and sexual health services throughout NSW. Family Planning NSW gratefully acknowledges NSW Health providing funds through the NGO program, managed by Sydney Local Health District, Western Sydney Local Health District and Hunter New England Local Health District. In addition to recurrent government funding Family Planning NSW receives special purpose grants to undertake research projects, educational activities and international projects. The organisation also raises revenue through course fees, the sale of resources and return on investments.

Our Values:

- **Human rights focus** – promoting the rights of all people to reproductive and sexual health
- **Integrity** – maintaining a strong ethical base, being accountable and transparent
- **Inclusiveness** – valuing and respecting diversity without judgement
- **Equity of access** – ensuring access to our services for all, including priority populations
- **Client centred** – placing the needs of the whole person at the centre of our work
- **Commitment to excellence** – ensuring high standards in all our work

2010-2011 Key Achievements

Key Focus Area 1

Integrated Service Provision

Expert reproductive and sexual health services to the community through clinical care, health promotion and innovative information service provision

- 12,495 clients attended FPNSW clinics for 25,441 visits, a 5% increase in services from the previous year
- Main services provided were gynaecological (44%), contraception (34%), STI/HIV (10%) and pregnancy (6%)
- 32% of all FPNSW clients born overseas
- Worked in partnership with 98 organisations
- 12,484 participants attended FPNSW health promotion activities
- 78 ongoing health promotion projects with 41 completed in 2010/11
- FPNSW Newsletters: *Clinical Update*, *SARHNI* and *Between the Sheets* - 10 newsletters distributed to 2,495 recipients
- Managed projects in Papua New Guinea, Fiji, Solomon Islands, Timor Leste and the Philippines

Key Focus Area 2

Education and Training

Best practice education, training and workforce development to service providers and the community

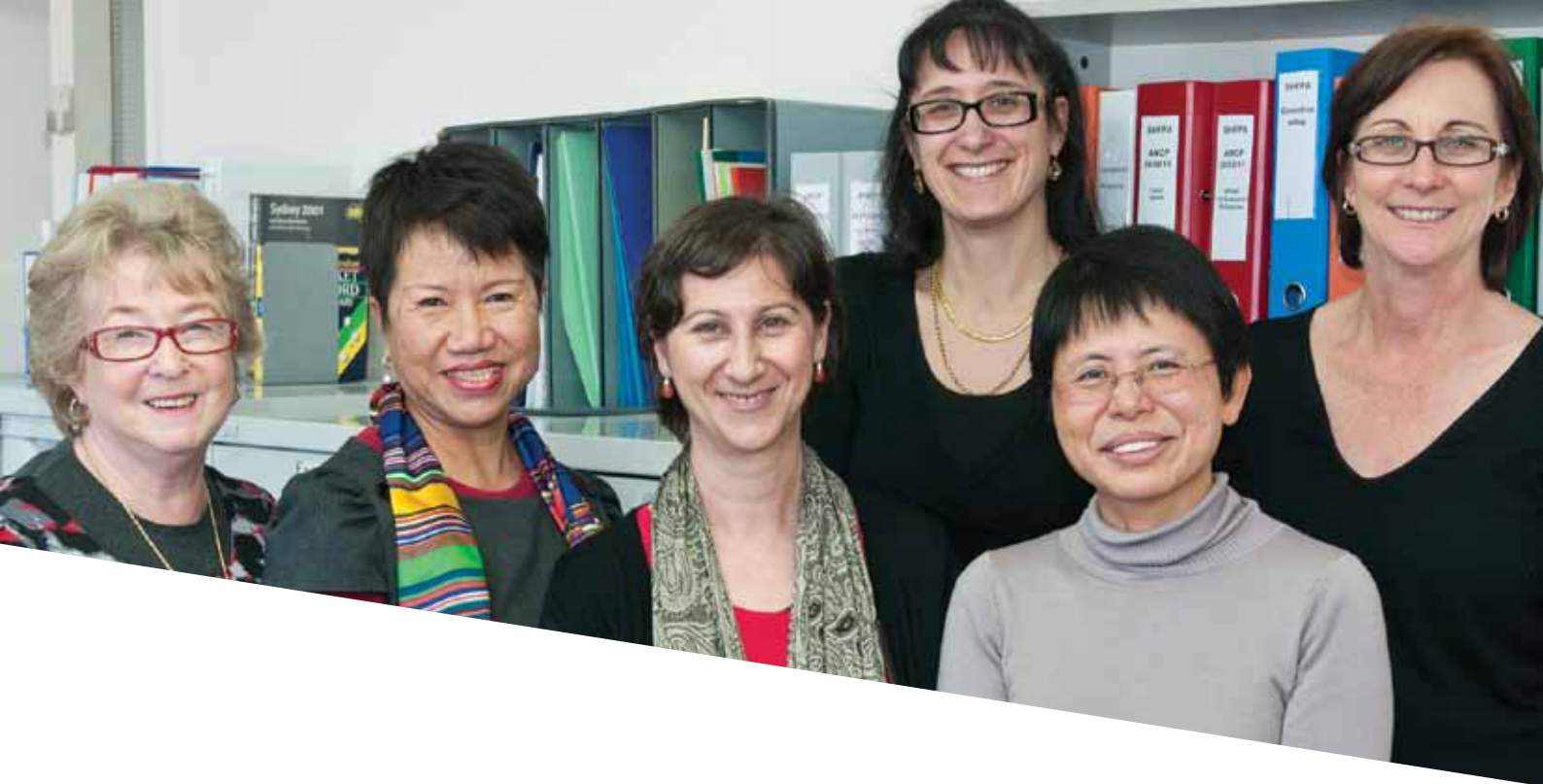
- 92 FPNSW Medical, Nursing and Professional Education courses held with 1,159 course participants
- 322 doctors and 193 nurses attended clinical training and certificate courses
- 117 participants attended the FPNSW Conference and Open Day
- Community consultations organised in Mt Druitt, Dubbo and Broken Hill as part of the Strong Family Project to inform the development of educational programs for Aboriginal men and boys and women and girls
- Disability Parent Forums held in Ashfield, Newcastle and Dubbo with 105 parents participating

Key Focus Area 3

Research and Innovation

Research that informs best practice

- 38 current research studies: 12 either funded or partially funded by FPNSW, 17 in collaboration with universities or other research institutions and 9 clinical trials funded by pharmaceutical companies
- 7 articles accepted and/or published by peer review journals
- 4 conference presentations and 121 seminar/workshops presentations
- 7 new research studies approved by the FPNSW Ethics Committee



Key Focus Area 4

Advocacy

Strong advocacy in reproductive and sexual health for the community

- 49% increase in media responses from the previous year
- Launched FPNSW's *Taking It: 50 years of The Pill*
- Submissions made in relation to public policy on topics including disability standards, Victims Charter of Rights, national and state Women's Health Plan, evaluation of NSW HIV/AIDS Strategy and the National Health Reform
- Participated in International Women's Day, National Condom Day, Sydney Gay and Lesbian Mardi Gras, Sexual Health Week, Youth Week and Refugee Week
- Brand recognition survey completed with results showing a moderately high awareness of the FPNSW brand

Key Focus Area 5

Organisational Systems

A strong and sustainable organization

- Healthline 1300 658 886 and healthline@fpnsw.org.au, a confidential telephone and email service answered 7,055 phone calls and 490 emails
- Healthrites Bookshop – online shopping cart and open to the public at Ashfield – 1,284 orders
- 290,870 visits to the FPNSW website (www.fpnsw.org.au)
- Re-registered as a Registered Training Organisation until 2015
- Courses accredited by the Royal College of Nursing, Australia and the Royal Australian College of General Practitioners until 2013
- Implementation of computerised human resources information system and stakeholder database
- New facility purchase for Hunter services at 384 Hunter Street, Newcastle
- Risk management register implemented



President's Report



This year has seen the consolidation of growth, further increases in productivity across all service areas and a newly energised approach to advocacy endeavours at FPNSW.

In 2010 we marked the 50th anniversary of what is arguably one of the most significant milestones in the history of reproductive

medicine – the introduction of the Pill. We celebrated the Pill's 50th on the cusp of the NSW election with bipartisan support from NSW parliamentarians. Speakers from the government and opposition spoke memorably about women's health and the critical importance of safe and reliable contraception as they launched FPNSW's commemorative publication, *Taking It: 50 Years of the Pill*, a collection of essays on the socio-political impact of the Pill.

Increasing the reach of our advocacy was one of the strategic goals for the year, and we have achieved this both with regard to media attention and contributions to public policy. Our media responses have increased by 49% from the previous year, indicating that FPNSW has become the go-to organisation for comment on reproductive and sexual health. We have made submissions across the spectrum of public policy areas that impact on reproductive and sexual health, including people with a disability, victims of crime, people living with or affected by HIV and policies directed at improving women's health at state and national levels. In relation to national health policy reform, FPNSW has continued to contribute to the national dialogue.

FPNSW has also participated in community events including International Women's Day, National Condom Day, Sydney Gay and Lesbian Mardi Gras, Sexual Health Week, Youth Week and Refugee Week.

This year, our highly regarded research program underwent a review which has brought new clarity to research goals, refined processes and quantified expected outputs in terms of grants and new projects. Seven publications have been accepted in peer-reviewed journals this year, with seven new projects beginning. Ongoing

research projects include studies on contraception, fertility, menopause and sexually transmissible infections which compliment our focal points of service provision.

State wide service provision has continued to grow, with clinical services recording a five percent increase in services delivered from last year, and our records showing that our client base is increasingly from priority populations.

The international projects, managed on behalf of Sexual Health and Family Planning Australia (SH&FPA), have also continued to grow with funding received from AusAID, the Asia Pacific Alliance and private donors. Within the range of international projects that FPNSW is engaged in, female empowerment and gender equity are promoted by disseminating reproductive and sexual health information to groups involved, through culturally appropriate means. In addition, FPNSW also seeks to ameliorate pressing issues of child mortality and maternal health through building the capacity of health promotion resources and providing sexual and reproductive health training.

I would like to acknowledge the work of my co-directors whose commitment, passion and expertise has been invaluable. Finally, I would like to recognise that an organisation like FPNSW succeeds because of the motivation, professionalism and energy at all levels, and I'd like to thank the Board, CEO, staff and management for their contributions.

A handwritten signature in black ink, appearing to read 'Devora Lieberman'.

Dr Devora Lieberman
President
MD MPH FRANCOG

CEO's Report



FPNSW can be proud of its achievements in 2010/11. The organisation has continued to grow in terms of reach and service provision, while successfully reviewing and refining some of our central programs. Our clinics recorded 25,441 visits this year, providing expert consultations to

12,495 clients, an increase of 5% from last year. The focus of these services was primarily in the areas of gynaecology (44%), contraception (34%), STI/HIV (10%) and pregnancy (6%).

Increasingly we are seeing our efforts at targeting priority populations bear fruit. Eight percent of our clients at the Warehouse reported living with a disability, 69 percent of Fairfield clients were born overseas and 15 percent of Dubbo clients were from Aboriginal or Torres Strait Islander background. This is a tremendous achievement and demonstrates that the clinics are attracting the clientele we are funded to service and add value to the communities in which they are placed.

It has also been a year of strategic partnerships, with FPNSW having significant relationships with 98 organisations. Partnerships are highly important to FPNSW because they enable us to apply our expertise in reproductive and sexual health as effectively as possible across a range of diverse projects. This maximises our reach and positive outcomes for the people of NSW.

Education and training are another means by which FPNSW reaches into the community to improve reproductive and sexual health outcomes. Our achievements this year in providing best practice education, training and workforce development to service providers and the community have been exemplary. We have delivered 92 medical, nursing and professional education courses with 1,159 course participants. In addition we have delivered certificate courses, clinical training and IUD training to meet ongoing changes in demand. Health promotion activities have been attended by 12,484 participants, and Aboriginal communities in Mt Druitt, Dubbo and Broken Hill have attended consultations to inform program development.

FPNSW's research division continues to play a vital role in increasing the body of evidence in relation to reproductive and sexual health practice. This year we have actively carried out over 38 research projects, with 7 publications

in peer reviewed journals. There have also been a plethora of professional publications. Our research continues to diversify in its reach and includes active studies on clinical research issues, population health studies and health services research. More staff than ever in FPNSW are engaged in research activities as part of their role within the organisation and we hope to see this trend continue.

Extending FPNSW's expertise into the Asia Pacific region, we have managed a diverse range of international development projects in Papua New Guinea, Timor Leste, Fiji, Solomon Islands and The Philippines. This is both an important and challenging component of the work of FPNSW and we have a strong commitment to increasing its reach and effectiveness. Other international endeavours during the year include senior staff traveling to China as part of the Australian Human Rights Commission delegation, to provide lectures to Chinese officials and Family Planning service providers on our approach and its relevance to the Chinese setting, as well as speaking at international conferences.

We have also been busy producing resources with 41 health promotion projects completed in 2010/11, and 37 ongoing. 213 new or updated fact sheets have been loaded on the website, which has become an increasingly important mode of communication. We saw 290,870 visits to the FPNSW website in the last year.

This level of activity is only possible with the hard work of dedicated staff who remain passionately committed to their work and a management team that works effectively to ensure that our many and varied enthusiasms remained anchored to our strategic goals.

The FPNSW Board, under Devora's leadership, continues to provide the vision to support our organisational endeavours.

We also acknowledge the support of the NSW Government, who is a major funder of our activities.

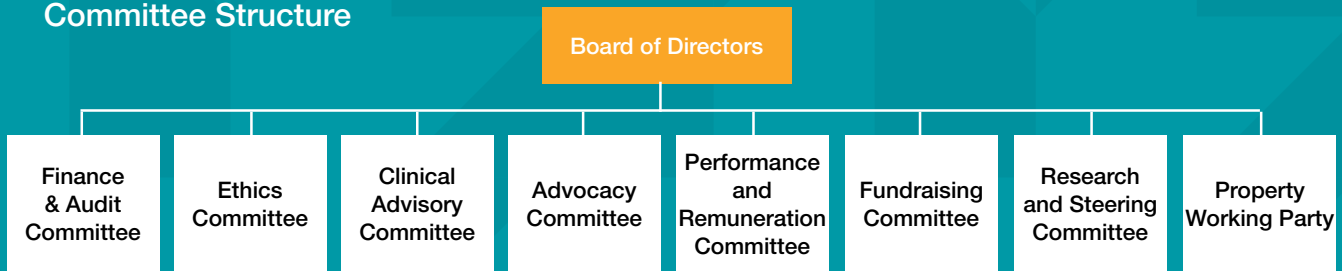
I am looking forward to the challenges of this next year as FPNSW continues to refine its service provision in line with the reproductive and sexual health needs of the people of NSW amidst a background of healthcare reform, and I would like to thank the staff, Board and our many community supporters for their commitment to this organisation.

A handwritten signature in black ink, appearing to read 'Ann Brassil'. The signature is fluid and cursive, written over a white background.

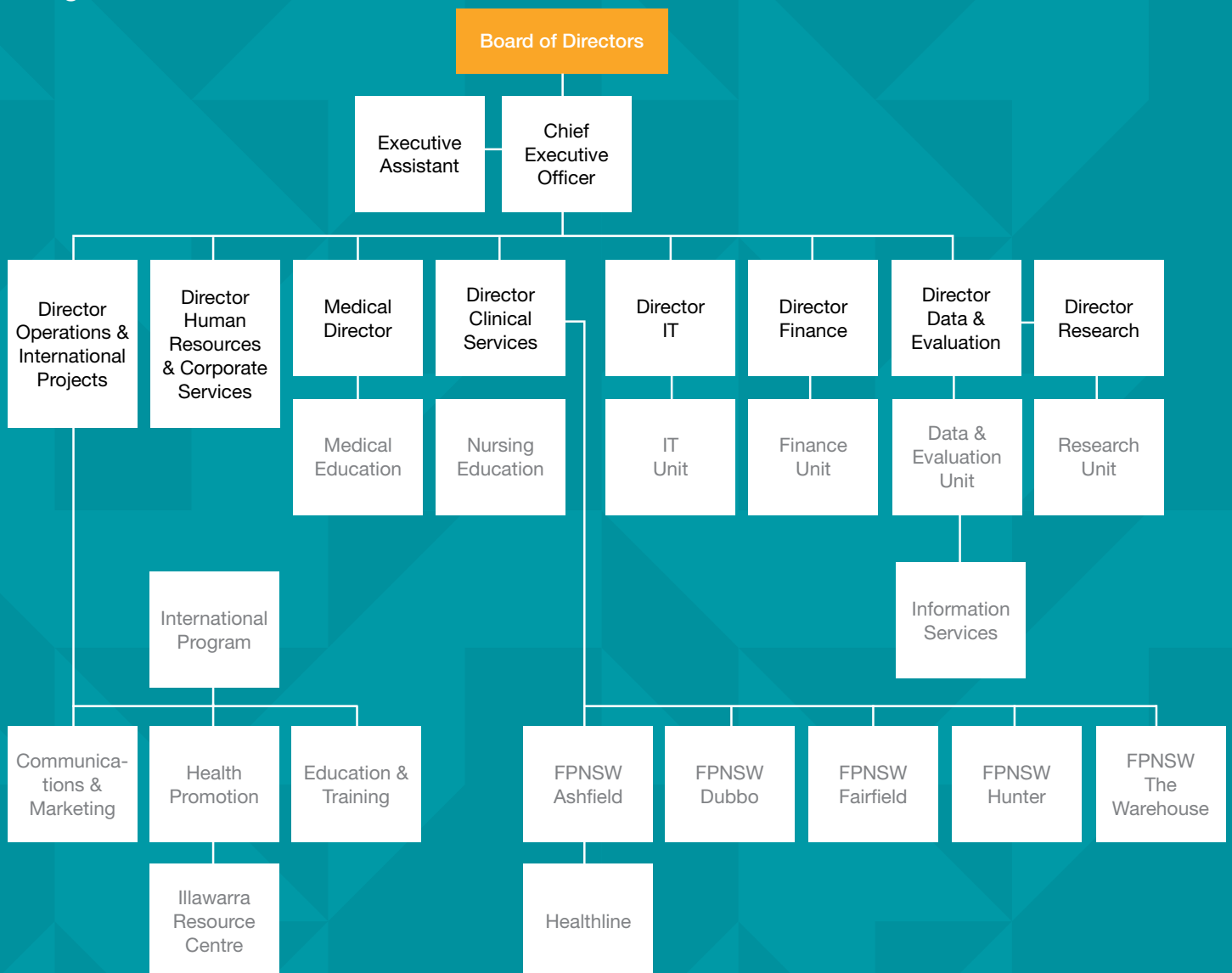
Ann Brassil
Chief Executive Officer
BSc (Psych) Hons MA (Hons) Clin Psych MBA

Organisational Structure

Committee Structure



Organisational Structure



Profile

Staff Profile

- Full time equivalent tasks
- Total Employees

2008/09

97
139

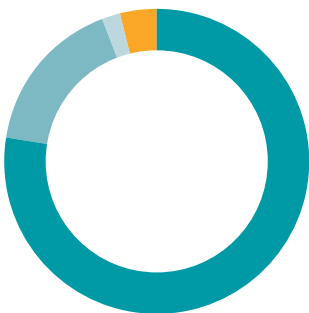
2009/10

97
137

2010/11

97
140

Income



Government grants

8,219,954

Generated income

1,741,847

Research grants

200,416

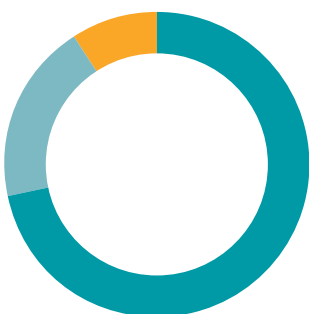
Other grants

410,270

Total Income

10,572,487

Expenditure



Salaries and related

7,498,405

Project

2,002,947

Site

934,267

Total Expenditure

10,435,619

Services

Integrated Service Provision

Expert reproductive and sexual health services to the community through clinical care, health promotion and innovative information service provision.

Clinical Services

FPNSW is committed to providing best practice clinical services in reproductive and sexual health and maintaining high levels of professionalism, respect and enthusiasm.

Our medical and nursing professionals are leaders in their field and offer an evidence based practice model for clients as well as clinical training for doctors and nurses who are positioned to improve the reproductive and sexual health outcomes of the NSW population.

MAIN SERVICES PROVIDED	ASHFIELD	HUNTER	WAREHOUSE	FAIRFIELD	DUBBO	TOTAL
GYNAECOLOGY	4,946	3,083	846	1,264	936	11,075
CONTRACEPTION	3,767	2,618	1,156	613	529	8,683
STI	885	985	428	53	170	2,521
OTHER	552	290	544	179	92	1,657
PREGNANCY	456	481	269	148	151	1,505
TOTAL VISITS	10,606	7,457	3,243	2,257	1,878	25,441

FPNSW Hunter

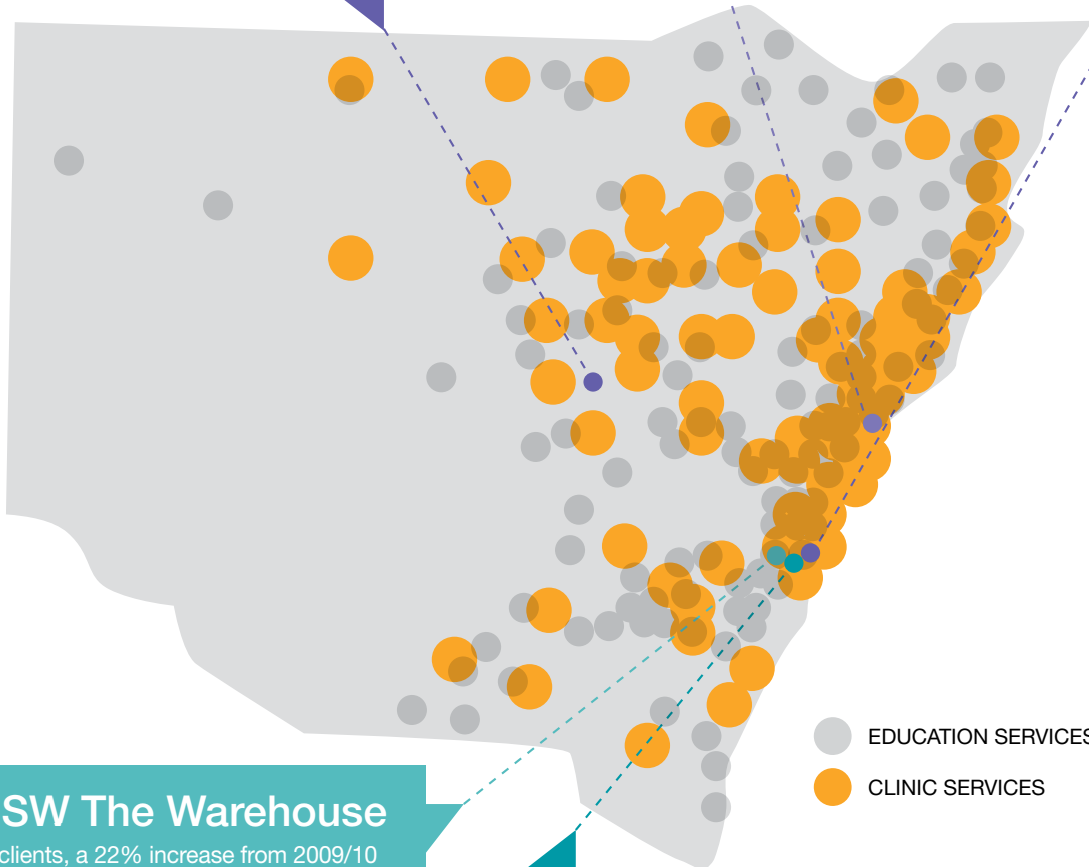
- 7,457 client visits
- 5% of clients reported a disability
- Increased demand for clinical services from women from the African nations
- 56% increase in health promotion and community education participants
- 241 participated in professional education activities at FPNSW Hunter

FPNSW Ashfield

- 98% female clients
- 13% of clients under 25 years
- 45% of clients born outside of Australia
- Main services provided were gynaecological (47%) and contraception (35%)
- 3% of clients reported a disability
- 164 clients recruited for research studies

FPNSW Dubbo

- 98% female clients
- 15% clients from Aboriginal and Torres Strait Islander background
- 39% of clients under 25 years
- 93% of clients from outer regional Australia
- Main services provided were gynaecological (49%) and contraception (28%)



- EDUCATION SERVICES
- CLINIC SERVICES

FPNSW The Warehouse

- 3,243 clients, a 22% increase from 2009/10
- 93% female clients
- 8% of clients reported a disability
- 11% of clients born outside of Australia
- 36% of services were for contraceptive services 26% gynaecological and 13% for STIs
- 17-fold increase in number of appointments for women over 25 years

FPNSW Fairfield

- 99% female clients
- 9% of clients under 25 years and 50% over 39 years
- 69% of clients born outside of Australia
- 23% clients required an interpreter
- 3% of clients reported a disability
- 57% of services provided were for gynaecological services, 28% contraception and 7% for pregnancy related issues
- 97% of clients reported satisfaction with the services provided

Clinical Services

FPNSW Ashfield

FPNSW Ashfield has enjoyed ongoing success in practical clinical training for health professionals and provision of quality reproductive and sexual health services to clients.

Clinical Training and Support

FPNSW Ashfield plays a pivotal role in the clinical training components of post registration courses for medical and nursing professionals provided by FPNSW. These courses include practical clinical training in a variety of areas such as intrauterine device (IUD) training, and cervical screening for nurses. FPNSW Ashfield also provides clinical observation placements for students from the University of Sydney and Northern Sydney Medical School.

Technological updates

The recent consolidation of records with Medical Director clinical software systems have substantially improved time management processes and increased clinical quality assurance. FPNSW Ashfield provided comprehensive staff training to ensure the optimal delivery of patient safety and care, and the proficient use of new technology.

Research studies

Several research studies were conducted to further knowledge in areas of reproductive and sexual health. This year, 101 women over the age of 40 were successfully recruited to a study on HPV; 28 women trialled a mini dose of the Mirena intrauterine device and 35 women were recruited to a study investigating the efficacy of a new contraceptive low dose patch. The results of these studies will contribute to ongoing research on reproductive and sexual health issues.

“Thank you everyone at Ashfield clinic for your hospitality, help and kindness ... keep up your fantastic work.”

– Nurse Trainee



FPNSW Fairfield

FPNSW Fairfield has been effective in identifying and addressing existing gaps in reproductive and sexual health service provision amongst the socially and economically marginalised, those from CALD and emerging communities as well as refugee populations. Through consistent efforts and collaborations within the community, the clinicians and services are highly respected and valued in the south western Sydney area.

Undergraduate Medical Education

FPNSW Fairfield continues to provide tailored clinical observations for undergraduate medical students from the University of New South Wales. All students placed with the clinic reported that the placement was valuable in meeting their education and training objectives.

Well Women's Screening

In collaboration with BreastScreen NSW, Fairfield Multicultural Health Service and Immigrant Women's Health Service, FPNSW Fairfield successfully delivered an educational session about cervical and breast screening to four different CALD-specific women's groups. The successful cross-promotion of local services led to an increased number of appointments for mammography screening and Pap tests.

Community Education sessions

Multiple reproductive and sexual health sessions were held to educate service providers working with CALD communities and community members in a variety of relevant areas. The general feedback from

community participants suggests that our education sessions are relevant and sensitive to the needs of the participants.

Research with University of Western Sydney

A report on responding to emerging CALD communities was successfully completed in collaboration with the University of Western Sydney. The project identified gaps and unmet needs in reproductive and sexual health services for CALD communities. Community liaison and consultation using qualitative research methods then led to development of health services, health promotion and education strategies addressing the identified unmet needs.

Bankstown Intensive English Centre (IEC) Pilot Program

Several introductory reproductive and sexual health sessions were conducted catering to newly-arrived migrants and refugee young people at Bankstown, Chester Hill and Chatswood IECs. The collaborative partnership was successful and presents a model for future program delivery at other IECs across NSW.

FPNSW Hunter

FPNSW Hunter had a busy year meeting increasingly diverse client needs, conducting informative sessions for young people and CALD communities and providing professional education activities to support service providers working directly with target population groups. Ongoing health promotion activities facilitate knowledge and awareness of reproductive and sexual health, enabling community groups and individuals to take greater control over this aspect of their lives.

Extended clinical services

FPNSW Hunter has worked in collaboration with the Hunter New England Drug and Alcohol Service's Methadone Program to provide access for their clients to the FPNSW Hunter clinical services. This has been a successful initiative, providing clients who may have repeated unplanned pregnancies or may have been unable to care for their newborns due to their drug dependency, access to services to address their contraceptive and sexual health needs.

Health promotion for youth

A partnership established with Newcastle TAFE 'Life Skills' program enabled FPNSW to provide sexual and reproductive health sessions to 230 young male students. The successful pilot program has since led to the permanent inclusion of FPNSW in the delivery of reproductive and sexual health information.

Additionally, FPNSW Hunter worked with Hunter ACON and Hunter New England Health Population Health Officers to provide safe sex information at the University of Newcastle's inaugural Sexual Health and Guidance (SHAG) event, organised by the University's Student Services. The event was well-received and provided ample opportunity to promote safe sex messages to university students.

CALD and Aboriginal community projects

FPNSW Hunter and Hunter New England embarked on a project aimed at increasing the capacity for Aboriginal Health Workers to provide reproductive and sexual health support to adolescent Aboriginal males and females living in the New England region. Several successful workshops have since been conducted.

FPNSW Hunter facilitated an informative session for young women at a refugee girls' camp organised by Service for the Treatment and Rehabilitation of Torture and Trauma Survivors (STARTRTS). The program content included information regarding female anatomy and physiology, contraception and relationships.

Education sessions

FPNSW Hunter worked in partnership with mental health service New Horizons to deliver reproductive and sexual health sessions to their female clients with an intellectual disability as part of the 'Personal Helpers and Mentors' (PHaMs) program.

120 undergraduate Pharmacology students from the University of Newcastle participated in a professional education course focused on emergency contraception and non-hormonal contraception. The sessions focussed on issues regarding value judgments which may be made when a woman presents on more than one occasion for this method of contraception, as well as how to provide anyone seeking emergency contraception with access to information when supply is against the pharmacy policy.

“Be proud of your work – you are industry leaders!”

– E-Health Forum participant

FPNSW The Warehouse

FPNSW The Warehouse has established itself as a leader in reproductive and sexual health for young people within the Penrith, Hawkesbury and Blue Mountains areas. The Warehouse actively engages in clinical services, community development, professional education and a variety of health promotional activities designed to foster close community ties.

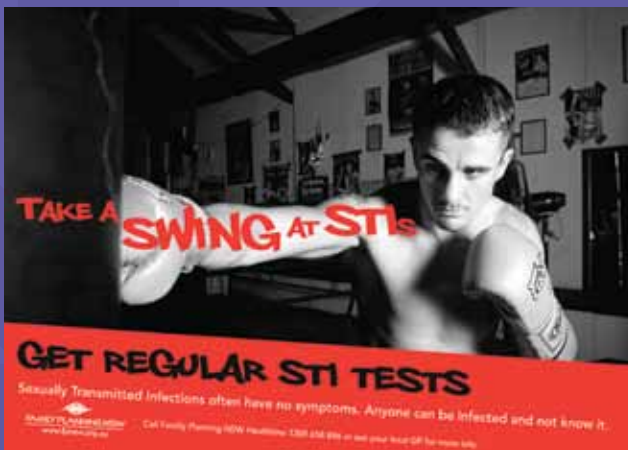
Improvements to Clinical Services

Since opening its doors to clients of all ages in June 2010, FPNSW The Warehouse has seen a 22% increase in client visits with 923 visits from clients over 25 years. This has resulted in increased access to Pap tests, contraception and gynaecological services to clients in Western Sydney.

The Antenatal Outreach Clinic from Nepean Hospital was reinstated, allowing antenatal nurses to refer clients to FPNSW The Warehouse for contraception advice and postnatal checks.

Forum on e-Health: Connecting with Young People

FPNSW The Warehouse presented at the NSW Centre for the Advancement of Adolescent Health (CAAH) Youth Health Forum. The presentation showcased research findings from industry experts highlighting the need to integrate social media with youth based services in order to connect effectively with young audiences, with recommendations on social media projects and improvements of technological infrastructure. Participant feedback was overwhelmingly positive and enthusiastic.



Clinic Promotion

FPNSW The Warehouse launched a series of posters encouraging STI testing for young men, with immense success. The three-part series featured Australian boxer Joel Brunker taking a “swing” at STIs, and received considerable attention from local and community media for its “punchy” tagline and targeted messaging.

“It is great to have a one-stop shop for women and girls.”

- Dubbo client

FPNSW Dubbo

FPNSW Dubbo is our most remote clinical site providing best practice reproductive and sexual health services for Aboriginal people and people from regional and remote areas. The centre at Dubbo provides clinical services for the local community as well as clinical training and face to face education facilities for health professionals and community members wishing to increase their knowledge and skills in reproductive and sexual health care.

Aboriginal Women's Advisory Group

The Aboriginal Women's Advisory Group, now in its 10th year of operation, continues to provide FPNSW with guidance on appropriate targeted services for the Aboriginal community in Dubbo.

FPNSW Dubbo was successful in recruiting a new Aboriginal Liaison Officer, providing support to the clinical and health promotion work of the Centre. Throughout the year, the clinic ran regular dedicated Aboriginal Women's Clinics, providing access to clinical services in a safe and appropriate setting for local Aboriginal women.

Extended clinical services

In 2010 FPNSW Dubbo was able to increase the number of clinic sessions staffed by our medical staff to meet growing demand, resulting in an increase of 157 clients over a 6-month period.

Community education

FPNSW Dubbo provided a range of targeted reproductive and sexual health community education and information sessions to young people throughout the year in a range of locations including Dubbo Senior Campus, TAFE, West Dubbo SACCs, Yeoval Central School, Charles Sturt University and at the Midnight Basketball Tournament.

Community engagement

A partnership formed with “The Bogan Bush Mobile” and Department of Primary Industries brought successful community education sessions into the two rural and remote areas of Marra Creek and Quambone. This initiative has greatly enhanced the opportunity for clinical outreach of cervical screening and Pap tests into these towns and other remote areas in the future.



State Health Promotion Unit

The FPNSW State Health Promotion Unit (SHPU) had a busy year, organizing 1,083 health promotion activities for 12,484 participants spanning a diverse range of age groups and targeting clients from Aboriginal and Torres Strait Islander and cultural and linguistically diverse backgrounds, and those with disability, same-sex attracted and from regional, rural and remote NSW.

Puberty, Sexuality & Relationships Forum

The Puberty, Sexuality and Relationships Forums have gained in popularity since the September 2010 pilot. Targeted at parents and carers of children and young people with intellectual disability, the forums were developed in response to the growing demand for sexuality education for people with disability. A panel of experts covered issues around sexuality and disability, tips for talking about sex and answering tricky questions and preparing for puberty changes. Since its implementation, over 100 parents have participated in the forums in Ashfield, Dubbo and Newcastle, with further forums planned for Penrith, Illawarra and Northern Rivers.

The Strong Family Project

FPNSW are working in partnership with Bullana, The Poche Centre for Indigenous Health at University of Sydney to reach out to Elders, men and boys, women and girls and young people in the Aboriginal community. The project aims to promote positive reproductive and sexual health and reduce sexual health risks through sustainable policies, quality clinical services and targeted education programs. In order to inform the development projects, consultations are being conducted in

Mt Druitt, Dubbo and Broken Hill with local community members and service providers to discuss the reproductive and sexual health needs, health and education services and sexuality awareness amongst different generations and communities. The educational programs will be piloted in these locations in the second half of 2011.

NSW AIDB Aboriginal Youth Sexual and Reproductive Health program

FPNSW received funding from NSW Health as part of the Aboriginal Youth Sexual and Reproductive Health program to provide planning, health promotion, research and evaluation program support to program partners. FPNSW is reviewing and mapping youth sexual and reproductive health training tools and resources to improve access to appropriate resources and programs for service providers. We will continue to work with the Department of Education and Communities to develop, deliver and trial training for Aboriginal Education Officers to support them in providing reproductive and sexual health information to young people through the education system.

“Excellent forum which provided me with the information to empower me to take action.”

– participant at the Puberty, Sexuality & Relationships forum

Teaching Sexual Health Workshops

Entering its 6th year of partnership with the Department of Education and Communities and NSW Health, FPNSW has successfully delivered 7 workshops for 88 participants in Coffs Harbour, Tamworth, Wollongong, Sydney City, Liverpool, Newcastle and Wagga Wagga. This year, workshops were filmed to aid the development of online modules.

Internet dating and safe sex study

FPNSW carried out an Australian survey of women using internet dating. The collaborative FPNSW / RSVP survey of 1,788 women found that women aged 40 years and above were more likely to discuss STIs with a prospective new sexual partner but were also more likely to agree to unprotected sex with a new partner than younger women. The study is being published in the journal *Sexual Health* and has generated a considerable amount of positive publicity and resulted in increased recognition of the work of FPNSW.

MySpace Report

In 2010, FPNSW conducted an online survey in collaboration with MySpace Australia in which more than 1,000 MySpace users aged 12-24 across Australia were surveyed about where they go for information regarding sex, sexual health, puberty, contraception and relationships. The responses showed that when it comes to sexual activities, schools were a source of information for only 20% of respondents with friends the most common source at 50%. When it comes to contraception, doctors (48%) were the most commonly used source of information followed by friends (38%) and the internet and other media were used widely for information but trusted less than other sources. Doctors were the most trusted source of information (31%).

The information gathered will inform education and health promotion practice in working with young people and adds to the body of research on young people and their sexual health knowledge, practices and access to information.



Oral Sex and Young People Study

FPNSW published a study in Youth Studies Australia researching young people's reasons for having oral sex, how they access information and how they communicate about oral sex. The aim was to inform education, resource development and service delivery for young people and increase service provider's knowledge about young people and their reasons for and the context of oral sex in their lives.

About Masturbation for Females (2nd edition)

FPNSW has released *About Masturbation for Females* (2nd edition), an updated edition of the popular resource which aims to help woman with intellectual disability learn appropriate and safe sexual expression. The 2nd edition includes additional illustrations and key messages in the social story and supplementary notes for carers.

Clinical Guidelines Supporting People with a Disability

This new resource was developed to provide a framework for clinicians to deliver best practice clinical services for people with disability. The guidelines include information on making an appointment, working with parents, carers and support workers, consent and resources. The resource is currently being distributed to services across NSW who share our vision for accessible and high quality service provision for people with disability.

Women and HIV factsheets

A series of factsheets providing basic information about HIV for women were developed in partnership with The Multicultural HIV/AIDS and Hepatitis C Service, The Heterosexual HIV Service, and the ACON Women and Families Affected by HIV Project. The content is particularly appropriate for women who have been recently diagnosed with HIV, including those from CALD backgrounds. The factsheets have since been translated into Khmer, Thai, Swahili and Vietnamese and are available online at: http://www.fpnsw.org.au/index_factsheets.html.



International Projects

FPNSW is contracted by Sexual Health and Family Planning Australia to manage international projects in the Asia Pacific region with funding received from AusAID, the Asia Pacific Alliance and private donors.

The projects focus on improving the reproductive and sexual health of these communities and, in particular, addressing the MDG 5b, “achieve, by 2015, universal access to reproductive health” and MDG 6 “have halted by 2015 and begun to reverse the spread of HIV/AIDS”.

Papua New Guinea	
Project	COMPASS (Clinical Outreach, Men’s Programs, Advocacy and Sexual Health Services strengthening)
Partners	PNG Family Health Association, Family Planning New Zealand International, Canberra Sexual Health, HELP Resources
Aim	To reduce the incidence of HIV in PNG by reducing STI prevalence in the three PNG COMPASS project provinces.
Funding	AusAID PNG Australia Sexual Health Improvement Program - \$676,000

Timor Leste	
Project	Working with Men to Improve Sexual and Reproductive Health
Partners	Cooperativa Café Timor
Aim	To work with men to improve their reproductive and sexual health knowledge and understanding by engaging community workers and health providers in providing men with reproductive and sexual health information and services.
Funding	AusAID ANCP and private donor funds - \$36,000

The Philippines	
Project	Increasing knowledge of and access to contraceptives in the Philippines
Partners	Family Planning Organisation of the Philippines
Aim	To increase knowledge of and access to reproductive health services for Filipino women in areas of highest reproductive and sexual health need.
Funding	AusAID ANCP and private donor funds - \$35,000



Solomon Islands	
Project	Strengthening Youth Participation and Enhancing Empowerment in Sexual and Reproductive Health
Partners	Solomon Island Planned Parenthood Association
Aim	To strengthen youth participation and enhance empowerment on sexual reproductive health services and information to young people.
Funding	AusAID ANCP funds - \$28,400

Fiji	
Project	Youth for Health
Partners	Reproductive and Family Health Association of Fiji
Aim	To increase knowledge and skills and change behaviours of communities to impact on HIV, STI and unplanned pregnancy rates in young people up to 27 years old in the Bua Province.
Funding	AusAID ANCP funds - \$18,500

Fiji	
Project	VIA Project
Partners	Fiji Nursing Association, Reproductive and Family Health Association of Fiji and University of NSW
Aim	To assess the feasibility of one-visit cervical screening with VIA and treatment of non-referable abnormalities in 2,000 women (aged 30-50 years) in Fiji.
Funding	AusAID ANCP funds - \$191,910

Beneficiaries

Health Workers

- In PNG, provided STI Syndromic Management training to 114 government health staff in Morobe and East Sepik.
- An independent review of the PNG COMPASS project Clinic Quality Analysis tool, found that empowerment of health workers has occurred. “With the raised profile of STI management, and additional training, health workers have been able to make changes in the way they practice, resulting in improved clinical services.”
- In Fiji, provided training to 5 doctors and 14 nurses/midwives to deliver the VIA screening and treatment of non-referable precancerous cervical lesions with cryotherapy.
- Employed 4 registered nurses to perform VIA in Makoi and Korovou Health Districts in Fiji.
- In Timor Leste, employed and trained a new men’s health coordinator following the move of the original men’s health coordinator to a higher management role.
- Training sessions delivered to 13 community health facilitator staff at Cooperativa Café Timor on men’s health and ways to engage men in health and family planning services.
- Completed the development of a graduate level sexual and reproductive health course manual which has been submitted to the PNG NDoH Curriculum Board. The trial roll out of the course will take place in Lae in the second half of 2011.
- Completed the draft Men’s Health Training manual for field testing in Timor Leste and translation into Bahasa.

Men and Boys

- 1,448 men and boys in PNG attended 31 sexual health training sessions to rural and urban community groups across 3 project provinces. The Community Based Advocate volunteer network was expanded and is now operational in all 4 planned Morobe Province project sites; Finschaffen, Bulolo and 2 Lae zones. The COMPASS Outreach Services Component continues to work strongly with the Community Based Advocate program bolstering referrals to clinical STI services, providing outreach clinics and working closely with the Compass Nurse Educator and the Morobe NDOH STI Coordinator to provide clinical services and capacity build clinic staff.
- In Timor Leste, peer education training undertaken in two new sucos with 34 new peer educators trained in men’s health across 10 sub-villages.

“Before we were just hearing their story and then just giving some medication and sending them home to take it. Now with the training from COMPASS, we sit down, take a good history, educate them and give them medication.”

– COMPASS Quality Assurance Evaluation Report Jan 2011



“One thing that has changed from this program in the community is family planning – before we had a bad attitude about methods – family planning is no good and can kill you. When education given by peer educator the men understand and some men will know about the methods and ask their wives to go to clinic for family planning.”

– Peer Educator, Timor Leste

Young People

- 116 young people in the Dama Village, Koroinasolo and Naivaka in Bua Province, Fiji attended reproductive and sexual health workshops and distributed information to each household in the villages where the workshops were held.
- Sexuality education workshops were held at 2 secondary schools in Bua Province, Fiji, targeting students from Forms 3-6.
- Ten community educators from Bua Province attended ‘train the trainer’ workshops and were assessed as competent to implement sexual and reproductive health training using an Integrated, Comprehensive & Life Skills Sexuality Education (ICLSSE) approach. 3 x 2 day public health education and advocacy workshops were conducted by the educators, addressing reproductive and sexual health, sanitation and environmental issues.
- Conducted sexual and reproductive health awareness sessions at 7 secondary schools and 6 church youth groups in the Solomon Islands.
- Disseminated 2,500 sexual and reproductive health pamphlets to young people at rallies, secondary schools and youth groups in Honiara.

“I don’t hit my wife or children anymore. I want to be a role model for my community.”

– COMPASS Project Community Based Advocate, PNG

Women

- In The Philippines, provided over 5,000 people with information, education, consultations and provision of contraceptive choices to women, to improve the health of the women and allow them to choose when to have their children.
- In Fiji, provided training to nurses and doctors, employed registered nurses and purchased medical equipment to commence cervical screening at the Makoi Health Centre and the Korovou Health Centres in July 2011.
- Provided information to 457 women and 40 men in the Makoi and Korovou areas to encourage women 30-50 years to attend for cervical screening from July 2011

There are always a lot of giggles and laughs from the students as the SIPPA youth team deliver session on STIs in the school classroom. Students learn what STIs are, how they are contracted, the consequences of untreated STIs and how to prevent them. Some quite graphic pictures were handed around of what some STIs might look like. At the end of the session students have a quiz on what they have learnt and enjoy that a lot.

The youth team led by a staff member of SIPPA are youth volunteers who have been trained by SIPPA in reproductive health and peer education approaches.

Unplanned teenage pregnancy and STIs are two of the main reproductive health issues for young people in the Solomon Islands. SIPPA is doing their part to address these issues and challenging themselves to do better to make an impact on adolescent reproductive health.

The Family Planning Organization of the Philippines (FPOP) aim to contribute to the reduction of unmet family planning need and maternal and infant mortality/morbidity in Laguna, Batangas and Quezon provinces in the Philippines through increased access to family planning and maternal and child health information and services.

Who do they work with?

Indigenous villagers who rely on farming, fishing and daily wage work such as manual labor, carpentry, driving and food vending.

What do they do?

Conduct community education sessions in villages to inform people about their family planning choices. People attending education sessions have heard about family planning and want to use contraception except that they do not have the money to buy them or there are no supplies available in the nearest health centre. The education sessions are an opportunity for them to clarify misconceptions and ease fears about family planning. People then come for family planning counselling and receive the right form of family planning service and supply to meet their need.

From the funds provided, FPOP reached over 5,000 people with information, education, consultations and provision of contraceptive choices to women. This makes a big difference to the health of the women and the socio-economic situation of their households as they can choose when to have their children.

Healthline

Healthline (Toll free 1300 658 886)

FPNSW Healthline is a confidential and professional telephone, email and referral service that continues to play a key role in the dissemination of reproductive and sexual health knowledge throughout NSW.

FPNSW Healthline answered 7,055 calls and 490 emails in the 12 month period. The main reasons for calling Healthline was to access information about contraception (47%), pregnancy (32%), Pap tests, STIs and general reproductive and sexual health information. 89% of callers were female and ranged in age from <15 years to 89 years of age.

Healthline also provides an important support service to health professionals, disability workers, Aboriginal Health Workers, school counsellors and pharmacists, all looking for the latest accurate reproductive and sexual health information to support their professional work.

“It is reassuring that I have help for my clients and free access to information and support. All my experiences with Healthline have been worthwhile.” – Nurse



Education and Training

Best practice education, training and workforce development to service providers and the community.

FPNSW conducted 92 education courses in 2010/11 for 1,159 participants, attracting medical practitioners, nurses and nursing students, disability workers, teachers and service providers such as youth workers, CALD workers and allied health workers. Workshops and courses have been customised and developed to meet existing industry demands and standards, and have ensured the delivery of best practice education and training to clients and participants.



Medical Education

Conference and Open Day 2010

FPNSW was once again proud to host the 2010 Annual Conference and Open Day at Ashfield, featuring some of Australia's top physicians and researchers. 117 health professionals participated in a full day of insightful plenary sessions, panel discussions and workshops dedicated to recent developments in reproductive and sexual health.

IUD Insertion Training

In order to cope with the increased demand from women for IUD insertions at all FPNSW sites, an IUD Insertion Training program was launched, allowing for doctors to develop skills and experience in IUD insertions. A complementary DVD resource, *The IUD in Practice*, was developed for clinicians. FPNSW has also begun exploring training nurses to insert IUDs and injectable long acting contraceptives.

International Medical Graduate Orientation

FPNSW obtained permission from the Australian Health Practitioner Regulation Agency (AHPRA) for the first international medical graduate with 'restricted registration' (restricted to practicing in a designated Area of Need) to undertake the Clinical Training Module in Sydney in May 2011. International doctors often work as sole practitioners in small country towns so the training is essential in order to improve the reproductive and sexual health of the community. 102 international medical graduates received training in Medical Education (including the National Doctors Certificate Course).



Scholarships

FPNSW awarded six scholarships throughout the year to support clinical training for doctors and nurses.

Four scholarships were awarded to medical practitioners currently working in or planning to work in rural or remote areas of NSW to enable them to complete the SH&FPA Certificate in Sexual and Reproductive Health. The four successful candidates were Dr. Sangeetha Bobba, Dr. Bo Wong, Dr. Danmin Zhu and Dr. Adrienne Newman.

The Tony McGrane Rural Scholarship for Nursing in Reproductive Health enables a registered nurse or registered midwife in rural NSW to fully complete the FPNSW Certificate in Sexual and Reproductive Health (Nursing), which is accredited by the Royal College of Nursing Australia. In 2011, two scholarships were awarded, to Brenda Hurst and Shelley Clark.

The McCarthy Green Scholarship, established in 2008, is for nurses/midwives working in Aboriginal communities in reproductive and sexual health. It enables a registered nurse/midwife working in an Aboriginal community in NSW to fully complete the FPNSW Certificate in Sexual and Reproductive Health (Nursing), which is accredited by the Royal College of Nursing Australia. The successful recipient in 2011 was Genevieve Stewart. FPNSW is grateful for the support of the McCarthy Green family for their continued support of clinical education through this scholarship.

Nurse Education

Post registration courses for nurses and midwives

The FPNSW Certificate in Sexual and Reproductive Health (Nursing) includes a theory and clinical component and had three intakes in 2010/11. A total of 40 nurses successfully completed the full course and are currently working across NSW.

The Well Women's Screening Course continues to upskill and enable nurses to provide cervical screening to women across NSW. Eight courses were held in locations across NSW and 82 nurses completed both the theoretical and clinical components of the course. FPNSW is grateful to the support of the Cancer Institute NSW who fund up to 85 places for practice nurses each year to complete this course.

Nurse Education Update Day

The Annual Nursing Education Day was held in October 2010 at Rutherford, NSW and was attended by 63 nurses. The program covered law and ethics, osteoporosis, female genital mutilation, consumer perspective of vulvectomy, contraception across the lifespan and male reproductive health.

New e-learning clinical updates

As part of our commitment to nurse education, two online modules on the topics of "Cervical Screening" and "Chlamydia and Contraception" were developed. Both modules are endorsed by RCNA and attract RCNA CNE points as part of RCNA's Life Long Learning Program (3LP). In this first year 41 health professionals completed the e-learning updates.

“Strengths of FPNSW include strengths of relationships with partner organisations and the strong focus on the value of education and training at all levels.”

– Compliance Audit Report

Professional Education

FPNSW continues to provide a wide range of specialist training for teachers, community workers, disability workers and health workers in reproductive and sexual health information.

FPNSW is a Registered Training Organisation authorised by the NSW Vocational Education and Training Board to provide nationally accredited courses under the Australian Qualifications Framework.

In 2010/11, 42 courses were delivered to 440 participants with FPNSW continuing to develop and customise courses to cater to demand for services.

Disability Education Program

This year saw an increased demand for organisational wide education for disability services including policy consultation, and training of managers. Following requests from three organisations to assist with policy development in the area of sexual rights and people with a disability, FPNSW has developed a model of education that can meet organisation needs and focuses on organisational change and development.

CALD Education Program

The CALD education program responded to interest from service providers to observe the delivery of education to community CALD groups, and an increase in staffing has facilitated a more comprehensive education program.

The Down There Professional Education program was extended to include a community education session. By modelling good practice community education, FPNSW hopes to encourage service providers to engage with community members in relation to sexual and reproductive health. This strategy has been successful in delivery to regional NSW and also in the Northern Territory.

Aboriginal Education Program

In partnership with Mission Australia in Dubbo, a comprehensive and innovative education program was delivered to Aboriginal Health Workers. The program covered reproductive and sexual health, group work and incorporated mentoring of staff back in the workplace.



Resource development in partnership with Touching Base Inc

FPNSW maintains a strong partnership with Touching Base Inc, which celebrated 10 years of supporting people with a disability to access the sex industry. In 2010/11, Touching Base developed the Policy and Procedure Guide for Disability Service Providers Supporting Clients to Access Sex Workers and FPNSW contributed to the development of this guide. In April 2011, the Policy and Procedure Guide was launched with the support of Eva Cox, Graeme Innes, Australian Human Rights Commissioner and Hon Michael Kirby.

Partnership with People with Disability Inc

The partnership between FPNSW and People with Disability Inc, a peak disability advocacy service has continued into its 4th year. This partnership delivers professional education to disability workers employed by ADHC and has been very well received by participants. During 2010/11, FPNSW and People with Disability Inc delivered 8 two day sessions of the *ADHC Sexuality Training and Sexual Assault* course to 95 ADHC workers in Goulburn, Queanbeyan, Wollongong, Tamworth, Rosebury and the Hunter Region.

Proud Schools

FPNSW was invited by the Department of Education and Communities to be a member of the Proud Schools Steering Committee, a government initiative to address homophobia in schools. FPNSW were successful in winning an expression of interest to conduct consultations in schools to inform the development of a professional education program for teachers.

China Australia Technical Cooperation Program

FPNSW continues to work with the Australian Human Rights Commission in the China Australia Technical Cooperation program. Three workshops attended in China during the year provided presentations on sexual and reproductive health and rights, and good educational and health promotion practice. The presentations were well received and contributed to much sharing of thoughts and ideas.

Certificate IV in Training and Assessment

FPNSW successfully transitioned from Certificate IV TAA to Certificate IV TAE – supporting students to effectively transition to the new qualification. There has been a steady increase in demand for Certificate IV in TAE as participants pass on positive feedback to their colleagues and employers.

Research and Innovation

Research that informs best practice.

FPNSW continues to be at the forefront of research and innovation in reproductive and sexual health through meaningful collaborations and projects.

This financial year has been another successful one for the Research Centre with a number of projects brought to a successful conclusion including several studies of the effects of a new multi-phasic oestradiol containing oral contraceptive on libido and menstrual symptoms for a pharmaceutical company. We also completed a survey of women seeking termination of pregnancy at the major abortion clinics in NSW. This eight week study provided valuable information about the profile of women having abortions and their reasons for this decision. The results will be submitted for publication in the Medical Journal of Australia.

Our participation in international multicentre studies of new contraceptives has enabled us to play a role in the availability of a new contraceptive pill containing an oestrogen which is identical to the oestrogen produced by the ovary and an improved version of Implanon, which is radio-opaque and has a simpler applicator. We also participated in a study which resulted in evidence to support the use of a multiphasic oral contraceptive to control heavy menstrual bleeding.

Our partnership with the University of Queensland was successful in obtaining an Australian Research Council Linkage grant to set up a randomly selected group of 2,000 young women aged between 18-23 to look at their knowledge, choice and use of contraception, including reasons for failure. It is hoped that this study, the first comprehensive cohort study of how young women use contraception, will provide the impetus for a more regular and

comprehensive fertility survey in Australia as already exists in a number of other countries such as USA and France.

Although we did not receive an ARC grant we were able to secure funding to carry out an online survey of over 2,500 women in NSW about their experiences of menstrual bleeding. We will now embark on a follow up study of 100 of these women, measuring their actual blood loss and relating this to their survey answers. The results will enable us to develop check lists based on both measured menstrual blood loss and women's responses which will assist both medical practitioners and women to decide whether treatment or further investigations are required.

In conjunction with the NSW Cancer Council and our pathology provider we have lodged an application for an NHMRC Project grant to study the prevalence of oncogenic HPV types in women 40 years and older.

We are as always indebted to Professor Ian Fraser who continues to provide valuable expert advice and support as Honorary Director of the Research Centre.

Master students continue to provide extra research capacity to the Research Centre. This year a Master of Philosophy student from Sydney University under our supervision has completed the data entry for the abortion study and will use this data in her thesis.

Our thanks also to the clinic staff for their invaluable assistance in recruiting research clients.



Publications

1 Bateson DJ, Weisberg E, McCaffery KJ and Luscombe GM. 'When online becomes offline: attitudes to safer sex practices in older and younger women using an Australian internet dating service'. *Sexual Health*, 2011.

2 Bateson D, Harvey C, Williams J, Black KI. 'Intrauterine contraception: why are so few Australian women using this effective method?'. *Med J Aust*. 2011;194:324.

3 Hammond L, Estoesta J, Passmore E, Ruddock J. "It feels good": Australian young women's attitudes to oral sex'. *Youth Studies Australia* 2011 30(2).

4 Mansour D, Verhoeven C, Sommer W, Edith Weisberg et al. 'Efficacy and tolerability of a unique monophasic combined oral contraceptive containing norgestrel acetate and 17 β -estradiol'. *European Journal of Contraception*, accepted.

5 Rae M, Kerridge I. 'Vaccines – but not as we know them: an ethical evaluation of HPV vaccination policy in Australia'. *Aust N Z J Public Health*. 2011 35:176-9.

6 Weisberg E. 'Contraceptive options for women in selected circumstances'. *Best Pract Res Clin Obstet Gynaecol*. 2010 24:593-604.

7 Weisberg E, Croxatto HB, Findlay JK, Burger HG, Fraser IS. 'A randomized study of the effect of mifepristone alone or in conjunction with ethinyl estradiol on ovarian function in women using the etonogestrel-releasing subdermal implant, Implanon'. *Contraception*, accepted.





Advocacy

Strong advocacy in reproductive and sexual health for the community.

50 years of the Pill

In September 2010, FPNSW hosted a grand birthday celebration for the oral contraceptive pill at Parliament House and launched a commemorative booklet, *Taking It: 50 years of The Pill*. Both Carmel Tebbutt, Deputy Premier and Minister for Health, and Jillian Skinner, Deputy Leader of the Opposition and Shadow Minister for Health attended and spoke at the event. The celebration coincided with World Contraception Day and was attended by various Members of the NSW Parliament and some of Australia's notable medical professionals and social commentators.

Results of Brand Awareness Survey

In order to accurately measure the effectiveness of the FPNSW brand, an external agency was contracted to conduct a comprehensive brand recognition study. A telephone poll and online survey showed moderately high brand awareness and understanding amongst NSW residents. The study concluded that this awareness was driven primarily by word-of-mouth, as FPNSW clients were highly likely to recommend the organisation to others.

Media Coverage and PR

In 2010/11, FPNSW responded to 177 media queries. This indicates an increase of 49% compared to the previous year. FPNSW has been featured in a variety of notable print publications including Medical Observer, Australian Doctor and The Age; national and prime time broadcast media as well as numerous online news publications.

news
Women seek end to period



Condom awareness to be preached at Centro



'Double taboo' myths debunked
Forum held locally to educate public

National Agreement for Family Planning

➤ **Nurses at Family Planning NSW are set to vote on a new agreement with significant improvements to pay and conditions.**

VTE risk up with drospirenone pill



Events

Sexual Health Week 2010

In its fifth year and still going strong, FPNSW partnered with metropolitan Area Health Services to deliver a range of health promotion activities related to Sexual Health Week in September. In 2010, innovative media was a major strategy of the campaign and themes focused on relationships, partner change, STI testing and treatments for young people.

International Day of People with Disability

In December 2010, each of the FPNSW clinics hosted activities to celebrate the International Day of People with Disability. Events included a staff forum during which guest speaker Abbie Honeyman, a 29 year old woman living with cerebral palsy, shared her remarkable story; a barbecue for clients and staff as well as information stalls.

World AIDS Day

As a member organisation of the NSW World AIDS Day Campaign Interagency, FPNSW helped to promote relevant HIV resources and increase awareness and knowledge of HIV and HIV related stigma and discrimination – this was accomplished through YouTube video resources ('HIV is Still Here'), information stalls in high-traffic areas, barbecues and social media activity.

National Youth Week

In April, FPNSW participated in the Bring It On Festival for youth in the Fairfield community. Health promotion officers and the superhero "Condoman" engaged young people in discussions about

reproductive and sexual health and FPNSW services. The event was a success in raising the profile of FPNSW amongst CALD youth in the community.

NAIDOC Week

In June, FPNSW Dubbo celebrated NAIDOC Week by hosting an open day at the Centre as part of the Aboriginal Women's Clinics. With the theme of NAIDOC being about taking responsibility for our future, women were invited on guided tours of the Centre to reduce fear of the clinical experience and invited back in the following days for clinical services.

Refugee Week

In support of Refugee Week in June, FPNSW organized a day of celebrations with the theme "Freedom from Fear", reflecting how FPNSW and the community can provide the best possible services to people from refugee backgrounds. There were special performances by Baha'i dancers, and guest speakers from Rwanda and Burma shared inspiring stories about the work FPNSW has done with the Burmese community.

Mardi Gras

FPNSW got in on the action at the 2011 Sydney Gay and Lesbian Mardi Gras parade to support the Same-Sex Attracted Youth (SSAY) group. With the theme "We are who we are", the float's design represented feelings of liberation from sexual oppression and the safety to express individuality in a fun and creative manner.

Organisational Systems

A strong and sustainable organisation.

Data and Evaluation

The Data and Evaluation Unit has had a successful year, managing the accreditation processes for education services, implementation and enhancement of organisational databases and providing high level information and resources to the community.

Accreditation and Quality Management

FPNSW has been a Registered Training Organisation since 2000. In December 2010, an audit was conducted by the NSW Vocational and Educational Training Board (VETAB) under the terms of the Australian Quality Training Framework (AQTF) standards and FPNSW was reaccredited as a nationally Registered Training Organisation until 2015.

FPNSW successfully fulfilled all requirements of the Royal Australasian College of General Practitioners (RACGP) Quality Improvement and Professional Development program to achieve recognition as an Accredited Activity Provider (AAP) for the 2011-2013 triennium. FPNSW also received accreditation from the Royal College of Nursing, Australia (RCNA) for both the FPNSW Certificate in Sexual and Reproductive Health (Nursing) and the Well Women's Screening Course until December 2013. These allow medical practitioners and nurses to earn RACGP or CNE points respectively.

Data Needs Analysis

FPNSW is in the final stages of production of the NSW Needs Analysis, a collation and assessment of NSW data and information on key topics in reproductive and sexual health. It is anticipated that this report will be printed early in 2011/12.

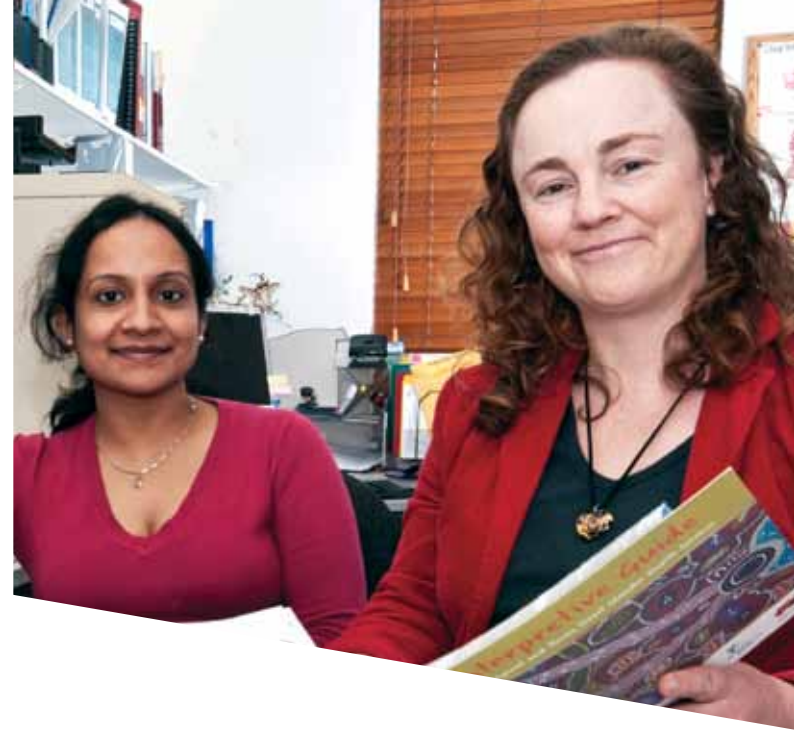
In 2011, FPNSW, in conjunction with Sexual Health and Family Planning Australia, received funding to develop a national needs analysis. This project aims to develop synthesised data sets from national and state-based sources to document reproductive and sexual health status for key indicators. This will enable FPNSW to examine the interrelationships between different programs and allow for comparison across different states to identify best practice approaches.

Medical Director

The introduction of electronic health records is a major quality improvement project undertaken by FPNSW. The Medical Director/PracSoft system is the software chosen by FPNSW to streamline record keeping, promote patient safety and support high quality care. As a package designed for general practice, the Medical Director system has necessitated a review and redesign of many clinical and administrative practices at FPNSW.

Nexus

NEXUS is a FPNSW data management system, designed to optimise the capture, storage and retrieval of education and training activities within the organisation. The database, which was fully implemented in late 2010, has also been designed to satisfy the data requirements of accrediting bodies, meet the requirements of funders and manage FPNSW contact lists.



Online Information Collection

FPNSW has consolidated its online information collection and survey use leading to better data collection and easier analysis. These systems have transformed the collection of data for health promotion, education and training activities, client feedback and research projects. Online surveys have been used for research on heavy menstrual bleeding as well as where young people obtain their information about sex.

Most recently, a new online registration and payment system was developed for the FPNSW Annual Conference. This enabled registrants to book and make payments online, which contributed to making the event a huge success.

Healthrites Bookshop

Healthrites is a specialty bookshop for reproductive and sexual health resources that maintains a highly-recommended range of books, manuals, teaching kits, and DVDs, for health professionals, educators and the general public. A small but committed team ensures that quality assistance is given to customers and that they receive the most appropriate publications for their needs.

Healthrites' online bookshop at www.fpnsw.org.au makes accessing reliable reproductive and sexual health material easy for people throughout NSW and Australia, including those in rural and remote areas. Free FPNSW Health Promotion resources were

added to the FPNSW online bookshop and a total of 13,125 health promotion resources were ordered online.

FPNSW Library

FPNSW plays a vital role in supporting patient and public sexual and reproductive health care, through the delivery of evidence-based information and knowledge resources and services, specifically for clinical support, health promotion programs, education and training, research and administration.

This year, a new Disability Resource Collection catalogue was published in both print and digital forms, showcasing some of the library's most requested resources. The increased interest and demand for digital information has also necessitated the conversion of analogue materials into digital formats, which have significantly increased storage space and ensured the preservation of historical documents and resources.

FPNSW Website – www.fpnsw.org.au

Since its implementation in October 2009, the FPNSW website, www.fpnsw.org.au, has continued to be a key source of up to date reproductive and sexual health information. In 2010/11, there were 290,870 webpage views with the most popular pages being the home page, factsheets and Ashfield clinic information.

“demonstrate a commitment to regular professional development specific to their areas of expertise and to the improvement and extension of their vocational training capabilities”

– NSW Vocational and Educational Training Board (VETAB) audit report

Key Partnerships, Committees and Sponsors

External Committee Membership

Aboriginal Sexual Health Advisory Committee
AH&MRC Sexual and Reproductive Health Aboriginal Campaign Sub-Committee
Blue Mountains Youth Service Network
Breast Cancer Foundation - Community Reference Group
Cancer Screening Bilingual Community Education Advisory Group
Combined Youth Interagency
DET & Disability School Leavers Committee
Disability Interagency - Central Coast
Disability Interagency - Newcastle
Dubbo Youth Interagency
Fairfield Immigrant and Refugee Women's Network
Fairfield Youth Workers Network
Fertility Resource Working Group
Forum of Non Government Agencies (FONGA)
Hawkesbury Youth Interagency
NCOSS Health Policy Advice Group (HPAG)
Hunter New England Aboriginal Sexual & Reproductive Health Advisory Group
Hunter Refugee Network
Hunter Youth Sexual Health Workers Network
Inner West Youth Interagency
Lake Macquarie Youth Interagency
Ministerial Advisory Committee on HIV and STI Health Promotion Sub Committee
New South Wales Association of Youth Health
Newcastle Multicultural Health Interagency
Newcastle Youth Interagency
NGO Review Reference Committee
NSW Anti Homophobia Interagency
NSW Chlamydia Working Group CAS Health Promotion Sub-Committee
NSW Sexual Health in Schools Interagency

NSW STIPU Contact Tracing Working Party
NSW STIPU GP Working Group
NSW STIPU Working Party
Penrith Youth Interagency
Pride in Colour Working Group (City of Sydney)
Proud Schools Steering Committee
Refugee Health Information Network
Refugee Women's Health Working Group
Sexual Health and Family Planning Australia Council
Sexual Health and Family Planning Australia CEO Forum and Professional Groups
Sexual Health Week Advisory Committee
Statewide and NGO Women's Health Network Meeting
Touching Base Inc
Working Together for NSW Working Group (NCOSS)
Youth Research Interest Group

Partnerships

Family Planning NSW would like to acknowledge all the individuals, groups and organisations that have supported us in many ways over the past 12 months.

NSW Health Services

Central Coast Local Health District
Hunter New England Local Health District
Northern Sydney Local Health District
NSW Health AIDS and Infectious Diseases Branch
NSW Health Sexually Transmissible Infections Programs Unit
South East Sydney Local Health District
South Western Sydney Local Health District
Sydney Local Health District
Western NSW Local Health District
Western Sydney Local Health District

Project/Capacity Building Partnerships

Aboriginal Health and Medical Research Council
AIDS Council of NSW
Allira Child Care Centre
Apollo House
Australian Foundation For Disability
Australian Practice Nurse Association
Autism Spectrum Australia - Hunter
Barnardos
Bligh Park Youth Centre
BreastScreen NSW
Bullana, The Poche Centre for Indigenous Health,
University of Sydney
Cancer Institute NSW
Coonamble Aboriginal Health Service
Department of Community Services NSW
Department of Juvenile Justice
Department of Primary Industries
Dubbo West Schools as Community Centres
Erskine Park Youth Centre
Hawkesbury Community Outreach Services
Heterosexual HIV/AIDS Service (Pozhet)
Immigrant Women's Health Service
Jamison High School
Kingswood High School
Merana Aboriginal Community Association for
the Hawkesbury
Mid Mountains Youth Centre
Mountains Youth Services Team
Multicultural Health Communication Services NSW
Nepean Inter-Youth Services
North Richmond Youth Project
Northern Settlement Services
Parents and Friends of Lesbians and Gays (PFLAG)
Police Community Youth Club (PCYC)
Putland High School
Richmond High School
South Penrith Youth Neighbourhood Services (SPYNS)
St Clair High School
St Clair Youth Service
The Bogan Bush Mobile
The Breast Centre
The Junction Youth Health Medical Service
Werrington Youth Centre
Youth Accommodation Service

Training Partnerships

Department of Ageing, Disability and Home Care
Department of Education and Communities
Genesis Ed
Mission Australia
People with Disability Australia Inc
Royal College of Nursing Australia
TAFE NSW
University of Sydney
University of Wollongong
Valley to Coast GP Training Consortium

Research Partnerships

Bayer Schering Pharma
Burnett Institute
Cancer Council NSW
Douglas Hanly Moir Pathology
Family Planning Queensland
Family Planning Western Australia
Gynaecology Services Australia
Marie Stopes International Australia
Merck Sharp and Dohme
MySpace.Com
Pfizer
Preterm Foundation
Royal Women's Hospital, Melbourne
RSVP.com.au
Sydney IVF
University of New South Wales
University of Newcastle
University of Queensland
University of Sydney
University of Technology, Sydney
University of Western Sydney

National and International Partnerships

Aust Health International
Canberra Sexual Health Centre
Cooperative Café Timor
Family Planning Organisations of the Philippines
HELP Resources
International Planned Parenthood Federation
National Centre for Health and Social Research
National Health and Medical Research Council
National Institute of Health, USA
Family Planning International, New Zealand
Papua New Guinea Family Health Association
Reproductive and Family Health Association of Fiji
Sexual Health and Family Planning Australia
Solomon Islands Planned Parenthood Association

Family Planning NSW Committees

Board of Directors

Dr Devora Lieberman	President
Ms My Chappell	Treasurer
Ms Rosalind Winfield	Vice President
Ms Sandra Nicholson	Vice President
Mr Neil Jackson	Legal Advisor
Ms Fiona Larnach	
Mr David Miles	
Ms Susan Templeman	
Ms Sue Carrick	Elected November 2010
Mr Mike Peterson	Elected November 2010
Ms Alice Arnott Oppen	Resigned February 2011
Mr David Stephens	Resigned February 2011

Finance & Audit Committee

Ms My Chappell (Chair)
Ms Fiona Larnach
Ms Rosalind Winfield

Performance & Remuneration Committee

Dr Devora Lieberman (Chair)
Mr David Miles
Ms Sandra Nicholson
Ms Alice Arnott Oppen (Resigned February 2011)

Advocacy Committee

Mr Neil Jackson (Chair)
Dr Devora Lieberman
Mr David Miles
Ms Sandra Nicholson
Ms Susan Templeman
Ms Alice Arnott Oppen (Resigned February 2011)
Mr Mike Peterson (Elected November 2010)

Fundraising Committee

Ms My Chappell
Ms Fiona Larnach
Mr David Miles

Property Working Party

Dr Devora Lieberman
Ms My Chappell
Ms Fiona Larnach
Mr David Stephens (Resigned February 2011)
Ms Rosalind Winfield

Research Steering Committee

Dr Marion Haas (Chair)
Prof Ian Fraser
Dr Devora Lieberman
Ms Sandra Nicholson
Honorary Prof Sally Redman
Mr David Stephens (Resigned February 2011)

Ethics Committee

Dr Walter Stern	Chair, Scientist
Ms Sue Carrick	Vice Chair, FPNSW board affiliate (from February 2011)
Ms Sandra Nicholson	Vice Chair, FPNSW board affiliate (resigned February 2011)
Mr Tobias Armstrong	Male Layperson
Ms Marina Berbic	Researcher
Dr Kirsten Black	Professional care, counselling or treatment of people
Ms Elena Berrocal Capdevila	Female Layperson (on leave from mid 2010)
Dr Betty Chaar	Researcher
Ms Kerrie Chambers	Lawyer
Ms Beverley Essue	Researcher (resigned mid 2010)
Dr Gisselle Gallego	Researcher (on leave from July 2010)
Mr Edward (Ted) Grantham	Pastoral care role
Ms Jill Hall	Female Layperson
Mr Thomas Kelly	Lawyer
Ms Blaise Lyons	Lawyer
Dr Craig McLachlan	Researcher
Dr Vivienne Milch	Researcher (from May 2011)
Dr Vijay Ramanathan	Researcher (resigned 2010)
Dr Lina Safro	Researcher (resigned February 2011)
Dr Yvonne Selecki	Professional care, counselling or treatment of people (resigned December 2010)
Dr John Troughton	Male Layperson

Clinical Advisory Board

Prof Ian Fraser	Chair, Gynaecologist
Dr Deborah Bateson	Medical Director, Family Planning NSW
Dr Georgina Hale	Infectious diseases and women's health
Dr Pam Konecny	Staff Specialist in Infectious Diseases
Dr Devora Lieberman	Gynaecologist – fertility
Dr Michael Lowy	Men's sexual health (resigned February 2011)
Dr Meredith Makeham	General Practitioner
Dr. Amanda McBride	General Practitioner
Dr Selvan Pather	Obstetrics, Gynaecology and Neonatology
Dr. Karuna Raja	Gynaecologist & Obstetrician
Dr Edith Weisberg	Director Research, Family Planning NSW
Dr Lynne Wray	Sexually Transmissible Infections & HIV

Scientific Advisory Committee

Prof Michael Chapman	Clinical Management of Conditions, Women's Health – Obstetrics and Gynaecology
Prof Basil Donovan	Clinical Management of Conditions, STIs
Dr Jeanne Ellard	Quantitative Health Research
Prof John Kaldor	Quantitative Health Research Clinical Trial Design and Statistical Analysis
Prof Richard Taylor	Quantitative Health Research
Prof Andrew McLachlan	Pharmacokinetics

Financial Report for the year ended 30 June 2011

Family Planning NSW
ABN 75 000 026 335

Directors' Report

Your directors present this report on the entity for the financial year ended 30 June 2011.

Directors

The name of each person who has been a director during the year and to the date of this report are:

Dr D Lieberman	President	Ms F Larnach
Ms R Winfield	Vice President	Mr D Miles
Ms S Nicholson	Vice President	Ms S Templeman
Mr N Jackson	Legal Adviser	Ms S Carrick – appointed 30 November 2010
Ms M Chappell	Treasurer	Mr M Peterson – appointed 30 November 2010 Ms A Oppen – resigned 1 February 2011 Mr D Stephens – resigned 1 February 2011

Directors have been in office since the start of the financial year to the date of this report unless otherwise stated.

Principal Activities

The principal activity of the entity during the financial year was to facilitate optimal sexual and reproductive health service provision for the people of NSW through direct clinical services, education and training of doctors and nurses, research and advocacy.

The entity's short term objectives are to:

- Provide expert reproductive and sexual health services to the community through clinical care, health promotion and innovative information service provision;
- Provide best practice education, training and workforce development to service providers and the community;
- Perform research that informs best practice;
- Maintain a strong and sustainable organisation.

The entity's long term objectives are:

- To facilitate, promote and provide best practice reproductive and sexual health services for the people of NSW;
- To be sustainable and strive for continuous improvement so as to provide the best possible outcomes with respect to reproductive and sexual health for the people of NSW;

To achieve these objectives the entity has adopted the following strategies:

- Working within a strategic framework to maximise reproductive and sexual health outcomes, through the provision of demonstration services targeted to priority populations, and education and training to healthcare providers;
- Establishing collaborative relationships and partnership to extend the reach of FPNSW;
- Promoting the uptake and integration of research findings into service delivery.

Profile of Directors



**Dr Devora Lieberman –
MD MPH FRANZCOG**

President

Dr Devora Lieberman is one of the principal doctors in Sydney IVF's Miscarriage Management Program and has an active infertility practice. She joined Sydney IVF in 2003

after several years working as an Associate Medical Director, Women's Health at Organon Australia, a pharmaceutical company where she was responsible for the company's contraception, HRT and pro-fertility products. In this role, Devora was involved in the Australian introduction of a contraceptive implant and trained hundreds of doctors in its use.

Devora has been a Visiting Medical Officer at Royal North Shore Hospital's Menopause Clinic since 1998. She has long-standing involvement in many professional organisations and is currently President of Family Planning NSW, a Director of the Fertility Society of Australia, and a past President of Sexual Health and Family Planning Australia. Devora has presented at regional and national conferences and has contributed to textbooks and several peer-reviewed publications.

Devora moved to Australia from Boston, Massachusetts, USA, in 1998, when her fiancé told her: "there's no surf in Boston Harbor". At the time she was a lecturer in obstetrics and gynaecology at Harvard Medical School. Devora studied medicine at the State University of New York and received her Masters Degree in Public Health from Harvard.

Devora is a member of the Executive of the Board of Directors of Family Planning NSW, Clinical Advisory Board, Advocacy Committee, Property Working Party and Performance and Remuneration Committee. Elected to the Board in 2002.



**Rosalind Winfield –
BA LLB**

Vice President

A lawyer in private practice since 1982, Rosalind Winfield has a special interest in legal issues affecting women and women's health. Convenor Women's Electoral Lobby

(Brisbane) 1977-1978. President of the Women Lawyers' Association of NSW 1988-1989 and committee member 1983-1991. Rosalind was a member of the Women's Advisory Council 1986-1989 and Director of the Women's Legal Resources Centre 1983-1987. Family Planning Australia President's Award 1995. Rosalind is a member of the Executive of the Board of Directors of Family Planning NSW, Finance & Audit Committee and Property Working Party and has previously represented the Board on the Ethics Committee. Elected to the Board in 1986.



**Sandra Nicholson –
BA (Hons) M Media
Prac MAICD**

Vice President

Sandra Nicholson works in the marketing and communications section of the Transport Management

Centre. She was a radio journalist for more than a decade and holds a Master of Media Practice from the University of Sydney. She is currently studying for a postgraduate qualification in Public Sector Management. Her undergraduate studies focused on politics and gender studies, and she completed an Honours thesis about Aboriginal language maintenance and public policy implementation. Sandra is a member of the Media, Entertainment and Arts Alliance (MEAA). She has previously worked at the NSW Working Women's Centre and volunteered at a Kings Cross women's refuge. Sandra is a member of the Executive of the Board of Directors of Family Planning NSW, Performance & Remuneration Committee and Advocacy Committee and has previously represented the Board on the Ethics Committee. Elected to the Board in 2003.



**My Chappell –
BSc (Hons) Grad Dip
(Accounting) M Comm**

Treasurer

Prior to becoming a professional director, My Chappell held senior executive accounting and finance positions in both

the government and corporate sectors. She is a qualified accountant with extensive experience in treasury and enterprise-wide risk management. She was a board member and treasurer of Shopfront Theatre for Young People, a not-for-profit organisation, training and helping youth to develop themselves through the arts. My is a member of the Executive of the Board of Directors of Family Planning NSW, Finance & Audit Committee, Property Working Party and Fundraising Committee. Elected to the Board in 2005.



Neil Jackson – LLB BEc LLM Hon. Legal Adviser

Neil Jackson practises as a barrister, largely in family law and de facto relationships law. He is a member of the Conciliators and Arbitrators Association, the Australian Association of Family Lawyers and Conciliators, and the Family Law Section of the Law Council of Australia. He is also a member of the Australian Plaintiff Lawyers Association.

In 2002 he was appointed as an Arbitrator of the New South Wales Compensation Commission. In 2004 he was appointed a Mediator of the New South Wales Supreme Court and an Arbitrator of the New South Wales District Court. Neil is a member of the Executive of the Board of Directors of Family Planning NSW and Advocacy Committee. Elected to the Board in 1999.



Sue Carrick – MHS

Sue Carrick commenced her career in nursing spending several years as a nurse practitioner and educator at Family Planning NSW. Since then she has a successful career as a public health professional. She has wide-ranging experience in designing and delivering management and strategic planning training programs to health care professionals across the public and not-for-profit health sectors in Australia and the Pacific.

Sue has a particular interest in policy implementation and produced Australia's first implementation plan for the implementation of clinical practice guidelines for early breast cancer.

She has extensive experience in the development and implementation of evidence based approaches to health care, including community consultation. She also has particular expertise in working with populations who face physical, social or cultural barriers to good health. Sue has delivered a number of national reports supporting the implementation of health programs in the wider community, including Australia's first National Action Plan for Breast Cancer Research and Funding and Breast Cancer and Aboriginal and Torres Strait Islander Women.

Most recently, Sue initiated and brought to fruition the Register4. This national research resource is designed to accelerate the outcomes of research through providing more effective and cost efficient delivery of research programs.

She holds a Masters in Health Science from the University of Sydney. Sue represents the Board on the Ethics Committee. Elected to the Board in 2010.



Fiona Larnach – BSc Dip Ed, Masters (Bbus finance), CPA, Grad Dip Acctg

Fiona is a partner with Ernst and Young in the Financial Risk Advisory Services area. Prior to this Fiona was Chief Risk Officer at Westpac, responsible for the Retail Bank Credit and Operational Risk. After graduating from University with a BSc DipEd, Fiona worked at IBM within Treasury. Fiona then worked at Citibank with roles in Risk Management and IT. Fiona then moved to GE Capital; during this period, she gained her Masters in Banking and Finance and qualified as a CPA.

Following GE, Fiona was employed at AMP heading up the Risk function for AMP Bank. Her last role at AMP was Head of Group Capital and Deputy Group Treasurer covering the Australian and European markets. Fiona is a member of the Family Planning NSW Finance & Audit Committee, Fundraising Committee and Property Working Party. Elected to the Board in 2006.



David Miles

David Miles is the Principal of Willard Consulting, specialising in providing strategic advice and political lobbying services.

David established Willard Consulting after more than six years as the Senior Manager, Government Affairs with the global pharmaceutical company Pfizer. In this role, David maintained Pfizer's relationships with governments across Australia, particularly at the political level.

David started his career in stockbroking and merchant banking, before making the transition to politics as an adviser to a federal Senator and Minister in 1997. He has advised a range of politicians at both state and federal level and immediately prior to joining Pfizer in 2005, was Public Affairs Manager for Environment ACT, within the ACT Government.

David's experience working in government and media over the past decade has provided him with an extensive and influential network of political and media contacts including senior politicians and staff from all political parties at Federal and State level. In addition to his lobbying activities, David regularly appears as a political commentator on news programs on Sky News and ABC24.

David is a member of Family Planning NSW Performance and Remuneration Committee, Fundraising Committee and Advocacy Committee. He was elected to the Board in 2009.



Mike Peterson

Mike Peterson is a communications consultant. His career has encompassed national political journalism and news and current affairs presentation (Seven Network – Sydney and Canberra), management of radio stations 2CA Canberra and 3AW Melbourne and extensive experience as a communications director in the NSW health system. His skills were recognised with Australia's top journalism honour - a Walkley Award.

Mike is familiar with the operations and aspirations of Family Planning NSW, having provided communications services in 2008/09.

His *pro bono* contributions include 10 years as a board member of Radio 2RPH – a volunteer service which reads the day's newspapers and magazines for people who are print-handicapped. He served on the board of Twilight House – four Sydney suburban aged-care facilities. Other roles include board member National Press Club, Canberra; chair Federation of Australian Radio Broadcasters (FARB), Victoria; member Federation of Australian Commercial Television Stations (FACTS) legal issues committee; member Melbourne Royal Women's Hospital Clinical Research Foundation. Elected to the Board in 2010.



Susan Templeman - BA (Comm)

A journalist for more than a decade, Susan Templeman runs a specialist media and presentation training company. Susan started as a federal political reporter with Radio 2UE in the Canberra Press Gallery in the mid-eighties, went on to be a foreign correspondent in New York and moved to London with the Austereo network. On her return to Australia, she worked as a freelance journalist and briefly in media relations before establishing her training business. For nearly 20 years she has provided training to a broad range of clients in the government, non-profit and business sectors. She is part of a network of trainers, many of whom have been mentored by Susan as they transition from journalism to their own business. Susan is a member of the Family Planning NSW

Advocacy Committee and a member of the board of Sexual Health & Family Planning Australia. Elected to the Board in 2005.

Meetings of Directors

During the financial year, 10 meetings of directors were held.

Attendances by each director were as follows:

Directors' Meetings

Director's Name	Number Eligible to Attend	# Attended
Dr D Lieberman	10	9
Ms R Winfield	10	10
Ms S Nicholson	10	8
Ms M Chappell	10	10
Mr N Jackson	10	6
Ms S Templeman	10	8
Ms F Larnach	10	8
Mr D Miles	10	7
Ms S Carrick	6	4
Mr M Peterson	6	5
Ms A Oppen	6	6
Mr D Stephens	5	4

The entity is incorporated under the *Corporations Act 2001* and is an entity limited by guarantee. If the entity is wound up, the constitution states that each member is required to contribute a maximum of \$10 each toward meeting any outstanding obligations of the entity. At 30 June 2011, the total amount that members of the company are liable to contribute if the company is wound up is \$460. (2010: \$410).

Auditor's Independence Declaration

The lead auditor's independence declaration for the year ended 30 June 2011 is included with the directors' report.

Signed in accordance with a resolution of the Board of Directors:



Devora Lieberman – President



My Chappell – Treasurer

Date this 27th day of September 2011

AUDITOR'S INDEPENDENCE DECLARATION UNDER SECTION 307C OF THE CORPORATIONS ACT 2001 TO THE DIRECTORS OF FAMILY PLANNING NSW

I declare that, to the best of my knowledge and belief, during the year ended 30 June 2011 there have been:

- (i) no contraventions of the auditor independence requirements as set out in the *Corporations Act 2001* in relation to the audit; and
- (ii) no contraventions of any applicable code of professional conduct in relation to the audit.



William Buck
Chartered Accountants
ABN 16 021 300 521



L.E. Tutt
Partner

Sydney, 27th day of September 2011

Sydney
Melbourne
Brisbane
Perth
Adelaide
Auckland

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Praxity
MEMBER -
GLOBAL ALLIANCE OF
INDEPENDENT FIRMS

Statement of Comprehensive Income for Year Ended 30 June 2011

	Note	2011	2010
		\$	\$
Revenue	2	10,572,487	9,793,375
Changes in inventories of finished goods		493	(9,655)
Employee benefit expenses		(7,498,405)	(7,153,698)
Cost of contraceptive supplies		(103,986)	(105,865)
Cost of Healthrites resources for resale		(64,370)	(61,858)
Depreciation and amortisation expenses		(138,226)	(109,969)
Lease/rent		(164,409)	(161,650)
Insurance		(116,571)	(110,874)
Relocation of business operations		(361,290)	-
Computer services and software		(134,431)	(117,347)
Printing/ postage/ stationery/ advertising/ photocopying		(245,751)	(306,617)
Repairs and maintenance / cleaning		(198,377)	(180,693)
Teaching resources		(138,209)	(189,384)
Travel		(239,360)	(178,282)
Materials and equipment		(84,746)	(18,692)
Labour hire – external		(23,030)	(9,854)
Medical consumables		(48,093)	(45,469)
Consultancy		(239,557)	(132,351)
Utilities		(65,950)	(62,338)
Telephone / internet		(150,553)	(151,210)
Staff recruitment		(10,430)	(9,629)
Conferences & seminars		(42,826)	(63,546)
Other expenses		(367,542)	(319,726)
Profit for the year		136,868	294,668
Other comprehensive income:			
Net gain on revaluation of non-current assets		26,001	733,549
Total comprehensive income for the year		162,869	1,028,217
Profit attributable to members of the entity		136,868	294,668
Total comprehensive income attributable to members of the entity		162,869	1,028,217

The accompanying notes form part of these financial statements

Statement of Financial Position as at 30 June 2011

	Note	2011	2010
		\$	\$
ASSETS			
CURRENT ASSETS			
Cash and cash equivalents	4	3,566,115	4,761,364
Trade and other receivables	5	202,743	150,339
Inventories	6	105,851	106,344
Other assets	7	95,776	96,866
TOTAL CURRENT ASSETS		3,970,485	5,114,913
NON -CURRENT ASSETS			
Financial assets	8	3,353,750	3,327,750
Property, plant and equipment	9	6,941,383	5,989,938
TOTAL NON-CURRENT ASSETS		10,295,133	9,317,688
TOTAL ASSETS		14,265,618	14,432,601
LIABILITIES			
CURRENT LIABILITIES			
Trade and other payables	10	2,437,552	2,512,460
Income in advance	11	1,812,401	2,108,254
TOTAL CURRENT LIABILITIES		4,249,953	4,620,714
NON-CURRENT LIABILITIES			
Trade and other payables	12	82,578	41,669
TOTAL NON-CURRENT LIABILITIES		82,578	41,669
TOTAL LIABILITIES		4,332,531	4,662,383
NET ASSETS		9,933,087	9,770,218
EQUITY			
Reserves	13	3,500,450	3,474,449
Retained earnings		6,432,637	6,295,769
TOTAL EQUITY		9,933,087	9,770,218
Capital & leasing commitments	14		
Contingent liability	15		

The accompanying notes form part of these financial statements

Statement of Changes in Equity for the Year Ended 30 June 2011

	Retained Earnings	Asset Revaluation Reserve	General Reserves	Total
Balance at 30 June 2009	6,001,101	2,665,900	75,000	8,742,001
Profit attributable to the entity	294,668	-	-	294,668
Revaluation increment	-	733,549	-	733,549
Balance at 30 June 2010	6,295,769	3,399,449	75,000	9,770,218
Profit attributable to the entity	136,868	-	-	136,868
Revaluation increment	-	26,001	-	26,001
Balance at 30 June 2011	6,432,637	3,425,450	75,000	9,933,087

Statement of Cash Flows for the Year Ended 30 June 2011

	Note	2011 \$	2010 \$
CASH FLOWS FROM OPERATING ACTIVITIES:			
Receipts from government grants	3	8,018,658	7,933,540
Other grants received	3	1,085,209	1,229,671
Receipts from customers		1,151,055	1,027,836
Payments to suppliers and employees		(10,825,729)	(9,610,108)
Interest and dividends received		465,228	305,972
Net cash generated from operating activities	18	(105,579)	886,911
CASH FLOW FROM INVESTING ACTIVITIES:			
Payment for property, plant & equipment		(1,089,670)	(65,673)
Proceeds from sale of property, plant & equipment		-	-
Payment for investments		-	(3,250,000)
Net cash used in investing activities		(1,089,670)	(3,315,673)
Net (decrease) / increase in cash held		(1,195,249)	(2,428,762)
Cash at the beginning of the financial year		4,761,364	7,190,126
Cash at the end of the financial year		3,566,115	4,761,364

The accompanying notes form part of these financial statements

Notes to the Financial Statements for the Year Ended 30 June 2011

1. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

The directors have prepared the financial statements on the basis that the company is a non-reporting entity because there are no users who are dependent on its general purpose financial report. These financial statements are therefore special purpose financial statements that have been prepared in order to meet the requirements of the *Corporations Act 2001*.

The financial statements have been prepared in accordance with the mandatory Australian Accounting Standards applicable to entities reporting under the *Corporations Act 2001* and the significant accounting policies disclosed below, which the directors have determined are appropriate to meet the needs of members. Such accounting policies are consistent with the previous period unless stated otherwise.

The financial statements have been prepared on an accruals basis and are based on historical costs unless otherwise stated in the notes. The accounting policies that have been adopted in the preparation of this report are as follows:

(a) Principles of Consolidation

The directors believe that the controlled entities of Family Planning NSW are not material, as their omission or non-disclosure does not have the potential to adversely affect:

- (i) decisions about the allocation of resources made by users of the consolidated accounts; or
- (ii) the discharge of accountability by the directors or the members of the governing body of the entity;

and as such the financial statements of Family Planning NSW have not been consolidated with its controlled entities.

(b) Inventories

Inventories are measured at the lower of cost and current replacement cost. Inventories are determined on an average cost basis.

Inventories acquired at no cost, or for nominal consideration are valued at the current replacement cost as at the date of acquisition.

(c) Bad and Doubtful Debts

Bad debts are written off as they occur and the provision for doubtful debts is based on an appraisal of individual outstanding accounts that are in excess of normal trading terms.

(d) Property, Plant and Equipment

Each class of property, plant and equipment is carried at cost or fair value as indicated, less, where applicable, accumulated depreciation and impairment losses.

Property

Freehold land and buildings are shown at their fair value based on periodic, but at least triennial, valuations by external independent valuers, less subsequent depreciation for buildings.

Increases in the carrying amount arising on revaluation of land and buildings are credited to a revaluation reserve in equity. Decreases that offset previous increases of the same class of asset are charged against fair value reserves directly in equity, all other decreases are charged to the income statement.

Any accumulated depreciation at the date of revaluation is eliminated against the gross carrying amount of the asset and the net amount is restated to the revalued amount of the asset.

Plant and Equipment

Plant and equipment are measured on the cost basis less depreciation and impairment loss. Items with a first cost of less than five hundred dollars are expensed in the period they are purchased in accordance with the terms of the NSW Health funding conditions.

Depreciation

The depreciable amount of all fixed assets, including buildings and capitalised leased assets, but excluding freehold land, is depreciated on a straight line basis over the asset's useful life to the entity commencing from the time the asset is held ready for use. Leasehold improvements are depreciated over the shorter of either the unexpired period of the lease or the estimated useful life of the improvements.

The depreciation rates used for each class of depreciable assets are:

Class of Fixed Asset	Depreciation Rate
Buildings	2%
Leasehold Improvements	2%
Fixtures & Fittings	10%
Medical & Office Equipment	12.5%
Motor Vehicles	15%
Computers	33.3%

The assets' residual values and useful lives are reviewed and adjusted if appropriate, at the end of each reporting period.

An asset's carrying amount is written down immediately to its recoverable amount if the asset's carrying amount is greater than its estimated recoverable amount.

Gains and losses on disposals are determined by comparing proceeds with the carrying amount. These gains or losses are included in the statement of comprehensive income. When revalued assets are sold, amounts included in the revaluation reserve relating to that asset are transferred to retained earnings.

(e) Leases

Lease payments for operating leases, where substantially all the risk and benefits remain with the lessor, are charged as expenses in the periods in which they are incurred.

(f) Financial Instruments

Financial assets and financial liabilities are recognised when the entity becomes a party to the contractual provisions to the instrument. For financial assets, this is equivalent to the date the company commits itself to either purchase or sell the asset (ie trade date accounting is adopted). Financial instruments are initially measured at fair value plus transaction costs except where the instrument is classified at fair value through profit or loss in which case transaction costs are expensed to profit or loss immediately.

Financial instruments held by Family Planning NSW are measured at fair value. Fair value represents the amount for which an asset could be exchanged or a liability settled, between knowledgeable parties. Where available, quoted prices in an active market are used to determine fair value.

(g) Employee Benefits

Provision is made for the company's liability for employee benefits arising from services rendered by employees to the end of the reporting period. Provision for long service leave is raised in respect of employees who have in excess of five years continuous service. Employee benefits that are expected to be settled within one year have been measured at the amounts expected to be paid when the liability is settled.

Contributions are made by the entity to an employee superannuation fund and are charged as expenses when incurred.

(h) Cash and Cash Equivalents

Cash and cash equivalents include cash on hand, deposits held at-call with banks, other short-term highly liquid investments with original maturities of three months or less, net of bank overdraft.

(i) Goods and Services Tax (GST)

Revenues, expenses and assets are recognised net of the amount of GST, except where the amount of GST incurred is not recoverable from the Tax Office. In these circumstances the GST is recognised as part of the cost of acquisition of the asset or as part of an item of expense. Receivables and payables in the statement of financial position are shown inclusive of GST.

Cash flows are presented in the statement of cash flows on a gross basis, except for the GST component of investing activities, which are disclosed as operating cash flows.

(j) Income Tax

No provision for income tax has been raised, as the entity is exempt from income tax under Div 50 of the *Income Tax Assessment Act 1997*.

(k) Provisions

Provisions are recognised when the entity has a legal or constructive obligation, as a result of past events, for which it is probable that an outflow of economic benefits will result and that outflow can be reliably measured. Provisions recognised represent the best estimate of amounts required to settle the obligation at the end of the reporting period.

(l) Comparative Figures

Where required by Accounting Standards, comparative figures have been adjusted to conform with changes in presentation for the current financial year.

(m) Trade and Other Payables

Trade and other payables represent the liability outstanding at the end of the reporting period for goods and services received by the company during the reporting period which remain unpaid. The balance is recognised as a current liability with the amount normally paid within 30 days of recognition of the liability.

(n) Economic Dependence

Family Planning NSW is dependent on NSW Health for the majority of its revenue used to operate the business. At the date of this report the Board of Directors has no reason to believe the support will not continue.

(o) Revenue

Revenue from the sale of goods is recognised upon the delivery of goods to customers.

Grant revenue is recognised in the statement of comprehensive income when the entity obtains control of the grant and it is probable that the economic benefits gained from the grant will flow to the entity and the amount of the grant can be measured reliably.

If conditions are attached to the grant which must be satisfied before it is eligible to receive the contribution, the recognition of the grant as revenue will be deferred until those conditions are satisfied.

When grant revenue is received whereby the entity incurs an obligation to deliver economic value directly back to the contributor, this is considered a reciprocal transaction and the grant revenue is recognised in the statement of financial position as a liability until the service has been delivered to the contributor, otherwise the grant is recognised as income on receipt.

Donations and bequests are recognised as revenue when received unless they are designated for a specific purpose, where they are carried forward as prepaid income in the statement of financial position.

Interest revenue and distribution income from investments is recognised on a proportional basis taking into account the interest rate applicable to the financial assets. Dividend revenue is recognised when the right to receive a dividend has been established.

Revenue from the rendering of a service is recognised upon delivery of the service to the customers.

All revenue is stated net of the amount of goods and services tax (GST).

(p) Unexpended Grants

The entity receives grant monies to fund projects either for contracted periods of time or for specific projects irrespective of the period of time required to complete these projects. It is the policy of the entity to treat grant monies as unexpended grants in the balance sheet when the entity is contractually obliged to provide the services in a subsequent financial period to when the grant is received or in the case of specific project grants where the project has not been completed.

(q) New Accounting Standards for Application in Future Periods

The AASB has issued new and amended Accounting Standards and Interpretations that have mandatory application dates for future reporting periods and which the company has decided not to early adopt.

Notes to the Financial Statements for the Year Ended 30 June 2011

	2011	2010
	\$	\$
2. PROFIT FROM ORDINARY ACTIVITIES		
Expenses:		
Depreciation and amortisation	138,226	109,969
Employee benefits	7,498,405	7,153,698
Remuneration of auditor		
- Audit or review	29,000	29,000
- Other services	-	-
Rent – premises and equipment	164,409	161,650
Revenue:		
Government grants	8,219,954	7,971,463
Other grants	610,686	330,077
Family Planning NSW Foundation donation/grant	-	1,361
Sales income	769,784	787,261
Interest & investment income	538,388	386,126
Other income	433,675	317,087
Total Revenue	10,572,487	9,793,375
3. GRANTS RECEIVED DURING THE YEAR		
NSW Health: NGO Funding		
Fairfield Multicultural Women's Health	484,100	472,300
Women's Health	6,536,100	6,376,700
HIV/AIDS Program	237,300	231,500
Outreach and Community Education, The Warehouse	427,600	417,200
Young Men's Sexual Health, The Warehouse	118,900	116,000
	7,804,000	7,613,700
NSW Health: AIDS / Infectious Diseases Branch		
NSW Aboriginal Sexual & Reproductive Health Program	100,000	21,000
Area Health Grants:		
Hunter New England-Health Program	44,400	43,300
Hunter New England-Education Grant	-	2,727
	44,400	46,027
Other Government Grants:		
Cancer Institute NSW –Well Women's Screening Training for Practice Nurses	-	203,590
Cancer Institute NSW – Coonamble Project	-	14,679

3. GRANTS RECEIVED DURING THE YEAR (cont'd)	2011	2010
	\$	\$
Cancer Institute NSW – GP's Up-Skilling	45,058	34,544
Department of Health & Ageing	11,200	-
Department of Education & Training	12,000	-
Department of Premier & Cabinet	2,000	-
	70,258	252,813
Other Grants:		
Research Grants	216,282	197,870
McCarthy-Green Indigenous Nurse Scholarship	6,000	0
Sexual Health & Family Planning-International Program	857,512	1,023,181
The Aurora Group	4,970	4,953
Family Planning Queensland	445	-
Penrith City Council	-	1,000
NSW Association for Adolescent Health	-	818
Centre for Education and Research on Ageing (CERA)	-	1,850
	1,085,209	1,229,672
Total Grants received	9,103,867	9,163,212

4. CASH AND CASH EQUIVALENTS

Cash at bank	3,560,645	4,756,234
Cash on hand	5,470	5,130
	3,566,115	4,761,364
Reconciliation of cash		
Cash and cash equivalents	3,566,115	4,761,364
	3,566,115	4,761,364

5. TRADE AND OTHER RECEIVABLES

CURRENT

Trade receivables	20,894	41,102
Other receivables	181,849	109,237
	202,743	150,339

6. INVENTORIES

Stock at cost	105,851	106,344
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7. OTHER ASSETS

CURRENT

Prepayments	95,776	96,866
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Notes to the Financial Statements for the Year Ended 30 June 2011 (cont'd)

	2011	2010
	\$	\$
8. FINANCIAL ASSETS		
Available-for-sale financial assets	3,353,750	3,327,750
Available-for-sale financial assets comprise:		
Listed investments at fair value	3,353,750	3,327,750
9. PROPERTY, PLANT AND EQUIPMENT		
Land & Buildings		
Freehold land at:		
Independent valuation 2010	3,205,800	3,205,800
Total Land	3,205,800	3,205,800
Buildings at:		
- Independent valuation 2010	2,944,200	1,944,200
Less accumulated depreciation	(45,458)	(3,240)
Total Buildings	2,898,742	1,940,960
Total Land & Buildings	6,104,542	5,146,760
Leasehold Improvements		
- At cost	6,636	6,636
- Independent valuation 2010	600,000	600,000
Less accumulated amortisation	(19,636)	(7,526)
Total Leasehold Improvements	587,000	599,110
Plant & Equipment		
At cost	562,207	472,536
Less accumulated depreciation	(312,366)	(228,468)
Total Plant & Equipment	249,841	244,068
Total Property, Plant & Equipment	6,941,383	5,989,938

The entity's land and buildings were re-valued at 1 June 2010 by independent valuers. Valuations were made on the basis of open market value. The revaluation increase was credited to the asset revaluation reserve in equity.

No capital gains tax has been taken into account in determining re-valued amounts as the company is exempt from income tax.

	2011	2010
	\$	\$
10. TRADE AND OTHER PAYABLES		
CURRENT		
Trade payables	-	24,300
Sundry payables and accrued expenses	1,241,028	1,184,427
Employee benefits	1,196,524	1,303,733
	2,437,552	2,512,460
11. INCOME IN ADVANCE		
Funding for special projects	1,812,401	2,108,254
12. TRADE AND OTHER PAYABLES		
NON-CURRENT		
Employee benefits	82,578	41,669
Number of employees at year end	140	137
13. RESERVES		
Asset revaluation reserve records revaluations of non current and financial assets.	3,425,450	3,399,449
General reserve records funds approved by the Board to be set aside to fund specific activities.	75,000	75,000
	3,500,450	3,474,449
14. CAPITAL & LEASING COMMITMENTS		
Non cancellable operating leases contracted for but not capitalised in the financial statements:		
Payable: minimum lease payments		
- not later than twelve months	156,143	110,322
- between twelve months and five years	179,173	136,443
- greater than five years	30	31
	335,346	246,796
15. CONTINGENT LIABILITIES		
Estimates of the maximum amount of contingent liabilities that may become payable:	-	-
16. ENTITY DETAILS		
The registered office and principal place of business of the company is: Family Planning NSW, 328-336 Liverpool Rd, Ashfield NSW 2131		

Notes to the Financial Statements for the Year Ended 30 June 2011 (cont'd)

	2011	2010
	\$	\$

17. RELATED PARTY TRANSACTIONS

Transactions between related parties are on normal commercial terms and conditions no more favourable than those available to other parties unless otherwise stated:

Sydney Reproductive Health Services Limited

Payment of ASIC fees by Family Planning NSW for Sydney Reproductive Health Services Limited. Dr Devora Lieberman, Mr Neil Jackson and Ms My Chappell are directors of both Sydney Reproductive Health Services Limited and Family Planning NSW.	41	40
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18. CASH FLOW INFORMATION

Reconciliation of cash flow from operations with profit for the year

Profit for the year:	136,868	294,668
Non-cash flows in profit:		
Depreciation & Amortisation	138,226	109,969
Net (profit) / loss on disposal of plant and equipment	-	88
Changes in assets and liabilities:		
(Increase)/ Decrease in inventories	493	(9,655)
(Increase) in trade and other receivables	(52,404)	(76,513)
(Increase) / Decrease in other current assets	1,090	(24,294)
(Decrease) / Increase in income in advance	(295,853)	494,674
(Decrease)/Increase in trade and other payables	(33,999)	97,974
Cash flows provided by operating activities	(105,579)	886,911

19. EVENTS AFTER THE REPORTING PERIOD

No matters or circumstances have arisen since the end of the financial year which significantly affected or may significantly affect the operations of the entity, the results of those operations, or the state of affairs of the entity in future financial years.

Directors' Declaration

The directors of the company declare that:

1. The financial statements and notes are in accordance with the *Corporations Act 2001* and:
 - a) comply with Accounting Standards and the Corporations Regulations 2001; and
 - b) give a true and fair view of the company's financial position as at 30 June 2011 and of its performance for the year ended on that date.
2. In the directors' opinion there are reasonable grounds to believe that the company will be able to pay its debts as and when they become due and payable.

This declaration is made in accordance with a resolution of the Board of Directors.



Devora Lieberman – President



My Chappell – Treasurer

Date this 27th day of September, 2011

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF FAMILY PLANNING NSW

Report on the Financial Report

We have audited the accompanying financial report, being a special purpose financial report of Family Planning NSW, which comprises the statement of financial position as at 30 June 2011, the statement of comprehensive income, statement of changes in equity and statement of cash flows for the year then ended, notes comprising a summary of significant accounting policies and other explanatory information, and the directors' declaration.

Directors' Responsibility for the Financial Report

The directors of the company are responsible for the preparation of the financial report, and have determined that the basis of preparation described in Note 1 to the financial report is appropriate to meet the requirements of the Corporations Act 2001 and is appropriate to meet the needs of the members.

The directors' responsibility also includes such internal control as the directors determine is necessary to enable the preparation of a financial report that is free from material misstatement, whether due to fraud or error.

Auditor's Responsibility

Our responsibility is to express an opinion on the financial report based on our audit. We have conducted our audit in accordance with Australian Auditing Standards. Those standards require that we comply with relevant ethical requirements relating to audit engagements and plan and perform the audit to obtain reasonable assurance whether the financial report is free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial report. The procedures selected depend on the auditor's judgement, including the assessment of the risks of material misstatement of the financial report, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the entity's preparation of the financial report that gives a true and fair view in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by the directors, as well as evaluating the overall presentation of the financial report.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion

Independence

In conducting our audit, we have complied with the independence requirements of the Corporations Act 2001.

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Auckland

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INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF FAMILY PLANNING NSW (CONT)

Auditor's Opinion

In our opinion the financial report of Family Planning NSW is in accordance with the Corporations Act 2001, including:

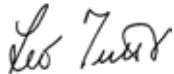
- a. giving a true and fair view of the company's financial position as at 30 June 2011 and of its performance for the year ended on that date; and
- b. complying with Australian Accounting Standards to the extent described in Note 1, and the Corporations Regulations 2001.

Basis of Accounting

Without modifying our opinion, we draw attention to Note 1 to the financial report, which describes the basis of accounting. The financial report has been prepared for the purpose of fulfilling the directors' financial reporting responsibilities under the Corporations Act 2001. As a result, the financial report may not be suitable for another purpose.

A handwritten signature in black ink that reads "William Buck".

William Buck
Chartered Accountants
ABN 16 021 300 521

A handwritten signature in black ink that reads "L.E. Tutt".

L.E. Tutt
Partner
Sydney, 27th September 2011



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