



family
planning nsw
Reproductive & Sexual Health



Annual Report
2012-2013

Our vision

Our vision is for all people to have high quality reproductive and sexual health

Our purpose

To provide specialised services and programmes and advocate to promote the reproductive and sexual health and rights of all

Our values

Human rights focus - promoting the rights of all people to reproductive and sexual health

Integrity - maintaining a strong ethical base, being accountable and transparent

Inclusiveness - valuing and respecting diversity without judgement

Equity of access - ensuring access to our services for all including priority populations

Client centred - placing the needs of the whole person at the centre of our work

Commitment to excellence - ensuring high standards in all our work

Strategic directions

Integrated Service Provision – expert reproductive and sexual health services to the community through clinical care, health promotion and innovative information service provision

Education and Training – best practice education, training and workforce development to service providers and the community

Research and Innovation – research that informs best practice

Advocacy – strong advocacy in reproductive and sexual health for the community

Organisational Systems – a strong and sustainable organisation

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Who we are

Family Planning NSW is the state's leading provider of reproductive and sexual health services.

We have five fixed clinics in NSW (Ashfield, Fairfield, Penrith, Newcastle and Dubbo) and use innovative partnerships to deliver services in other key locations across the state with around 28,000 client visits annually. We also operate a free, confidential telephone information and referral service, connecting our expertise to communities across NSW.

We provide information and health promotion activities, as well as education and training for doctors, nurses, teachers and other health, education and welfare professionals.

We are experts on contraception, pregnancy options, sexually transmissible infections (STIs), sexuality and sexual function, menstruation, menopause, common gynaecological and vaginal problems, cervical screening, breast awareness and men's health.

As an independent, not for profit organisation, we recognise that every body in every family should have access to high quality clinical services and information, and we provide a safe place for people to talk about their most intimate and personal issues.

Our services are targeted to communities, including people from culturally and linguistically diverse (CALD) and Aboriginal and Torres Strait Islander backgrounds, refugees, people with disability, young people, people from rural and remote communities and same-sex attracted people.

We respect the rights of our clients to make choices about their reproductive and sexual health and we treat each and every person with respect, dignity and understanding.

Our work is shaped by our research through Family Planning NSW's Sydney Centre for Reproductive and Sexual Health Research and our evidence-based approach allows us to guide government and other decision making bodies on best practice reproductive and sexual health policy and service delivery.

President's Report



I am honoured, in my tenth year as President of Family Planning NSW, to see us continue to deliver quality reproductive and sexual health services across the state.

Our annual report is a reflection of our expertise and passion to provide the very best clinical services and information possible to our clients.

This year we have implemented our exciting new branding across all our clinics and communications; a reflection of our continued innovation to strengthen our position as the state's leading provider of reproductive and sexual health services.

Our leadership role at Family Planning NSW allows us to guide government and other decision making bodies on best practice reproductive and sexual health service delivery. We also continue to be recognised as an opinion leader and expert commentator on reproductive and sexual health. The introduction of the National Disability Insurance Scheme (NDIS) saw us advocating for the reproductive and sexual rights of people with disability to be included in the scheme on a state and national level.

We continue to reach out to priority populations across NSW through our online bookshop, our website and Family Planning NSW Talkline, which answered 7,087 calls and 623 emails in 2012-13.

With the launch of the new brand and a focus on online communications we increased our website hits by 107 per cent to 310,169 visitors with a 130 per cent jump in unique visitors to 235,384.

As a state-wide organisation, we lead not only in information distribution, but also in supporting quality education and training for doctors, nurses, teachers and other health, education and welfare professionals.

Our work is focused on improving reproductive and sexual health in the communities we serve. In this regard, we are grateful for our funding sources and partners, and most importantly for the continued support of the NSW Ministry of Health in recognising the importance of delivering quality, evidence-based reproductive and sexual health services.

Finally, I would like to take this opportunity to thank my fellow directors, our CEO, Ann Brassil, and the staff of Family Planning NSW for their hard work and dedication to delivering exceptional services and information for our clients.

Dr Devora Lieberman
President
MD MPH FRANCOG

Income (\$)

Government grants	9,703,623
Generated income	2,455,480
Research grants	325,095
Other grants	108,699
Total income	12,592,897

Expenditure (\$)

Staffing	8,814,640
Projects	2,588,925
Site	898,801
Total expenditure	12,302,366



CEO's Report

Family Planning NSW has had another successful year with our five NSW clinics providing 27,956 clinical services to 14,764 clients.

We continued to provide high quality reproductive and sexual health services and information to a broad range of clients. This year 27 per cent of our clients were under 24 years of age; 392 clients were from an Aboriginal & Torres Strait Islander background; four per cent of clients reported a disability and 4,674 clients were born overseas.

Our work, as reflected in the diversity of our client base, is of course focused on the most marginalised in the community and we have introduced many innovative programmes and activities to reach and support those who are vulnerable and/or socially disadvantaged. The Untold Stories: Cervical Cancer Screening, a series of audio-visual 'stories' based on real life experiences of everyday people, is a great example of the work we do with marginalised communities. Gathered from interviews with women from different cultural backgrounds in their first language, the first-hand accounts dispel some common misconceptions about cervical cancer screening and encourage all women to take care of their reproductive health through regular Pap tests.

2012-2013 also saw us commissioned by the Australian Government Department of Health and Ageing to undertake a comprehensive review of the reproductive and sexual health data in Australia. The object of the review was to describe the reproductive and sexual health of the

Australian community, determine areas where improved data collection would refine our understanding and assist in identifying areas of research, policy review, health care and promotion and education. The final report, Reproductive and Sexual Health in Australia, was submitted to the Australian Government in May 2013.

To understand the depth and breadth of our education and training work you need only to look at the numbers. This financial year, we provided 94 professional education courses to 1,415 course participants, while 11,946 people participated in 691 community education activities.

I am also pleased to announce that our International Programme in the Asia Pacific region, with funding from AusAID and private donors, reached 29,912 direct and indirect beneficiaries in Papua New Guinea, Timor Leste, Fiji and the Philippines.

It's been a year of great achievements and our work is showcased over the following pages. I would like to acknowledge the support of our Board, our Members and of course our staff who are passionate about their work and the role they play in providing reproductive and sexual health services to those who need it most.

Ann Brassil
 Chief Executive Officer
 BSc (psych) Hons MA (Hons) Clin Psych MBA

Staff profile

- Full time equivalent staff
- Total employees

2010-11
 97
 140

2011-12
 101
 144

2012-13
 101
 142



At a glance

“Very good service and felt very much at ease. I will highly recommend service.” Patient

During 2012-13, Family Planning NSW provided 27,956 clinical services to 14,764 clients.

ASHFIELD

14% increase in clinic visits from 10,606 to 12,051

15% clients from CALD background

44% clients born outside Australia

26% consultations with a nurse or doctor trainee

DUBBO

25% increase in clinic visits from 1,878 to 2,345

16% clients from an Aboriginal and Torres Strait Islander background

HUNTER

44% clients less than 25 years of age out of 6,903 clinic visits

21% consultations with a nurse or doctor trainee

FAIRFIELD

26% increase in clinic visits from 2,257 to 2,849

57% clients from CALD background

67% clients born outside Australia

PENRITH

24% increase in clinic visits from 3,243 to 4,025

60% clients less than 25 years of age



Our clinical services

Domestic violence is a crime that negatively impacts upon reproductive and sexual health, particularly as it may be linked to fertility control and sexual health issues.

Family Planning NSW provides reproductive and sexual health services targeted to communities including people from culturally and linguistically diverse and Aboriginal and Torres Strait Islander backgrounds, refugees, people with disability, young and older people, people from rural and remote communities and same-sex attracted people with 97% of our clients women.

Domestic Violence Screening

Domestic and family violence are crimes that disproportionately affect women and children with complex, adverse impacts upon their physical and mental health, social and economic security and financial stability.

Domestic violence can impact upon reproductive and sexual health, particularly as it may be linked to fertility and sexual health issues. Negative social attitudes that blame victims of domestic violence mean that disclosure can require a level of trust, such as the trust that can develop in a doctor-patient relationship. Routine screening for domestic violence provides a critical opportunity for disclosure of domestic violence, early identification and intervention, which is why we have implemented screening into all our clinics.

Domestic violence routine screening refers to systematically asking all new female clients (16 years and over) about whether they have experienced domestic violence and then providing a written resource to all clients screened regardless of a disclosure of domestic violence. Standard questions are asked with a clear protocol for intervention guided by the client response. The screening protocol also includes four questions which assess the safety and wellbeing of children. A clear referral pathway including a safety assessment, referral options and a process for follow up is documented and followed by clinicians.



Little Black Dress

In an Australian first, Family Planning NSW launched a safe sex awareness campaign for older Australians, telling over 40 year olds "Safe sex is an easier conversation to have with your clothes on."

Family Planning NSW's ground-breaking research, undertaken with the support of dating site RSVP in 2009, made international headlines when it revealed that women aged over 40 years are less likely to use condoms with new partners than their younger counterparts.

The Little Black Dress campaign attracted considerable media coverage, both in Australia and overseas, and the project was presented at the Australian Women's Health Conference in May 2013.

As a result of the research, a safe sex awareness campaign was launched in September 2012 to encourage women over 40 years of age to practice safe sex by using condoms. The Little Black Dress safe sex pack, a discrete business card size pack comprising a condom and lube, promoted the safe sex message.

A video was also disseminated through various online channels including YouTube and the RSVP website, and three articles by Family Planning NSW were uploaded onto the RSVP Over 50 and Fabulous website.

Unplanned pregnancies

Unplanned pregnancies happen to women of different ages from all backgrounds for many different reasons. While Family Planning NSW doesn't provide terminations at our clinics, an important part of our role is to offer women information on pregnancy options so they can make an informed choice that is right for them. Women can access information in both a clinical setting and through Family Planning NSW Talkline where they can discuss their situation with trained clinical professionals.



“You guys were pretty prompt, my email contained a range of links and info and the answer went above and beyond what I’d asked so I came away with more information than I’d expected.”

Family Planning NSW Talkline client

Family Planning Talkline 1300 658 886

Family Planning NSW Talkline is a free, confidential telephone information and referral service connecting our expertise with communities throughout NSW. Talkline staff offer expert advice on contraception, pregnancy options, STIs, menstruation, menopause, common gynaecological vaginal problems, cervical screening, breast awareness and men’s sexual health. We also offer an email option for clients to access information and referral advice.

Family Planning NSW Talkline answered 7,087 calls and 623 emails in 2012-2013 with 50 per cent of the calls relating to contraception. Support for callers was greatly improved by creating clear links between Family Planning NSW Talkline and our social worker.

A peer-led quality review of emails to Family Planning NSW Talkline was undertaken to assess competencies and ensure consistent, evidenced based practice. This was followed by the incorporation of a satisfaction

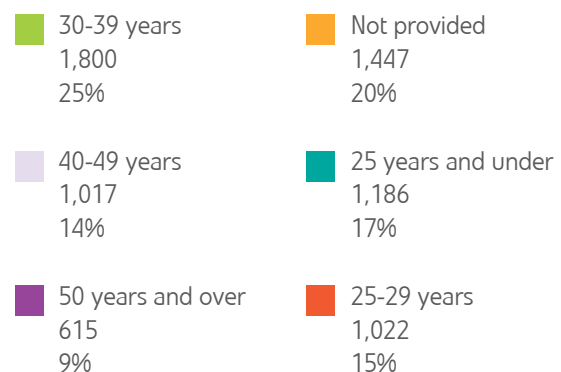
Emails to Family Planning NSW Talkline increased by 39 per cent during 2012-13 from the previous year, with a quarter of all emails being sent by people under 20 years of age.

survey into each response in which 93 per cent of those completing the survey expressed satisfaction with the service they received and 100 per cent indicated that the information provided increased their ability to manage the issue raised.

Reason for calling Family Planning NSW Talkline	No.	%
Contraception	3,794	50%
Pregnancy	1,234	16%
STI/HIV	421	6%



Family Planning NSW Talkline callers by age group



Gender	Ashfield	Dubbo	Fairfield	Hunter	Penrith	Total
Female	5,901	1,286	1,708	3,504	1,862	14,261
Male	163	27	11	182	116	499
Not reported	3	0	0	1	0	4
Total Clients	6,067	1,313	1,719	3,687	1,978	14,764

Main Service Provided	Ashfield	Dubbo	Fairfield	Hunter	Penrith	Total
Contraception	4,228	690	1,078	2,745	1,825	10,567
Gynaecological	4,636	1,117	1,201	2,494	1,070	10,518
Other	1,029	331	579	699	637	3,275
Pregnancy	472	201	151	298	224	1,346
STI	582	118	82	1,005	463	2,250
Total Visits	10,947	2,457	3,091	7,242	4,219	27,956

“WOW!! From the first appointment to the procedure the entire team has been fantastic. It’s hard to get any business especially healthcare to run well, but this clinic really works. The clinic staff are kind, approachable, caring and down to earth. I have had such a pleasant experience and really think the staff deserve huge recognition for the work they do, from reception through to nurses and doctors. Thank you”

Clinic client

Our clients

- 616 (4%) consultations were clients reporting a disability
- 27 per cent of clients were under 24 years
- 15 per cent of clients were aged 25 to 29 years
- 23 per cent of clients were aged between 30 to 39 years
- 18 per cent of clients were aged 40 to 49 years
- The number of young people was higher in Family Planning NSW Hunter (45%) and Family Planning NSW Penrith (48%) than in the other clinics
- 392 (3%) of clients attending our clinics were from an Aboriginal and Torres Strait Islander background, an increase from 350 in the previous year
- 15 per cent or 2,145 of clients use a language other than English at home; an increase from 1,950 in the previous year
- 4,674 (32%) of clients were born overseas, a 3% increase from the previous year with the greatest increase in clients born in Iraq and the Philippines
- 99% of clients surveyed were satisfied with the service they received



“Excellent service, thank you, you are doing a great job!”

Clinic client



Our work with Aboriginal and Torres Strait Islander people

In providing services and information to Aboriginal and Torres Strait Islander clients, their cultural beliefs continue to be a priority for us.

In 2012-2013 Family Planning NSW clinics saw 392 (3%) clients from an Aboriginal and Torres Strait Islander background.

Aboriginal Women's Advisory Group

The Aboriginal Women's Advisory Group in Dubbo was formed 10 years ago with a view to increasing our understanding of Aboriginal and Torres Strait Islander culture and our ability to address reproductive and sexual health concerns and issues in a culturally sensitive and appropriate manner.

As part of our work in Dubbo, the Strong Women, Strong Minds Clinic was funded by the POCHE Centre for Indigenous Health and operated for five months at the beginning of the 2012-13 financial year.

The Aboriginal Women's Advisory Group has been a great success, meeting every three months to discuss ideas and issues that address the reproductive and sexual health needs of the Aboriginal and Torres Strait Islander community.

Sexuality, Health and Facilitating Groups

Family Planning NSW was funded by stage two of the National Partnership Agreement to develop a new course Sexuality, Health and Facilitating Groups, which was delivered in Inverell, Coonamble, Grafton and Griffith.



Yarning About resources

Family Planning NSW launched Yarning About, a suite of resources developed for Aboriginal health workers and other clinical, education and welfare professionals working with Aboriginal and Torres Strait Islander young people.

The Yarning About resources provide easy to understand messages about contraception, safe sex and condom use, and STIs.

The Yarning About resources take a conversational approach, presenting five community members who share their concerns and their knowledge about reproductive and sexual health issues. The characters (Aunty Lee, Uncle Peter and young people Charles, Keewa and Janayah) were created by Aboriginal artist Ross Carnsew.



“The thing I liked most about this workshop was how interactive it was. Talking about sexuality to young people is shame at the best of times, but after the three days of training I feel more confident being able to do it.”

Course participant

Resources in the Aboriginal Contraception Collection

- Yarning About Contraception Options – A contraceptive kit that includes examples of different contraceptive methods, fact sheets and other written resources, Aboriginal safe sex packs, and a selection of reproductive and sexual health pamphlets including a pocket size “Yarning About STIs” card with information on practising safe sex, how STIs are transmitted and what is involved in a sexual health check-up
- Yarning About our Bodies – body flip chart; and
- Pocket-sized cards with information on practicing safe sex, how STIs are transmitted and contraceptive options.



“I don’t get the chance to attend a lot of training, but Sexuality, Health and Facilitating Groups has given me loads of information, resources and it was fun.”

Course participant



Our work with young people

We collaborate with youth services and other agencies to promote Family Planning NSW as a trusted provider of reproductive and sexual health information and clinical services for young people.

During 2012-2013, Family Planning NSW developed 13 health promotion resources, conducted 39 health promotion projects, and delivered 694 health promotion sessions attended by 12,282 participants, an increase of 93 per cent on the previous financial year.

New resources

We produced a range of new resources for young people including the updated contraceptive kit, designed for hands-on teaching and learning about contraception, with fact sheets and real examples of contraceptive methods.

The Contraceptive Guide, a free-standing, A4 chart containing 28 full colour pages of all contraceptive methods currently available in Australia was also developed as an educational tool along with the What suits me: Contraceptive Options for Guys and Girls, a resource on contraception for under 25 year olds written and designed in consultation with young people to deliver pertinent and valuable information on reproductive and sexual health issues.

What suits me: Contraceptive Options for Guys and Girls has been written and designed in consultation with young people to increase their understanding about the contraception options available



Condom Credit Card

The Condom Credit Card (CCC) is a youth specific project which combines education with condom dissemination. Designed as an early intervention and capacity building health promotion strategy, the CCC works through a partnership based approach to assist in increasing the use of condoms, reducing the stigma associated with accessing safe sex information and decreasing other barriers young people can experience when trying to access reproductive and sexual health services.

The CCC was developed to improve young people's sexual health and reduce unplanned pregnancies and STIs and to help health professionals and youth services communicate more effectively with their clients.

The first meeting with the young person involves a trained worker providing an overview of the CCC, including a condom demonstration, information about

consent, STIs and pregnancy and what to do if the condom breaks or they have unprotected sex. The young person receives a CCCard, which is the size of a credit card, with an allocation of six condoms and lube in a discreet bag. A record is kept of the card number, date of registration, the young person's age and gender.

The young person is able to access further condoms by presenting their CCCard to any CCC provider and standard data is collected. After ten visits the young person again meets with a trained worker to receive a new card and is offered a STI check.

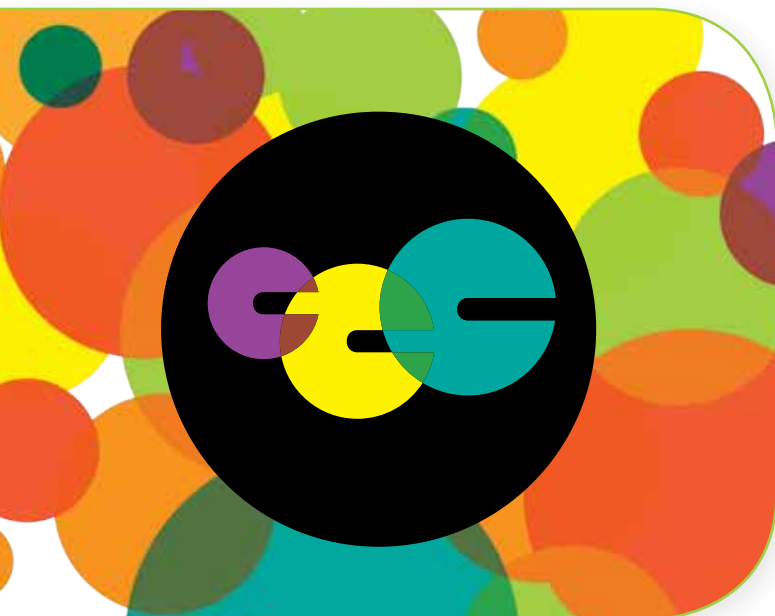
Since its commencement at Family Planning NSW Penrith in July 2008, the CCC has been an important strategy in engaging young people with over 3,500 active card holders.

Due to the success of the CCC in Penrith, Family Planning NSW commenced the roll-out of the scheme in the Hunter, Dubbo, Fairfield and Ashfield this financial year.

Family Planning NSW Talkline partnerships

Talkline established a partnership with the Australian Drug Foundation, through the Somazone website, developed by young people for young people. Somazone is a safe space for young people to ask questions, share stories and seek help for mental health issues, sexual health, relationships, abuse, body image and drug use.

The partnership has been successful in allowing Family Planning NSW Talkline to extend its reach to marginalised young people, with 62 per cent of questions raised on the Somazone site about reproductive and sexual health issues.



The Condom Credit Card (CCC)

The NSW Festivals Initiative

The NSW Festivals initiative is led by the NSW Sexually Transmissible Infections Programs Unit in partnership with Local Health District HIV/AIDS and Related Programs (HARP) Unit, Sexual Health Information Line and Family

The 2012-2013 festival season was the first year of a three year project to extend the message of the NSW Ministry of Health Get Tested Play Safe campaign.

Planning NSW to implement and promote sexual health messages to young people attending events across NSW.

Stereosonic Festival

The first event on the calendar was the Stereosonic Festival in November 2012, where 2,500 condoms and 1,600 wrist bands were distributed to some of the 60,000 festival attendees. Online reach for the festival was 370,000 people across Facebook, Twitter and e-subscribers.

Soundwave

Soundwave was held in February 2013. Ten thousand condoms and 2,500 wrist bands were handed out to some of the 75,000 festival attendees. Online reach for this festival was 595,072 people across Facebook, Twitter and e-subscribers.

The Festivals Initiative continues to be an important way to access and communicate with young people.

NSW Youth Week

In April, Family Planning NSW participated in NSW Youth Week in partnership with the NSW Ministry

of Health, NSW STI Programs Unit, Y Foundations, Healthy Cities Illawarra and the state Youth Advisory Council. A sexual health forum was hosted at NSW Parliament House to address the rise in STIs. The Hon. Victor Dominello, NSW Minister for Citizenship and Communities and Minister for Aboriginal Affairs launched Youth Week 2013 at the forum.

Eighty six young people from across NSW who represented their Local Government Areas (LGAs), provided a platform to share experiences, opinions and ideas on sexual health issues affecting young people in their local communities. The young people were also invited to direct questions to a panel of experts including Dr Deborah Bateson, Medical Director Family Planning NSW.

During Youth Week, Family Planning NSW participated



Family Planning NSW took part in the sexual health forum hosted at NSW Parliament House to address the rise in STIs.



The Pee for Chlamydia Awareness Campaign in Dubbo



Men's Health Week stall: oranges in the condom activity.

in Triple J's One Night Stand 2013, and The Pee for Chlamydia Awareness Campaign in Dubbo, the Unleashed Festival in Penrith and NRG Festival in North Richmond.

Men's Health Week 2013

It is often hard to engage men and boys in mainstream health services, with research showing that males can be indifferent toward their health compared to women, who proactively address their health issues.

With this in mind, Family Planning NSW participated in 'Health Night' for local youth in the Penrith area that combined Men's Health Week, Drug Action Week and World No Tobacco Day.

Held at 'The Mondo' (an outdoor area between Penrith Westfield and The Joan Sutherland Performing Arts Centre), the event saw more than 150 young people access information stalls run by Family Planning NSW, the NSW Ministry of Health (Nepean Blue Mountains LHD Drug and Alcohol and Sexual Health Units, and the Tobacco unit from Nepean Hospital), headspace and Nepean Community and Neighbourhood Service.

Around 100 safe sex packs were disseminated as well as show bags containing participating health services information specifically related to young men's health services and referral information in the Nepean LGA.

To complement this event, 20 local gyms in the Penrith and Hawkesbury LGAs were provided with Family Planning NSW STI posters to display at their centre encouraging STI testing in young men.

The partnership with headspace allows people aged 12-25 years access to reproductive and sexual health services through the Headspace referral pathways.

Hawkesbury Youth Outreach Bus

Family Planning NSW worked in partnership with Hawkesbury Community Outreach Services (HCOS) on the Youth Outreach Bus project. The project aimed to provide reproductive and sexual health information and resources to young men and women of the LGA who experience difficulties accessing mainstream health services.

Family Planning NSW staff delivered reproductive and sexual health community education. The project also promoted Family Planning NSW Penrith's clinical services, Family Planning NSW Talkline and the CCC project which gives young people access to free condoms and STI information.

The Youth Outreach Bus project targeted vulnerable and hard to reach groups of young people who have not previously accessed reproductive and sexual health services.

Two hundred and seven young people participated, with 63 (30%) of these young people signing up to the CCC project (29 males and 34 females).

Headspace Penrith partnership

Headspace is a National Youth Mental Health Foundation initiative which is supported by a consortium of health industry members led by Uniting Care Mental Health. In 2012, Family Planning NSW entered into a partnership with headspace at Penrith, Mt DrUITt and Parramatta to provide clinical services within the headspace Penrith framework. The partnership assists people aged 12-25 years to access reproductive and sexual health services.





Our work with same-sex attracted people

Feedback from audiences indicates that the Same Difference programme:

Confronts stereotypes – ‘She didn’t look like a lesbian’, ‘I thought all gays chose to be gay, it was a lifestyle thing’

Puts a human face to the issue – ‘I didn’t realise gays got such a hard time’, ‘How did you cope with all the verbal abuse?’

Encourages empathy – ‘How did you feel when you had to leave your school and home and start again?’, ‘How did you feel when your dad didn’t talk to you for two years?’

Provides a safe space for participants to ask questions they wouldn’t normally get to ask – ‘Do you feel sad or ashamed that you are gay?’, ‘How do lesbians have children?’

Family Planning NSW is committed to supporting the rights of all people to have access to high quality reproductive and sexual health services and information.

Our emphasis is on providing a positive and respectful approach to sexuality to ensure that all people can enjoy safe relationships free from violence and discrimination.

Proud Schools Pilot

Family Planning NSW was involved with the Proud Schools Steering Committee in 2010 and coordinated a consultation with schools which informed the Proud Schools Pilot.

The Department of Education and Communities released an Expression of Interest in 2012 for organisations to lead the development of the Proud Schools Pilot with 12 participating schools from Sydney and the Hunter region. Family Planning NSW and Twenty10 developed a successful joint submission to lead the Proud Schools Pilot, with funding from the Department of Education and Communities and a co-contribution from Family Planning NSW.

The aim of the pilot was to develop a whole school approach to assist high schools to:

- address homophobia, transphobia and heterosexism; and
- provide a safe and supportive environment for same-sex attracted and gender diverse students.

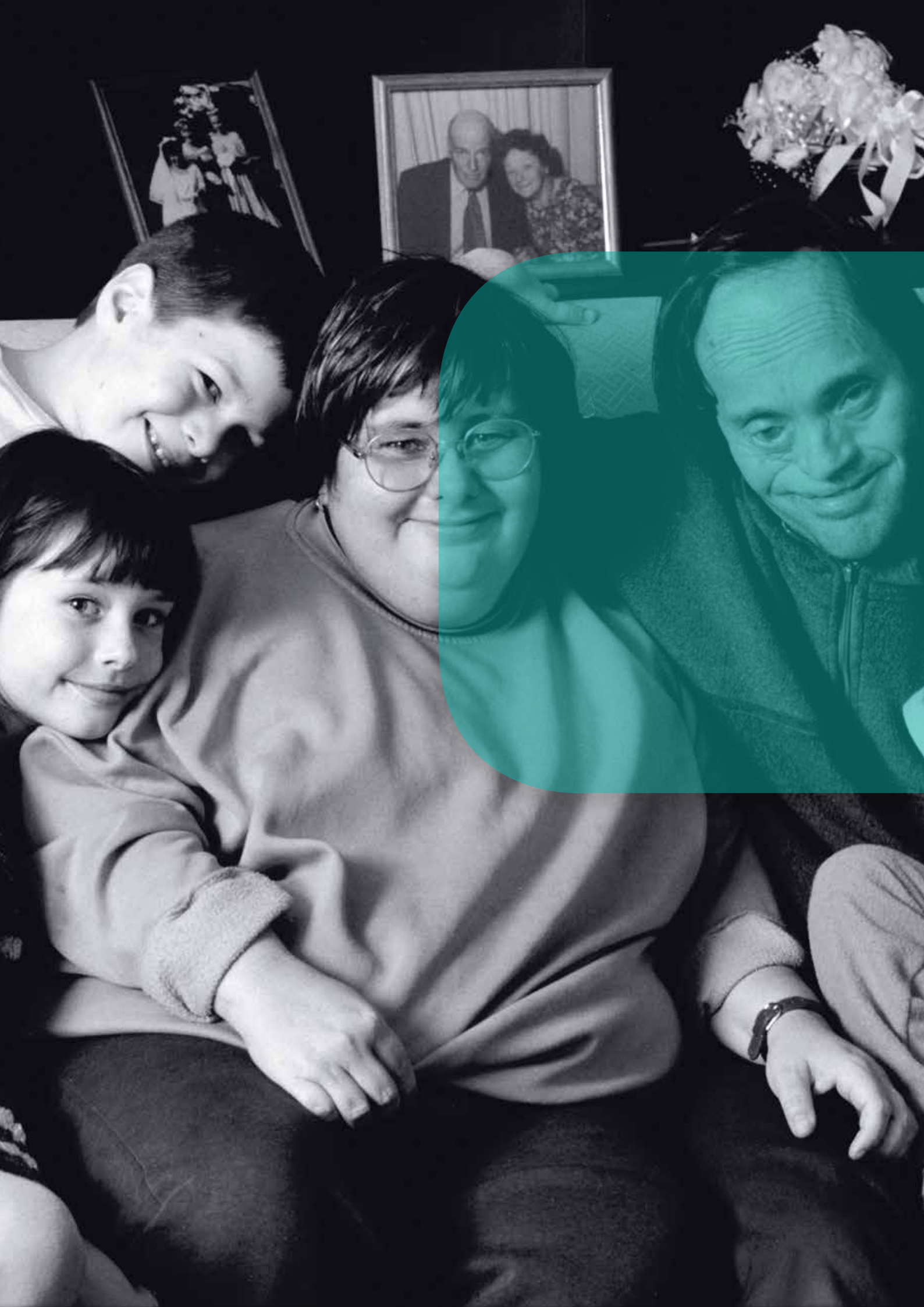
Family Planning NSW and Twenty10 supported the 12 schools to develop a Proud Schools’ plan and policy framework, deliver staff training, engage with students and families, and develop resources.

Same Difference

The Same Difference programme aims to reduce homophobia in schools through interactive education sessions with young people that explore issues relating to discrimination and homophobia while developing a safe and supportive environment for same-sex attracted young people.

An important component of the programme is the personal story of a young same-sex attracted speaker, which allows participants to reflect on others’ lived experience of being same-sex attracted.

Five sessions of the Same Difference programme were conducted in schools, reaching 275 young people. The programme also trained seven new speakers as presenters.



Our work with people with disability

Family Planning NSW recognises that people with disability often face barriers accessing information and services.

We are committed to promoting and protecting the reproductive and sexual health rights of people with disability and we advocate for people with disability to have equity of access to reproductive and sexual health services.

We provide education and training for disability workers, family members and carers, teachers and clinicians, and we produce innovative and easy to read resources to support our education activities.

Sexuality and Relationships Forums

Family Planning NSW continues to receive requests to provide information and education to parents and carers of people with intellectual disability on sexuality and relationships. In the 12 month period, 128 parents and carers attended community education sessions with Sexuality and Relationship Forums held at:

- Sir Eric Woodward School for Specific Purposes (SSP) and Distance Education Unit, St Ives (14 participants)
- Carenne SSP, Bathurst (12 participants)
- Clarke Road SSP, Hornsby (12 participants)
- Vietnamese Parents Group, Bonnyrigg (22 participants)
- Parent Forum, Lismore (10 participants)
- Parent Forum, Ashfield (58 participants)

The parent forum held in Ashfield, attended by a record 58 participants, built on the strengths and lessons from previous forums. The format was changed to include parents and carers of people with disability of all ages moving away from the previous focus on puberty.

Touching Base collaboration

Touching Base Inc is a charitable institution which assists people with disability and sex workers to connect with each other. The organisation focuses on access, discrimination, human rights and legal issues and the attitudinal barriers that these two marginalised communities can experience.

In 2012-2013 Family Planning NSW and Touching Base conducted a workshop at the Family Planning NSW conference titled 'Sex Workers Raising the Bar: advocating for the sexual rights of people with disability'; delivered a workshop at the Australasian Society for Intellectual Disability conference in New Zealand; and delivered one day workshops for disability workers to support people with disability to access the sex industry in Tasmania (3), Sydney (2), and the Hunter region (1).

Touching Base also delivered a workshop at the Family Planning NSW Sexuality and Relationships Forum titled 'Sex Services for People with Disability' with ten parents of children with intellectual disability attending the workshop.



Our work with people from culturally and linguistically diverse backgrounds

We work with multicultural and refugee health services to ensure women and men from non-English speaking backgrounds have access to reproductive and sexual health information and services.

Family Planning NSW is dedicated to improving the reproductive and sexual health of culturally and linguistically diverse (CALD) communities through culturally appropriate clinical services, health promotion, education and training, research and advocacy.

In 2012-13, 4,674 of clients visiting our clinics were born overseas, a three per cent increase on the previous financial year. The greatest increase in clients from CALD backgrounds came from people born in Iraq and the Philippines.

Untold Stories

Untold Stories: Cervical Cancer Screening is a series of audio-visual 'stories' based on real life experiences of everyday people.

Gathered from interviews with women from different cultural backgrounds, the digital storytelling project features five women sharing their experiences of cervical cancer screening in their first language and in English. Spoken in Vietnamese, Arabic, Chinese, French and Nepalese, the first-hand accounts dispel some common misconceptions about cervical cancer screening and encourage all women to take care of their reproductive health through regular Pap tests.

While Untold Stories was created for all women, it was developed specifically for women from culturally and linguistically diverse backgrounds where the impact of cultural beliefs on reproductive and sexual health can play an important role.

Untold Stories was launched at the Auburn City Council's International Women's Day community celebration in March 2013 by the Hon. Barbara Perry MP, Member for Auburn and Shadow Minister for Ageing, Disability Services, Mental Health and Heritage.



Untold Stories: A first hand account of cervical cancer screening



Untold Stories was launched at the Auburn City Council's International Women's Day community celebration

The stories can be seen at <http://www.fpnsw.org.au/untoldstories> and on Youtube. The stories were viewed almost 700 times during the first three months of their release and there is currently work underway to add more languages to the series.

Funding for this innovative resource was from Sydney LHD and South Western Sydney LHD.

Bankstown Intensive English Centre (IEC)

The Bankstown IEC programme was a pilot aimed at addressing the reproductive and sexual health needs of students attending IECs in the Sydney metropolitan area.

Family Planning NSW worked with Bankstown IEC to develop a comprehensive reproductive and sexual health education programme which was responsive to student needs.

The programme addressed the reproductive and sexual health needs of the students in the context of healthy relationships such as consent, communication, respect, negotiation and decision making.

The programme was delivered and evaluated twice at Bankstown IEC. Evaluations demonstrated that for students who are negotiating a new language and culture, the presentation of information in a conversational style and over a number of sessions is necessary and effective in assisting learning.

Menarche project

Family Planning NSW undertook a project to explore the role mothers from selected cultural groups in the Fairfield and Liverpool area play in supporting their daughters through menarche, as well as the influence of culture on experiences of menarche.

The project sought to identify concerns mothers may have and how service providers could address these concerns. The qualitative approach selected to investigate these questions was designed to develop an understanding of issues within and among the participating cultural groups rather than a generalised approach.

The study focused on mothers of girls and not the girls themselves.

Family Planning NSW invited representatives from four agencies in the Fairfield and Liverpool area to guide the development and implementation of the project. The team consisted of representatives from the NSW Refugee Health Service, South Western Sydney LHD Women's Health Unit, Fairfield Multicultural Health Service, and Fairfield Liverpool Youth Health Team (FLYHT).

Women in the Fairfield and Liverpool area who are mothers or carers of young girls were recruited to take part in focus group discussions. Five focus groups took place with women from different cultural backgrounds including Mandaean (17); Vietnamese (11), Iraqi Muslim (8), Iranian and Afghani (7) and Cambodian (6). Semi-structured interviews were also conducted with key informants from the different communities.

Joint education sessions with BreastScreen NSW

We have continued our relationship with BreastScreen NSW in South Western Sydney where we run joint information sessions for local women.

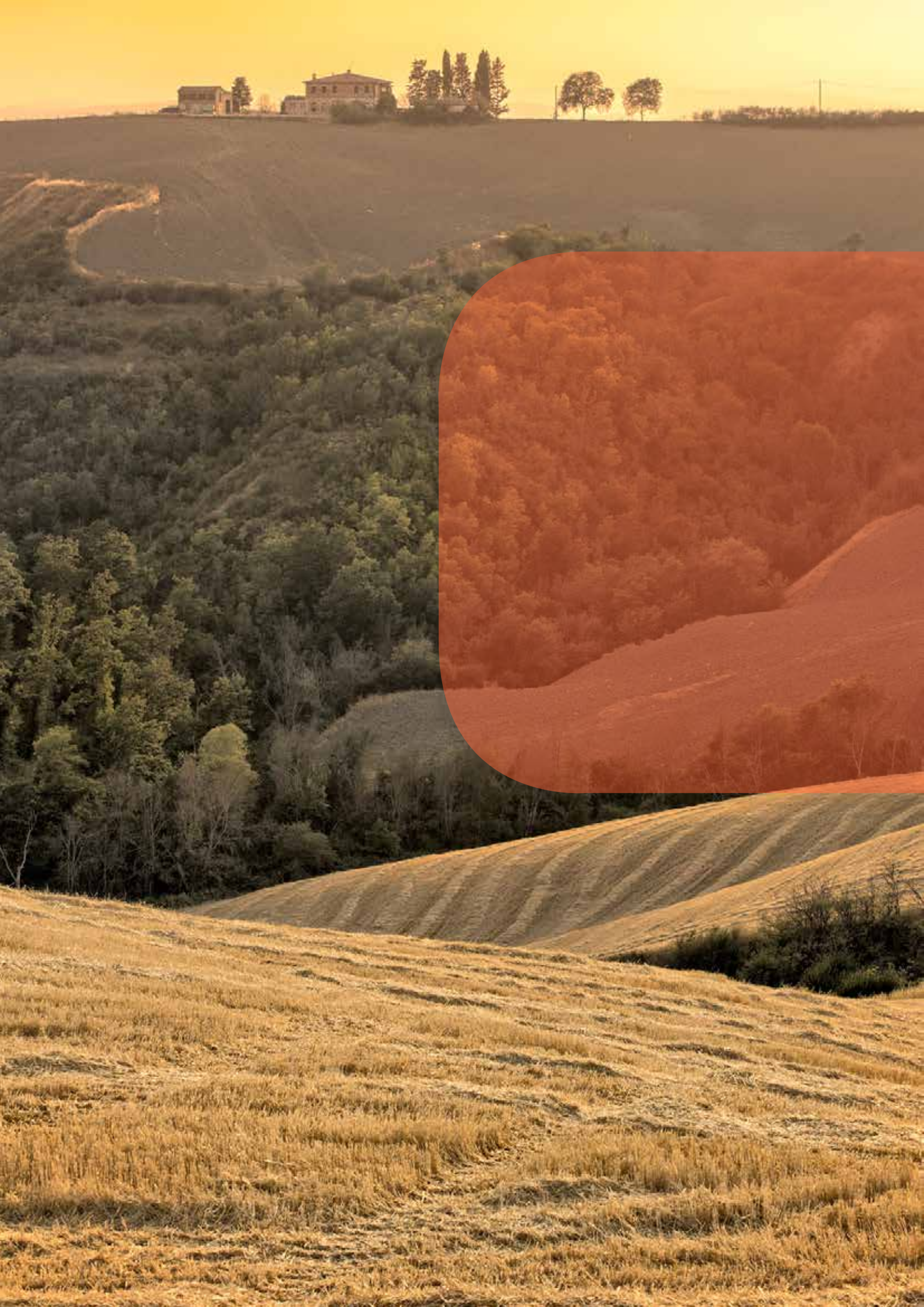
The BreastScreen NSW van was in Fairfield for the month of April. Ten women from four cultural backgrounds were booked in, but surprisingly 19 women attended. The language groups included Farsi, Burmese, Ukrainian, Khmer, Vietnamese and Chinese.

Six women expressed an interest in attending the clinic for a Pap test, while eight expressed an interest in attending the BreastScreen NSW van for a mammogram.

TOP FIVE LANGUAGES

1. Mandarin
2. Arabic
3. Spanish
4. Cantonese
5. Vietnamese





Our work with people in rural and remote areas

We always make it a priority to deliver innovative health promotion projects to people who live in rural and remote areas where access to reproductive and sexual health services and information is difficult.

Family Planning NSW is committed to serving rural and remote communities where there is limited access to reproductive and sexual health information and services. In the 2012-2013 financial year 2,623 clients accessed our services from regional and remote areas.

Triple j One Night Stand

The Triple J event, One Night Stand, was held in Dubbo with Family Planning NSW Dubbo partnering with Dubbo Sexual Health and the Dubbo Community Drug Action Team to hold a stall which reached 119 people.

Pee for Three Chlamydia Awareness

The Pee for Three Chlamydia Awareness campaign was developed by Family Planning NSW Dubbo in partnership with Dubbo Sexual Health, the Dubbo City Council and the Dubbo Youth Council.

The campaign was launched during Youth Week to raise awareness about Chlamydia, which is particularly prevalent in under 25 year olds, and to encourage STI testing among young people in the area.

To support the Youth Week campaign and encourage young people to get tested, the Dubbo City Council Youth Development Office provided a \$300 prize and three \$100 prizes. The campaign made getting tested easy. Participants could access a testing kit at one of the collection and drop-off points, provide a urine sample and sign a consent form to be tested. The campaign was promoted at selected Dubbo Youth Week activities including Cinema Under the Stars, Youth Homelessness Matters and Youth Week trivia night. Education sessions about STIs were provided for students at Dubbo College Senior Campus and the Fitzroy Street TAFE campus. Family Planning NSW and Dubbo Sexual Health also held a youth drop-in clinic for young people to speak to a clinician one-on-one.



Education & training

Our education and training activities meet industry standards and are endorsed and accredited by a range of bodies.

Family Planning NSW continues to deliver best practice education and training in reproductive and sexual health for doctors, nurses, teachers and other health, education and welfare professional.

Our education and training activities meet industry standards and are endorsed and accredited by a range of bodies including the Australian Skills Quality Authority, the Royal Australasian College of General Practitioners, The Australian College of Nursing and the NSW Institute of Teachers.

During 2012-2013 we conducted 94 professional education courses which were attended by 1,415 participants; an increase of 22 per cent over the previous financial year, while 579 service provider participants attended 48 Family Planning NSW professional education activities.

Annual Conference

“Raising the Bar” was the theme of our annual conference in August in Sydney. The conference opened with a keynote address, From Global to Local: Reproductive & Sexual Health in 2012 by Dr Gill Greer, Former Director General of International Planned Parenthood Federation.

The programme showcased best practice in reproductive and sexual health care and featured a lively panel



Number of doctors and nurses who attended clinical training practicum and total number of hours spent in clinical training

	2012-13 Trainees	2012-13 Hours
Doctors trained	133	2,373
Nurses trained (including externally trained)	145	2,763
TOTAL	278	5,136

Number by profession who completed Family Planning courses

Profession of course participants	2012-13 Total
Allied health workers	46
CALD workers	1
Disability workers	239
Indigenous workers	24
In-service teachers	162
Medical practitioners	474
Medical students	3
Nurses	333
Nursing students	2
Other	109
Youth workers	5
Other students	11
Not provided	6
TOTAL	1,415



Course participants by type of course

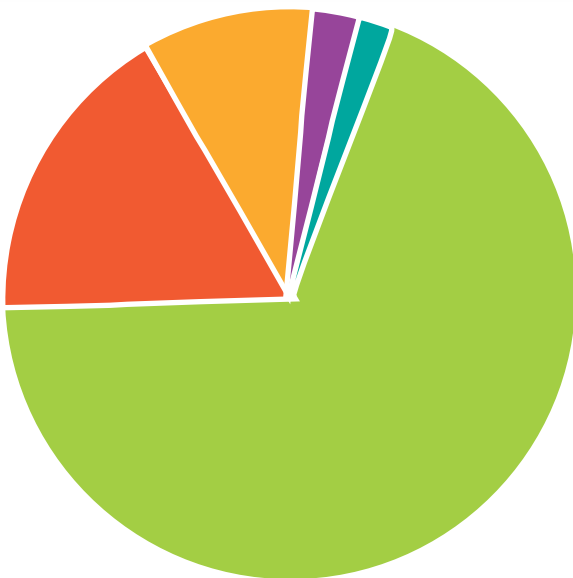
- Family Planning NSW Conference, 211, 15%
- Professional Education, 579, 41%
- Medical Education, 377, 27%
- Nursing Education, 248, 17%

discussion - Sex Workers Raising the Bar: Advocating for the Sexual Rights of People with a Disability. More than 200 professionals attended presentations by experts in reproductive and sexual health, and participated in interactive concurrent sessions and panel discussions.

General Practitioner refresher day

Twenty general practitioners attended our refresher day held for the first time in November 2012. The aim of the course was to update doctors' clinical knowledge in reproductive and sexual health. They also had the

According to 94 per cent of the GPs in attendance the course was "entirely relevant to their practice" and all of the participants felt that it met their learning objectives.



Professional education participants by topic

■ Youth sexual health, 136, 3%	■ Skills training, 480, 11%
■ Men's sexual health, 1, 0%	■ Family Planning NSW services, 149, 4%
■ Women's sexual health, 2,835, 67%	■ Sexuality, 615, 15%

opportunity to discuss their cases with experienced Family Planning NSW clinicians

Sexually Transmitted Infections Research Centre (STIRC) eLearning Masters Course

The STIRC eLearning Masters Course is a SEXH5405 elective unit of study, within the Masters of HIV, STIs and Sexual Health at the University of Sydney.

The course is targeted at doctors, nurses, public health practitioners and allied health professionals with an interest in women's health, who have a basic understanding of human biology. The unit was developed in 2012 by Family Planning NSW in partnership with STIRC, part of the Sydney Medical School at the University of Sydney.

The course is a blend of on-line and face-to-face learning delivered through the University of Sydney Blackboard portal, followed by three days of intensive sessions at Family Planning NSW. The course was successfully delivered for the first time in Semester two and received excellent feedback from the students and our partners at STIRC (now Western Sydney Sexual Health Centre, Sydney Medical School and Western Sydney LHD).

Impact evaluation of IUD training

Thirty eight GPs were trained in IUD insertions across Family Planning NSW clinics, and through partnerships with Community Women's Health Centres. An IUD training evaluation study, to assess the impact of the training on clinical practice, has commenced and is due to be completed early in 2014.

The IUD case study evening held in August had record attendance levels with 26 doctors taking part. Funding has been secured to make a video recording of the session available online for IUD Inserters based in rural and regional areas.

2012-2013 saw the introduction of the Family Planning NSW Nurse IUD removal policy, procedure and competency. Sixteen nurses from our clinics completed the competency.

2012 Nurse Education Day

The annual Family Planning NSW Nurse Education Day, held in October 2012 at Fort Scratchley, Newcastle was a great success, attended by 85 nurses and midwives.

The topics presented ranged from pregnancy termination, domestic violence screening, evidence based clinical practice for pelvic and breast checks to recent advances in prevention and treatment for gynaecological cancers.

Midwives conference

Our Nurse Education Coordinator was invited to speak at the annual midwives conference at Homebush, Sydney. The presentation on contraception for the post-natal client, focused on both non-hormonal and progesterone only contraception and provided information on the educational resources available at Family Planning NSW. The session was well received by an audience of approximately 180 midwives.

National Sexual and Reproductive Health Conference

At the inaugural National Sexual and Reproductive Health Conference in Melbourne in November 2012, our Nurse Education Coordinator presented "IUD Insertion by Family Planning NSW Nurses", a presentation on the project implementation training of four nurses in IUD insertion at Family Planning NSW.

Coral Lloyd trophy

Fiona Kemeny, our Nurse Education Coordinator, was presented with the Coral Lloyd Memorial Trophy 2012, for nursing excellence. The national award recognises nurses who make a significant commitment to family planning in Australia.

Cervical cancer screening training

Family Planning NSW has been the sole provider of capacity building and training to GPs and nurses to build their confidence and skills in taking Pap tests. With funding from the Cancer Institute NSW, 83 nurses

completed the Well Women's Screening Course and 103 doctors completed the Cervical Screening Upskilling for GPs. Courses were delivered in Ashfield, Blacktown, Liverpool, Newcastle, Moree, Griffith and Port Macquarie.

Certificate IV in Training and Assessment

Certificate IV in Training and Assessment is an industry standard accepted by employers as an indicator of the professional skills of trainers and assessors. With 10 units of competency, separated into three modules, the programme develops participants' training and assessment skills and provides information on alternative learning and development. During 2012-2013, Certificate IV in Training and Assessment was delivered three times with 18 participants attending.

Teaching teachers

Family Planning NSW is committed to building the capacity of primary and secondary school teachers to deliver age appropriate information on reproductive and sexual health to their students. Training was delivered in Ashfield, Penrith, Coffs Harbour, Newcastle and Port Macquarie with 136 teachers attending.

Beyond the Birds and Bees is the only workshop in NSW that delivers age appropriate information on reproductive and sexual health to primary school educators. The course was launched in 2012 and delivered eight times across NSW with 63 teachers participating.

Beyond the Nuts and Bolts is a course for PDHPE teachers, youth workers and allied health workers working with

"A great professional learning experience for teachers to help clarify the boundaries of sexual health education – showcase of websites was very useful!"

Beyond the Birds and Bees participant

“I feel excited about new resources and strategies and much more confident with answering tricky questions.”

Beyond the Birds and Bees participant

secondary school students. The workshop examines the values and attitudes that underpin reproductive and sexual health education and provides practical teaching strategies to empower young people to make informed decisions and understand the consequences and impact of their decisions on their reproductive and sexual health. Beyond the Nuts and Bolts was delivered seven times across NSW with 73 participants attending.

“I had one of the best lessons I’ve ever had in my 20 years of PDHPE teaching with my year 10 girls today. We did the putting on a male condom and followed with alcohol, sex and consent. I was so filled with confidence and inspiration from the workshop. The girls were magnificent and really responded well to the activity. They were great with the consent aspect of it. I think they really got something out of it.”

Beyond the Nuts and Bolts participant

Innovative resources

A contraceptive lesson plan along with a contraceptive guide was developed to accompany the popular

contraceptive kit and What Suits Me pamphlet. The resources provide clear strategies to educate young people to make informed decisions about contraceptives.

Social media

We currently have 125 Twitter followers. To date, Twitter has specifically targeted teachers and we have tweeted about upcoming courses, new resources and media articles of interest to the teaching profession.

Disability training

Family Planning NSW provides education and training for teachers, disability workers and clinicians about sexuality for people with an intellectual disability. We understand the importance of capacity building and equipping people with skills and knowledge to support people with disability and during 2012-2013, 23 disability sessions were held in Sydney, Newcastle, Lismore, Bathurst and Tasmania with 380 participants.

This year we piloted Sexual Health Education for Life, a new course for primary and secondary teachers who deliver sexual health and relationships education to students with intellectual disability. Sexual Health Education for Life provides teachers with strategies for developing students’ self-esteem, relationship skills, and safety. The course was developed in consultation with the NSW Department of Education and Communities and is aligned with the Life Skills module of the NSW PDHPE syllabus.

Issues in Sexuality and Disability remains a foundation disability course designed to provide participants with knowledge to effectively support people with intellectual disability in the area of sexuality, relationships and sexual health issues. 87 participants completed the course in 2012-2013.

Family Planning NSW also works with disability service providers to build organisational capacity to provide appropriate support to their clients. In 2013, House with No Steps made a large commitment to sexuality training for their staff with Family Planning NSW providing six days of training with Issues in Sexuality and Disability and Programme Planning.



family planning nsw

Reproductive & Sexual Health

reproductive and sexual health

for every body in every life

Family Planning NSW is the
reproductive and sexual health

We are experts on:

- contraception including
- pregnancy options
- pregnancy tests
- sexually transmissible infections
- puberty
- period problems
- menopause
- common gynaecological conditions
- cervical screening (Pap smears)
- breast awareness
- men's sexual health
- sexuality and sexual function
- post natal checks
- fertility

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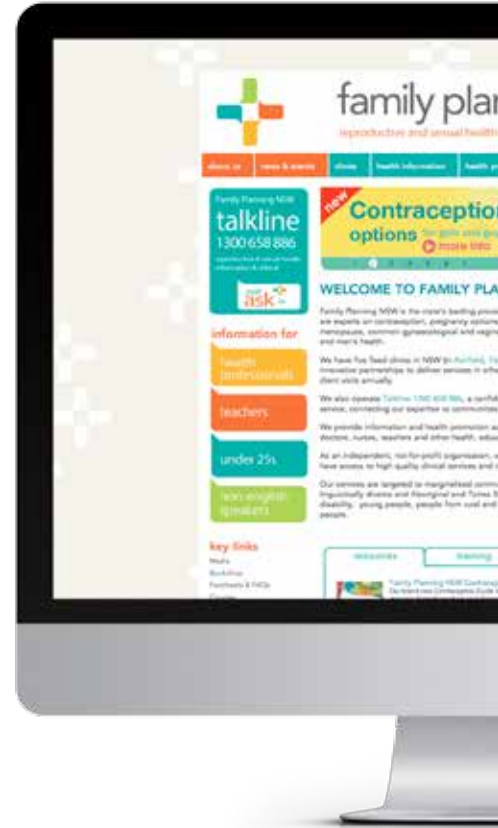
Advocacy and partnerships

We are recognised as an expert commentator and opinion leader in reproductive and sexual health.

Our evidence-based practice at Family Planning NSW allows us to guide government and other decision making bodies on best practice reproductive and sexual health service delivery. We are also recognised as an expert commentator and opinion leader in reproductive and sexual health.

In 2012-2013, we participated in 15 government strategic reviews or policy development projects. We worked with the NSW and Federal Governments on key issues including primary health care, women's health, the health of Aboriginal and Torres Strait Islander people, child protection and the development of the national curriculum for Personal Development, Health and Physical Education (PDHPE). We were also a key member of the NSW Health NGO Taskforce which was requested by the NSW Minister for Health and Medical Research to report on the reform of the NGO health sector in NSW.

With the introduction of the National Disability Insurance Scheme (NDIS), we advocated for the reproductive and sexual health rights and wellbeing of people with disability to be included in the rollout of the scheme at a national and state level. We gave evidence to the senate inquiry into the forced or coerced sterilisation of people with disability and were invited to the national round table on female genital mutilation (FGM), where we secured recognition of the role of doctors in providing a safe environment for women who have experienced FGM.



We distributed 22 newsletters to our target audiences including the disability sector, clinicians, primary and secondary teachers, and key stakeholders.

Newsletter target group	No. of issues
Disability	4
Clinical	5
Secondary School	2
Primary School	1
Corporate	3
Annual report	1
Annual conferences	6

Our media coverage on a range of important reproductive and sexual health issues appeared 1,535 times in news outlets.

Media responses by type of media	
Online/print	1454
Radio	65
Television	16
Total	1535



Family Planning NSW website

With the launch of a new brand and a focus on new media and updated awareness raising material, we increased our website hits by 107 per cent to 310,169 visitors with a 130 per cent jump in unique visitors to 235,384. Of those people visiting www.fpnsw.org.au 25.6 per cent were returning visitors with 74.4 per cent new visitors. Our online bookshop received more than 1,400 orders for reproductive and sexual health resources and publications, including our updated contraceptive kit for schools, our contraceptive guide and our new suite of Aboriginal and Torres Strait Islander resources.

We increased our website hits by 107 per cent to 310,169 visitors



Research and innovation

We strive for excellence in research and in the evaluation of our reproductive and sexual health services.

We strive for excellence in research and in the evaluation of our reproductive and sexual health services. Our work continues to be grounded in strategic collaborations and formal project management and our evidence-based approach is applied to all stages of our work, from assessment of need to project evaluation.

An evidence-based approach

The Australian Government's Department of Health and Ageing commissioned Family Planning NSW to undertake a comprehensive review of the reproductive and sexual health data available in Australia in order to describe the health of the Australian community, determine areas where improved data collection would refine our understanding and assist in the identification of areas of research, policy review, health care, health promotion and education to address unmet needs. The final report, *Reproductive and Sexual Health in Australia*, was submitted to the Department of Health and Ageing in May 2013.

Data collection

Family Planning NSW continued to strengthen data systems to ensure accurate information is available for service planning, identifying emerging issues and contract reporting.

Research projects by funding source

Family Planning NSW funded (including grants and projects)	8
Part funded by Family Planning NSW	3
Partnerships with universities or other organisations	7
Funded by pharmaceutical companies	5
Total	23

Clinical research

A clinical study, which included a head to head comparison between a sub-dermal long-acting progestogen-only contraceptive and an intrauterine IUD Long Acting Reversible Contraceptive (LARC), was successfully completed as well as a three year study of a new low dose intrauterine LARC particularly suited to young nulliparous women. The former has provided important information on continuation rates, bleeding patterns and satisfaction, which gives women evidence on which to base their choice of contraceptive method.

Research was undertaken into erratic bleeding associated with women attempting to avoid menstrual bleeding by using the contraceptive pill continuously. We completed a comparison of continuous use of the Pill and the vaginal ring which provided evidence on bleeding patterns with continuous use of these methods and how best to manage the erratic bleeding.

An online survey of 2,575 women in NSW about their experiences of menstrual bleeding has also provided information about how menstruation affects women's lives. Seventy women measured their actual blood loss and this was correlated with their survey answers. The data so far indicates that pelvic pain rather than the volume of blood loss, even in excessively heavy bleeders, causes the most distress.

Our interest in menstruation led to a study about the acceptability of the use of a menstrual cup instead of regular sanitary protection, which from a cost and environmental perspective, is proving popular. We are also in the process of conducting two investigator initiated studies, looking at new treatments for women with bleeding problems while using the long-acting progestogen-only subdermal implant and looking at a new treatment for excessively heavy menstrual bleeding.

To increase the uptake of long-acting contraception such as IUDs, there is an urgent need for more health professionals to be trained to insert IUDs.

Evaluation

To increase the uptake of long-acting contraception such as intrauterine contraceptive devices (IUDs), more health professionals need to be trained to insert IUDs. In 2012-2013, four Family Planning NSW registered nurses attended IUD insertion training. The evaluation showed that when well trained and supported by doctors, nurses make successful IUD inserters. The role of mentor for both doctors and nurses was found to have a positive impact for those clinicians. The impact evaluation of Family Planning NSW IUD insertion training of general practitioners (GPs) is currently underway.

The evaluation of the What Suits Me, Contraceptive Options for Girls and Guys resource for young people was also completed. Feedback obtained by young people who completed the survey after viewing the previous version of the booklet and the new resource showed greater support for the new youth-focused booklet.

Collaboration

We continue to participate in a number of collaborative studies under grants from the Australian Research Council (ARC), including:

- Exploring fertility issues with cancer sufferers and their partners, with the University of Western Sydney, The Breast Cancer Foundation and the Cancer Council of NSW
- A longitudinal study of young women's choice and use of contraception, with the Universities of Queensland and Newcastle
- Contraception understanding and experience, with the University of New South Wales and Sydney University
- The sexual health of migrant women from culturally and linguistically diverse groups- an international comparison, with the University of Western Sydney

Family Planning NSW Ethics Committee

The Family Planning NSW Ethics Committee provides an independent review mechanism for all research proposals. The committee is a Human Research Ethics Committee registered with the National Health and Medical Research Council (NHMRC) and guided by rigorous standards, including those articulated in the National



Statement on Ethical Conduct in Human Research (2007).

In 2012-2013, the committee convened eight times and approved six research proposals. Of these new studies, two were external research proposals, three internal clinical trials and one an evaluation of the Aboriginal Sexuality and Health and Facilitating Groups professional education training.

Quality management

We want to hear what our clients think about our services. In addition to our Satisfaction Surveys, 'Have Your Say' forms are available in clinic waiting rooms and on our website. Those participating in our training and education courses and health promotion activities are encouraged to provide feedback on the quality of our services and Family Planning NSW Talkline incorporates a feedback form in each response emailed to clients. Extending clinic hours is one example of responding to feedback from clients.

Family Planning NSW has adopted the following strategies

Our clients report a high degree of satisfaction with the services we offer but we are always looking for improvement.

to review and maintain the quality of our services:

- An incident reporting system designed to inform the Chief Executive Officer within 24 hours;
- Qualified staff with the skills and knowledge to oversee the management of electronic records
- Review of information technology systems to assess infrastructure, improve the integration of systems, assess the training needs of staff and plan future enhancements
- Realignment of education activities aimed at consolidating educational streams into one coherent service; and
- Engagement of health promotion staff in research ethics and risk assessment to introduce a greater degree of rigour into our project development.

The Family Planning NSW website has been evaluated by Healthdirect Australia, an organisation which procures and manages health information telephone lines, online health information, directories and gateways on behalf of the governments of Australia. As a trusted partner, resources developed by Family Planning NSW are available through the Healthinsite website to anyone searching for reliable, up-to-date health care information. The Healthinsite website is a non-commercial, government-funded health information service, operated by Healthdirect Australia to improve the wellbeing of all Australians.



International Programme

During 2012-2013 the AusAID NGO Cooperation Program (ANCP) reached 7,747 direct beneficiaries and 22,165 indirect beneficiaries in Papua New Guinea, Timor Leste, Fiji and the Philippines.

Family Planning NSW continues to assist poor and disadvantaged communities in the Asia Pacific region in improving access to comprehensive reproductive health and sexual services with funding from AusAID and private donors.

The aim of our International Programme is to promote the rights of all people to achieve reproductive and sexual health and wellbeing while respecting the cultural values of each community. We collaborate with family planning organisations at local, national and international levels.

We ensure that men and women have access to the widest range of family planning methods and services. This is in line with the AusAID Family Planning Guidelines which recognise that access to family planning is one of the most cost effective and important approaches to reducing maternal and child mortality.

During 2012-2013 the Family Planning NSW International Programme delivered three major projects to marginalised communities in Papua New Guinea (PNG), Timor Leste, the Philippines, Fiji, Samoa, Solomon Islands, Tonga, Tuvalu and Vanuatu including the AusAID NGO Cooperation Program, the COMPASS project and the Capacity Building of Nurses and Community Educators in the Pacific.

Family Planning NSW is fully accredited by the Australian Agency for International Development (AusAID), the Australian Government agency responsible for managing Australia's overseas aid programme.

Family Planning NSW is a member of the Australian Council for International Development (ACFID) and adheres to the ACFID Code of Conduct which defines minimum standards of governance, management and accountability of development in non-government organisations. Adherence to the Code is monitored by an independent Code of Conduct Committee elected from the NGO community. Our voluntary adherence to the Code of Conduct demonstrates our commitment to ethical practice and public accountability.

We have closely aligned all our international projects to the achievement of the United Nations Millennium Development Goals (MDGs). In particular, the projects address target 5b to “achieve, by 2015, universal access to reproductive health”; and target 6a to “have halted by 2015 and begun to reverse the spread of HIV/AIDS”.

Papua New Guinea

COMPASS Project - Clinical Outreach, Men’s Programme, Advocacy and Sexual Health Services, 2007-2012

COMPASS was a five year project funded under the Papua New Guinea Australia Sexual Health Improvement Programme (PASHIP) with a budget of \$3,134,700. The programme was created to reduce the rate of increase of HIV in PNG by reducing the incidence and prevalence of STIs through the provision of improved sexual health and STI services to targeted communities. The project was successfully completed in December 2012.

Project: COMPASS

Partners: Family Planning International, Canberra Sexual Health Centre, Papua New Guinea Family Health Association

HELP Resources

Direct Beneficiaries: 534 peer educators trained, 4,696 people trained in HIV and gender issues, 256 health workers attending STI refresher training, 79,358 condoms disseminated,

Nine Sexual and Reproductive Health Course graduates, 19 STI clinics meeting minimum quality standards

Funding: 2007-2012 - \$3,134,700

Family Planning NSW was the lead partner in a consortium which included New Zealand Family Planning International and Canberra Sexual Health Centre, working through the local implementing agency PNG Family Health Association (PNGFHA). The majority of COMPASS activities were located in the Morobe Province with some activities implemented across East Sepik Province, through the local partner organisation of HELP Resources, and East New Britain.

COMPASS consisted of four components and five outputs:

Component 1: Men and Boys programme

Output 1 Increase awareness and positive change among men and boys about sexual health and related behaviours, focusing on reducing sexual violence and increasing effective decision making.

Component 2: Health worker training

Output 2 Train staff from provincial and district health services on STI diagnosis and treatment in Morobe and East Sepik.

Component 3: Advanced service support

Output 3 Develop and trial advanced qualification in PNG using open learning mode.

Output 4 Strengthen clinical and management capacity in existing STI referral centres or alternative centres.

Component 4: Outreach services

Output 5 Outreach sexual health clinical and related services strengthened.

The COMPASS project improved the clinical skills and confidence of STI community health workers resulting in a consistent increase in clients during the project. The Morobe Provincial Health Administration adopted the COMPASS Quality Assurance system which improved their regular clinic visit process and the services they offered.

Most notably the Men and Boys programme successfully broke new ground in Morobe with participants recording increased knowledge, reduced embarrassment and greater faith in the local services. As one community member stated, *“I am sad and scared now that it is ending...we have just started and we can make it work if we have some help...”*

Overall the evaluation of the pilot phase of the Sexual and Reproductive Health Course recommended that the course be developed beyond the pilot phase to help improve services and accessibility. The course is a solid first response to a long-standing gap in post-basic training options for clinicians working in STI and HIV clinics and primary health care facilities.

Strengthening of STI Services in the Morobe Province

The Strengthening of STI Services in the Morobe Province project commenced in January 2013 to encourage men and boys behaviour change and further develop clinical services to improve testing and sexual health education to reduce the incidence of STIs and HIV. These objectives are strongly supported by the Morobe Provincial Health Advisor.

As a result there has been momentum in the delivery and the pick-up of STI services in the province and an increased awareness at the community level of men and boys health more generally.

An integral part of the project was the training of 20 health workers who received regular STI management training and mentoring, and staff within five health facilities who demonstrated competency in managing STIs. As a result of the project there has been a significant increase in men attending the participating clinics.

The continued success of the Men and Boy's programme has meant that an increasing number of districts in the province are adopting the HIV and AIDS training including Mumeng, Siaissi and the Bulolo –Wau district where a local business has even donated money to extend the Men and Boy's programme.

Fiji

Cervical Screening using VIA and Cryotherapy

Family Planning NSW has been working in partnership with local organisations including the Fiji Ministry of Health, Fiji Nursing Association and Reproductive and Family Health Association of Fiji to provide a low resource cervical screening programme. This single visit screen and treat method, which involves using visual inspection with acetic acid (VIA) and treatment of non-referable abnormalities by cryotherapy, has now been accepted for national implementation across Fiji.

In June 2013, the first national VIA and cryotherapy training course was held, with 12 nurses and eight doctors attending the training from all health divisions of Fiji. Nineteen participants were assessed competent in VIA, cryotherapy and counselling at the completion

of the course.

Throughout the year women were provided with information and education about the need to attend cervical cancer screening sessions. Thirty seven education sessions were held along with 1,160 door-to-door outreach visits, which were assisted by the development of six education and information packs.

A total of 1,208 women underwent cervical cancer screening, including 45 women who received treatment at the health centre with cryotherapy and 36 women who were referred for follow-up care. Seven women were referred to the Colonial War Memorial Hospital in Suva for removal of cervical polyps identified during screening and three women underwent hysterectomy for malignancy. These results demonstrate the effectiveness and importance of the VIA programme in saving the lives of women.

Geographical, financial and cultural constraints often make it difficult for many women to discuss reproductive and sexual health in Fiji. Access to our single visit screen and treat method of cervical screening is often the only way women can access such health services.





“Fourteen youths from the Pamata Community who surrendered their guns are now doing things to benefit themselves and their community...youth from Kamlawa Community in Simbang Paris who left school last year are now going to back to school and a grade 12 student at Dreger Secondary School has quit drugs, alcohol and stealing and is now involved in church activities and asking his peers to follow him.”

Robert Hagoma, Men and Boys Project Officer, PNG Family Health Association talking about his most significant change stories at a stakeholder meeting in Finschaffan District

FIJI

Project: Cervical Screening using VIA and Cryotherapy

Partners: Fiji Nursing Association, Fiji Ministry of Health, Reproductive and Family Health Association of Fiji

Direct beneficiaries: 3,833

Indirect beneficiaries: 4,800

Funding: \$116,698

Project: Sexual & Reproductive Health Rights Education Programme

Partners: Reproductive and Family Health Association of Fiji

Direct beneficiaries: 20

Indirect beneficiaries: 200

Funding: \$49,457

PAPUA NEW GUINEA

Project: Strengthening of STI services in the Morobe Province

Partners: Papua New Guinea Family Health Association

Direct beneficiaries: 431

Indirect beneficiaries: 5,065

Funding: \$52,585

PACIFIC REGION

Project: Capacity Building of Nurses and Community Educators in eight Pacific Countries

Partners: IPPF East & South East Asia and Oceania Region - Sub-Regional Office of the Pacific, Cook Islands Family Welfare Association, Papua New Guinea Family Health Association, Reproductive and Family Health Association of Fiji, Samoa Family Health Association, Solomon Islands Planned Parent Association, Tonga Family Health Association, Tuvalu Family Health Association, Vanuatu Family Health Association

Direct beneficiaries: 125 staff and volunteers

Funding: \$108,629

TIMOR LESTE

Project: Working with Men to Improve Sexual and Reproductive Health

Partners: Cooperativa Café Timor

Direct beneficiaries: 118

Indirect beneficiaries: 5,000

Funding: \$49,061

PHILIPPINES

Project: Increasing Knowledge of and Access to Family Planning in the Philippines

Partners: Family Planning Organisation of the Philippines Inc

Direct beneficiaries: 3,345

Indirect beneficiaries: 7,100

Funding: \$32,069

Sexual and Reproductive Health and Rights Education Programme

Family Planning NSW worked with Reproductive and Family Health Association of Fiji to strengthen its capacity to deliver planned and comprehensive education programmes and services.

Participants were trained in planning and facilitating sexual and reproductive health education to target audiences such as adolescents, men who have sex with men and people with disability. The programme also addressed reproductive and sexual health issues such as contraceptive methods and STIs including HIV/AIDS.

Fifteen participants were assessed and found competent to plan and deliver a 30 minute educational session.

CASE STUDY

On a visit in March 2013 to Sauniveuto Village in the Serua Province, Fiji we presented information about the importance of cervical cancer screening. Following the presentation, 16 women approached us for VIA screening.

One patient, who had a VIA screen, was found to have extensive endo-cervical lesions. She was referred to Colonial War Memorial Hospital, was diagnosed with cervical cancer and had a hysterectomy.

The patient is now well and happy because “now I can live longer.” Although she had shown no symptoms she asked for the test because of the compelling information presented to her. Like many women in rural and urban settings in Fiji she had little understanding of cervical cancer.

Timor Leste

Working with Men to Improve Sexual and Reproductive Health

The Working with Men to Improve Sexual and Reproductive Health project in Timor Leste has been successful in achieving improvements to attitude and behaviours of rural men.

The Men’s Health Coordinator continued to travel to the remote Suco sites from Dili despite the travails of diabolically bad roads, poor weather and the remoteness of the Ermera region.

Implementing the Working with Men to Improve Sexual and Reproductive Health, Timor Leste



The evaluation identified significant improvements in behaviour “that will allow increased access to maternal and child health and family planning services.” The Men’s Health Manual, *Working with men: A men’s health manual for Timor-Leste*, was distributed to around 90 peer educators and key stakeholders including The Ministry of Health. The project achieved approval from The Ministry of Health for the release and use of the Men’s Health Manual and an endorsement from the Catholic Bishops – a significant achievement.



Philippines

Increasing Knowledge of and Access to Family Planning in the Philippines


Family Planning NSW has been working with the Family Planning Organisation of the Philippines Inc. (FPOP) to increase access to family planning services to women by targeting poor and marginalised communities in Batanga, Laguna and Quezon Provinces, which have limited access to health services and in particular sexual health care.

During 2012-2013, 2,367 family planning consultations were provided with 607 consultations to women under 25 years of age. Contraception was provided to 1,216 women and 426 women underwent a Pap test.

FPOP also provided community education to 958 people to increase their knowledge of family planning, including information on reproductive rights and contraceptive options. To ensure the delivery of quality information and education to the community, staff attended two days of training focused on providing rights-based and youth friendly services.

In the Philippines, 21% of women who were provided with family planning services already had five to eleven children.

FPOP has been involved in lobbying and advocating for the Responsible Parenthood and Reproductive Health Act of 2012, commonly referred to as the Reproductive Health Bill. The organisation has also implemented child protection training for staff in order to implement the AusAID Child Protection Guidelines. In June 2013 training was provided to 17 staff and three youth volunteers.

A photograph showing a man and two children sitting on a wooden bench outdoors. The man, wearing a dark patterned shirt and shorts, is pointing at a book held by one of the children. The children are looking at the book with interest. The background shows a thatched roof and lush greenery.

Capacity Building of Nurses and Community Educators in eight Pacific countries

In November 2012, Family Planning NSW was contracted by International Planned Parenthood Federation East & South East Asia and Oceania Region - Sub-Regional Office of the Pacific (IPPF-SROP) to implement an 18-month Nurse and Community Educator Capacity Building Project in the Cook Islands, Fiji, PNG, Samoa, Solomon Islands, Tonga, Tuvalu and Vanuatu.

A training needs analysis was conducted, with information gathered from interviews with 168 people including staff, volunteers, board members, and external stakeholders to determine the training needs of each country. The outcomes of the interviews and results of the surveys were mapped against the Core Competencies in Primary Care in Sexual and Reproductive Health (WHO, 2011) and training plans were developed for each country.

We have a process for handling complaints. If you have a complaint, please contact the CEO, Family Planning NSW at 328 Liverpool Road, Ashfield, NSW, 2131, Australia. Telephone: +612 8752 4311. Complaints relating to the breach of the ACFID Code of Conduct can be made to the ACFID Code of Conduct Committee at website: www.acfid.asn.au; Email: code@acfid.asn.au; Telephone: +61 2 6281 9222.

FINANCIAL REPORT FOR THE YEAR ENDED 30 JUNE 2013

DIRECTORS' REPORT

Your directors present this report on the company for the financial year ended 30 June 2013.

Directors

The name of each person who has been a director during the year and to the date of this report are:

Dr D Lieberman	President	Ms S Carrick	
Ms R Winfield	Vice President & Legal Adviser	Dr A McBride	
Ms F Larnach	Treasurer	Mr D Miles	
Ms K Chambers	Legal Adviser appointed 27 November 2012	Mr M Peterson	
		Dr K Johnstone	appointed 27 November 2012
		Ms K Kerr	appointed 27 November 2012
		Ms C Miller	appointed 27 November 2012
		Ms S Templeman	resigned 27 November 2012
		Ms S Nicholson	resigned 29 April 2013

Directors have been in office since the start of the financial year to the date of this report unless otherwise stated.

Principal Activities

The principal activity of the entity during the financial year was to facilitate optimal sexual and reproductive health service provision through direct clinical services, education and training of doctors and nurses, research and advocacy.

The entity's short term objectives are to:

- Provide expert reproductive and sexual health services to the community through clinical care, health promotion and innovative information service provision;
- Provide best practice education, training and workforce development to service providers and the community;

- Perform research that informs best practice;
- Maintain a strong and sustainable organisation.

The entity's long term objectives are:

- To facilitate, promote and provide best practice reproductive and sexual health services for all;
- To be sustainable and strive for continuous improvement as to provide the best possible outcomes with respect to reproductive and sexual health for the people of NSW and Asia Pacific region.

Strategies

To achieve these objectives the entity has adopted the following strategies:

- Working within a strategic framework to maximise reproductive and sexual health outcomes, through the provision of demonstration services targeted to priority populations, and education and training to healthcare providers;
- Establishing collaborative relationships and partnerships to extend the reach of Family Planning NSW;
- Promoting the uptake and integration of research findings into service delivery.

The company measures its own performance against benchmarks determined by the organisation's Strategic Plan, current year Business Plan and the performance indicators set in negotiation with the NSW Ministry of Health as part of annual funding agreements. Performance against these benchmarks is reported to funders and the Board of Directors. The benchmarks are used by the directors to assess the financial sustainability of the company and whether the company's short-term and long-term objectives are being achieved.

Key Performance Measures

Benchmark	2013 Actual	2013 Benchmark	2012 Actual	2012 Benchmark
Clients	27,980	26,000	28,173	25,500
Operational & Financial				
Proportion of funding from:				
Government grants	77%	77%	76%	74%
Other grants	3%	3%	8%	7%
Donations	1%	2%	1%	1%
Investments	4%	4%	4%	5%
Self-generated	15%	14%	11%	13%
Proportion of funding spent on:				
Client contacts and programmes	81%	80%	80%	81%
Administration	19%	20%	20%	19%
Fundraising	0%	0%	0%	0%

Profile of Directors



Dr Devora Lieberman - MD MPH FRANZCOG

President

Dr Devora Lieberman is one of the principal doctors in Genea's Miscarriage Management Program and has an active infertility practice. She joined Sydney IVF (now Genea) in 2003 after several years working as an Associate Medical Director, Women's Health at Organon Australia, a pharmaceutical company where she was responsible for the company's contraception, HRT and pro-fertility products. In this role, Devora was involved in the Australian introduction of a contraceptive implant and trained hundreds of doctors in its use.

Devora has been a Visiting Medical Officer at Royal North Shore Hospital's Menopause Clinic since 1998. Devora is currently a Director of the Fertility Society of Australia, and a past President of Sexual Health and Family Planning Australia. She was a Director of the Fertility Society of Australia from 2005-2013. Devora has presented at regional and national conferences and has contributed to textbooks and several peer-reviewed publications.

Devora moved to Australia from Boston, Massachusetts, USA, in 1998, when her fiancé told her "there's no surf in Boston Harbor". At the time she was a lecturer in obstetrics and gynaecology at Harvard Medical School. Devora studied medicine at the State University of New York and received her Masters Degree in Public Health from Harvard.

Devora is a member of the Executive of the Board of Directors of Family Planning NSW, Clinical Advisory Board, Fundraising, Advocacy and Marketing Committee, and Performance and Remuneration Committee. Elected to the Board in November 2002.



Rosalind Winfield - BA LLB

Vice President and Legal Adviser

Rosalind Winfield is a lawyer in private practice since 1982, who has a special interest in legal issues affecting women and women's health.

Rosalind's professional memberships include;

Women Barristers Forum committee 2011 to date

Women's Advisory Council to Premier of NSW member 1986-1989

Women Lawyers' Association of NSW President 1988-1989 and committee member 1983-1991

Women's Legal Resources Centre director 1983-1987

Women's Electoral Lobby (Brisbane) Convenor 1977-1978, Member 1972 - 1981

SCEGGS Darlinghurst Parents and Friends President 1996-1997

Rosalind is a member of the Executive of the Board of Directors of Family Planning NSW and Finance & Audit Committee and has previously represented the Board on the Ethics Committee. Elected to the Board in 1986.



Fiona Larnach - BSc Dip Ed, Masters (Bbus Finance), CPA, Grad Dip Acctg

Treasurer

Fiona Larnach is the Chief Risk Officer, Retail Banking Services of the Commonwealth Bank. Prior to this role Fiona was a Partner with Ernst & Young in the Financial Risk Advisory Services area and before that, Chief Risk Officer at Westpac, responsible for the Retail Bank Credit and Operational Risk.

After graduating from University with a BSc DipEd, Fiona worked at IBM within Treasury. Fiona then joined Citibank with roles in Risk Management and IT. Following Citibank, Fiona moved to GE Capital and during this period, she gained her Masters in Banking and Finance and qualified as a CPA. Following GE Capital, Fiona was employed at AMP heading up the Risk function for AMP Bank. Her last role at AMP was Head of Group Capital and Deputy Group Treasurer covering the Australian and European markets.

Fiona is a member of the Executive of the Board of Directors of Family Planning NSW and the Finance & Audit Committee. Elected to the Board in 2006.



Kerrie Chambers - BA LLM

Legal Adviser

Kerrie Chambers is a partner with HWL Ebsworth and is currently group leader of the Health group. She has been a lawyer since 1986. For the last 17 years Kerrie has practised exclusively in medical negligence and Health law. She regularly writes articles and presents to doctor groups and medical insurers.

Kerrie is a former member of the Family Planning NSW Ethics Committee 2003-2012 and is a former member of the RANZCO Ethics Committee. She is a member of the Medico-Legal Society of NSW.

Kerrie has a keen interest in pro bono work. She is the partner delegate for the HWL Ebsworth Homeless Persons Legal Project providing legal advice and support to the clients of The Station drop in centre. She is on the volunteer legal roster for Kirribilli Neighbourhood Centre and has previously provided legal assistance at the Welfare Rights Centre and Macquarie Legal Centre.

Kerrie is a member of the Performance & Remuneration Committee. Elected to the Board in 2012.



Sue Carrick - MHSc

Sue Carrick's career has taken her from the healthcare sector through academia and into the not-for-profit sector. Her roles have included clinical care with Family Planning NSW, an educationalist in policy and research in public health and nursing at the University of Sydney, and research strategist and evaluator with the National Breast Cancer Foundation.

As a consultant, Sue provides specialist advice in relation to translating research and strategic policy into practice. She has a particular interest in global and national health and the prevention of chronic disease. She has led a number of successful national implementation strategies including for the National Breast Cancer Centre and the National Breast Cancer Foundation.

Using creative approaches to address urgent problems led Sue to initiate and bring to fruition Register4, a successful national online resource designed to accelerate the outcomes of research by providing more effective and cost efficient delivery of research programmes. Passionate about advocacy in health and research, Sue has established a number of national consumer advisory groups to ensure that policy reflects the views of the community.

Sue is a Managing Director of Prevention Partnership Australia and a director of Culture at Work. She has a Master of Health Science, with distinction, from the University of Sydney.

Sue is a member of the Family Planning NSW Ethics Committee. Elected to the Board in 2010.



Dr Amanda McBride - MBBS, GCUT

Dr Amanda McBride has been a general practitioner in full time clinical practice for more than 20 years, now in part-time practice in the eastern suburbs of Sydney. She is Associate Professor in General Practice at the School of Medicine, Sydney, at the University of Notre Dame Australia [conjoint head].

Her interest in women's health was fostered after obtaining the Family Planning Certificate in the 1980s. Clinical medicine was always "smears and tears", followed closely by women's cancer medicine. As a Federal AMA councillor, she was representative on the embryonic Breastscreen committee in Canberra, and is on the NSW Breastscreen Accreditation Committee. In the 1990s she was awarded a NSW AMA President's Award for work in women's health in the state. She has served on gynaecological and breast cancer committees for the Cancer Institute of NSW. She has worked on committees with the National Breast and Ovarian Cancer Centre until it became Cancer Australia.

She is undertaking a Masters in Health Policy at the University of Sydney, part time.

Amanda is a member of the Clinical Advisory Board of Family Planning NSW. Elected to the Board in 2011.



David Miles

David Miles is the Principal of Willard Consulting, specialising in providing strategic advice and political lobbying services.

David established Willard Consulting after more than six years as the Senior Manager, Government Affairs with the global pharmaceutical company Pfizer. In this role, David maintained Pfizer's relationships with governments across Australia, particularly at the political level.

David started his career in stockbroking and merchant banking, before making the transition to politics as an adviser to a federal Senator and Minister in 1997. He has advised a range of politicians at both state and federal level and immediately prior to joining Pfizer in 2005, was Public Affairs Manager for Environment ACT, within the ACT Government.

David's experience working in government and media over the past decade has provided him with an extensive and influential network of political and media contacts including senior politicians and staff from all political parties at Federal and State level.

In addition to his lobbying activities, David regularly appears as a political commentator on news programmes on Sky News and ABC24.

David is a member of Family Planning NSW Performance and Remuneration Committee and Fundraising, Advocacy and Marketing Committee. Elected to the Board in 2009.



Mike Peterson

Mike Peterson is a communications consultant. His career has encompassed national political journalism and news and current affairs presentation (Seven Network - Sydney and Canberra), management of radio stations 2CA Canberra and 3AW Melbourne and extensive experience as a communications director in the NSW health system. His skills were recognised with Australia's top journalism honour - a Walkley Award.

Mike is familiar with the operations and aspirations of Family Planning NSW, having provided communications services in 2008-2009.

His pro bono contributions include 10 years as a board member of Radio 2RPH - a volunteer service which reads the day's newspapers and magazines for people who are print-handicapped. He served on the board of Twilight House - four Sydney suburban aged-care facilities. Other roles include board member National Press Club, Canberra; chair Federation of Australian Radio Broadcasters (FARB), Victoria, member Federation of Australian Commercial Television Stations (FACTS) legal issues committee; member Melbourne Royal Women's Hospital Clinical Research Foundation.

Mike is a member of Family Planning NSW Fundraising, Advocacy and Marketing Committee. Elected to the Board in 2010.



Dr Kim Johnstone - M.S.Sc (Hons), PhD

Dr Kim Johnstone is a demographer with almost 20 years' experience. She has a diverse career across research, analytical and social policy/strategy roles in government, non-government and academic sectors. A common theme in Kim's career has been the use of sound evidence to inform policy.

Currently, Kim is Senior Demographer with the NSW Department of Planning & Infrastructure, with responsibility for the NSW population, household and dwelling projections and community engagement across the state.

Kim moved to NSW from the Northern Territory where she worked for the Northern Territory Government and carried out her recent doctoral research, which focused on Indigenous fertility in the Northern Territory.

Kim has an extensive publication list on many aspects of population. She has presented at a variety of regional and national forums on population issues and is invited to lecture to university students in NSW and the Northern Territory.

Kim's interest in family planning began as an undergraduate student of demography studying fertility change among different populations. She is a past-President of Family Planning Welfare NT and of Sexual Health and Family Planning Australia and has represented Australia on the International Planned Parenthood Federation East, South East Asia and Oceania Regional Council.

Kim is the Chair of the Family Planning NSW International Programme Advisory Committee and a member of the board of Sexual Health and Family Planning Australia.



Ms Kathryn Kerr - B.Comm, MBA, ACA

Kathryn Kerr is a chartered accountant who has over twenty years experience in the financial services industry within Australia and Asia.

Kathryn is a business manager with Ernst & Young with responsibility for the firm's Insurance operations across Asia Pacific.

Prior to this Kathryn held various roles with major financial services organisations. She was General Manager of Finance for the Commonwealth Bank International Financial Services division, where she was responsible for a number of businesses across the Asia Pacific region and held a number of Board positions in Hong Kong, Indonesia, Thailand and The Philippines.

Following this, Kathryn worked for AMP, managing a number of risk management projects and for Patronus, a subsidiary of Macquarie Bank, where she was Operations Manager.

Kathryn commenced her career at Ernst & Young, which included working for three years in the Jakarta office.

Kathryn is a member of Family Planning NSW Finance and Audit Committee. Elected to the Board in 2012.



Ms Carolyn Miller – BA (Comm)

Carolyn Miller has 15 years experience in the advertising and communications industry, working on both healthcare and consumer products. She has been an instrumental partner in communications for both products and programmes promoting positive health and lifestyle options for Australians. Some of her previous projects include such clients as Sydney IVF, Lantus (diabetes), Remicade (Crohn's Disease), Reminyl (Alzheimer's), Consta & Risperdal (Schizophrenia).

Carolyn has worked in the capacity of Strategic Planning Director at a number of high profile advertising agencies, including Moon Communications, DDB and Euro RSCG. Her experience in the field has made her a recognised authority within the creative industries, as is evidenced by her regular appearances on ABC television programme 'Gruen Planet' and previously, 'The Gruen Transfer'. She is also in demand as a keynote speaker, and give addresses on such topics as social media, creativity and business, women in business and the holistic nature of the brand.

Carolyn is a member of the Healthcare Communications Council, the industry body for Healthcare Advertising. She is also a member of the Family Planning NSW Fundraising, Advocacy and Marketing Committee. Elected to the Board in 2012.



Susan Templeman - BA (Comm)

A journalist for more than a decade, Susan Templeman runs a specialist media and presentation training company. Susan started as a federal political reporter with Radio 2UE in the Canberra Press Gallery in the mid-eighties, went on to be a foreign correspondent in New York and moved to London with the Austereo network. On her return to Australia, she worked as a freelance journalist and briefly in media relations before establishing her training business. For nearly 20 years she has provided training to a broad range of clients in the government, non-profit and business sectors. She is part of a network of trainers, many of whom have been mentored by Susan as they transition from journalism to their own business. Resigned from Board 27 November 2012.



Sandra Nicholson - BA (Hons) M Media Prac MAICD

Sandra Nicholson has completed the requirements for a postgraduate qualification in Public Sector Management. She works in the marketing and communications section of the Transport Management Centre. She was a radio journalist for more than a decade and holds a Master of Media Practice from the University of Sydney. Her undergraduate studies focused on politics and gender studies, and she completed an Honours thesis about Aboriginal language maintenance and public policy implementation. Sandra is a member of the Media, Entertainment and Arts Alliance (MEAA) and the Australian Institute of Company Directors (AICD). She has previously worked at the NSW Working Women's Centre and volunteered at a Kings Cross women's refuge. Resigned from the Board on 29 April 2013.

Meetings of Directors

During the financial year, nine meetings of directors were held. Attendances by each director were as follows:

Director's Name	Directors' Meetings	
	Number Eligible to Attend	Number Attended
Dr D Lieberman	9	8
Ms R Winfield	9	9
Ms F Larnach	9	6
Ms K Chambers	9	7
Ms S Carrick	9	8
Dr A McBride	9	4
Mr D Miles	9	7
Mr M Peterson	9	5
Dr K Johnstone	5	5
Ms K Kerr	5	4
Ms C Miller	5	3
Ms S Nicholson	8	3
Ms S Templeman	4	3

The entity is incorporated under the *Corporations Act 2001* and is a company limited by guarantee. If the entity is wound up, the constitution states that each member is required to contribute a maximum of \$10 each toward meeting any outstanding obligations of the entity. At 30 June 2013, the total amount that members of the company are liable to contribute if the company is wound up is \$520 (2012: \$860).

Auditor's Independence Declaration

The lead auditor's independence declaration for the year ended 30 June 2013 is included with the directors' report.

Signed in accordance with a resolution of the Board of Directors:



Devora Lieberman – President

Date this 24th day of September 2013



Fiona Larnach - Treasurer



AUDITOR'S INDEPENDENCE DECLARATION UNDER SECTION 307C OF THE CORPORATIONS ACT 2001 TO THE DIRECTORS OF FAMILY PLANNING NSW

I declare that, to the best of my knowledge and belief during the year ended 30 June 2013 there have been:

- no contraventions of the auditor independence requirements as set out in the Corporations Act 2001 in relation to the audit; and
- no contraventions of any applicable code of professional conduct in relation to the audit.

William Buck

William Buck
Chartered Accountants
ABN 16 021 300 521

L.E. Tutt

L.E. Tutt
Partner
Sydney, 24 September 2013

Sydney
Melbourne
Brisbane
Perth
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STATEMENT OF PROFIT OR LOSS AND OTHER COMPREHENSIVE INCOME FOR YEAR ENDED 30 JUNE 2013

	Note	2013 \$	2012 \$
REVENUE			
Domestic Income			
Government grants		8,975,953	8,802,289
Other grants		327,935	938,128
Sales income		863,025	864,199
Medicare income		645,547	-
Investment income		459,131	538,154
Donations and gifts		68,479	72,198
Other income		354,618	295,602
Total domestic income		11,694,688	11,510,570
International Income			
Grants			
AusAID		727,670	-
Other Australian		-	-
Other overseas		105,859	-
Donations and gifts			
Monetary		31,817	-
Non-monetary		12,631	-
Bequests and legacies		-	-
Investment income		6,036	-
Other income		14,196	-
Revenue for international political or religious adherence promotion programme		-	-
Total international income		898,209	-
TOTAL REVENUE	2	12,592,897	11,510,570
EXPENDITURE			
Domestic programmes expenditure			
Cost of goods sold		(139,407)	(155,639)
Employee benefit expenses		(8,519,845)	(8,290,948)
Depreciation and amortisation expenses		(148,384)	(155,864)
Lease/rent		(124,625)	(172,605)
Insurance		(120,051)	(120,558)
Relocation of business operations		(270,857)	(92,129)
Computer services and software		(135,027)	(128,791)

	Note	2013 \$	2012 \$
Printing/ postage/ stationery/ advertising/ photocopying		(193,980)	(192,003)
Repairs and maintenance / cleaning		(146,485)	(213,567)
Teaching resources		(98,193)	(126,472)
Travel		(157,472)	(349,227)
Materials and equipment		(21,167)	(71,745)
Labour hire – external		(46,181)	(218,502)
Medical consumables		(55,370)	(57,395)
Consultancy		(155,508)	(262,593)
Telephone / internet		(111,395)	(169,846)
Staff recruitment		(14,117)	(10,702)
Conferences & seminars		(62,066)	(52,182)
Utilities		(88,874)	(77,223)
Audit / professional services		(34,704)	(43,970)
Consumables / client expenses		(121,037)	(127,318)
Strata levies		(25,632)	(24,745)
Bad debts		(1,102)	(21,384)
Stock write-off		(6,304)	(24,313)
Other expenses		(408,337)	(348,395)
Total domestic programme expenditure		(11,206,120)	(11,508,116)
International aid and development programmes expenditure			
International programmes			
Funds to international programmes		(476,811)	-
Programme support costs		(466,019)	-
Community education		-	-
Fundraising costs			
Public		(5,171)	-
Government, multilateral and private		-	-
Accountability and administration		(135,615)	-
Non-monetary expenditure		(12,630)	-
Total international aid and development programmes expenditure		(1,096,246)	-
International political or religious adherence promotion programmes expenditure		-	-
Total international programme expenditure		(1,096,246)	-
TOTAL EXPENDITURE		(12,302,366)	(11,508,116)
NET CURRENT YEAR SURPLUS		290,531	2,454
OTHER COMPREHENSIVE INCOME:			
Net gain on revaluation of non-current assets		731,274	(96,313)
Total comprehensive income for the year		1,021,805	(93,859)
Profit attributable to members of the entity		290,531	2,454
TOTAL COMPREHENSIVE INCOME ATTRIBUTABLE TO MEMBERS OF THE ENTITY		1,021,805	(93,859)

The accompanying notes form part of these financial statements

STATEMENT OF FINANCIAL POSITION AS AT 30 JUNE 2013

	Note	2013 \$	2012 \$
ASSETS			
CURRENT ASSETS			
Cash and cash equivalents	4	1,812,013	2,401,108
Accounts receivable and other debtors	5	230,893	224,491
Inventories on hand	6	88,724	89,683
Assets held for sale		-	-
Other current assets	7	140,254	106,438
Other financial assets		-	-
TOTAL CURRENT ASSETS		2,271,884	2,821,720
NON-CURRENT ASSETS			
Trade and other receivables			
Financial assets	8	3,802,625	3,757,437
Property, plant and equipment	9	8,386,375	6,857,988
Intangibles		-	-
Other non-current assets		-	-
TOTAL NON -CURRENT ASSETS		12,189,000	10,615,425
TOTAL ASSETS		14,460,884	13,437,145
LIABILITIES			
CURRENT LIABILITIES			
Accounts payable and other payables	10	2,363,190	2,263,958
Grants received in advance	11	1,070,782	1,199,156
Borrowings		-	-
Other financial liabilities		-	-
Provisions		-	-
Other		-	-
TOTAL CURRENT LIABILITIES		3,433,972	3,463,114
NON-CURRENT LIABILITIES			
Accounts payable and other payables	12	165,879	134,803
Borrowings		-	-
Other financial liabilities		-	-
Provisions		-	-
Other		-	-
TOTAL NON-CURRENT LIABILITIES		165,879	134,803
TOTAL LIABILITIES		3,599,851	3,597,917
NET ASSETS		10,861,033	9,839,228

The accompanying notes form part of these financial statements

	Note	2013 \$	2012 \$
EQUITY			
Reserves	13	4,135,411	3,404,137
Retained earnings		6,725,622	6,435,091
TOTAL EQUITY		10,861,033	9,839,228
Capital & leasing commitments	14		
Contingent liability	15		

STATEMENT OF CHANGES IN EQUITY FOR THE YEAR ENDED 30 JUNE 2013

	Retained Surplus	Asset Revaluation Reserve	General Reserves	Total
Balance at 30 June 2011	6,432,637	3,425,450	75,000	9,933,087
Profit attributable to the entity	2,454	-	-	2,454
Revaluation increment	-	(96,313)	-	(96,313)
Balance at 30 June 2012	6,435,091	3,329,137	75,000	9,839,228
Profit attributable to the entity	290,531	-	-	290,531
Revaluation increment	-	731,274	-	731,274
Balance at 30 June 2013	6,725,622	4,060,411	75,000	10,861,033

The accompanying notes form part of these financial statements

STATEMENT OF CASH FLOWS FOR THE YEAR ENDED 30 JUNE 2013

	Note	2013 \$	2012 \$
CASH FLOWS FROM OPERATING ACTIVITIES:			
Receipts from donations		100,296	72,198
Receipts from Government grants		8,982,503	8,618,700
Other grants received		878,056	1,276,986
Receipts from customers		1,961,075	1,213,143
Payments to suppliers and employees		(11,841,256)	(12,168,447)
Interest and dividends received		325,905	403,744
Net cash generated from operating activities	18	406,579	(583,676)
CASH FLOW FROM INVESTING ACTIVITIES:			
Payment for property, plant & equipment		(995,698)	(81,942)
Proceeds from sale of property, plant & equipment		24	611
Payment for investments		-	(500,000)
Net cash used in investing activities		(995,674)	(581,331)
Net (decrease) in cash held		(589,095)	(1,165,007)
Cash at the beginning of the financial year		2,401,108	3,566,115
Cash at the end of the financial year	4	1,812,013	2,401,108

The accompanying notes form part of these financial statements

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2013

1. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

The directors have prepared the financial statements on the basis that the company is a non-reporting entity because there are no users who are dependent on its general purpose financial statements. These financial statements are therefore special purpose financial statements that have been prepared in order to meet the requirements of the *Corporations Act 2001*. The company is a not-for-profit entity for financial reporting purposes under Australian Accounting Standards.

The financial statements have been prepared in accordance with the mandatory Australian Accounting Standards applicable to entities reporting under the *Corporations Act 2001* and the significant accounting policies disclosed below, which the directors have determined are appropriate to meet the needs of members.

The financial statements have been prepared on an accruals basis and are based on historical costs unless otherwise stated in the notes. Material accounting policies adopted in the preparation of these financial statements are presented below and have been consistently applied unless otherwise stated. The amounts presented in the financial statements have been rounded to the nearest dollar.

The financial statements were authorised for issue on 24th September 2013 by the directors of the company.

Accounting Policies

(a) Principles of Consolidation

The directors believe that the controlled entities of Family Planning NSW are not material, as their omission or non-disclosure does not have the potential to adversely affect:

- (i) decisions about the allocation of resources made by users of the consolidated accounts; or
- (ii) the discharge of accountability by the directors or the members of the governing body of the entity;

and as such the financial statements of Family Planning NSW have not been consolidated with its controlled entities.

(b) Revenue

Non-reciprocal grant revenue is recognised in the statement of comprehensive income when the entity obtains control

of the grant and it is probable that the economic benefits gained from the grant will flow to the entity and the amount of the grant can be measured reliably.

If conditions are attached to the grant which must be satisfied before it is eligible to receive the contribution, the recognition of the grant as revenue will be deferred until those conditions are satisfied.

When grant revenue is received whereby the entity incurs an obligation to deliver economic value directly back to the contributor, this is considered a reciprocal transaction and the grant revenue is recognised in the statement of financial position as a liability until the service has been delivered to the contributor, otherwise the grant is recognised as income on receipt.

Donations and bequests are recognised as revenue when received.

Interest revenue and distribution income from investments is recognised as it accrues using the effective interest rate method, which for floating rate financial assets is the rate inherent in the instrument. Dividend revenue is recognised when the right to receive a dividend has been established.

Revenue from the rendering of a service is recognised upon delivery of the service to the customers.

Revenue from the sale of goods is recognised upon the delivery of goods to customers.

All revenue is stated net of the amount of goods and services tax (GST).

(c) Inventories on Hand

Inventories are measured at the lower of cost and current replacement cost.

Inventories are determined on an average cost basis.

Inventories acquired at no cost, or for nominal consideration are valued at the current replacement cost as at the date of acquisition.

(d) Property, Plant and Equipment

Each class of property, plant and equipment is carried at cost or fair value, less, where applicable, accumulated depreciation and impairment losses.

Property

Freehold land and buildings are shown at their fair value based on periodic, but at least triennial, valuations by external independent valuers, less subsequent depreciation for buildings.

Increases in the carrying amount arising on revaluation of land and buildings are credited to a revaluation reserve in equity. Decreases that offset previous increases of the same class of asset are charged against fair value reserves directly in equity, all other decreases are charged to the income statement.

Any accumulated depreciation at the date of revaluation is eliminated against the gross carrying amount of the asset and the net amount is restated to the revalued amount of the asset.

Plant and equipment

Plant and equipment are measured on the cost basis less depreciation and any impairment loss. Items with a first cost of less than five hundred dollars are expensed in the period they are purchased in accordance with the terms of the NSW Ministry of Health funding conditions.

The carrying amount of plant and equipment is reviewed annually by directors to ensure it is not in excess of the recoverable amount from these assets.

Depreciation

The depreciable amount of all fixed assets, including buildings and capitalised lease assets, but excluding freehold land, is depreciated on a straight-line basis over the asset's useful life to the entity commencing from the time the asset is held ready for use. Leasehold improvements are depreciated over the shorter of either the unexpired period of the lease or the estimated useful life of the improvements.

The depreciation rates used for each class of depreciable assets are:

Class of Fixed Asset	Depreciation Rate
Buildings	2%
Leasehold Improvements	2%
Fixtures & Fittings	10%
Medical & Office Equipment	12.5%
Motor Vehicles	15%
Computers	33.3%

The assets' residual values and useful lives are reviewed and adjusted if appropriate, at the end of each reporting period.

An asset's carrying amount is written down immediately to its recoverable amount if the asset's carrying amount is greater than its estimated recoverable amount.

Gains and losses on disposals are determined by comparing proceeds with the carrying amount. These gains or losses are recognised immediately in profit or loss. When revalued assets are sold, amounts included in the revaluation surplus relating to that asset are transferred to retained earnings.

(e) Leases

Lease payments for operating leases, where substantially all the risk and benefits remain with the lessor, are charged as expenses on a straight-line basis over the term of the lease.

(f) Financial Instruments

Financial assets and financial liabilities are recognised when the entity becomes a party to the contractual provisions to the instrument. For financial assets, this is equivalent to the date that the company commits itself to either purchase or sell the asset (ie trade date accounting is adopted).

Financial instruments are initially measured at fair value plus transaction costs except where the instrument is classified "at fair value through profit or loss" in which case transaction costs are expensed to profit or loss immediately.

Financial instruments held by Family Planning NSW are measured at fair value. Fair value represents the amount for which an asset could be exchanged or a liability settled, between knowledgeable parties. Where available, quoted prices in an active market are used to determine fair value.

(g) Employee Benefits

Provision is made for the company's liability for employee benefits arising from services rendered by employees to the end of the reporting period. Provision for long service leave is raised in respect of employees who have in excess of five years continuous service. Employee benefits that are expected to be settled within one year have been measured at the amounts expected to be paid when the liability is settled.

Contributions are made by the entity to an employee superannuation fund and are charged as expenses when incurred.

(h) Cash and Cash Equivalents

Cash and cash equivalents include cash on hand, deposits held at-call with banks, other short-term highly liquid investments with original maturities of three months or less, net of bank overdraft.

(i) Accounts Receivable and Other Debtors

Accounts receivable and other debtors include amounts due from donors and any outstanding grants receipts. Receivables expected to be collected within 12 months of the end of the reporting period are classified as current assets. All other receivables are classified as non-current assets.

(j) Bad and Doubtful Debts

Bad debts are written off as they occur and the provision for doubtful debts is based on an appraisal of individual outstanding accounts that are in excess of normal trading terms.

(k) Goods and Services Tax (GST)

Revenues, expenses and assets are recognised net of the amount of GST, except where the amount of GST incurred is not recoverable from the Australian Taxation Office (ATO).

Receivables and payables are stated inclusive of the amount of GST receivable or payable. The net amount of GST recoverable from, or payable to, the ATO is included with other receivables or payables in the statement of financial position.

Cash flows are presented on a gross basis. The GST component of cash flows from investing or financial activities which are recoverable from, or payable to, the

ATO are presented as operating cash flows included in receipts from customers or payments to suppliers.

(l) Income Tax

No provision for income tax has been raised as the entity is exempt from income tax under Div 50 of the *Income Tax Assessment Act 1997*.

(m) Provisions

Provisions are recognised when the entity has a legal or constructive obligation, as a result of past events, for which it is probable that an outflow of economic benefits will result and that outflow can be reliably measured. Provisions recognised represent the best estimate of amounts required to settle the obligation at the end of the reporting period.

(n) Comparative Figures

Where required by Accounting Standards, comparative figures have been adjusted to conform with changes in presentation for the current financial year.

(o) Accounts Payable and Other Payables

Trade and other payables represent the liability outstanding at the end of the reporting period for goods and services received by the company during the reporting period which remain unpaid. The balance is recognised as a current liability with the amount normally paid within 30 days of recognition of the liability.

(p) Economic Dependence

Family Planning NSW is dependent on the NSW Ministry of Health for the majority of its revenue used to operate the business. At the date of this report the Board of Directors has no reason to believe the NSW Ministry of Health will not continue to support Family Planning NSW.

(q) New Accounting Standards for Application in Future Periods

The AASB has issued new and amended Accounting Standards and Interpretations that have mandatory application dates for future reporting periods and which the company has decided not to early adopt.

STATEMENT OF CASH FLOWS FOR THE YEAR ENDED 30 JUNE 2013

	2013 \$	2012 \$
2. PROFIT FROM ORDINARY ACTIVITIES		
Expenses:		
Depreciation and amortisation		
- Domestic programmes	148,384	155,864
- International programmes	925	-
Employee benefits		
- Domestic programmes	8,519,845	8,290,948
- International programmes	294,795	-
Remuneration of auditor		
- Audit - of the financial report	35,700	32,931
- Other services	-	11,039
Rent- premises and equipment	124,625	172,605
Revenue:		
Government grants	9,703,623	8,802,289
Other grants	433,794	938,128
Medicare income	645,547	-
Sales income	863,025	864,199
Interest & investment income	465,167	461,455
Other income	481,741	444,499
Total Revenue	12,592,897	11,510,570
3. GRANTS RECEIVED DURING THE YEAR		
NSW Ministry of Health: NGO Funding		
Fairfield - National Women's Health	640,950	496,200
Women's Health	6,883,600	6,699,500
HIV/AIDS	250,600	243,200
Penrith - Community Education, Women's Health & Health Transport	449,800	438,300
Penrith - HIV/AIDS	125,000	121,900
	8,349,950	7,999,100
NSW Ministry of Health: AIDS/Infectious Diseases Branch		
NSW Aboriginal Sexual & Reproductive Health Pilot	266,146	197,335
NSW Government:		
Office of Communities-Community Building Partnership	13,943	-
Department of Education & Communities- Proud Schools	93,291	-

	2013 \$	2012 \$
Hunter New England Local Health District:		
Hunter Health Promotion	46,900	45,500
Cancer Institute NSW:		
Well Women's Screening Training for Practice Nurses	3,000	269,347
GP's Up-Skilling	-	53,518
Social Media Campaign- Cervical Screening	4,727	-
Australian Government:		
Department of Health & Ageing	54,660	45,900
Gender & Reproductive Health Population	149,886	-
AusAID:		
ANCP	300,000	-
COMPASS	208,685	-
IPPF:		
Capacity Building in the South Pacific	209,574	-
Other Grants:		
Research Grants	159,797	241,753
Sexual Health & Family Planning-International Programme	-	1,035,233
Department of Education & Training	-	8,000
Total Grants Received	9,860,559	9,895,686

4. CASH AND CASH EQUIVALENTS

Cash at bank – unrestricted	1,806,475	2,395,638
Cash float	5,538	5,470
	1,812,013	2,401,108

5. ACCOUNTS RECEIVABLE & OTHER DEBTORS

CURRENT		
Accounts receivables	67,785	24,868
Other receivables	163,108	199,623
	230,893	224,491

6. INVENTORIES ON HAND

Stock at cost	88,724	89,683
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	2013 \$	2012 \$
7. OTHER ASSETS		
CURRENT		
Prepayments	140,254	106,438
8. FINANCIAL ASSETS		
Available-for-sale financial assets	3,802,625	3,757,437
Available-for-sale financial assets comprise:		
Listed investments at fair value	3,802,625	3,757,437
9. PROPERTY, PLANT AND EQUIPMENT		
Land & Buildings		
Freehold land at:		
Independent valuation 2013	3,589,843	3,205,800
Total Land	3,589,843	3,205,800
Buildings at:		
Independent valuation 2013	3,950,157	2,944,200
Less accumulated depreciation	(6,584)	(104,342)
Total Buildings	3,943,573	2,839,858
Total Land & Buildings	7,533,416	6,045,658
Leasehold Improvements		
At cost		
Independent valuation 2013	640,000	600,000
Less accumulated amortisation	(1,067)	(25,000)
Total Leasehold Improvements	638,933	575,000
Plant & Equipment		
At cost		
Independent valuation 2013	589,364	534,193
Less accumulated depreciation	(375,338)	(296,863)
Total Plant & Equipment	214,026	237,330
Total Property, Plant & Equipment	8,386,375	6,857,988

The entity's land and buildings were re-valued at 1 June 2013 by independent valuers. Valuations were made on the basis of open market value. The revaluation increase was credited to the asset revaluation reserve in equity.

No capital gains tax has been taken into account in determining re-valued amounts as the company is exempt from income tax.

	2013 \$	2012 \$
10. ACCOUNTS PAYABLE AND OTHER PAYABLES		
CURRENT		
Sundry payables and accrued expenses	1,079,670	1,038,763
Employee benefits	1,283,520	1,225,195
	2,363,190	2,263,958
11. GRANTS RECEIVED IN ADVANCE		
Government grants	462,890	433,016
Non-government grants	607,892	766,140
	1,070,782	1,199,156
12. ACCOUNTS PAYABLE AND OTHER PAYABLES		
NON-CURRENT		
Employee benefits	165,879	134,803
Number of employees at year end	142	144
13. RESERVES		
Asset revaluation reserve records revaluations of non-current and financial assets	4,060,411	3,329,137
General reserve records funds approved by the Board to be set aside to fund specific activities	75,000	75,000
	4,135,411	3,404,137
14. CAPITAL & LEASING COMMITMENTS		
Non cancellable operating leases contracted for but not capitalised in the financial statements:		
Payable: minimum lease payments		
- not later than twelve months	90,753	126,529
- between twelve months and five years	85,341	179,227
- greater than five years	28	29
	176,122	305,785
15. CONTINGENT LIABILITIES		
Estimates of the maximum amount of contingent liabilities that may become payable:		
	-	-

	2013	2012
	\$	\$

16. ENTITY DETAILS

The registered office of the company is:

Family Planning NSW
328-336 Liverpool Rd
Ashfield NSW 2131

17. RELATED PARTY TRANSACTIONS

Transactions between related parties are on normal commercial terms and conditions no more favourable than those available to other parties unless otherwise stated:

Sydney Reproductive Health Services Limited

Payment of ASIC fees by Family Planning NSW for Sydney Reproductive Health Services Limited. Mr Peterson and Ms Carrick are directors of both Sydney Reproductive Health Service Limited and Family Planning NSW.

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18. CASH FLOW INFORMATION

Reconciliation of cash flow from operations with profit for the year

Profit for the year:	290,531	2,454
Non-cash flows in profit:		
Depreciation & amortisation	149,308	155,864
Net (profit) / loss on disposal of plant and equipment	4,065	8,862
Changes in assets and liabilities:		
Decrease in inventories	959	16,168
(Increase) in accounts receivable and other receivables	(6,402)	(21,748)
(Increase) in other current assets	(33,816)	(10,662)
(Decrease) in grants received in advance	(128,374)	(613,245)
(Decrease) / increase in accounts payable and other payables	130,308	(121,369)
Cash flows provided by operating activities	406,579	(583,676)

19. TABLE OF CASH MOVEMENTS FOR DESIGNATED PURPOSES

	Cash available at beginning of year	Cash raised during financial year	Cash disbursed during financial year	Cash available at end of financial year
Designated Purpose or Appeal A				
COMPASS - AusAID	221,401	208,685	(430,086)	
ANCP - AusAID	31,085	300,000	(297,585)	33,500
IPPF	-	209,574	(105,859)	103,715
Designated Purpose or Appeal B				
Total for other non-designated purposes	-	-	-	-
TOTAL	252,486	718,259	(833,530)	137,215

20. EVENTS AFTER THE REPORTING PERIOD

No matters or circumstances have arisen since the end of the financial year which significantly affected or may significantly affect the operations of the entity, the results of those operations, or the state of affairs of the entity in future financial years.

DIRECTORS' DECLARATION

The directors have determined that the company is not a reporting entity and that this special purpose financial report should be prepared in accordance with the accounting policies described in Note 1 to the financial statements.

In accordance with a resolution of the directors of Family Planning NSW the directors of the company declare that:

1. The financial statements and notes are in accordance with the *Corporations Act 2001* and:
 - a) comply with Accounting Standards applicable to the company; and
 - b) give a true and fair view of the financial position as at 30 June 2013 and of the performance of the company for the year ended on that date of the company in accordance with the accounting policies described in Note 1 of the financial statements.
2. In the directors' opinion there are reasonable grounds to believe that the company will be able to pay its debts as and when they become due and payable.

This declaration is made in accordance with a resolution of the Board of Directors.



Devora Lieberman – President



Fiona Larnach - Treasurer

Date this 24th day of September, 2013



INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF FAMILY PLANNING NSW

Report on the Financial Report

We have audited the accompanying financial report, being a special purpose financial report of Family Planning NSW (the Company), which comprises the statement of financial position as at 30 June 2013, the statement of profit or loss and other comprehensive income, statement of changes in equity and statement of cash flows for the year then ended, notes comprising a summary of significant accounting policies and other explanatory information, and the directors' declaration.

Directors' Responsibility for the Financial Report

The directors of the Company are responsible for the preparation of the financial report that gives a true and fair view, and have determined that the basis of preparation described in Note 1 to the financial report is appropriate to meet the requirements of the Corporations Act 2001 and is appropriate to meet the needs of the members.

The directors' responsibility also includes such internal control as the directors determine is necessary to enable the preparation of a financial report that gives a true and fair view and is free from material misstatement, whether due to fraud or error.

Auditor's Responsibility

Our responsibility is to express an opinion on the financial report based on our audit. We have conducted our audit in accordance with Australian Auditing Standards. Those standards require that we comply with relevant ethical requirements relating to audit engagements and plan and perform the audit to obtain reasonable assurance about whether the financial report is free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial report. The procedures selected depend on the auditor's judgement, including the assessment of the risks of material misstatement of the financial report, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the entity's preparation of the financial report that gives a true and fair view in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by the directors, as well as evaluating the overall presentation of the financial report.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

Independence

In conducting our audit, we have complied with the independence requirements of the Corporations Act 2001.

Sydney
Melbourne
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Perth
Adelaide
Auckland

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INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF FAMILY PLANNING NSW (CONT)

Auditor's Opinion

In our opinion the financial report of Family Planning NSW is in accordance with the Corporations Act 2001, including:

- a) giving a true and fair view of the Company's financial position as at 30 June 2013 and of its performance for the year ended on that date; and
- b) complying with Australian Accounting Standards to the extent described in Note 1 and the Corporations Regulations 2001.

Basis of Accounting

Without modifying our opinion, we draw attention to Note 1 to the financial report, which describes the basis of accounting. The financial report has been prepared for the purpose of fulfilling the directors' financial reporting responsibilities under the Corporations Act 2001. As a result, the financial report may not be suitable for another purpose.

Matters Relating to the Electronic Presentation of the Audited Financial Report

This auditor's report relates to the financial report of Family Planning NSW for the year ended 30 June 2013 included on Family Planning NSW's web site. The company's directors are responsible for the integrity of the Family Planning NSW web site. We have not been engaged to report on the integrity of the Family Planning NSW web site. The auditor's report refers only to the financial report. It does not provide an opinion on any other information which may have been hyperlinked to/from these statements. If users of this report are concerned with the inherent risks arising from electronic data communications they are advised to refer to the hard copy of the audited financial report to confirm the information included in the audited financial report presented on this web site.

A handwritten signature in black ink that reads "William Buck".

William Buck
Chartered Accountants
ABN 16 021 300 521

A handwritten signature in black ink that reads "L.E. Tutt".

L.E. Tutt
Partner
Sydney, 24 September 2013

Partners and supporters

Aboriginal Health and Community Service Wellington
 Aboriginal Health and Medical Research Council (AHMRC)
 Aboriginal Medical Service Western Sydney Co-Operative Ltd
 AIDS Council NSW
 AIDS Council NSW Hunter
 Armajun Aboriginal Medical Centre
 Australasian Menopause Society
 Australian College of Rural and Remote Medicine
 Australian Practice Nurse Association
 Barnardos
 Bayer Schering Pharma Australia
 Biripi Aboriginal Corporation Medical Service – Taree
 Blacktown Women and Girls Health Centre Inc.
 Blacktown Youth Services Association
 Bligh Park Community Services Inc.
 BreastScreen NSW
 Bulgarr Ngaru Medical Aboriginal Corporation – Grafton
 Bunninyng SACCs
 Burnett Institute Melbourne
 Burnside
 Cancer Council NSW
 Cancer Institute NSW
 Commonwealth Department of Ageing, Disability and Home Care
 Coomealla Health Aboriginal Corporation – Dareton
 Coonamble Aboriginal Health Service (CAHS)
 Cosmetic Physicians Society
 Department of Health and Ageing (Australian Government)
 Douglas Hanly Moir Pathology
 Dubbo West SACCs
 Edgeworth Neighbourhood Centre
 Family Planning Queensland
 Family Planning Western Australia
 GP Synergy
 GP Training WentWest
 GP Training Coast City Country
 GP Training Valley to Coast
 Griffith Aboriginal Medical Service
 Hawkesbury Community Outreach Services
 Headspace - Uniting Care Mental Health
 HealthEd
 Hunter New England Local Health District

- HARP Unit
- Intermediate Stay Mental Health Unit (ISHMU)

 Immigrant Women's Health Service
 Jamison High School
 Kingswood High School
 Kinship Care
 Kirby Institute
 Maari Ma Health Aboriginal Corporation Broken Hill
 Marie Stopes Australia
 Marist Youth Care
 Merck Sharpe and Dohme
 Merana Aboriginal Service
 Mid Mountains Youth Centre
 Mission Australia Broken Hill
 Mission Australia Dubbo
 Mountains Youth Services Team
 Multicultural Neighbourhood centre
 Murrin Bridge Aboriginal Health Service Incorporated
 National Breast Cancer Foundation
 Nepean Blue Mountains Local Health District
 Nepean Community Neighbourhood
 Nepean Interyouth Services
 Northern Settlement Services
 Northern Sydney Local Health District
 North Richmond Youth Project
 NSW Council for Intellectual Disability
 NSW Department of Education and Communities
 NSW Ministry of Health
 Peak Hill Aboriginal Medical Service
 Penola House Refugee Services
 People with Disability Australia Inc.
 Peppercorn Youth Services
 Personal Helpers and Mentor Services
 Pfizer
 Pharmaceutical Society of Australia
 Pharmacy Guild
 Plain English Foundation
 Poche Centre for Indigenous Health, University of Sydney
 Preterm Foundation
 Putland High School – Cobham
 RANZCOG
 Red Cross Parramatta
 Refugee Health Service
 Remote Vocational Training Scheme
 Richmond High School
 Royal Australian College of GPs
 Royal College of Nursing Australia
 Royal Women's Hospital, Melbourne
 Self-Advocacy Sydney
 Sexual Health and Family Planning Australia (SH&FPA)
 South Eastern Sydney Local Health District
 St Clair High School
 St Clair Youth Service
 STI Research Centre
 Sydney IVF
 Sydney Sexual Health Clinic
 Sydney South West GP link
 Sydney Western Sydney Local Health District

- Fairfield Liverpool Youth Health Team (FLYHT)
- Fairfield Multicultural Health Service
- NSW Refugee Health Service
- SWSLHD Women's Health Unit

TAFE Colleges
 TAFE Hunter
 Ted Noffs Mount Drutt
 Telephone Information Support and
 Counselling Association (TISCA)
 The Breast Centre
 The Glue Factory
 The Junction Youth Health Medical
 Service
 Think GP
 Touching Base Inc.
 Twenty10
 University of New South Wales
 University of Newcastle
 University of Queensland
 University of Sydney
 University of Western Sydney
 Valley to Coast GP Training Consortium
 Waverly Community Living Program
 Werrington Youth Centre
 Western Sydney Local Health District
 Western NSW Local Health District

- Sexual Health Services
- Women's Health Services

International Partnerships

AusAID
 Australian Council for International
 Development
 Canberra Sexual Health Centre
 Cook Islands Family Welfare Association
 Cooperativa Café Timor
 Family Planning Organisations of the
 Philippines
 Fiji Ministry of Health
 Fiji Nursing Association
 International Planned Parenthood
 Federation
 New Zealand Family Planning International
 Papua New Guinea Family Health
 Association

Reproductive and Family Health
 Association of Fiji
 Samoa Family Health Association
 Solomon Island Planned Parenthood
 Association
 Tonga Family Health Association
 Tuvalu Family Health Association
 Vanuatu Family Health Association

Family Planning NSW engages with key stakeholders at a local, state, national and international level and is a member of a range of committees and working groups including the following:

Aboriginal Sexual Health Advisory
 Committee
 AH&MRC Sexual and Reproductive Health
 Aboriginal campaign sub-committee
 Anti-Homophobia Interagency
 ASHHNA Australasian Sexual Health & HIV
 Nurses Association Inc.
 Australian Council for International
 Development Working Groups
 Blue Mountains Interagency Network
 Breast Cancer Foundation - Community
 Reference Group (CRG)
 Cervical Screening Program Advisory
 Committee
 Combined Youth Interagency
 Dubbo Violence Preventative Committee
 Dubbo Western Interagency
 Dubbo Youth Interagency
 Dubbo Koori Interagency Network
 Refugee Health Information Network
 Refugee Women's Health Working Group
 Immigrant and Refugee Women's Network
 Fairfield Youth Workers Network
 Forum of Non-Government Agencies
 (FONGA)
 Hawkesbury Youth Interagency
 Health Policy Advisory Group (NCOSS)
 Hunter New England Aboriginal Sexual &
 Reproductive Health Advisory Group

Hunter Refugee Network
 Hunter Youth Sexual Health Workers Network
 Lake Macquarie Youth Interagency
 Ministerial Advisory Committee on
 HIV and STIs Health Promotion Sub
 Committee
 New South Wales Association for Youth
 Health (NAYH)
 Newcastle Multicultural Health
 Interagency
 Newcastle Youth Interagency
 NSW Anti Homophobia Interagency
 NSW NGO Advisory Committee
 NSW STIPU Contact Tracing Working Party
 PASHIP Program Reference Group Meeting
 Penrith Youth Interagency
 Penrith Youth Interagency Steering
 Committee
 Proud Schools Steering Committee
 Risky Business - Penrith Youth
 Interagency Sub Committee
 Sexual Health and Family Planning
 Australia Council
 Sexual Health Week Advisory Committee
 SH&FPA Aboriginal and Torres Strait
 Islander Special Interest Group
 SH&FPA Disability Special Interest Group
 SH&FPA Education and Professional
 Working Group
 SH&FPA Medical Education Working Group
 SH&FPA Nursing Professional Working Group
 SH&FPA Youth Special Interest Group
 Statewide & NGO Women's Health
 Network Meeting
 STIPU GP research group
 STIPU Working Party (NSW STI Programs Unit)
 Touching Base Inc.
 Youth Research Interest Group
 Western Sydney NGO Co-ordinators Meeting

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P: 02 8752 4300

Family Planning NSW Fairfield

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Family Planning NSW Penrith

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Penrith NSW 2750
P: 02 4749 0500

Family Planning NSW Hunter

Ground floor,
384 Hunter Street
Newcastle NSW 2300
P: 02 4929 4485

Family Planning NSW Dubbo

2B/155 Macquarie Street
Dubbo NSW 2830
P: 02 6885 1544

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Family Planning NSW is a not-for-profit organisation funded by the NSW Ministry of Health