



FAMILY PLANNING NSW

Annual Report

2007

Celebrating 80 years of reproductive
and sexual health services

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In 1926, registered nurse and feminist Lillie Goodison co-founded Family Planning, with the aim of controlling venereal diseases and providing sex education to the community.

Vision

To be a leader in reproductive and sexual health.

Mission

To promote the reproductive and sexual health of the people of NSW.

Purpose

To contribute to, collect and disseminate reproductive and sexual health knowledge, information and learning.

Objectives

Family Planning NSW is committed to the achievement of excellence in meeting its key objectives. These are to:

- Improve the knowledge and skills of service providers including doctors, nurses, teachers and other professionals in the delivery of reproductive and sexual health services;
- Improve the reproductive and sexual health of the people of NSW through providing demonstration clinical services as a basis for the training of health professionals;
- Contribute to, manage and disseminate knowledge in reproductive and sexual health through original research and publications;
- Work with other organisations who can impact on the reproductive and sexual health of NSW residents through developing partnerships;
- Improve the reproductive and sexual health outcomes of the people of NSW through health promotion activities; and
- Improve the reproductive and sexual health outcomes of people in regional, rural and remote NSW and of people in disadvantaged groups.

Who We Are

Family Planning NSW works to improve the reproductive and sexual health of the people of NSW. A Company limited by guarantee incorporated under the **Corporations Act, 2001**, we are an independent not-for-profit organisation with a voluntary Board.

Family Planning NSW is committed to excellence in meeting the reproductive and sexual health needs of the NSW community. It achieves this by improving the knowledge and skills of service providers, providing demonstration clinical services, contributing to and disseminating knowledge through original research and publications, developing strategic partnerships and health promotion activities.

Family Planning NSW focuses its activities on disadvantaged groups and in areas where access to mainstream services are restricted, including people who are young, aged, indigenous, disabled and from culturally and linguistically diverse groups and people in regional, rural and remote NSW.

Our Links

Through our membership of Sexual Health and Family Planning Australia, Family Planning NSW links with other family planning organisations around the country and with the International Planned Parenthood Federation. We maintain active partnerships with other organisations that are positioned to impact on the reproductive and sexual health of the people of NSW including government, community and the corporate sector.

Our Income

Family Planning NSW is the peak organisation funded by Government to specifically provide reproductive and sexual health services throughout NSW

Family Planning NSW gratefully acknowledges our two major funders. The Commonwealth Department of Health and Ageing provides our major grant funds through the Public Health Outcome Funding Agreement administered through NSW Health. NSW Health also provides funds through the Non-Government Organisation (NGO) program.

“I first attended Family Planning as a teenager...and recall the wise and supportive suggestions I was given then. For an organisation to be delivering the same great service for so long is exceptional. Thank you so much.”

Family Planning NSW Strategic Plan 2007 – 2010

The Family Planning NSW Strategic Plan 2007-2010 has been developed to meet the challenges of the organisation over the next four years. Six key directions with detailed performance indicators have been identified.

The Strategic Plan will form the basis of all service planning, implementation and reporting over the next four years, through all Annual Business Plans and Annual Reports. Challenges identified in the plan include those related to meeting the requirements of funders as well as identifying the sexual and reproductive health needs of the community, providing best practice service delivery and improving the health outcomes in sexual and reproductive health in NSW through our activities.

Key Direction 1 – Expert Information Services

To provide credible, up-to-date, expert information products to health professionals, community and policy makers.

2006/07 Key Achievements

- **Healthline** is a reproductive and sexual health telephone information service for the general population and for the professionals who service them. Between July 2006 and June 2007, there were 10,453 telephone calls from the general public received and answered by FPNSW Healthline.
- **Go Ask Edith** is a web facility where clinical nurse specialists answer reproductive and sexual health queries. FPNSW Healthline staff answered 1,498 queries during the 12-month period.
- **Healthrites** is a mail order service offering books, training packages, information sheets and teaching resources for sale both nationally and internationally. The total bookshop sales increased by 21% compared to last year.

Key Direction 2 – Credible, responsible advocacy that is considered and achieves results

To be seen as the credible, reliable voice for choice and the primary advocate on issues of reproductive and sexual health.

2006/07 Key Achievements

- Events calendar for reproductive and sexual health events incorporated into 2006/07 Business Plan.
- Media and issues monitoring system reviewed and implemented.
- Partnerships fostered with key stakeholders to support advocacy agenda.

Key Direction 3 – Growth and diversification of funding base

Self-sufficiency

2006/07 Key Achievements

- Finance and Audit Sub-Committee established and meeting regularly.
- Cost-effective medical indemnity insurance implemented.
- Reproductive and sexual health needs analysis commenced.
- Client donation policy reviewed and changes implemented.

Key Direction 4 – Best quality health promotion, prevention and clinical care to the people of NSW

To provide credible, up-to-date, expert information products to health professionals, community and policy makers.

2006/07 Key Achievements

- 8,553 participants attended Family Planning NSW health promotion activities from July 2006 to June 2007. There were 58% female participants. 78% attended youth targeted activities, 8% were from culturally and linguistically diverse backgrounds, 4% were from Indigenous backgrounds, 3% of people attended activities for people with a disability and the remaining 7% were from other target groups.
- 11,797 clients attended Family Planning NSW clinics from July 2006 to June 2007. 41% were less than 30 years old, 23% aged 30-39 years, 19% aged 40-49 years and 17% aged 50 years and over. More than 3% of clients reported having a disability.
- Close to 50% of the clients attended the Ashfield clinic, 28% from Newcastle, 10% from Fairfield, 7% from Dubbo and 6% from Penrith. Of the 158 Aboriginal and Torres Strait Islander clients who attended Family Planning NSW clinics, 49% (78) were seen at our Dubbo clinic.
- Of the 3,646 clients born outside Australia, 63% attended the Ashfield clinic, 23% attended Fairfield Multicultural Services, and 11% attended Newcastle. 76% of overseas born clients were migrant settlers, 8% asylum seekers/humanitarian refugees and 15% reported other reasons for migration.
- **Go Ask Edith** is a web facility where clinical nurse specialists answer reproductive and sexual health queries. FPNSW Healthline staff answered 1,498 queries during the 12-month period.
- Healthrites is a mail order service offering books, training packages, information sheets and teaching resources for sale both nationally and internationally. The total bookshop sales increased by 21% compared to last year.

Key Direction 5 – Research and evaluation implemented across NSW

To develop and expand the culture of research and evaluation across the organisation.

2006/07 Key Achievements

- The Sydney Centre for Reproductive Health Research, Research Division was established to ensure that information provided by Family Planning NSW is based on proven facts established through carefully developed research projects.
- The Research Unit conducted 26 research projects, 10 of these projects were externally funded.
- Three research papers were published in peer-reviewed journals; two of these papers were published in international journals.

Key Direction 6 – Training and education

To be leaders in reproductive and sexual health best practice professional training and workforce development to health care workers and service providers.

2006/07 Key Achievements

- 4,975 service provider participants attended 334 Family Planning NSW professional education activities from July 2006 to June 2007. Of the 4,975, 51% were Medical Practitioners, 14% Allied Health Workers, 8% Indigenous workers and the remaining 27% were nurses, teachers/educators, disability workers, medical students and other health students.
- 1,024 service provider participants attended the Family Planning NSW professional courses. Of the 1,024, 30% were nurses, 17% medical practitioners, 17% other professions, 15% teachers/educators, 8% indigenous workers, and the remaining 13% were teaching students, medical students, allied health workers, CALD workers and disability workers.

President's Message



It is now 80 years since a small but valiant group of women and men started what is now Family Planning NSW (FPNSW). This has been 80 years of hard work, achievement and at times struggle for sexual and reproductive health (SRH) services and rights. It is my pleasure, therefore, to present what is effectively the 81st Annual Report of FPNSW.

On 3 November 2006, Family Planning NSW celebrated its 80th birthday. Family Planning NSW was founded in 1926 by a number of feminists and activists at the time, notably Lillie Goodisson and Ruby Rich. FPNSW is the oldest family planning organisation in Australia and has always taken a leading role in local, state and national developments. In the 1920s, FPNSW was known as the Racial Improvement Society and in 1928 it became the Racial Hygiene Association. In those days the concept of eugenics reflected progressive social thinking about the roles of women, families and sexual health, though the concept was misused in some quarters.



Above:
Dr Devora Lieberman, President, with Board Member Dr Angeline Low at the 80th birthday celebrations.

The aims of the organisation in the 1920s were the eradication of venereal diseases and to further sex education in the community. Eighty years later FPNSW still believes in these aims and concentrates on sharing its expert knowledge in sexual and reproductive health with other health professionals and providing face-to-face clinical services in areas of special need. Over the years, FPNSW has become even clearer that we support a diverse, inclusive and non-discriminatory approach to the many families of family planning in NSW and beyond.

The Family Planning NSW refurbished headquarters at Ashfield was officially opened in October by the NSW Minister for Health, The Hon John Hatzistergos MP, and speakers on the day included the NSW Minister for Women, Sandra Nori MP; CEO Ann Brassil; Director of Research Dr Edith Weisberg AM; and Dr Stefania Siedlecky, former President and co-author of *Populate and Perish*.

During the past 12 months the organisation has consolidated its role, and laid the basis for future developments as we respond to new needs in sexual and reproductive health. Under the leadership of CEO Ann Brassil, and with the input of staff across the organisation, a new Strategic Plan has been adopted for the next three years. The commitment of all staff is valued and is a key ingredient to the high quality work of the organisation. The Plan is visionary, as the needs are many and varied. Our strength, however, rests in the day-to-day quiet achievements of FPNSW staff going about their tasks in a friendly, informative and positive manner.

FPNSW is well served by a Board that actively fills its role of corporate governance and strategic direction, and a committed staff who work across the broad sweep of the organisation. The Board has sub-groups that give detailed attention in areas such as Ethics, and Finance and Audit.

In November 2006, I was elected as the National President of Sexual Health and Family Planning Australia (SH&FPA). This is the national body that represents the eight state/territory sexual health and family planning organisations. FPNSW is an active member of SH&FPA and takes its national and international responsibilities in SRH seriously. In February, FPNSW hosted a SH&FPA visit by Dr Gill Greer, Director-General of the International Planned Parenthood Federation, and in May 2007, SH&FPA was visited and subsequently accredited as a full Member Association of the IPPF.

Through SH&FPA, FPNSW has been able to extend its work to members of Australia's national parliament, and to develop ideas concerning families, population, fertility, the environment and development. Working with SH&FPA, FPNSW is a global citizen in the arena of SRH, and I am sure that will continue in the future.

Family Planning NSW has lived through and achieved much in 80 years. Our achievements in the past 12 months are documented in this report. There will be many achievements – as there will be challenges – as we work together to improve sexual and reproductive health and rights for individuals, families and communities in Australia and beyond.

I encourage you to participate and engage with us in these many challenges. I look forward to your continued support during 2007-08.

Dr Devora Lieberman

President
MD, MPH, FRANCOG

Below:

Dr Devora Lieberman, President, with NSW Minister for Women, Sandra Nori MP and NSW Minister for Health The Hon John Hatzistergos MP cutting the cake (made by staff member Dr Irene Ng) at the 80th birthday celebrations.



CEO's Message



This is my first report for a full 12 months, having commenced in the position of CEO of Family Planning NSW in February 2006. What an exciting and busy 12 months it has been! My overwhelming impression is of the hard work and vision which the organisation contributes as we respond to the needs of individuals, families and communities, in all their diversity.

I could tell you about the more than 20,000 visits to our Family Planning NSW (FPNSW) clinics during the past 12 months, the range of clients and the main services provided during those visits. Or, I could inform you about the more than 5,000 professional education training activities provided by FPNSW, and the occupations most represented in that education and training. The figures are available in this report and other publications from FPNSW.

These are important figures, for they tell you what our dedicated and professional staff do every day of the week, and every week of the year. They also tell us something of the changing needs, activities and challenges in sexual and reproductive health in 2006/07 and beyond.

A major achievement during the past 12 months has been the development of a new Strategic Plan, and an accompanying Business Plan. All staff have been actively involved, and the Plans provide a detailed outline of where FPNSW will be heading in the next three years. There are more needs than can currently be met, so we have been quite strategic about priorities and the allocation of finite resources.

Clinical services in NSW were stable during 2006/07 and attendances were closely monitored. The evidence is that mainstream health professionals (often trained by FPNSW) are becoming more capable in meeting needs, but there are gaps in rural and remote areas, with some cultural groups and other specific groups. The strong focus in health promotion, education and training is to equip professionals (teachers, community educators, nurses and community workers) with the necessary skills in SRH. Without these services provided by the specialist FPNSW staff, many workers in health, education and welfare would not be skilled to carry out their tasks.



Above:

FPNSW President Dr Devora Lieberman, Rev Bill Crews from the Exodus Foundation, NSW Minister for Health The Hon John Hatzistergos MP, FPNSW CEO Ann Brassil and Cameron McLean, Director of Client Services viewing the refurbished clinic rooms.

As CEO, I am daily impressed by the dedication and commitment of staff, though we all must manage a workload of competing priorities. I am ably supported in this by an active President, Devora Lieberman, and a Board that is clear about its corporate and strategic governance role.

As in any organisation, there has been staff turnover during 2006/07. I will mention two only. Sue Williams, Manager of Education and Health Promotion, moved to become the CEO of Family Planning Tasmania. Our Public Affairs Manager, Jane Singleton, moved to extend her commitment by becoming CEO of the Australian Reproductive Health Alliance. It is a pleasure to be able to continue to work with Sue, Jane and others in the wider context of SRH.

FPNSW works in a co-operative manner with other organisations. We maintain strong links with the health and welfare sector through the NSW Council of Social Services, with professional medical and nursing bodies, and other SRH related NGOs such as the AIDS Council of New South Wales.

Consistent with the national and international vision of FPNSW, I have been very active with Sexual Health and Family Planning Australia (SH&FPA), as the CEO responsible for the national secretariat and Commonwealth Government Liaison. This has involved advocacy in Australia and beyond. A major initiative has been the move, in conjunction with the Public Health Association of Australia, for a framework for a National SRH Strategy.

In addition, I have been involved in planning meetings with officers of the Commonwealth Department of Health and Ageing, and lobbying members of Federal Parliament on matters such as the proposed Access Card and the National Pregnancy Helpline.

Below:

CEO Ann Brassil with President Dr Devora Lieberman at the 80th birthday celebrations.



In addition to my involvement as CEO, our Medical Director, Dr Christine Read has been active as the Convenor of SH&FPA's senior medical group, and senior FPNSW staff are involved in national groups on nursing and education, health promotion and training.

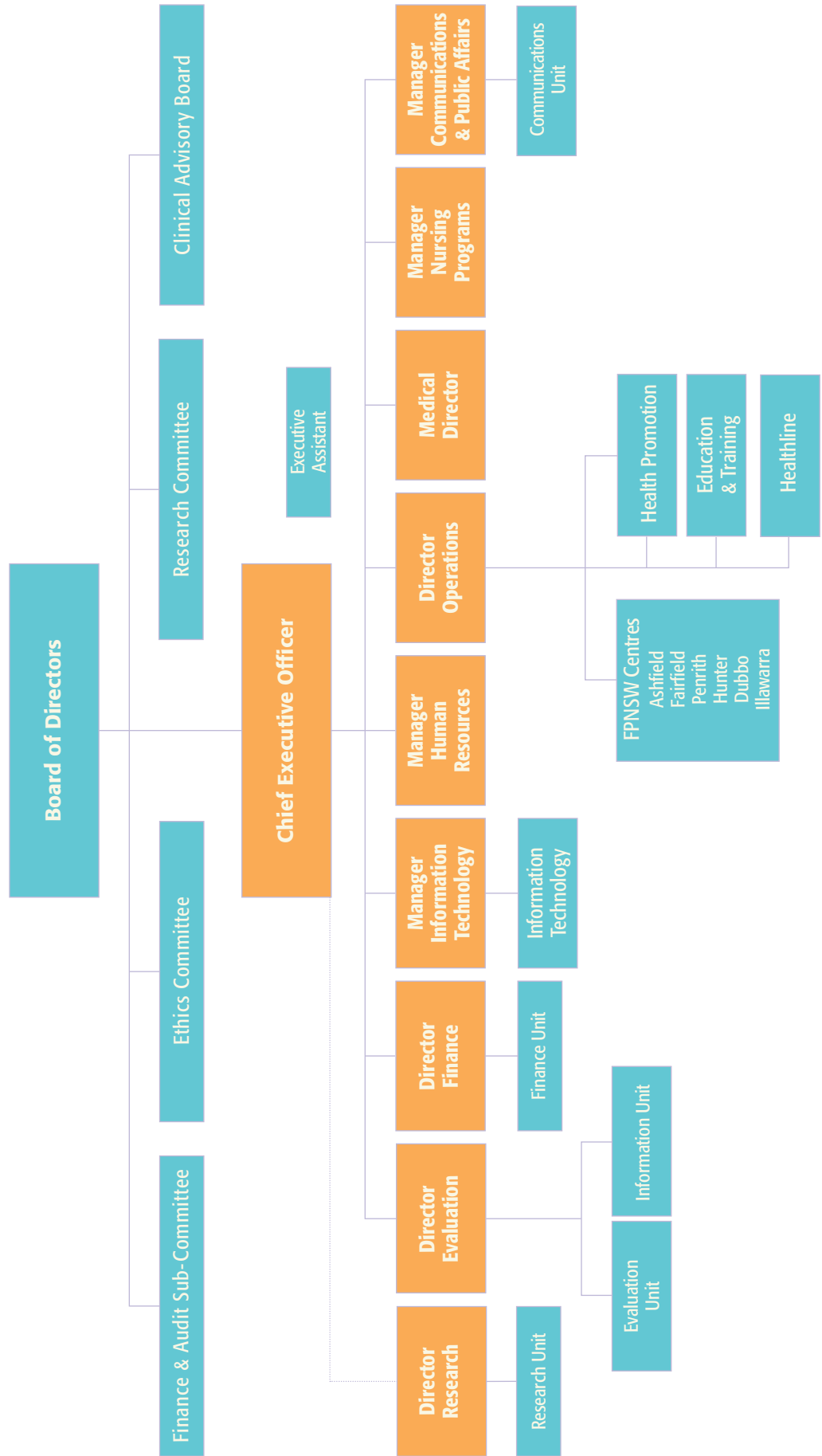
2006/07 has been a year of achievement, consolidation and development. As CEO, I am looking forward to working with all our staff, Board members, and supporters in extending our work.

Ann Brassil

Chief Executive Officer

BSc.(Psych) Hons.; MA (Hons.) Clin. Psych.; MB

Structure

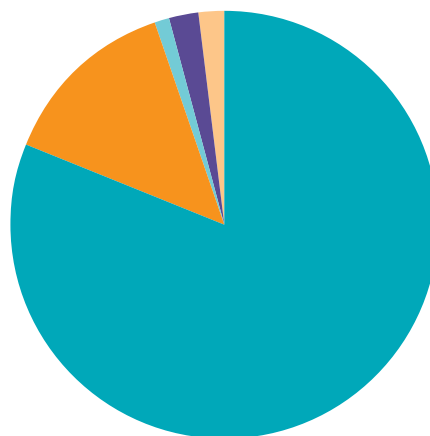


Staff Profile

	2004/05	2005/06	2006/07
Total employees	117	111	121
Full Time Equivalents	75.1	73.8	83.7

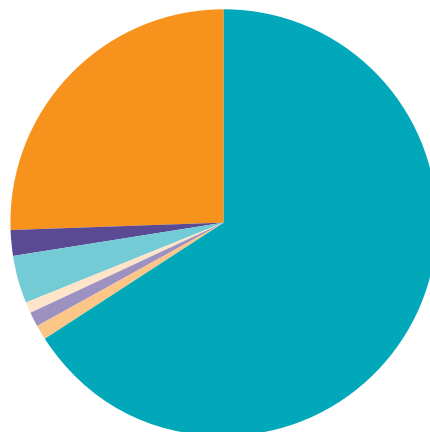
Income

State Government Grants	6,943,174
Generated Income	1,161,681
Commonwealth Government Grants	100,946
Research Grants	179,561
Other Grants	162,133
Total	8,547,495



Expenditure

Salary and related costs	5,321,101
Relocation of business operations	94,027
Cost of contraceptives	84,926
Depreciation/Amortisation	68,666
Insurance	304,955
Leasing	147,986
Other	2,054,322
Total	8,075,983

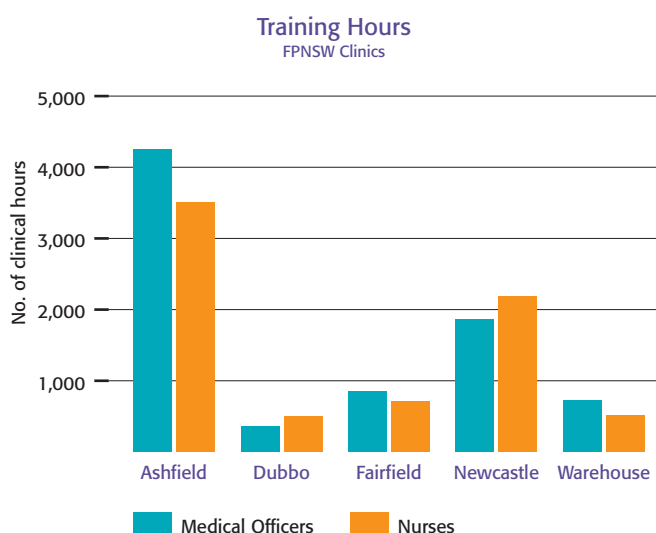


Medical Services

Medical Services is proud of its many achievements in 2006/07. The publication of two evidence based information resources for health professionals were highlights. ***Sex and the Law*** was written and researched by FPNSW and the Inner City Legal Centre and edited and published by Redfern Legal Centre Publishing (an imprint of UNSW Press).

The book was launched at the Supreme Court by Justice Elizabeth Evatt and has been an extremely popular and well-received publication. ***Reproductive and Sexual Health: an Australian clinical practice handbook*** was edited and published by FPNSW and is an integral resource of the training courses for health professionals and purchased widely by general practitioners as a user friendly reference.

The unit has also provided extensive media comment on topics ranging from the controversial launch of the Commonwealth Government's National Pregnancy Counselling Hotline, to the rise of Chlamydia infections in young people, confusion surrounding the risks and benefits of hormone replacement therapy and the need for comprehensive and appropriate sexual health education for all ages.



Above: Justice Elizabeth Evatt (centre) with Christine Read, Medical Director and John Elliot from UNSW Press at the launch of *Sex & the Law*.

Articles have been commissioned by peer reviewed publications including ***Australian Doctor*** magazine, 'How to Treat Irregular Vaginal Bleeding' and ***Australian Family Physician***, 'The Abortion Debate in Australia.'

Training doctors has continued to be a priority, particularly for general practice registrars and overseas trained doctors. This has been continued through coordinating and running four face-to-face national (SH&FPA) Certificate Courses in Reproductive and Sexual Health and two intakes of distance learning. Each of the face-to-face courses has been fully subscribed well in advance. Other popular workshops for external doctors include the Management of Menopause Active Learning Module and the Contraceptive Skills Clinical Attachment. An addition to the training program has been an e-learning module on Steroidal Contraception developed with Genesis Ed. More than 60 doctors have completed this activity online.

Advanced training was also provided through an 'extended skills post' at Newcastle for a general practice registrar in collaboration with the Valley to Coast GP Training Consortium. This post has proved so popular with GP registrars that the position will be offered again in Newcastle and at Ashfield/Penrith in 2007/08.

Nursing Program

This has been a very busy year for nursing education and clinical instruction. The staffing of the Nurse Education Unit has increased to meet the continued high demand for courses, with the recruitment of an additional nurse education coordinator and course coordinator.

The Family Planning NSW Sexual and Reproductive Health Certificate had a successful year with 33 nurses completing the full certificate and 12 nurses issued with the theory only certificate.

The Well Women's Screening Course (WWSC) is now in its fifth successful year. In partnership with the Cancer Institute NSW and the Alliance of NSW Divisions, FPNSW delivered workshops in nine locations in rural, regional and metropolitan NSW with 93 participants being issued full certificates and eight with theory only certificates. This is nearly double the number of practice nurses and other registered nurses who were trained in 2005/06.

In addition, there were a number of workshops and education programs delivered to external organisations such as Area Health Services, Divisions of General Practice, University of Wollongong and the NSW Aboriginal and Maternal Infant Health Strategy. Of particular note were the Beyond Well Women's workshops (funded by the Cancer Institute NSW) with nine clinical updates delivered to past WWSC course participants across rural NSW.

“As a result of my scholarship I now provide a much needed service to the women living in the rural communities of Leeton, Narrandera and Barellan.”

Ann Bunyan, recipient of the 2006 Tony McGrane scholarship



Above:

Jo Lenton, from Broken Hill, winner of the 2007 Tony McGrane Rural Scholarship for Reproductive Health Nursing.

General highlights of the Nursing Program include:

- Piloting of an external clinical training model for practice nurses participating in the Well Women's Screening Course. This model allows practice nurses to complete their clinical training with a FPNSW clinical instructor in their own workplace.
- A successful partnership developed with the Alliance of NSW Divisions, which supports practice nurses participating in and attending education workshops.
- A MOU maintained with the Greater Western Area Health Service (GWAHS) in the Far West cluster, providing professional support and education to Women's Health Nurses. Quality review processes are also being provided to Women's Health Clinical Nurse Consultants in other areas of GWAHS.
- The Tony McGrane Rural Scholarship for Reproductive Health Nursing in 2007 was awarded to Jo Lenton, a sexual health nurse from Broken Hill.
- The Quarterly distribution of *SARHNI – Sexual and Reproductive Health Nursing Information*, a newsletter distributed across NSW and around Australia, to approximately 600 nurses.
- FPNSW nursing staff delivered conference presentations to APNA (NSW) and RCNA national conferences.

Ashfield Centre

The relocation of the Hurstville and Chatswood clinics in June 2006 to Ashfield enabled the Ashfield clinics to focus on professional training and multi skilling nurses to work across units including Healthline, clinics and research.

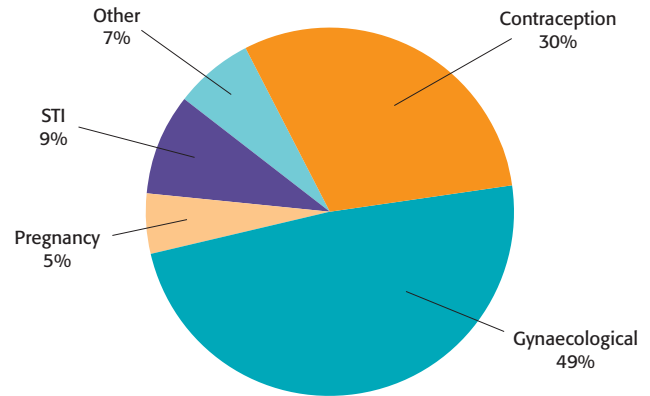
During 2006/07, 10,039 medical consultations were seen in the clinics with the primary consultations for gynaecological and contraception reasons.

Six clinics run at Ashfield and clinic appointments are tailored to meet the needs of clinical training for health professionals who attend the FPNSW theory course component. Thirty-six practice nurses from NSW completed their cervical screening training.

The clinics work closely with the Research Unit in recruiting women for current research projects and the Centre continues to provide senior Medical Officers for Dubbo's clinical fly in service.

"I came to your centre for a pap smear and general check up. I was made to feel very welcome, treated politely and with dignity. The staff are just wonderful. They were very helpful, good listeners and made the visit very worthwhile."

Main Services Provided
FPNSW Clinics



Ashfield clinics continue to provide clinical observation placements for medical students from the Northern Sydney Medical School at Sydney University and students from St George Hospital. Nursing students from Sydney University, UTS and the University of Western Sydney also attend observation clinics as part of their community placement.

In 2006/07, 62 medical students observed 40 days of clinical observation placements and eight undergraduate nursing students observed 34 days of clinical observation.

Improving clinical practice continues with the completion of clinical, occupational health and safety, Infection Control, Clinicians' file documentation and positive Chlamydia audits. A client satisfaction survey was completed with positive results.

Fairfield Multicultural Services Centre

Family Planning NSW Multicultural Services has been busy with a range of activities. In 2006/07, 2,048 clients were seen in the clinic, with 73% of those clients born in a country other than Australia. We are also very fortunate to have achieved a full staff complement for the first time in many years.

Family Planning NSW Multicultural Services has established a partnership with NSW Refugee Health Service to provide accessible clinical services to new arrival refugees in the Fairfield LGA. The partnership also aims to promote collaborative partnerships to increase access and enhance service provision for vulnerable and marginalised clients.

During 2006/07, Family Planning NSW Multicultural Services developed projects that engage and promote the reproductive and sexual wellbeing of Culturally And Linguistically Diverse (CALD) communities. We have successfully conducted two workshops with African service providers on reproductive health. We have launched the translation of the Andrology Australia resource *What Every Man Needs to Know* in 12 community languages. Ethnic media were present and even Italian TV broadcast to Rome!



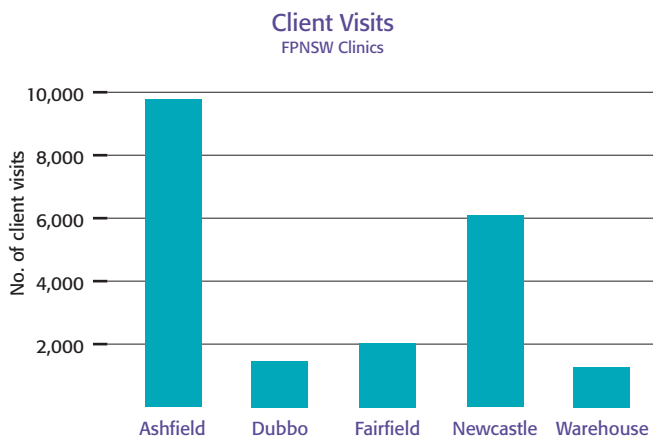
Left:
Bernie Sarpong (right) Fairfield Health Promotion Officer at Refugee Week.

Family Planning NSW Multicultural Services has developed a range of translated resources. We have worked with the NSW Multicultural HIV and Hep C Service to produce resources on HIV for African women. We have translated IUD consent forms, and HPV / Pap test letters into the top 10 community languages – Arabic, Assyrian, Bosnian, Chinese, Farsi, Khmer, Serbian Spanish, Vietnamese and Turkish.

Family Planning NSW Multicultural Services continues to provide cultural awareness training and to improve the internal capacity of FPNSW to meet the needs of CALD clients and communities.

We are very happy to have other FPNSW centres participate holistically to meet the community education requests of CALD women and young people.

We continue to maintain our grass roots approach by providing community education sessions and we have seen members from the following communities: Vietnamese, Assyrian, Sudanese, Burmese, Serbian, Iraqi and a variety of mixed group sessions.



The Warehouse Penrith

The Warehouse Youth Health Centre focuses on the reproductive and sexual health of young people aged 12 – 24 years within the Penrith, Hawkesbury and Blue Mountains local government areas through the delivery of clinical services, health promotion activities, community development, professional education and research.

Aboriginal Antenatal Clinical Services

The Warehouse signed an MOU with the Aboriginal Medical Service (AMS) at Daruk to provide an Aboriginal Antenatal clinic service at The Warehouse every week. AMS staff help provide a service that is relevant for local young indigenous women.

Health Promotion

Health promotion activities are targeted at both young people and agreed priority groups. Using an Outreach Model and visits to venues, projects are facilitated at local high schools, TAFEs, universities, hotels and clubs, community events and Police Citizens Youth Centres. In 2006/07, The Warehouse interacted with 6,099 young people – 3,387 females and 2,712 males – at health promotion activities.

Young Parents Network Project

Using an integrated service model approach in working with young parents, this project provides holistic care and support for young parents and their children. The Network is supported by The Warehouse, Mission Australia, Anglicare, Nepean Youth Accommodation Services and community health.

Young Men's Sexual Health Project – From the Knees Up

'From the Knees Up' provides at-risk low literacy young men aged between 16-20 with information on sexual health, testicular cancer, general fitness, mental health, drug and alcohol use and drink spiking.

Right:

Drink Spiking Poster developed by The Warehouse and presented at the 19th International Union for Health Promotion and Education Conference, Vancouver June 2007.

Mardi Gras

Same sex attracted young people who attend the 'WEST ID' project at The Warehouse and health promotion officers joined the Sydney Gay and Lesbian Mardi Gras parade to advocate for the rights of gay, homosexual, transgender and queer identified people to live free of discrimination, harassment and victimisation based on sexuality.

Professional Education

The Warehouse held a range of professional education sessions focussing on young people with disabilities including the Family Planning NSW Beyond the Nuts and Bolts course; professional education for the Nepean Division of GPs and Hawkesbury Division of GPs; and an Adolescent reproductive and sexual health update for nurses and other participants.

Conference Presentations

The Warehouse successfully presented its 'The Drink Spiking' and 'La Keny' 'Southern Sudanese projects at the 5th Australian and NZ Adolescent Health Conference, the CAAH Youth Health forum, 'Are We There Yet' Youth Conference in Melbourne and the 19th International Union of Health Promotion in Canada.



Hunter Regional Centre

During 2006/07, 6,268 consultations were provided, with 45% of clients 24 years and younger. To facilitate easy access for young people, the Centre provides two dedicated youth drop-in sessions per week. During this period, 43% of clients chose to 'drop-in' for a consultation, rather than use our appointment system.

The Hunter Region continues to have a higher than State average rate of youth Chlamydia infections. Over the 2006/07 period, Chlamydia infection rates for young people aged up to 24 attending Family Planning Hunter clinical services fluctuated from 3.6% to 13.2%. Clinicians at the Hunter clinic initiate opportunistic screening of young people attending our clinical services. The combination of health promotion activities, clinician education, plus NSW Health and Hunter New England Health campaigns has resulted in a significant number of young people presenting at the clinic requesting screening.



Above: Shane Jasiak Manager, Nursing Programs (left) and Ann Hutchings, Hunter CNS (right) with the Fabulous Females of Family Planning poster at the Royal College of Nursing Australia Conference.

The Hunter Health Promotion Officers focus on the provision of sexual and reproductive health education to disadvantaged and marginalised groups within the Hunter Region. Over the past 12 months work has included programs in high schools and to marginalised youth, disabled clients and women from Filipino, Tongan, Sudanese, Chinese and Spanish communities.

Community education sessions have included menopause and sexuality sessions at the Hunter Centre and in conjunction with Breast Cancer Support Groups, and the Maitland Hospital 'Early Starters' program for young parents aged up to 25 years.

There has been a high demand for clinical training and professional education in the Hunter Region in 2006/07 with the following programs delivered:

- 'Common Vaginal and Vulvar Problems' and 'Women's Health/Contraceptive' workshops to FRACGP registrars
- Two 'Beyond the Nuts and Bolts' workshops held at the Hunter Centre
- 'Adolescent Development and Sexuality' workshop
- Sexual and Reproductive Health Certificate (Nursing). Over the past 12 months, two three-day workshops were held at the Hunter Centre, with the majority of participants undertaking the clinical training module at the Centre.
- Hunter staff provide telephone information, advice and support to GPs / health workers from the Upper and Lower Hunter Region.
- 'Fabulous Females of Family Planning' poster presentation outlining the part women played in the development of Family Planning NSW from 1926 to the present day. The poster was presented at the 2006 Royal Australian College of Nursing conference.
- The high demand for clinical training from regional and rural nurses undertaking both Well Women's Cervical Screening and Sexual and Reproductive Health (Certificate) courses resulted in Hunter Centre nurses utilising 69% of their clinical time in an 'Instructing' role.

During 2006/07, the Hunter Centre has recruited participants for research projects including the IMAP study, Implanon Acceptability study, Implanon Problem Bleeding study and the Bacterial Vaginitis study.

Dubbo Centre

The Dubbo clinic provided 1,471 occasions of service to 869 clients in 2006/07. Of the clients seen, 38% were under 30 years old and 9% of clients were from Aboriginal and Torres Strait Islander background. Around 50% of services provided were gynaecological services.

Recruitment of clinical staff remains a challenge in rural areas. The Dubbo Clinic introduced nurse only clinics to address this challenge, supported by doctors from Ashfield and other centres.

The Clinic has provided targeted strategies to recruit Aboriginal women, supported by the strong involvement of the Aboriginal Women's Advisory Group, including the provision of Aboriginal Well Women's clinics. The clinic was involved in the WHINURS study and had full recruitment of both 50 Aboriginal and 100 non-Aboriginal women to the HPV research study.

The Dubbo Centre has maintained its relationship with the Dubbo School of Rural Health (Sydney University) in teaching both Med 3 and Med 4 students' clinical placements.

The Families First Needs Analysis, a study to explore young women's experiences with teenage pregnancies in Dubbo, Narromine, Coonamble, Bourke and Brewarrina,

was performed in 2006/07. The project aims to identify and address gaps in services provided.

Health promotion staff participated in a range of community activities including Youth Week, Community Drug Action Week, National Condom Day, Sexual Health Week and NAIDOC week.

"They were both just wonderful. Their consideration, understanding and knowledge speaks for itself in the way that they do their job and attend to all necessary matters."



Above:

Centre Managers L-R: Tracey Spark, Illawarra; Michelle Horner, The Warehouse; Emma Webster, Dubbo; Marilyn Grey, Ashfield; Joy Purdy, Hunter; and Leissa Marceau Pitts, Fairfield.

Illawarra Disability Resource Centre

During 2006/07, the Illawarra Centre provided resources for individuals with a disability, disability groups, services and carers. It is a first point of contact for assistance with the reproductive and sexual health needs of people with a disability, disability support staff and parents of people with a disability.

Family Planning NSW worked in partnership with the Illawarra Altogether Drama Group Troupe to develop *Sex in the Steel City*, a performance of four short skits with health messages about safe sex, sexual safety and relationships. The actors have an intellectual disability and many of them have been performing together for several years.



Above:
Rachel Head and Rachel Murphy performers with the Altogether Drama Group in the Illawarra.

“People with a disability have a right to have a sexual relationship together, and go out together and enjoy life”

– Louise Russell, *Love & Kisses* interviewee

In November 2006, the Troupe launched *Sex in the Steel City* to the public at the Illawarra Performing Arts Centre and then played to an audience at Family Planning NSW Ashfield to celebrate International Day of People with a Disability. Since then they have been booked to perform at conferences and schools.

An important aspect of this project is that people with an intellectual disability have reflected on their own experiences of sexuality and relationships. Through drama, they have taken the opportunity to voice a strong personal message about their rights to be safe and healthy and live in positive relationships.

Cervical Screening Project for Women with an Intellectual Disability

Women with disabilities have the same needs for preventative health screening as all women. However, they remain under-screened for cervical cancer. In response to this issue, the Illawarra Centre, in partnership with the Illawarra Disability Trust and Illawarra Women’s Health nurses, embarked on a Cervical Screening Project.

The aim of the project was to increase the knowledge and sensitivity of carers to the relevant issues, whilst increasing the women’s knowledge about the examination and their preventative health needs.

In September 2006, three nurses and the FPNSW senior health promotion officer facilitated education sessions and follow-up clinical sessions at the Illawarra Women’s Health Centre for eight women accessing the Disability Trust’s supported accommodation program.

The project also aimed to make the clinic a more comfortable environment. This included having a belly dance performance in the foyer area, which the women really enjoyed. The results of the education and clinical sessions were overwhelmingly positive. Most of the women felt comfortable enough to have breast and/or external pelvic examinations and one Pap smear was conducted.

Education and Training

The Professional Education Unit is responsible for the development, delivery and assessment of a range of courses. FPNSW is committed to delivering courses that address contemporary issues that are highly relevant to the workplace needs of professionals including allied health workers, teachers and community workers. Courses are delivered throughout NSW through the State Unit as well as all the FPNSW centres.

In January 2007, a new Manager for Education and Training was appointed to coordinate the Professional Education Program and to work closely with Nursing and Medical Education Programs to support the high quality of education practice.

Highlights of the Year

- Together with ACON and Deakin University, FPNSW delivered *That's So Gay* in Lismore. This comprehensive program provided teacher training in managing homophobia in school, a public forum and positive media coverage.
- Successfully tendered to the NSW Department of Ageing Disability and Home Care to deliver sexuality training to disability workers around NSW. Training

is being delivered in partnership with People With A Disability Inc and has been very positively received. In 2006/07, 296 workers attended 44 disability courses.

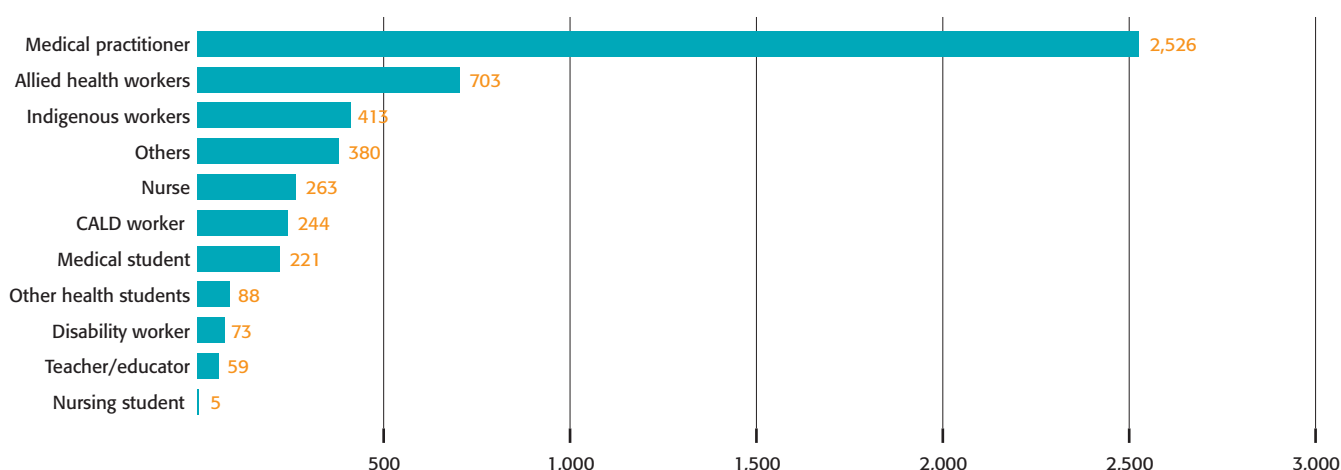
- Worked closely with the NSW Department of Education and Training to support secondary school teachers to deliver sexuality information to students. FPNSW developed and delivered modules on values and attitudes and answering those difficult questions. In 2006/07, 238 teachers participated in workshops and courses.
- Developed and tested modules to support teachers to deliver the sexuality content of the PDHPE syllabus for students with a disability.

Overall, in 2006/07, 70 courses were delivered to 1,022 professionals.

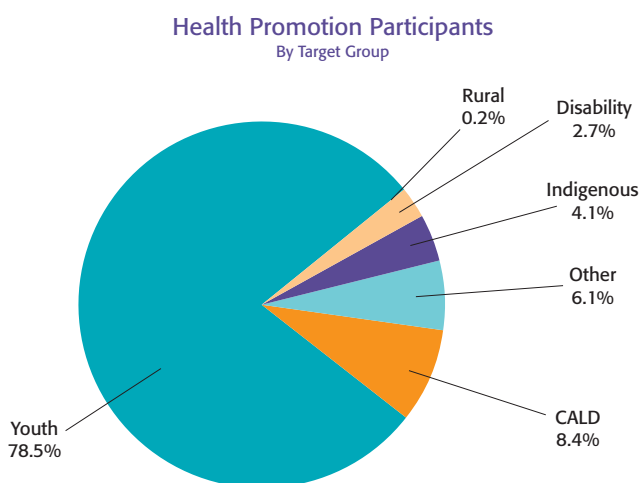
All FPNSW courses are evaluated to determine how well they meet participants' expectations and learning needs and also their satisfaction with trainers and the learning environment.

Our courses consistently evaluate very highly, with most people indicating an increased level of confidence in talking with others about sexual and reproductive health.

Professional Education Activity Participants
By Profession



Health Promotion



World AIDS Day – 1 December 2006

FPNSW staff in all the units, the local DoCs café and also a local business supported this event. Money was raised through donations and offered to Camp Goodtime.

Awareness raising activities were conducted in partnership with Sydney Hospital. Bookmarks promoting the day were distributed to public libraries in NSW.

About AIDS

FPNSW, in partnership with ACL and the Multicultural HIV/AIDS and Hepatitis C Services, developed the *About AIDS to learn English and Learn about AIDS*, an interactive CD ROM that uses information about HIV/AIDS to teach English language skills.

With the support of an English language teacher the *About AIDS* CD ROM allows students to work at their own pace in a computer-based lesson. Sensitive issues can be dealt with confidentially and appropriately, with questions answered, allowing students to feel both comfortable and safe. The topics covered include; AIDS in Australia, living with HIV/AIDS, how people get HIV, testing and treatment, protecting yourself, what is HIV? and what is AIDS?

Aboriginal People

The Aboriginal Partnership program has developed a three-year strategic plan for FPNSW work with Aboriginal people in NSW. As part of the strategic plan, consultations with key Aboriginal health and educational agencies have begun.

Two staff were sent to Family Planning Western Australia to train in the Mooditj program, a community-based sexual health promotion and informal peer education program for Aboriginal youth aged 11 to 14. The program aims to link sexual health and physical, mental and emotional well being with environmental and social influences.

Disability – Love and Kisses

The *Love and Kisses* project developed three posters, with an accompanying eight-page guidebook, with the aim to counter the invisibility and silence that people with disabilities often face in terms of their romantic and sexual lives. Over 3,000 posters were distributed throughout NSW.



Above: One of the three *Love and Kisses* posters developed to raise awareness about sexuality, intimacy and disability.

NSW Health Sexual Health Week 2006

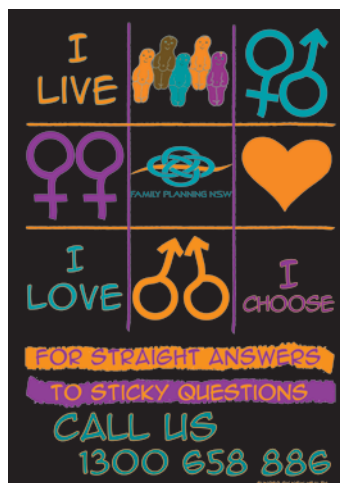
The health promotion unit played a key role in the development and roll out of the NSW Health Sexual Health Week campaign. The campaign was designed to promote sexual health awareness for young people aged 16-24. Northern Sydney Central Coast Area Health Service led the campaign with partners including FPNSW, three other Area Health Services and the Youth Accommodation Association. Activities included the allocation of community grants to agencies promoting sexual health, trivia nights, GP and nurse training events and an on-line youth forum in partnership with Reachout!

National Condom Day 2007

Activities promoting National Condom Day were held across all FPNSW units promoting safer sex messages by making condom packs and small love heart shaped candy bars available to clients. The key messages of the day included "Take care of yourself and your sexual partners".

Below:

National Condom Day, February 2007 – State Health Promotion Unit staff hand out condoms in the Sydney CBD.



Left:

The 2007 Youth Week poster.

Youth Week 2007

All units conducted activities promoting healthy relationships and sexual health throughout Youth Week. FPNSW supported the NSW Department of Education and Training's (NSW DET) YouthRock State Band Competition. FPNSW contributed a \$500 'Relationships Rock' award to the band whose lyrics reflected 'healthy relationships', which was awarded to Cloud 9. The band was interviewed and appeared on the FPNSW and YouthRock website.

Pregnancy Choices Booklet

FPNSW developed the Pregnancy Choices booklet, which outlines where to go for unbiased, all-options help on a variety of issues – help that isn't skewed towards any particular ideology or perspective.

Pregnancy Choices is an effective road map to the bumpy path of pregnancy. It covers everything from mapping the alternatives of adoption, fostering, keeping the child, or termination, to where to go for birthing classes, emergency accommodation and how to register your baby. This newly developed booklet is a vital resource for teachers, doctors, pharmacists, counsellors, or other health professionals.

"It's days like these that I know the world can only get better. Young people's futures can only get brighter."

Talking Sexual Health August 06

Foundation

The Foundation is an independent organisation dedicated to fund raising and managing funds to support the work of Family Planning NSW in a variety of programs in research, education, communications and infrastructure.

The major source of funds continues to be donations from clients attending FPNSW clinics with \$73,392 raised in 2006/07 and a donation of \$8,500 to fund a new Indigenous nursing scholarship.

The Foundation is run by Directors in a voluntary capacity. In late 2006, the Foundation employed a Development Manager to assist Family Planning NSW in actively seeking alternative sources of funding.

The Foundation has reviewed its donation strategies and implemented a range of strategies to maximise donations from clients, health professional and sponsors.



80th Birthday Dinner

The Foundation hosted a dinner on 16 November to celebrate the 80 colourful and significant years of Family Planning NSW and to raise funds for the 2007 Tony McGrane Rural Scholarship for Nursing in Reproductive Health.

The dinner was attended by 220 guests at the Women's College at the University of Sydney. The Hon. Gough Whitlam AC QC spoke of the Liberation Policy of the 1970s, which removed the tax on the oral contraceptive.

The Tony McGrane Rural Scholarship for Nursing in Reproductive Health

The Foundation funds the Tony McGrane Rural Scholarship for Nursing in Reproductive Health. The scholarship is named in memory of Mr Tony McGrane, former State Member of Parliament for Dubbo and a strong supporter of Family Planning NSW. The scholarship is funded for a nurse to complete the Family Planning NSW Post-Graduate Certificate in Sexual and Reproductive Health.

The 2007 scholarship was awarded to Jo Lenton, who has completed her training and is enjoying using her new-found knowledge and skills in the Greater West Area Health Service.

The legacy of the scholarship is that at the successful completion of the course, the nurse will return to rural NSW with added expertise and skills to assist local people.

Last year's recipient Ann Bunyan says "it has enabled me to establish a network of support with other health professionals within NSW Health." Working as a Women's Health Nurse, she now provides a much-needed service to women living in the rural communities of Leeton, Narrandera and Barellan.

Left top:

Rosemary Shapiro Liu, Development Manager with Foundation President Sophie McCarthy and Foundation Director Helen Fraser at the 80th celebrations.

Left:

Dr Stefania Siedlecky, Life Member and Dr Edith Weisberg, Director Research at the 80th celebrations.

Research

The research findings of the organisation contribute to the dissemination of evidence-based information in reproductive and sexual health with the aim of improving the reproductive and sexual health of the community.

During the financial year 2006/07, the FPNSW Research Unit was involved in 13 research studies, some of them in collaboration with tertiary institutions including the University of Sydney; University of Technology, Sydney; and the University of Queensland through the Women's Health Australia project.

The Research unit has a five-year grant from the National Institutes of Health USA and a linkage grant from the Australia Research Council in conjunction with CHERE, UTS.

Other projects are being carried out on behalf of the Population Council, New York; and a variety of pharmaceutical companies.

The following projects were undertaken during the FY 2006/07:

Self-funded Projects

Ceasing Hormone Replacement Therapy (HRT) –

This study compares different regimens for women ceasing HRT to determine the most effective way to prevent recurrence of menopausal symptoms on cessation. *Status: Recruiting participants.*

Post Menopausal PAP Smear Study – Single blinded randomised controlled trial to assess the effect of two dosages of vaginal oestrogen on the quality of post-menopausal pap smears –

This is a randomised study in which post-menopausal women are assigned to either one, five or no tablets of vaginal oestrogen prior to their pap smear. Outcome measures include the number of atrophic or unsatisfactory smears in each group. *Status: Recruiting participants.*

Mifepristone ovarian function study – The aim is to ensure that treatments being trialed to control bleeding in Implanon users do not affect the contraceptive efficacy. This study examines the effect of one-day administration of mifepristone and the same regimen followed by four days of daily administration of ethinyl oestradiol on ovulatory function and cervical mucus in women using Implanon. *Status: Recruiting participants.*

Pregnancy and contraceptive history – This is a retrospective study of a group of midlife women regarding their pregnancy history and contraceptive use during their reproductive years. *Status: Research report on contraceptive use by early baby boomers (research conducted with Women's Health Australia) submitted to Australian & New Zealand Journal of Public Health. Another paper is currently in preparation.*

Chlamydia surveillance – This project was initiated on January 2006. It involves monthly surveillance of Chlamydia testing across all FPNSW centres according to age and gender. *Status: Regular research activity*

HPV testing surveillance – A review of HPV testing across all FPNSW centres. *Status: Regular research activity.*

In Partnership with Universities

Communication in family planning consultations: comparing the experience of clients and medical practitioners – Discourse analysis of video-taped clinic consultations to determine effective and ineffective communication strategies. *Status: Study approved by Family Planning NSW Ethics Committee and will commence in November 2007.*

Client Understanding of Information Forms in Clinical Trials – This study assesses volunteers' understanding of a particular study in which they are participating via a questionnaire. *Status: Ethics application is currently being finalised. This study will commence in FY 2007/2008.*

Externally Funded/Grant

Control of menstrual bleeding disturbances in women (funded by the National Institutes of Health, USA) – This study involving multiple dosing of four therapies compared to placebo in women with frequent and/or prolonged bleeding during Implanon use is based on the results of a pilot study completed previously by the Research Unit. The results of the pilot study were published in *Human Reproduction* in early 2006. *Status: Enrolment completed. Completion of data collection February 2008.*

A multi-centre clinical trial to demonstrate the safety and the effectiveness of the STOP device in providing permanent contraception (funded by a pharmaceutical company) – A multi-centre five-year trial of the STOP device, which is a new method for occlusion of fallopian tubes as a method of female sterilisation. This device can be placed by means of a hysteroscope through the cervix into the opening of the fallopian tube as an outpatient procedure. Its major advantage is that no anaesthetic is required and there is no surgical incision. *Status: The fifth year of follow up is complete with no pregnancies reported. The women will be followed up for a further five years.*

Unity Dysfunctional Uterine Bleeding Study (funded by a pharmaceutical company) – A placebo controlled trial of a new oral contraceptive pill to determine whether it is effective in controlling excessive menstrual bleeding in women without pathology. *Status: Recruiting participants*

Implanon Acceptability II (funded by a pharmaceutical company) – A follow up study to see whether continuation rates have improved as doctors and women gain more experience with Implanon. *Status: Ongoing: recruitment completed.*

Factors which influence the preferences of GPs and women for contraceptive products – A study to evaluate consumers' and providers' preferences for both well-established and newly developed contraceptive products (ARC linkage grant with UTS and three pharmaceutical companies and Family Planning) – The outcomes will be unique information about the relative importance of different attributes of contraceptives in determining women's decisions about which particular method/s to choose and about the factors that influence providers' recommendations about contraceptive methods. *Status: In planning stage.*

Women's HPV Indigenous and Non-Indigenous Urban and Rural Study (WHINURS) – This is a collaborative study to look at the distribution of HPV types in indigenous and non-indigenous women across Australia. *Status: Recruitment of non-indigenous women completed at Hurstville and Dubbo; indigenous women recruitment is ongoing in Dubbo in collaboration with Aboriginal Medical Service.*

A phase III study of a combined oral contraceptive pill containing oestradiol and nomogestrel acetate compared to a marketed COC Yasmin (funded by a pharmaceutical company) – A randomised open-label comparative multi-centre trial to evaluate contraceptive efficacy, cycle control, safety and acceptability of a monophasic combined oral contraceptive (COC) containing 2.5 nomogestrel acetate (NOMAC) and 1.5mg estradiol (E2) compared to a monophasic COC containing 3mg drospirenone and 30µg ethinyl estradiol (EE). *Status: Recruiting participants. Data collection will be completed February 2008.*

A Phase III study of a combined contraceptive vaginal ring releasing Nestorone and ethinyl, oestradiol (funded by the Population Council, New York) – A multi-centre 12-month study of a long-acting low-dose contraceptive vaginal ring with a new progestogen looking at efficacy and acceptability. *Status: Recruiting participants.*

A randomised, double-blind, placebo-controlled, parallelgroup, multicentre, 24-week study to evaluate the efficacy and safety of transdermal testosterone (300 mcg/day) in naturally menopausal women with Hypoactive Sexual Desire Disorder (funded by a pharmaceutical company) – A multi-centre study of a testosterone patch in women who suffer from loss of libido which is causing them personal distress. *Status: Recruiting participants.*

Publications

Four research projects were submitted to peer reviewed journals, two of which were published in international journals.

Bateson, D, Weisberg, E. Comparison of diaphragm and combined oral contraceptive pill users in the Australian family planning setting. *The European journal of contraception & reproductive health care : the official journal of the European Society of Contraception.* 2007; 12: 24-9

Novikova, N, Weisberg, E, Stanczyk, F, Croxatto, H, Fraser, I. Effectiveness of levonorgestrel emergency contraception given before or after ovulation—a pilot study. *Contraception.* 2007; 75: 112-118

Evaluation Unit

The Evaluation Unit assists in the delivery of best practice reproductive and sexual health services by the provision of information to inform service delivery and monitoring and evaluation of services to ensure the effectiveness of FPNSW services.

FPNSW Statewide Data Needs Analysis

FPNSW is working with a range of stakeholders to gather data relevant to the reproductive and sexual health of the NSW community to inform policies, plan programs and services and evaluate the efficacy of projects.

FPNSW has consulted widely with experts and stakeholders, including senior public health and sexual health academics, epidemiologists, demographers and FPNSW senior staff, to identify data sources which may assist in the assessment of the public health initiatives and issues associated with reproductive and sexual health. Some of the indicators of relevance which are directly relevant to the evaluation of FPNSW activities and programs are induced abortion, fertility, sexually transmissible infections and cervical screening rates. Demographic and socio-economic characteristics of the NSW population are also relevant for the planning. The needs analysis will be completed in 2008.

Healthline

Healthline is the confidential telephone information service conducted by FPNSW. It is a toll free service and confidential emails are sent to the "Go Ask Edith" email service. Answers to these frequently asked email questions are then posted on the FPNSW website.

Healthline calls cover a huge variety of subject matter from contraceptive choices to sticky questions about puberty, periods and relationships. In 2006/07, the Healthline nurses answered 10,453 phone calls and 1,498 emails. 88% of calls were from female callers and 11% from regional and rural areas. 18% of calls were from young people 16 – 24 years and the majority of calls (38%) from clients 25 to 29 years.

Healthline's focus in 2006/07 has been on the maintenance of staffing levels and training of new staff to on Healthline. Continuing improvement for the

Family Planning NSW Databases

The *FPNSW Activity Data Systems (FADS) clinical component* was upgraded in December 2006. The purpose of the upgrade was to ensure that FADS operating system conforms to the standard operating environment. A facility to merge the 5 clinic database was also developed to facilitate data quality checking, evaluation and state data reporting.

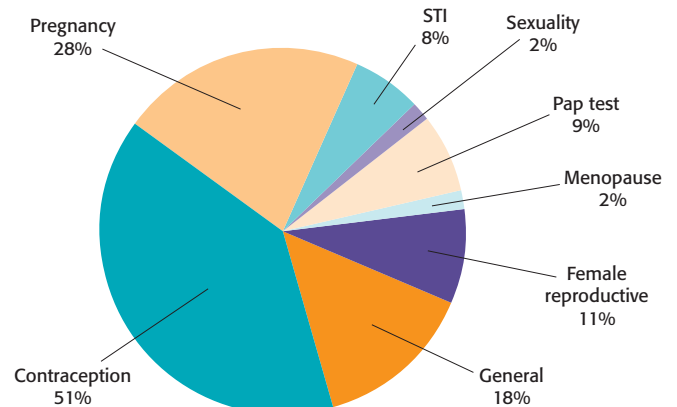
The *FPNSW Stakeholder database* business requirement was developed to incorporate various databases in FPNSW such as Medical and Nursing Theoretical and Clinical Education, Professional education, Healthrites client contacts, Communication & Marketing stakeholder contacts and other stakeholder worksheets and lists kept by FPNSW Units. The development of this database will commence in November 2007.

Support to Family Planning NSW Ethics Committee

Family Planning NSW is committed to provide appropriate support structure for the FPNSW Ethics Committee. An Executive Ethics Officer was appointed in June 2007 to ensure quality and efficiency of the ethics process.

service is always priority and the updating and revision of information on the FPNSW website is underway.

2006/07 Healthline Calls

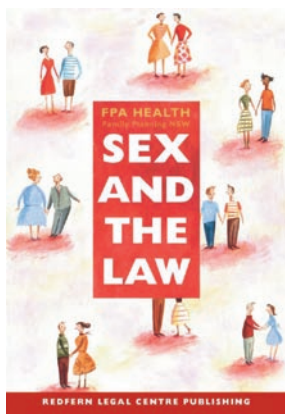


Information Service

Healthrites

Healthrites is the FPNSW mail order service that supplies books, training packages, information sheets and teaching resources about sexual and reproductive health, disability and more. Catalogues and flyers are developed and sent to various target groups including schools, health providers, community centres, disability organisations, medical practitioners, youth groups, libraries, hospitals and individuals. Resources can be purchased by visiting Healthrites, by mail or from the website.

During 2006/07, Healthrites sales increased by 21%. The top five books and resources are **Reproductive and Sexual Health: An Australian Clinical Practice Handbook**; **Contraception: an Australian Clinical Practice Handbook**; the Contraceptive Kit; Contraception, The Basic Facts and **Sex and the Law**. A total of 496 online and phone orders were processed.



Right: Cover of *Sex and The Law* produced with the Inner City Legal Centre and published by Redfern Legal Centre Publishing.

FPNSW Health Information Resource Share and Track (FIRST)

FIRST is an information management system that stores FPNSW Project Register, Referral Book, Health Reports, and Library catalogues. FPNSW staff can view library catalogues, review past and current project scopes and project reports and check referral books via their desktop.

FIRST is currently being enhanced to provide access to medical practitioners, nurses, health workers, allied health workers and other health professionals attending FPNSW professional, medical and nursing educations in the Ashfield clinic.

Library

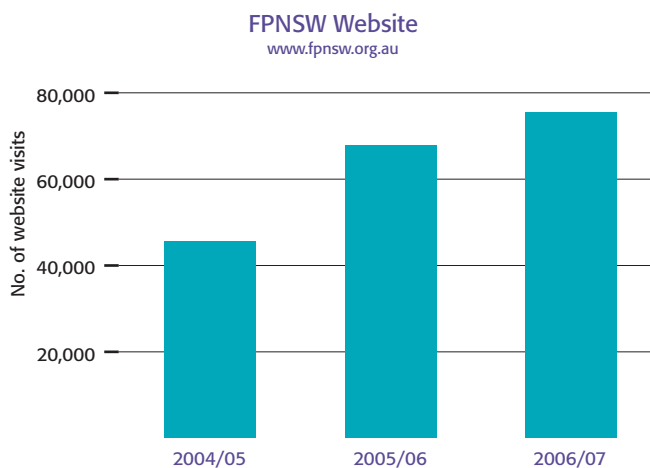
The library contains a comprehensive collection of books, journals and reports on reproductive and sexual health. It provides information and research services to FPNSW staff including health professionals, disability workers and health consumers.

The library also manages the Disability Resource Collection, which contains resources and teaching aids specifically addressing the reproductive and sexual needs of people with a disability. It is available for loan to service providers and organisations that provide services for people with a disability, as well as to parents and carers. In 2006/07, the library staff responded to 412 requests for information.

Website

The FPNSW website, www.fpnsw.org.au, provides accessible, consumer-driven health information. It is updated in line with developments in reproductive and sexual health research, the latest evidence-based treatment options and FPNSW events.

Visits to the website increased by 11% to 754,712 in 2006/07. There were 217 Frequently Ask Questions and four Fact Sheets reviewed, updated and uploaded to the website. The most popular section viewed is the fact sheets section.



Family Planning NSW Committees

Ethics Committee

Dr Walter Stern	Chairperson (Scientist)
Kerrie Chambers	Lawyer
Sandra Nicholson	Layperson (Board affiliated)
Dr Yvonne Selecki	Medical Practitioner
Dr Christine Roberts	Researcher
Joanne Holland	Theologian
Edward Grantham	Male Layperson
Blaise Lyons	Lawyer
Beverley Essue	Female Layperson

Clinical Advisory Board

Prof. Ian Fraser (Chair)
Dr Ken Atkinson
Prof. Richard Benn
Dr Christine Read
Dr Georgina Hale
Dr Devora Lieberman
Dr Michael Lowy
Dr Meredith Makeham
Amanda McBride
Karuna Raja
Dr Edith Weisberg
Dr Lynne Wray

Research Committee

Dr Marion Haas (Chair)
Dr Edith Weisberg
Dr Christine Read
Dr Deborah Bateson
Jane Estoesta
Marilyn Grey
Liz Hammond
Fran Hartman

Finance & Audit Sub Committee

My Chappell (Chair)
Fiona Larnach
Angeline Low
Gorm Kirsch
Rosalind Winfield

"... I would like to... thank Family Planning NSW for your dedicated and professional work. I have been using your service for over 30 years from the time I was a young and impressionable university student... I have always returned to Family Planning NSW knowing that the advice and information provided would be well researched and supported, and delivered in an honest and caring way."

FINANCIAL STATEMENTS

30 JUNE 2007

Directors' Report

Your Directors present this report on the entity for the financial year ended 30 June 2007.

The names of the Directors in office at any time during or since the end of the year are:

Dr D Lieberman	<i>President</i>
Ms R Winfield	<i>Vice President</i>
Dr M Haas	<i>Vice President</i>
Ms M Chappell	<i>Treasurer</i>
Mr N Jackson	<i>Legal Adviser</i>

Mr G Kirsch
Ms F Larnach (appointed 23/11/06)
Dr A Low
Ms S Nicholson
Ms M O'Brien
Ms A Oppen (appointed 23/11/06)
Ms S Templeman

Directors have been in office since the start of the financial year to the date of this report unless otherwise stated.

The following person held the position of entity secretary at the end of the financial year:

Ms K Gannon – Bachelor of Commerce, Certified Practising Accountant. Ms Gannon has worked for Family Planning NSW for the past 12 years in financial and management roles. Ms Gannon was appointed Company Secretary on 26 September 1995.

The principal activity of the entity during the financial year was to provide clinical, health promotion, educational and research services in the area of reproductive and sexual health.

The profit of the entity amounted to \$471,512 (2006: \$56,764 loss).

Under the organisation's constitution no dividends are permitted.

No significant changes in the entity's state of affairs occurred during the financial year.

No matters or circumstances have arisen since the end of the financial year that significantly affected or may significantly affect the operations of the entity, the results of those operations, or the state of affairs of the entity in future financial years.

The entity expects to maintain the present status and level of operations and hence there are no likely developments in the entity's operations.

The entity's operations are not regulated by any significant environmental regulation under a law of the Commonwealth or of a State or Territory.

Under the organisation's constitution, no Director is permitted to receive fees or a salary.

Profile of Directors

Dr Devora Lieberman – MD MPH FRANZCOG President

Devora Lieberman is a miscarriage and infertility specialist at Sydney IVF, where she is Director of the Miscarriage Management Program. Before returning to clinical practice in December 2003, Devora was the Associate Medical Director Women's Health for Organon Australia. Devora is a Director of the Board of the Fertility Society of Australia in the area of Fertility Control. Devora is also a visiting Medical Officer in the Menopause Clinic, Royal North Shore Hospital. Prior to migrating to Australia in 1998, Devora was a lecturer at Harvard Medical School in Obstetrics and Gynaecology and received her Masters Degree in Public Health from Harvard in 1996. Devora began her career in women's health as a contraception and abortion counsellor at Planned Parenthood of New York City, while attending university. Devora has a long-standing interest in and commitment to women's health issues as well as several years' experience within the commercial sector. Devora is the President of Sexual Health and Family Planning Australia and a member of the Executive of the Board of Directors of Family Planning NSW and of the Performance & Remuneration Sub-Committee. Elected to the Board in November 2002.

Rosalind Winfield – BA LL.B Vice President

A lawyer in private practice since 1982, Rosalind Winfield has a special interest in legal issues affecting women and women's health. President of the Women Lawyers' Association of NSW 1988-1989 and committee member 1983-1991. Rosalind was a member of the Women's Advisory Council 1986-1989 and Director of the Women's Legal Resources Centre 1983-1987. Rosalind is a member of the Executive of the Board of Directors of Family Planning NSW and of the Finance & Audit Sub-Committee. Elected to the Board in November 1986.

Dr Marion Haas – BPhy MPH Grad Dip App Epi PhD Vice President

Marion Haas is a Deputy Director of the Centre for Health Economics Research and an Associate Professor of Health Services Research at UTS. Formerly a physiotherapist, she has a Master of Public Health and a PhD from the University of Sydney and a Graduate Diploma of Applied Epidemiology (NSW Public Health Officer's Training Program). Her research interests include economic evaluation and its application to policy and practice, the application of discrete choice methods to consumer preferences in health and understanding the impact of health policy on access to and utilisation of health care services. Marion is a member of the Executive of the Board of Directors of Family Planning NSW and the Research Committee. Elected to the Board in November 2003.

My Chappell – BSc (Hons) Grad Dip (Accounting) M Comm Treasurer

Prior to becoming a professional Director, My Chappell held senior executive accounting and finance positions in both the government and corporate sectors. She is a qualified accountant having more than 15 years' experience in treasury and enterprise-wide risk management. She is a board member and treasurer of Shopfront Theatre for Young People, a not-for-profit organisation training and helping youth to develop themselves through the arts. She also serves as an executive member of the Australian – Vietnam Chamber of Commerce promoting trade and investments. My is a member of the Executive of the Board of Directors of Family Planning NSW and of the Finance & Audit Sub-Committee. Seconded to the Board in February 2006 and elected in November 2006.

Neil Jackson – LLB BEc LLM
Hon. Legal Adviser

Neil Jackson practises as a barrister, largely in workers' compensation, family law and de facto relationships law. He is a member of the Conciliators and Arbitrators Association, the Australian Association of Family Lawyers and Conciliators, and the Family Law Section of the Law Council of Australia. He is also a member of the Australian Plaintiff Lawyers Association.

In 2002 he was appointed as an Arbitrator of the New South Wales Compensation Commission. In 2004 he was appointed a Mediator of the New South Wales Supreme Court and an Arbitrator of the New South Wales District Court. Neil is a member of the Executive of the Board of Directors of Family Planning NSW. Elected to the Board in November 1999.

Gorm Kirsch – BA MA MPH

Gorm Kirsch is a Director at Babcock & Brown, where he focuses on developing and acquiring senior living businesses. He works closely with the newly listed Babcock & Brown Communities, Australasia's largest listed 'pure-play' retirement and aged care vehicle, with \$1.8 billion under management. Previously, he was General Manager of the Moran Health Care Group, one of Australia's largest private aged care providers, for three years. Following a successful turnaround, the Moran business was sold to AMP and Macquarie Bank. From 2000 to 2003, he worked for Macquarie Bank in Corporate Finance, specialising in health care transactions. Prior to that, he led Rabobank's Asia-Pacific health care team. Gorm began his health care career with the UK National Health Service and also worked for the World Health Organisation for four years. His business interests include improving corporate performance, capital allocation and strategy. Gorm is a member of the Family Planning NSW Finance & Audit Sub-Committee. Elected to the Board in November 2005.

Fiona Larnach – BSc Dip Ed, Masters (Bbus finance), CPA, Grad Dip Acctg

Fiona is a partner with Ernst and Young in the Risk Advisory Services area. Prior to this Fiona was Chief Risk Officer at Westpac, responsible for the Retail Bank Credit and Operational Risks. After graduating from University with a BSc DipEd, Fiona worked at IBM within Treasury. Fiona then worked at Citibank with roles in Risk Management and IT, where she was responsible for the delivery of credit risk training principles and audits for the South East Asia region. Fiona then moved to GE Capital where she spent time at Fairfield, and was an attendee at the GE Executive Program. During this period, she achieved her Masters in Banking and Finance and qualified as a CPA.

From 1998 to 2002 Fiona was employed at AMP, during which time AMP were applying for a bank licence on demutualisation, and was responsible for setting up the Risk function for AMP Bank. During her time at AMP, Fiona was appointed CFO and established their UK branch; moving on to become their Deputy Treasurer and Head of Group Capital Management with responsibility for London and New Zealand based staff. Fiona is a member of the Family Planning NSW Finance & Audit Sub-Committee. Elected to the Board in November 2006.

Dr Angeline Low – B.Econs Dip.Mgmt M.Mgmt PhD

Angeline is a Sydney-based entrepreneur with many years of Asian and Australian professional and business experience. Angeline was a Partner in Malaysia and Director of Asia Pacific Consulting in Australia of Deloitte Touche Tohmatsu. She was a Board member of the Northern Sydney Area Health Service and Chair of the Board's Governance Committee. She is currently a Board member of ChildFund Australia and an active Lay Member of the Nurses and Midwives Tribunal NSW as well as the Medical and Dental Appointments Advisory Committee for the Northern Sydney Central Coast Health Service. In 2006, Angeline switched career to the academe when she was awarded the prestigious University of Technology, Sydney, Chancellor's Post Doctoral Research Fellow position. Her research interests are in entrepreneurship, ethnicity and gender. She is an active advocate for the improvement to the status of women. Angeline is a member of the Family Planning NSW Finance and Audit Sub-Committee. Elected to the Board in November 1998.

Sandra Nicholson – BA (Hons) M.Media Prac

Sandra Nicholson has just graduated with a Master of Media Practice from the University of Sydney. She has worked as a radio journalist for more than a decade. Her undergraduate degree focused on politics and gender studies, and she completed an Honours thesis about Aboriginal language maintenance and public policy implementation. She is employed at the Roads and Traffic Authority and is a member of the Media, Entertainment and Arts Alliance (MEAA). Sandra has previously worked at the NSW Working Women's Centre and volunteered at a Kings Cross women's refuge. Sandra represents the Board on the Family Planning NSW Ethics Committee and is a member of the Performance and Remuneration Sub-committee. Elected to the Board in November 2003.

Maria O'Brien – LLB B.Ec B.Comm

Maria O'Brien is a partner of law firm Baker & McKenzie, practising in commercial litigation and insolvency. She was admitted as a legal practitioner in 1993, and is a member of the Insolvency Practitioners' Association of Australia and the Corporations List User's Group of the Supreme Court of New South Wales. Maria has an active interest in women's issues. Elected to the Board in November 2005.

Alice Arnott Oppen – B.A., M.A.T., M.A., F.A.I.C.D

Alice Oppen taught Australian, English and American literatures, and her book *Shakespeare: Listening to the Women* was published in 1999. She has edited and contributed to publications on Australian literature, heritage and town planning, the environment and women's educational and legal concerns. In 1993, Alice was active in the campaign to keep Australian companies Australian and served on the Arnott's Board until 1997. A Fellow of the Institute of Company Directors, she was a member of its National Education Committee and a consultant for the Advanced Course. Alice served on the boards of the State Library Foundation, of Child Fund Australia and ChildFund International. She currently serves on the International Advisory Committee of Sexual Health & Family Planning Australia and the Ethics Committee of the Cancer Council. Alice is the founder and Chair of Women's Plan Foundation, a charitable trust that raises funds to enable a family planning component in overseas aid and development. Alice is a member of the Family Planning NSW Performance & Remuneration Sub-Committee. Elected to the Board in November 2006.

Susan Templeman – BA (Comm)

A journalist for more than a decade, Susan Templeman runs a specialist media training and communication consultancy. Susan started as a federal political reporter with Radio 2UE. In the mid-1980s, she went on to be a foreign correspondent in New York and moved to London with the Austereo network. On her return to Australia, she worked in media relations before establishing a media training business. In the past 15 years she has worked with a broad range of participants in the health sector – government, non-profit and business – advising on their media communication. Elected to the Board in November 2005.

During the financial year, 12 meetings of the Directors were held.
Attendees by each Director were as follows:

Director's Name	# Eligible to Attend	# Attended
Dr Devora Lieberman	12	12
Ms Rosalind Winfield	12	9
Dr Marion Haas	12	11
Ms My Chappell	12	11
Mr Neil Jackson	12	9
Mr Gorm Kirsch	12	8
Ms Fiona Larnach	8	1
Dr Angeline Low	8	8
Ms Sandra Nicholson	12	9
Ms Maria O'Brien	12	10
Ms Alice Oppen	8	8
Ms Susan Templeman	12	7

No indemnities have been given or insurance premiums paid, during or since the end of the financial year, for any person who is or has been an officer or auditor of the entity with the exception that the entity has paid premiums to insure officers of the entity and each of the persons listed above as Directors against certain liabilities arising out of their conduct while acting in the capacity of officer of the entity.

Under the terms of the insurance contract, neither the nature of liabilities insured against nor the premium paid can be disclosed.

No person has applied for leave of Court to bring proceedings on behalf of the entity or intervene in any proceedings to which the entity is a party for the purpose of taking responsibility on behalf of the entity for all or any part of those proceedings.

The entity was not a party to any such proceedings during the year.

The lead auditor's independence declaration for the year ended 30 June 2007 is included with the Directors' report.

Signed in accordance with a resolution of the Board of Directors:



Devora Lieberman – President

Date this 25th day of September 2007



My Chappell – Treasurer

Auditor's Independence Declaration

UNDER SECTION 307C OF THE CORPORATIONS ACT 2001 TO THE DIRECTORS OF FAMILY PLANNING NSW

I declare that, to the best of my knowledge and belief, during the year ended 30 June 2007 there have been:

- (i) no contraventions of the auditor's independence requirements as set out in the Corporations Act 2001 in relation to the audit; and
- (ii) no contraventions of any applicable code of professional conduct in relation to the audit.

Stirling International



P E Turner
Registered Company Auditor

Sydney, 27th day of September 2007

11th Floor, St James Centre, 111 Elizabeth St, Sydney NSW 2000
GPO Box 7019 Sydney NSW 2001

Income Statement

FOR YEAR ENDED 30 JUNE 2007

	Note	2007 \$	2006 \$
Revenue	2	8,547,495	8,521,445
Changes in inventories of finished goods		(23,242)	(13,363)
Employee benefit expenses		(5,321,101)	(5,273,129)
Cost of contraceptive supplies		(84,926)	(123,813)
Depreciation and amortisation expenses		(68,666)	(78,826)
Lease/rent		(147,986)	(173,086)
Insurance		(304,955)	(364,561)
Relocation of business operations		(94,027)	(653,771)
Computer services and software		(101,017)	(176,146)
Printing/ postage/ stationery		(182,857)	(212,067)
Repairs and maintenance		(125,189)	(163,008)
Teaching resources		(284,312)	(111,199)
Travel		(122,945)	(155,612)
Materials and equipment		(250,936)	(122,901)
Labour hire – external		(64,650)	(100,109)
Consultancy		(68,020)	(83,436)
File scanning		(3,657)	(52,018)
Utilities		(40,506)	(41,828)
Telephone / internet		(136,676)	(115,159)
Staff recruitment		(47,487)	(26,776)
Conferences & seminars		(57,665)	(43,483)
Other expenses		(545,163)	(493,918)
Profit/(Loss) before income tax		471,512	(56,764)
Income tax expense		–	–
Profit/(Loss) after income tax		471,512	(56,764)

The accompanying notes form part of these financial statements.

Balance Sheet

FOR YEAR ENDED 30 JUNE 2007

	Note	2007 \$	2006 \$
CURRENT ASSETS			
Cash and cash equivalents	4	6,102,020	5,292,943
Trade and other receivables	5	95,065	89,206
Inventories	6	93,378	70,136
Other current assets	7	57,465	93,927
TOTAL CURRENT ASSETS		6,347,928	5,546,212
NON-CURRENT ASSETS			
Property, plant & equipment	8	5,297,886	5,536,858
TOTAL NON-CURRENT ASSETS		5,297,886	5,536,858
TOTAL ASSETS		11,645,814	11,083,070
CURRENT LIABILITIES			
Trade and other payables	9	1,768,666	1,726,689
Income in advance	10	2,216,491	1,970,671
TOTAL CURRENT LIABILITIES		3,985,157	3,697,360
NON-CURRENT LIABILITIES			
Trade and other payables	11	78,640	85,259
TOTAL NON-CURRENT LIABILITIES		78,640	85,259
TOTAL LIABILITIES		4,063,797	3,782,619
NET ASSETS		7,582,017	7,300,451
EQUITY			
Reserves	12	2,740,900	3,005,846
Retained earnings		4,841,117	4,294,605
TOTAL EQUITY		7,582,017	7,300,451
Capital & leasing commitments	13		
Contingent liability	14		

The accompanying notes form part of these financial statements.

Cash Flow Statement

FOR YEAR ENDED 30 JUNE 2007

	Note	2007 \$	2006 \$
CASH FLOWS FROM OPERATING ACTIVITIES:			
Government grants received	3	7,305,854	7,124,178
Other grants received	3	635,719	674,258
Receipts from customers		776,478	772,254
Payments to suppliers and employees		(8,291,247)	(8,182,394)
Interest received		374,792	323,658
Net cash provided by operating activities	18	801,596	711,954
CASH FLOW FROM INVESTING ACTIVITIES:			
Payment for property, plant & equipment		(28,610)	–
Proceeds from sale of property, plant & equipment		36,091	300
Net cash provided by investing activities		7,481	300
Net increase in cash held		809,077	712,254
Cash at beginning of year		5,292,943	4,580,689
Cash at end of year		6,102,020	5,292,943

Statement of Changes in Equity

FOR YEAR ENDED 30 JUNE 2007

	Retained Earnings	Asset Revaluation Reserve	General Reserves	Total
Balance at 1 July 2005	4,301,369	2,855,846	200,000	7,357,215
Profit attributable to the entity	(56,764)			(56,764)
Transfer from reserves – general			(50,000)	(50,000)
Transfer to retained earnings	50,000			50,000
Balance at 1 July 2006	4,294,605	2,855,846	150,000	7,300,451
Profit attributable to the entity	471,512			471,512
Transfer from reserves – general			(75,000)	(75,000)
Revaluation increment / (decrement)		(189,946)		(189,946)
Transfer to retained earnings	75,000			75,000
Balance at 30 June 2007	4,841,117	2,665,900	75,000	7,582,017

The accompanying notes form part of these financial statements.

Notes to the Financial Statements

FOR YEAR ENDED 30 JUNE 2007

1 STATEMENT OF SIGNIFICANT ACCOUNTING POLICIES

The financial report is a special purpose financial report that has been prepared in accordance with the *Corporations Act 2001*.

The financial report is for Family Planning NSW as an individual entity, incorporated and domiciled in Australia.

Basis of Preparation

The report has been prepared in accordance with the requirements of the *Corporations Act 2001*, and the following applicable Australian Accounting Standards and Australian Accounting Interpretations:

- AASB 101: Presentation of Financial Statements;
- AASB 107: Cash Flow Statements;
- AASB 108: Accounting Policies, Changes in Accounting Estimates and Errors;
- AASB 110: Events after the Balance Sheet Date;
- AASB 1004: Contributions;
- AASB 1031: Materiality;
- AASB 1048: Interpretation and Application of Standards.

No other Accounting Standards, Accounting Interpretations or other authoritative pronouncements of the Australian Accounting Standards Board have been applied.

Reporting Basis and Conversions

The financial report has been prepared on an accruals basis and is based on historical costs. It does not take into account changing money values or, except where stated, current valuations of non-current assets. Cost is based on the fair values of the consideration given in exchange for assets.

The following is a summary of the material accounting policies adopted by the entity in the preparation of the financial report. The accounting policies have been consistently applied, unless otherwise stated.

Accounting Policies

(a) Principles of Consolidation

The Directors believe that the controlled entities of Family Planning NSW are not material, as their omission or non-disclosure does not have the potential to adversely affect:

- i) decisions about the allocation of resources made by users of the consolidated accounts; or
- ii) the discharge of accountability by the Directors or the members of the governing body of the entity;

and as such the financial statements of Family Planning NSW have not been consolidated with its controlled entities.

(b) Inventories

Inventories are measured at the lower of cost and current replacement cost. Inventories are determined on an average cost basis.

Inventories acquired at no cost, or for nominal consideration are valued at the current replacement cost as at the date of acquisition.

(c) Bad and Doubtful Debts

Bad debts are written off as they occur and the provision for doubtful debts is based on an appraisal of individual outstanding accounts that are in excess of normal trading terms.

(d) Property, Plant and Equipment

Each class of property, plant and equipment is carried at cost or fair value less, where applicable, accumulated depreciation and impairment losses.

Property

Freehold land and buildings are shown at their fair value based on periodic, but at least triennial, valuations by external independent valuers, less subsequent depreciation for buildings.

Any accumulated depreciation at the date of revaluation is eliminated against the gross carrying amount of the asset and the net amount is restated to the revalued amount of the asset.

Increases in the carrying amount arising on revaluation of land and buildings are credited to a revaluation reserve in equity. Decreases that offset previous increases of the same class of asset are charged against fair value reserves directly in equity, all other decreases are charged to the income statement.

Plant and equipment

Plant and equipment are measured on the cost basis less depreciation and impairment loss. Items with a first cost of less than \$10,000 are expensed in the period they are purchased in accordance with the terms of the Commonwealth Department of Health and Aged Care funding conditions.

Depreciation

The depreciable amount of all fixed assets, excluding freehold land, is depreciated on a straight line basis over their useful lives to the economic entity commencing from the time the asset is held ready for use.

(e) Employee Benefits

Provision is made for employees' annual leave entitlements accrued at balance date. Provision for long service leave is raised in respect of employees who have in excess of five years' continuous service.

Contributions are made by the entity to an employee superannuation fund and are charged as expenses when incurred.

(f) Leases

Lease payments for operating leases, where substantially all the risk and benefits remain with the lessor, are charged as expenses in the periods in which they are incurred.

(g) Income Tax

Family Planning NSW is exempt from income tax under Subsection 50-5 of the Income Tax Assessment Act 1997.

(h) Cash and Cash Equivalents

Cash and cash equivalents include cash on hand, deposits held at call with banks, other short-term highly liquid investments with original maturities of three months or less, net of bank overdraft.

(i) Provisions

Provisions are recognised when the entity has a legal or constructive obligation, as a result of past events, for which it is probable that an outflow of economic benefits will result and that outflow can be reliably measured.

(j) Revenue

Revenue from the sale of goods is recognised upon the delivery of goods to customers.

Grant revenue is recognised in the income statement when it is controlled. When there are conditions attached to grant revenue relating to the use of those grants for specific purposes it is recognised in the balance sheet as a liability until such conditions are met or services provided.

Donations and bequests are recognised as revenue when received unless they are designated for a specific purpose, where they are carried forward as prepaid income on the balance sheet.

Interest revenue and distribution income from investments is recognised on a proportional basis taking into account the interest rate applicable to the financial assets.

Revenue from the rendering of a service is recognised upon delivery of the service to the customers.

All revenue is stated net of the amount of goods and services tax (GST).

(k) Unexpended Grants

The entity receives grant monies to fund projects either for contracted periods of time or for specific projects irrespective of the period of time required to complete these projects. It is the policy of the entity to treat grant monies as unexpended grants in the balance sheet when the entity is contractually obliged to provide the services in a subsequent financial period to when the grant is received or in the case of specific project grants where the project has not been completed.

Notes to the Financial Statements

FOR YEAR ENDED 30 JUNE 2007

1. STATEMENT OF SIGNIFICANT ACCOUNTING POLICIES *continued*

(l) Goods and Services Tax (GST)

Revenues, expenses and assets are recognised net of the amount of GST, except where the amount of GST incurred is not recoverable from the Australian Tax Office. In these circumstances the GST is recognised as part of the cost of acquisition of the asset or as part of an item of the expense.

(m) Comparative Figures

Where required by Accounting Standards comparative figures have been adjusted to conform to changes in presentation for the current financial year.

	2007 \$	2006 \$
2. PROFIT FROM ORDINARY ACTIVITIES		
a) Expenses:		
Depreciation & amortisation	68,666	78,826
Remuneration of auditor		3,469
– Audit or review	14,875	25,075
– Other services	2,625	4,425
Rental expense on operating leases	147,986	173,086
b) Revenues:		
Government grants	7,044,120	7,254,786
Other grants	341,695	187,725
Interest income	379,613	316,060
Sales income	573,284	674,120
Other income	208,783	88,754
Total Revenue	8,547,495	8,521,445

	2007 \$	2006 \$
3. GRANTS RECEIVED DURING THE YEAR		
NSW Health Grants:		
<i>Public Health Outcomes Funding Agreement</i>		
Fairfield Multicultural Women's Health	436,800	425,500
Family Planning Program Grant	5,337,525	5,225,960
	5,774,325	5,651,460
<i>NGO Funding</i>		
HIV/AIDS Program	212,300	205,500
Community Services Program	601,000	588,540
Outreach and Community Education, The Warehouse	381,800	395,087
Young Men's Sexual Health, The Warehouse	127,650	120,213
	1,322,750	1,309,340
Area Health Grants:		
Hunter New England-Health Program	41,161	38,378
SSWAHS, SWAHS, NSCCAHS-Sexual Health Week	14,157	–
	55,318	38,378
Other Government Grants:		
Cancer Institute NSW – Practice Nurses	101,924	60,000
Cancer Institute NSW – Practice Nurses Updates	51,537	–
Sydney West Area Health Service – Drink Spiking	–	65,000
	153,461	125,000
Other Grants:		
Research Grants	519,465	483,070
The Aurora Group- Art / School Holiday Program Grant	3,000	–
Biersdorf- Sexual Health Week	2,257	–
HARP- Sexual Health Week	5,000	–
Family Planning NSW Foundation	105,997	191,188
	635,719	674,258
Total Grants received	7,941,573	7,798,436
4. CASH AND CASH EQUIVALENTS		
Cash at bank	6,096,775	5,288,108
Cash on hand	5,245	4,835
Reconciliation of cash	6,102,020	5,292,943
Cash and cash equivalents	6,253,890	5,355,861
Bank overdraft	(151,870)	(62,918)
	6,102,020	5,292,943

Notes to the Financial Statements

FOR YEAR ENDED 30 JUNE 2007

	2007 \$	2006 \$
5. TRADE AND OTHER RECEIVABLES		
CURRENT		
Trade receivables	44,690	31,918
Other receivables	50,375	57,288
	95,065	89,206
6. INVENTORIES		
CURRENT		
Stock at cost	93,378	70,136
7. OTHER CURRENT ASSETS		
CURRENT		
Prepayments	57,465	93,927
8. PROPERTY, PLANT AND EQUIPMENT		
LAND & BUILDINGS		
Freehold land at:		
– Directors' valuation 2006	–	4,293,500
– Independent valuation 2007	3,085,800	–
Total Land	3,085,800	4,293,500
Buildings at:		
– Directors' valuation 2006	–	906,500
– Independent valuation 2007	1,744,200	–
Less accumulated depreciation	(5,814)	(53,034)
Total Buildings	1,738,386	853,466
Total Land & Buildings	4,824,186	5,146,966
LEASEHOLD IMPROVEMENTS		
– At cost	10,045	10,045
– Directors' valuation 2006	–	338,500
– Independent valuation 2007	400,000	–
Less accumulated amortisation	(8,851)	(47,133)
Total Leasehold Improvements	401,194	301,412
PLANT & EQUIPMENT		
At cost	268,094	295,795
Less accumulated depreciation	(195,588)	(207,315)
Total Plant & Equipment	72,506	88,480
Total Property, Plant & Equipment	5,297,886	5,536,858

The entity's land and buildings were re-valued at 17 May 2007 by independent valuers. Valuations were made on the basis of open market value. The revaluation reduction was debited to the asset revaluation reserve in equity.

No capital gains tax has been taken into account in determining re-valued amounts as the Company is exempt from income tax.

	2007 \$	2006 \$
9. TRADE AND OTHER PAYABLES		
CURRENT		
Trade payables	80,691	68,181
Sundry payables and accrued expenses	681,371	748,476
Employee benefits	1,006,604	910,032
	1,768,666	1,726,689
10. INCOME IN ADVANCE		
CURRENT		
Funding for special projects	2,216,491	1,970,671
11. TRADE AND OTHER PAYABLES		
NON-CURRENT		
Employee benefits	78,640	85,259
Number of employees at year end	121	111
12. RESERVES		
Asset revaluation reserve records revaluations of non current assets.		
General reserve records funds approved by the Board to be set aside to fund specific activities.		
13. CAPITAL & LEASING COMMITMENTS		
Non cancellable operating leases contracted for but not capitalised in the financial statements:		
Payable: minimum lease payments		
– not later than twelve months	79,500	42,279
– between 12 months and five years	118,594	31,274
– greater than five years	34	25
	198,128	73,578
14. CONTINGENT LIABILITIES		
Estimates of the maximum amount of contingent liabilities that may become payable:		
	–	–
15. MEMBERS' GUARANTEE		
The entity is incorporated under the <i>Corporation's Act 2001</i> and is a Company Limited by Guarantee. If the Company is wound up, the constitution states that each member is required to contribute a maximum of \$10 each towards meeting any outstandings and obligations of the Company. At 30 June 2007 the number of members was 59 (2006:36).		

Notes to the Financial Statements

FOR YEAR ENDED 30 JUNE 2007

	2007 \$	2006 \$
16. RELATED PARTY TRANSACTIONS		
Transactions between related parties are on normal commercial terms and conditions no more favourable than those available to other parties unless otherwise stated.		
Sydney Reproductive Health Services Limited	270	270
Payment of ASIC fees by Family Planning NSW for Sydney Reproductive Health Services Limited. Dr Devora Lieberman, Mr Stephen Armstrong, Mr John Brooks, Neil Jackson, Dr Angeline Low are/were Directors of both Sydney Reproductive Health Service Limited and Family Planning NSW.		
17. ENTITY DETAILS		
The registered office and the principal place of business is: Family Planning NSW 328-336 Liverpool Rd, Ashfield 2131		
18. CASH FLOW INFORMATION		
Reconciliation of cash flow from operations with profit / (loss) for the year		
Profit / (loss) for the year:	471,512	(56,764)
Non-cash flows in profit / (loss):		
Amortisation	2,338	7,775
Depreciation	66,328	71,051
Net (profit)/ loss on disposal of plant and equipment	(27,121)	9,885
Changes in assets and liabilities:		
Increase in income in advance	245,820	90,613
Increase in inventories	(23,242)	13,363
Decrease in receivables	21,531	(9,681)
Decrease in other assets	36,462	258,888
Increase in trade & other payables	7,968	326,824
Cash flows from operations	801,596	711,954

Directors' Declaration

The Directors of Family Planning NSW have determined that the Company is not a reporting entity and that this special purpose financial report should be prepared in accordance with the accounting policies outlined in Note 1 to the financial statements.

The Directors of the Company declare that:

1. The financial statements and notes are in accordance with the *Corporations Act 2001* and:
 - a) comply with Accounting Standards as described in Note 1 to the financial statements and the Corporations Regulations 2001; and
 - b) give a true and fair view of the Company's financial position as at 30 June 2007 and of its performance for the year ended on that date in accordance with the accounting policies described in Note 1 to the financial statements.
2. In the Directors' opinion there are reasonable grounds to believe that the Company will be able to pay its debts as and when they become due and payable.

This declaration is made in accordance with a resolution of the Board of Directors.



Devora Lieberman – President



My Chappell – Treasurer

Date this 25th day of September 2007



STIRLING INTERNATIONAL
CHARTERED ACCOUNTANTS

INDEPENDENT AUDIT REPORT TO THE MEMBERS OF FAMILY PLANNING NSW

Scope

We have audited the attached financial report, which is a special purpose financial report of Family Planning NSW for the year ended 30 June 2007 comprising the Director's Declaration, Income Statement, Balance Sheet, Cash Flow Statement and Notes to and forming part of the Financial Statements.

The company's directors are responsible for the financial report and have determined that the accounting policies used and described in Note 1 to the financial statements which form part of the financial report are appropriate to meet the requirements of the *Corporations Act 2001* and are appropriate to meet the needs of the members. We have conducted an independent audit of the financial report in order to express an opinion on it to the members of the company. No opinion is expressed as to whether the accounting policies used, and described in Note 1, are appropriate to the needs of the members.

The financial report has been prepared for distribution to members for the purpose of fulfilling the directors' financial reporting requirements under the *Corporations Act 2001*. We disclaim any assumption of responsibility for any reliance on this report or on the financial report to which it relates to any person other than the members, or for any purpose other than that for which it was prepared.

Our audit has been conducted in accordance with Australian Auditing Standards. Our procedures included examination, on a test basis, of evidence supporting the amounts and other disclosures in the financial report and the evaluation of significant accounting estimates. These procedures have been undertaken to form an opinion whether, in all material respects, the financial report is presented fairly in accordance with the accounting policies described in Note 1 so as to present a view which is consistent with our understanding of the company's financial position, and performance as represented by the results of its operations and its cash flows. These policies do not require the application of all Accounting Standards and other mandatory professional reporting requirements in Australia.

The audit opinion expressed in this report has been formed on the above basis.

Independence

In conducting our audit, we followed applicable independence requirements of Australian professional ethical pronouncements and the *Corporations Act 2001*.

In accordance with ASIC Class Order 05/83, we declare to the best of our knowledge and belief that the auditor's independence declaration included in the financial report has not changed as at the date of providing our audit opinion.

Audit Opinion

In our opinion, the financial report of Family Planning NSW is in accordance with:

- (a) the *Corporations Act 2001*, including:
 - i) giving a true and fair view of the company's financial position as at 30 June 2007 and of its performance for the year ended on that date in accordance with the accounting policies described in Note 1; and
 - ii) complying with Accounting Standards in Australia to the extent described in Note 1 and the Corporations Regulations 2001; and
- (b) other mandatory professional reporting requirements to the extent described in Note 1.

Stirling International Chartered Accountants

P E Turner

Sydney, 8th day of October 2007

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Liability is limited by a scheme approved under Professional Standards Legislation.

Acknowledgements

Family Planning NSW would like to acknowledge its members, as well as the individuals, groups and organisations that have supported us in many ways over the past 12 months.

NSW Area Health Services

- NSW Health
- Sydney South West Area Health Service
- Hunter New England Area Health Service
- Greater West Area Health Service
- Northern Sydney and Central Coast Area Health Service
- South East Sydney and Illawarra Area Health Service
- Sydney West Area Health Service

Other NSW Health Services

- Cancer Institute NSW (NSW Cervical Screening Program)
- NSW Refugee Health Service
- NSW Multicultural Services
- Health Care Interpreter Service
- NSW Refugee Health Service
- Aust Health International

Other Government Partnerships

- Commonwealth Department of Ageing, Disability & Home Care
- NSW Department of Education and Training
- NSW Department of Community Services
- NSW Department of Women/Law Access
- NSW Anti Discrimination Board

Private Sector Partnerships

- Rio Tinto Aboriginal Foundation
- Australian Centre for Language
- Australian Consolidated Press (Dolly Magazine)
- Cellegy Pharmaceuticals
- Conceptus
- Novartis
- Organon
- Pfizer
- Procter and Gamble
- Scherring
- Wyeth

Non-Government Organisation Partnerships

- AIDS Council of NSW
- Andrology Australia
- Anti-Homophobia Interagency
- Blue Mountains Women's Health Clinic
- Blue Mountains Youth Council
- Burnside Doorways
- Cabramatta Community Centre
- Cancer Council Helpline
- Centre for Advancement of Adolescent Health

- Cessnock Young Parents Network
- Community Drug Action Team
- Diversity Health Institute (Transcultural Mental Health Centre)
- Dubbo Aboriginal Community Working Party
- Dubbo Aboriginal Women's Alliance
- Fairfield Immigrant and Refugee Women's Network
- Fairfield Migrant Interagency – Health Subcommittee
- Fairfield Multicultural Health Service
- Families First
- Gay and Lesbian Information and Support Services (GLISS)
- Gay Men's Education Team
- Hawkesbury District Health Service
- HIV/AIDS & Sexual Health Interagency
- HIV roundtable
- Illawarra Disability Trust
- Immigrant Women's Health Service
- Inner City Legal Centre
- Inspire Foundation (Reach Out)
- Jean Hailes Foundation
- Job Placement, Employment and Training (JPET)
- Lower Mountains Youth Committee
- Mandarin Creative Solutions
- Migrant Resource Centres (Blacktown, Auburn & Fairfield)
- Multicultural HIV/AIDS and Hepatitis C Service
- Nandos Australia
- New South Wales Association for Adolescent Health (NAAH)
- Parents and Friends of Lesbians and Gays
- Playback Theatre
- Police Community Youth Club
- QLBTIQ Diverse Sexuality Interagency
- Refugee Health Information Network
- Royal Women's Hospital, Melbourne
- Royal Hospital for Women, Randwick
- Samoan Advisory Council
- Sex Workers Outreach Project
- St Clair Youth Service
- Telephone Information Support and Counselling Association (TISCA)
- The Kirketon Road Centre
- Translating and Interpreting Services
- Western Sydney Drug and Alcohol Resource Centre (WESDARC)
- Wesley Dalmar Adolescent Counselling
- West Dubbo Aboriginal Women's Consultative Group
- Youth Block
- Youth Accommodation Service
- Youth Interagency

Training and Education Partnerships

- Genesis Ed
- University of New South Wales – Liverpool Hospital
- University of Sydney (School of Medicine, Rural Clinical Training School, Northern Sydney Clinical School)
- University of Newcastle
- University of New South Wales – St George Hospital
- Royal Australian College of General Practitioners (RACGP)
- Royal Australian College of Physicians, Chapter of Sexual Health Medicine
- Royal Australian Navy
- Royal College of Nursing Australia
- Royal Hospital for Women Annual Hormone Day
- Rural Doctors Network
- Rural Health Education and Development in the West of NSW (RHEDwest)
- Rural Health, Support, Education and Training (RHSET)
- TAFE Colleges (Richmond, Blue Mountains and Penrith)
- Valley to Coast GP Training Consortium

Research Partnerships

- University of Sydney (Department of Public Health)
- University of Newcastle
- University of Western Sydney
- University of Technology
- Royal Women's Hospital, Melbourne
- Medical Devices Evaluation Committee
- Merck Sharp and Dhome
- Glaxo Smith Kline
- Aboriginal Health and Medical Research Council
- Australian Research Council (ARC) Linkage Grant

National and International Partnerships

- International Planned Parenthood Federation
- National Health and Medical Research Council
- National Centre for Health and Social Research
- National Institute of Health, USA
- Aust Health International

Family Planning NSW State Office

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Healthrites

(mail-order service)

T 02 8752 4307

F 02 9799 8835

Healthline

(information service)

T 1300 658 886

TTY (for deaf)

T 8752 4360

Ashfield Inner Metropolitan & Training Centre

328-336 Liverpool Road Ashfield NSW 2131

T 02 8752 4300 F 02 8752 4392

Fairfield Multicultural Service

Suite 5, Level 2 Neeta City Shopping Centre

Smart Street Fairfield NSW 2165

T 02 9754 1322 F 02 9754 1676

The Warehouse Penrith Youth Health Service

13 Reserve Street Penrith NSW 2750

T 02 4721 8330 F 02 4731 6787

Hunter Regional Centre

15-19 Queen Street Cooks Hill NSW 2300

T 02 4929 4485 F 02 4926 2029

Dubbo Rural Centre

221 Darling Street Dubbo NSW 2830

T 02 6885 1544 F 02 6885 3677

Illawarra Disability Resource Service

2/26 Park Road Woonona NSW 2517

T 02 4283 2877 F 02 4283 2577

Website

www.fpnsw.org.au