

B O O K S H O P

Resources for Health Professionals 2011

Healthrites bookshop at Family Planning NSW has a wide range of books and resources on reproductive and sexual health, available by mail order. To order, use the order form on the back of this flyer or see our full range and order online at www.fpnsw.org.au. For more information please call us on 02 8752 4307.

Talking with Clients about Sex

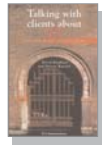
A health professional's guide

David Bradford and Darren Russell

ISBN 9780975237489 \$44.95

Australian

Many people in the health professions feel uncomfortable talking with clients about sex. This book aims to provide professionals with skills and confidence to put clients at ease and answer their questions about a wide range of sexual issues.



Good Loving Great Sex

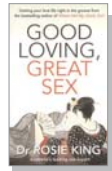
Finding balance when your sex drives differ

Dr Rosie King

ISBN 9780091839079 \$24.95

Australian

Differing sex drives can cause even the most loving couples frustration, resentment, confusion and despair. *Good Loving Great Sex* teaches couples non-confrontational ways to become sexually compatible regardless of their individual sex drives. Men and women can add more affection, sensuality and intimacy to every aspect of their lives together.



Too Fast? Learn to Last Longer

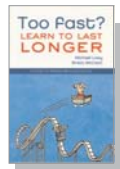
A guide to premature ejaculation

Michael Lowy & Brett McCann

ISBN 9781920681463 \$14.95

Australian

Premature ejaculation is a common male complaint which can impact on a man's self esteem and relationships. Here, the authors discuss causes and provide information on treatments including counselling, medication and exercises. Most importantly they aim to reassure men that most cases of ejaculation disorders can be improved.



The IUD in Practice

A training DVD for health care professionals

Family Planning NSW \$49.95

This 27 minute DVD provides an overview of the medical aspects of IUD insertion including: Mode of action of the three common IUDs used in Australia; Contraindications and side effects; Counselling a woman prior to insertion; Insertion in a clinic setting; Post insertion counselling and follow-up checks; and Removal. It is a guide only to training. In order to safely insert IUDs doctors need to undertake clinical training and supervision. FPNSW runs an IUD Insertion Course comprised of both theoretical and clinical modules.



Reproductive & Sexual Health:

An Australian clinical practice handbook - 2nd edition

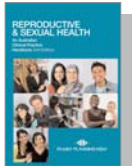
Family Planning NSW

ISBN 9781877026218 \$65

New

Australian

Reproductive & Sexual Health: An Australian clinical practice handbook - 2nd edition, provides an invaluable practical guide to the management of reproductive and sexual health problems in the primary care setting. It contains up to date evidence-based information delivered in a user friendly style. The handbook covers the diagnosis and management of everything from menstrual disorders, to cervical screening and sexually transmissible infections. New topics since the first edition include early pregnancy-related problems and pelvic floor disorders. Peer reviewed by external experts in their field. An essential resource for all primary care practitioners!



Contraception:

An Australian clinical practice handbook - 2nd edition

Sexual Health & Family Planning Australia (SH&FPA)

ISBN 1877026158 \$55

Australian

Contraception: An Australian clinical practice handbook, co-authored by medical experts from Australian Family Planning Organisations, provides information on all methods of contraception. Chapters include: Hormonal methods of contraception; Contraception in special circumstances; Natural methods of contraception; Intrauterine contraceptive devices; Sterilisation; New contraceptive technologies; References and Index.



The Vulva, a Clinician's Practical Handbook

Dr Gayle Fisher & Jennifer Bradford with Family Planning NSW

ISBN 1877026174 \$60

Australian

The Vulva, a Clinician's Practical Handbook provides a unique visual and written guide to the diagnosis, treatment and management of both acute and chronic vulval conditions. Co-written by a dermatologist and a gynaecologist, both specialising in vulval conditions, this easy to use, comprehensive reference book includes full-colour clinical photographs and illustrations to assist diagnosis, and colour coded chapters which focus on specific clinical presentations. This is a wonderful resource for all practitioners working in the area of women's health - Highly Recommended!



