

BOOKSHOP

Secondary Schools 2010

Here is a selection of great books and resources on self esteem, sexuality and reproductive health available by mail order from Healthrites bookshop at Family Planning NSW.

To be invoiced, send your school's official Purchase Order form to Fax: 02 9799 8835. See our full range and purchase online at www.fpnsw.org.au. For more information please call us on 02 8752 4307.

Contraception - Healthy Choices 2nd edition

New edition



A contraceptive clinic in a book

Family Planning NSW
 ISBN 9781742231365 \$34.95

This popular book has been updated to include the latest information about all methods of contraception available in Australia. In an easy-to-read, conversational style it also discusses each method in relation to a person's health and lifestyle which will help them make informed choices about the best contraceptive for their own situation. This is a great resource for teachers and also for young people.

Doing Anger Differently

Helping adolescent boys

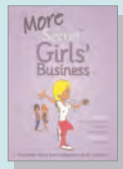
Michael Currie
 ISBN 9780522854763 \$34.95
 Australian



Young aggressive adolescent boys often swing between explosive outbursts and sullen withdrawal. Their behaviour can be caused by the way in which they understand and misunderstand events. Between 2000 and 2005 Michael Currie developed the Doing Anger Differently program, which helped hundreds of adolescents. His book provides a new approach with clear practical principles, which can be adapted by parents, teachers and others to help them deal with aggressive boys.

More Secret Girls' Business

Fay Angelo, Heather Anderson & Rose Stewart
 ISBN 9780975011348 \$16.99
 Australian



More Secret Girls' Business is a companion book to *Secret Girls' Business*. It includes details about physical and emotional changes at puberty and gives girls a greater understanding about puberty and sexuality. Information is presented in a sensitive but open manner, with simple language and fun illustrations that girls will enjoy.

Also available:
Secret Boys' Business \$16.99
Secret Girls' Business (for younger girls) \$14.99
 Books about puberty for boys and girls.

Contraceptive Kit

Family Planning NSW
 Australian \$245



This is a kit for hands-on teaching and learning about contraception. It contains: a diaphragm, an IUD (Intrauterine device), a variety of condoms, female condoms, an assortment of contraceptive pills, examples of the vaginal ring and the contraceptive skin implant, lubricant, a latex dam, a banana penis (a novelty item to demonstrate condom use), a copy of the book *Contraception Healthy Choices* 2nd edition, as well as a book of contraceptive fact sheets that can be photocopied, and related pamphlets. All in a stylish carry case, ready for a practical presentation about contraception.

Contraceptive Choices - Flip Chart

FPQ - Family Planning Queensland
 Australian \$40



Contraceptive Choices is an A4 size, laminated flip chart (26 pages) about all methods of contraception. It contains full-colour pictures of each method, and corresponding pages of information about the method, provided under headings such as: What is it? How it works; Advantages; and Disadvantages. This excellent resource can be used on its own or as a valuable addition to the Contraceptive Kit.

Youth Coping with Teen Pregnancy

Growing up Fast

Heather Docalavich & Phyllis Livingston
 ISBN 978142201343 \$44

New

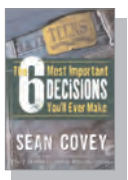


Growing up is a time of challenges, and pregnancy completely changes your life. This book for 12-16 year olds, begins with a fictional story of 16 year old Holly discovering she's pregnant, with many questions to be answered, and big decisions to make. Non-fiction sections at the end of each chapter provide up-to-date information. *Youth Coping with Teen Pregnancy* offers a glimpse into the real-life world of many adolescents, encouraging tolerance, compassion and deeper understanding.

The 6 Most Important Decisions You'll Ever Make

A guide for teenagers

Sean Covey
 ISBN 9780743265041 \$24.95



Young people at school face many challenges from academic pressure, parent communication, media influences, sexuality issues, relationships, bullying, addictions and peer pressure and the choices they make can have a huge effect on their future lives. In this book, stories from teens around the world show how to build self esteem and deal with all the issues that concern young people. *The 6 Most Important Decisions You'll Ever Make*, packed with cartoons, quotes and quizzes is inspiring, fun and helpful for teens everywhere.

