

B O O K S H O P

Secondary Schools 2012

Healthrites bookshop at Family Planning NSW has great resources about self-esteem and sexual and reproductive health for secondary schools - and here is a selection. For an invoice, please send your school's official Purchase Order form by mail or Fax: 02 9799 8835, or see our full range and purchase online at www.fpnsw.org.au. For more information please call us on 02 8752 4307.

Bullying Prevention for Schools

A step-by-step guide to a successful anti - bullying program

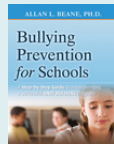
Alan L Beane

ISBN 9780470407011 \$44.95

Australian

Bullying can be found in every school, and classroom. It is destructive to the well being of students, creates unsafe schools, and impacts learning. There is an increasing need for effective anti-bullying strategies and policies to create safe, caring schools where all students feel a sense of belonging and acceptance. This book describes how to: implement training for school personnel, and awareness sessions for students and parents; establish policies and response plans; prepare intervention strategies; and involve and empower students, parents and the community.

New



Shadows and Deeper Shadows

Laminated card set and booklet in a presentation box

Innovative Resources

ISBN 9781920945176 \$59.50

Australian

This edition of *Shadows* has 48 full-colour cards (21 x 15cm) and a 49 page booklet of suggestions for use with individuals or groups. The evocative watercolour images help us connect with the struggles and breakthroughs of everyday living. There are many ways to use the cards - allow time for reflection, conversation and writing to assist in the discovery of new meaning and hope. The cards can be used in counselling sessions or as the starting point in creative writing classes.

New Edition



Doing Anger Differently

Helping adolescent boys

Michael Currie

ISBN 9780522854763 \$34.95

Australian

Young aggressive adolescent boys often swing between explosive outbursts and sullen withdrawal. Their behaviour can be caused by the way in which they understand and misunderstand events. Michael Currie developed a *Doing Anger Differently* program, which helped hundreds of adolescents. His book provides a new approach with clear practical principles, which can be adapted by parents, teachers and others to help them deal with aggressive boys.



Sex and Other Stuff

The A to Z of everything you need to know

Annie Rose

ISBN 9781742031194 \$18.99

New

Australian

Sex and Other Stuff is an informative, easy-to-read, essential reference for teenagers and also for teachers. The author, a registered nurse/secondary school sexuality educator, provides heaps of facts in alphabetical order. Facts about the human body, sex, and good, bad and ugly aspects of human behaviour - important facts that no-one else might tell young people, for whatever reason. However, knowledge is powerful. The A to Z facts are honest, sometimes surprising, no holds barred, and at the back of the book there are pages of places to go for more information or help.



The Puberty Book - 5th edition

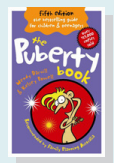
The best-selling guide for children and teenagers

Wendy Davrill & Kelsey Powell

ISBN 9780733626395 \$24.99

Australian

With the latest information, this edition of *The Puberty Book* answers (pre) teenage questions such as How are sperm made? How does milk get into breasts? and What do you do if your penis is small? In simple language and with honest answers the authors discuss changes that happen at puberty - sex and sexuality, health, relationships, pregnancy and birth.



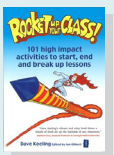
Rocket Up Your Class

101 high impact activities to start, end and break up lessons

Dave Keeling

ISBN 9781845901349 \$27.95

Here is a great book of creative openings, energising middle activities and big finishes for your lessons. *Rocket Up Your Class* entertains students while engaging them in activities designed to develop communication, teamwork, creative thinking and confidence. The games, exercises and other ideas have come from the author's experience working with thousands of students in hundreds of schools.



Giant Microbes - Louse (Lice)

Also available: Egg cell, Sperm cell, Chlamydia, HPV, HIV, Syphilis, Gonorrhoea, Herpes

Heebie Jeebies \$12.95 each

These giant plush microbes are fun for teachers to use to introduce information about reproductive and sexual health and sexually transmissible infections (STIs) with groups of students. Made from plush material with soft polyester fill, they are shaped to represent individual microbes enlarged 1,000,000 times (approx 10cm x 10cm x 7cm). See them all on our website!



