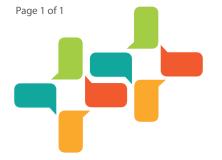
Fact Sheet - Assyrian

ښته دېخبيومهٔ هم محکنهٔ دېکېنومهٔ (ECP)

The Emergency Contraceptive Pill (ECP)



مەدب ئى بىتە دىدبىرە قە مەكىن دىلىموقە؟

شِقَعُ دِكَدَبِيِّ مِنْ هُ هُدَكُنِيْ دِسَكِبُهُ سَدِبِیْ 2. ECP (شِدِدِسُعُ يُدُونُ سِيكُمْ سَدِبِیْ 'شِقَعُ دِسَفِيدُمِنِيْ دِمِسِ شَمَدَ شَوْعُ'



(بَكُة سَدِّهُ حَصَّبِهُمْ وَكُفَدَهُمْ لَسَهُرَا وَهُ وَهُ فَا لَا لِللَّهُ اللَّهُ اللَّهُ الْمُحَدِّمُ وَهُ وَهُ وَهُ وَهُ وَلَا لَا لِللَّهُ الْمُحَدِّمُ اللَّهُ الْمُحَدِّمُ اللَّهُ اللَّا اللَّهُ اللَّالِمُ اللَّا اللَّا اللَّلَّا الللَّهُ اللَّا اللَّهُ اللَّهُ اللَّهُ اللَّهُو

دِّيجِب جِهِ فُكِسُمِ؟

دېـ ۵۵۲ وگړې پخفتيد؟

جُلَدُهُ دِيْكِهُ بِحَهُ دِهُهُ ثُهُ جُدَدُنُجِهُ بَدِدهُهُ مَهُ مَعْ شَهُ وَعُهُ بَعْ هُمُ وَحِهِ وَهُهُ جُلِك جُعلمه بُدُهُ وَكُدِهُ بِحَهُ مِنْ بُعدُهِ بَعدُهُ مِنْ مَنْ اللهِ وَبَدْهُ بَدَابِهِهُ اللهُ الْمُحَدِّمُ (يُكْجُه) منده هيئ مِنْهُ جُلَدُهُ دَبُوسُهُ ثُمْ وَيُوْتَدُهُ مِن سُوهُ بَعْ اللهِ وَبَدْهُ مِنْدَهُ مِنْهُ مِنْ اللهَ وَجُدِمُهُمْ اللهُ عَلَيْهُ دَبُوسُهُ لَهُ وَيُوْتَدُهُ مِن كَهُ وَحَدِمِهُمْ وَيَوْتُهُ. يَى عَمِوْهُكِبَ وَجُدَاهُ مِن اللهُ مَنْهُ اللهُ مَنْهُ مَنْهُ مَنْهُ مَنْهُ مَنْهُ مِنْهُ مِنْهُ مَنْهُ مِنْهُ مَنْهُ مَنْهُ مَنْهُ مِنْهُ مِنْه

حقع ہقب چع قلشع؟

بنده دهدنه وهد و والمدهد و والمدهد

دُهجِب عُسِكُم، كُنْ سُقِع دِخَدَجِيهِ مُعْ؟

ۻ۪ؗۮڬٮ؞ٞ ٮڎڹؿۣٮ؞ٞ ڔڡڮڹڡ؋؞ٞؠ ڡۄڡ؈ڡٞٮڹ ڝڔ قێۺ ڍ؞ ڠڟڵٜڡٮ ػٙ؋ ۺڎؠ ڔٮڎڹڽۅ؋؞ٞؠ ڹؠ؈ڎؠڔڎڮۮڔۣؠ ڝۿۻؠۣڽڡؠٞ؞ٮػ؋ ڝ ڎۿۮ ڿ؋ۿڰؠٞ ڝۿڎٞڽؠٞ ڔۮٚؠ ؿڽۿۮ؋؋ؠ ڡڽ؈ڽؠڡ؋؞ٞ؞ ؋ٮ ڝؠ قێۺ ڝۣۊ؈؈؈؈ۑڨٮڔ؞؞؞؈ڎؿؠؠڎ؋ ڝڡڹڵؠٞ ڡڝۿۺؠ ڔ٧٤ ۿڹؙؿؚ ڝ ڎۿۮ ڿ؋ڰؠٞ ڝۿڎٞڽؿۨ ڔۮٚؠ ؿڸۿۮ؋؞ٞؠ ڝ ڡڮڹڡ؋؞ٛ؞ ڡڡۮڎ٤ڔڔ؋؋؋ؿ؞ۥڞۑڹڡڔ؋ۻڰڸۺڡٮػ؋؋ۮ ٢٠٥ ۿڹؙؿ (5 ئەڰۺة)، ڿٮقىؠٞ ؞ڵ؋ ۻڰڵٜڛؠٞ؞ۮۺڎؠ؋ؽۮڽڝ؋ۿؠ؋ۅڎ٤ ڝ ۺڎ٤ ڽٛ؋ؠؠ؞ شد سددد٤.

المِنْ يِدِ وَوْلِ كُجِب وَهُ هُذَكُجِب دِبْدُسُمْ الْسِذَقَعْ؟

هُهُ هُهُ وَدِي دِيتِهِ مِع هُوبِكُهُ مُ هُذِيْءٍ دِبْدِشْعِ حِيدُتْعِ مَعْبِدُمْعٍ.

مهدب ي محدثجت دبندشة محدودهجه؟

يَ ﴾ جَدَفَجَه دِبَدَشَعُ صَعَودَهِيَهِ شَعْ وَهَدُه هِمَ سُدِ خَتِهُ ثَعْ، اَفَعَتُمْ مَكُهُ دِفْتِذِهه سَدِع غِسَيْسَمُ دِتهَبِعِهِمُهُ فِدَهُ صَوْفِهم خُتِ اَهْتَجِه اَه خُلَ سَمِهُمْ جَنُكُمْ نَجْتِهِدِيْ صِكْمَةُ (نِجِهِهُ).

جع لاُحدَة هَعِيْم وقعيْم كُهُ جُدِّة وللدَبِعِهِمْهِ؟

قعينها وقعنها كه سنة ولمديوه في همكن وحليمه في مكسه غادةكيد وكال سنة المبدقة وحوفته جا سو تهني بند ها وهدة عودة المدوقة 12 - 2 30. غاد كالكام ولا المبدؤ والمراقع الموقع الموقع المبدئة والمبدئة والمبدئة والمبدئة والمبدئة والمبدئة المبدئة المبارك والمبدئة والمبدئة المبارك والمبدئة والمبدئة والمباركة المباركة والمباركة والمبار

شَعْ حَمِعَ وُمَرِّعَ مِعُمَرِكُمِمِمْعُ

- عدب بند سميّه بحكد و حمدته وهبنجه و بخدمه و بخدمه و بخدم و بخدم و بخدم و بخدم و بخدم و بخدم و بخدمه و بخدم و بخدمه و بخد
 - 133 677 (عَا نَعْتِا جُدِّا NRS •
 - دومه هموده حجمه دوههه دوههه دوسهه دومهه

بحہ حمَّتِه اسميَّه هٰدُدِّه 1300 886 658 سميَّه هٰدُدِّه اللهِ www.fpnsw.org.au

سِكَ فِي وَحِدِهِ عَوَقَتَعَ وَوَفِودِ تُعَوِيُّهُ } صِفَقَةَ مَمُوكَ قَدْهُ } حَوَيْتُ } كَوَدُدُهُ هِجِكُتُهُ

حومةَهُا وطيُجُهمَ وجُلمومَا وصل قمه قلك بِيَّه بُو حومةَهَا فُرَ هَا سَتَمْ ووورَا العَبْدَ لِيِّه صووفًا حبْد ووبدومَا وسوكفتا وصل قمه قلك



THE EMERGENCY **CONTRACEPTIVE PILL (ECP)**



What Is The Emergency Contraceptive Pill?

The emergency contraceptive pill or ECP (sometimes wrongly called the 'morning after pill') is a single dose of a hormone called levonorgestrel (also used in some contraceptive pills). You can take it to reduce the chance of getting pregnant after having unprotected sex, for example, if you did not use any contraception, if you missed your usual contraceptive pill, or you used a condom that broke during sex.



How Does It Work?

The emergency pill can prevent or delay the release of an egg from a woman's ovaries. If you use the emergency pill, you should keep on using other contraception, e.g. the Pill or condoms or you could still become pregnant. The emergency pill does not interrupt an established pregnancy, or harm a developing embryo or fetus if it is accidentally taken early in pregnancy.

Are There Any Side Effects?

You might have some vaginal bleeding a few days after using the emergency pill.

The emergency pill is very safe to use with no serious or long-lasting side-effects. Some women have experienced an irregular period after taking the emergency pill and a few may have nausea or breast tenderness. If you have vomiting less than two hours after you take a dose of emergency contraception you should take another dose.

How Effective Is it?

The emergency pill is most effective when taken in the first 24 hours after unprotected sex. If taken within three days of unprotected intercourse the emergency pill will prevent approximately 85% of expected pregnancies. You may need to have a follow-up pregnancy test to make sure you are not pregnant, in a few weeks.

How Do You Take It?

Emergency contraception is more effective the sooner you take it after unprotected sex. It is most effective if taken within 24 hours of unprotected sex. However it can still be used up to 120 hours (five days). It is safe to use the emergency pill more than once in a cycle.

When Should You Get Your Next Period?

Most women have a period at about the expected time.

What If Your Period Is Late?

If your period is more than a week late, you should do a pregnancy test and contact your doctor or Talkline for advice.

Where Can I Get The Emergency Pill?

You can get the emergency contraceptive pill from pharmacies without a doctor's prescription. It costs about \$20-\$30. The pharmacist may ask you a few questions to be sure that it is safe for you to take this medication. It is also available from Family Planning NSW clinics.

For Further Information

- Contact the Family Planning NSW Talkline on 1300 658 886 or go to www.fpnsw.org.au/talkline
- NRS (for deaf) 133 677
- Or visit your nearest Family Planning clinic

Reviewed: June 2014 | FPNSW 06/14

The information in this Factsheet has been provided for educational purposes only. Family Planning NSW has taken every care to ensure that the information is accurate and up-to-date at the time of publication. Individuals concerned about any personal reproductive or sexual health issue are encouraged to seek advice and assistance from their health care provider or visit an Family Planning NSW clinic.

www.fpnsw.org.au | talkline 1300 658 886 | bookshop

clinical services & information | education & training | research | international development Family Planning NSW is a not-for-profit organisation funded by the NSW Ministry of Health



