



This section lists resources that can be used with each of the topics in *All About Sex*. It is important to look at these resources first to check their suitability before using them with the learner.

Family Planning NSW has an extensive Disability Resource Collection available to community members, disability workers, teachers and health care providers. These resources can be borrowed from the Family Planning NSW Library. Some of these resources can also be purchased from the Family Planning NSW Bookshop.

Family Planning NSW Library

328-336 Liverpool Road, Ashfield, NSW 2131

Phone: 02 8752 4386

Email: library@fpnsw.org.au

Website: www.fpnsw.org.au/library

Family Planning NSW Bookshop

328-336 Liverpool Road, Ashfield, NSW 2131

Phone: 02 8752 4307

Email: bookshop@fpnsw.org.au

Website: www.fpnsw.org.au/bookshop

Family Planning organisations in other states and territories also have libraries and bookshops. Refer to the fact sheet called 'Where to go for help or advice' for contact details.

The list below includes only some of the books, DVDs and educational resources currently available for teaching people with intellectual disability. Please contact a Family Planning organisation library or bookshop for information about other resources.

- About Masturbation for Females: For people with an intellectual disability. NSW: Family Planning NSW, 2011.
- About Masturbation for Males: For people with an intellectual disability. NSW: Family Planning NSW, 2007.

- An Exceptional Children's Guide to Touch: Teaching social and physical boundaries to kids. UK: Jessica Kingsley Publishers, 2012.
- Aspergers Syndrome and Sexuality: From adolescence through adulthood. UK: Jessica Kingsley Publishers, 2006.
- Being a Healthy Woman: An educational resource for women with intellectual disability, their families, health care providers, carers and support workers. NSW: NSW Department of Health, 2010.
- Billy Grows Up. [DVD]. New Zealand: IHC, 2010.
- Circles. [DVD]. US: James Stanfield Publishing Company, 2010.
- Every Body Needs to Know. Queensland: Family Planning Queensland, 2010.
- Feeling Sexy, Feeling Safe: A training package for teaching sexuality education to people with intellectual disabilities. [DVD]. NSW: Family Planning NSW, 2002.
- Friendships and Dating: Information about relationships for parents, carers and young people with a disability. [DVD and booklet]. South Australia: SHine SA, 2009.
- I Have the Right to be Safe: Promoting self protection. Queensland: Family Planning Queensland, 2007.
- Jason's Private World. [DVD]. UK: Life Support Productions, 2011.
- Kylie's Private World. [DVD]. UK: Life Support Productions, 2012.
- Lesbian, Gay, Bisexual and Trans. UK: CHANGE, 2010
- Love and Kisses: The DVD. NSW: Family Planning NSW, 2006.
- Loving Each Other Safely. UK: RCPsych Publications, 2011.
- Making the Change: A teaching pack on the menopause for women with learning disabilities. UK: Pavilion Publishing, 2001.
- Periods: A practical guide. UK: Me-and-Us, 2008.
- Planning a Baby. UK: CHANGE.
- Puberty and Special Girls. Victoria: F.L. Angelo and H.A Pritchard and R.M. Stewart Partnership, 2009.
- Relationships Skills: A photo resource. NSW: Liz Dore, 2012

- Sex, Safe and Fun. NSW: Family Planning NSW, 2014.
- Special Boys' Business. Victoria: F.L. Angelo and H.A Pritchard and R.M. Stewart Partnership, 2007.
- Special Girls' Business. Victoria: F.L. Angelo and H.A Pritchard and R.M. Stewart Partnership, 2005.
- Tara Grows Up. [DVD]. New Zealand: IHC, 2010
- You, Your Body and Sex. [DVD]. UK: Life Support Productions, 2012.

www.fpnsw.org.au | [talkline 1300 658 886](tel:1300658886) | [bookshop](#)

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The information in this Fact Sheet has been provided for educational purposes only. Family Planning NSW has taken every care to ensure that the information is accurate and up-to-date at the time of publication. Individuals concerned about any personal reproductive or sexual health issue are encouraged to seek advice and assistance from their health care provider or visit a Family Planning Clinic.
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