Sex
Safe and Fun
Easy English
Good sex can be fun

It can be by yourself

It is in a private place
Good sex can be doing things you both enjoy. It can be with another person. Both people must say yes.
Good sex can make you feel good

Good sex is:
- when both people want to have sex
- in the bedroom with the door closed

Good sex is safe sex using a condom and lubricant (lube)

Good sex is fun
Bad sex is not fun

You can feel sad, scared or angry
You can feel unhappy
Your body can hurt
Bad sex is wrong

Playing with yourself in public is against the law

Sexual harassment is against the law

If you don’t want to, it’s bad sex

If bad sex happens to you, tell someone you trust
Bad sex is wrong

Sex with staff is against the law

Rape is against the law

Sex with children is against the law

Sex with family is against the law

Keep telling someone until you get help
For more information:

Go to our website
www.fpnsw.org.au/sexfinalandfun

Talk to us
Call our phone line called Talkline
Phone 1300 658 886
8:30am to 5pm weekdays

Email us
statehpu@fpnsw.org.au

If you are helping a person with disability to understand this booklet please refer to the support person’s guide, condom pack, and support person’s demonstration video available online at www.fpnsw.org.au/sexfinalandfun

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