



Sex Safe and Fun

GOOD SEX, BAD SEX - ACTIVITY CARD INSTRUCTIONS

Using these picture cards, participants will learn about sex and other sexual activities in relation to generally accepted social rules and the law. Participants will learn about consent, enjoyment, intimacy, privacy and safety.

In *Sex, Safe and Fun* 'good sex' is used to describe behaviours that are consensual, private, enjoyable, safe and within the law. 'Bad sex' is used to describe behaviours that are unsafe, generally not socially tolerated, and in some cases illegal.

Refer to the *Sex, Safe and Fun* support person's guide and demonstration video for more information and tips for preparing to use this resource.

Activity timeframe

Allow approximately 30 to 60 minutes depending on group size and participant learning needs

Group size

Suitable for use in individual or small group learning (remember to consider the group size in accordance with participants learning needs)

Resources required for this activity

- Good sex, bad sex activity cards (print A4 and laminate)
- *Sex, Safe and Fun* support person's guide (units 1-6 and 10-19)

Consider participant's learning needs

This activity can be adapted to meet a wide range of learning needs. For some, learning will best be achieved through facilitated group discussion and peer led conversations. For others specific questions, gestures such as pointing and moving the picture cards will facilitate communication and learning. Additional resources may be used to reinforce key messages. Other resources for teaching about sexuality and relationships are recommended at the end of each unit in the *Sex, Safe and Fun* support person's guide.

To download or order
Sex, Safe and Fun go to
www.fpnsw.org.au/sexsafeandfun

Activity

1. Group agreement.

Before talking about sexuality topics it is important to create a safe learning environment. Gather participants together and take time to discuss what will make it a safe and comfortable place for them to talk about good and bad sex. Write the agreement on butcher's paper and display in the room. For example:

- It's OK to feel embarrassed
- Listen to others
- It's OK to ask questions
- Personal stories stay in the room
- Be nice to each other

Refer to the *Sex, Safe and Fun Support Person's Guide* for key messages and discussion points.

2. Hand out the 'good sex, bad sex' activity cards to the participants.

3. On a clear open space (such as a table, on the floor or using a smartboard) place out the headings 'good sex' and 'bad sex'.

4. Ask each participant to look at their picture and choose if it is 'good sex' or 'bad sex'.








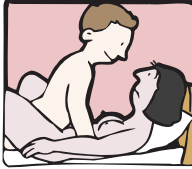


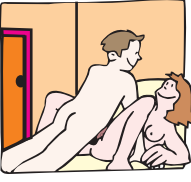


5. Ask participants to one at a time place their picture under either the 'good sex' or 'bad sex' heading. Ask them to say what is happening in the picture and why they think it is 'good sex' or 'bad sex'.

Refer to the 'Quick reference guide' on the following page for example questions to ask.

6. When all the pictures have been placed down compare the good sex and bad sex pictures. What are the differences between good sex and bad sex?

Tip: some learners will participate best through non-verbal communication such as gestures. Support them to join in by asking them specific questions and encouraging them to point to the parts of the picture that make it 'good sex' or 'bad sex'. For example "This is a picture of good sex. Having sex is something private, you do it in a private place. Point to what makes it private."

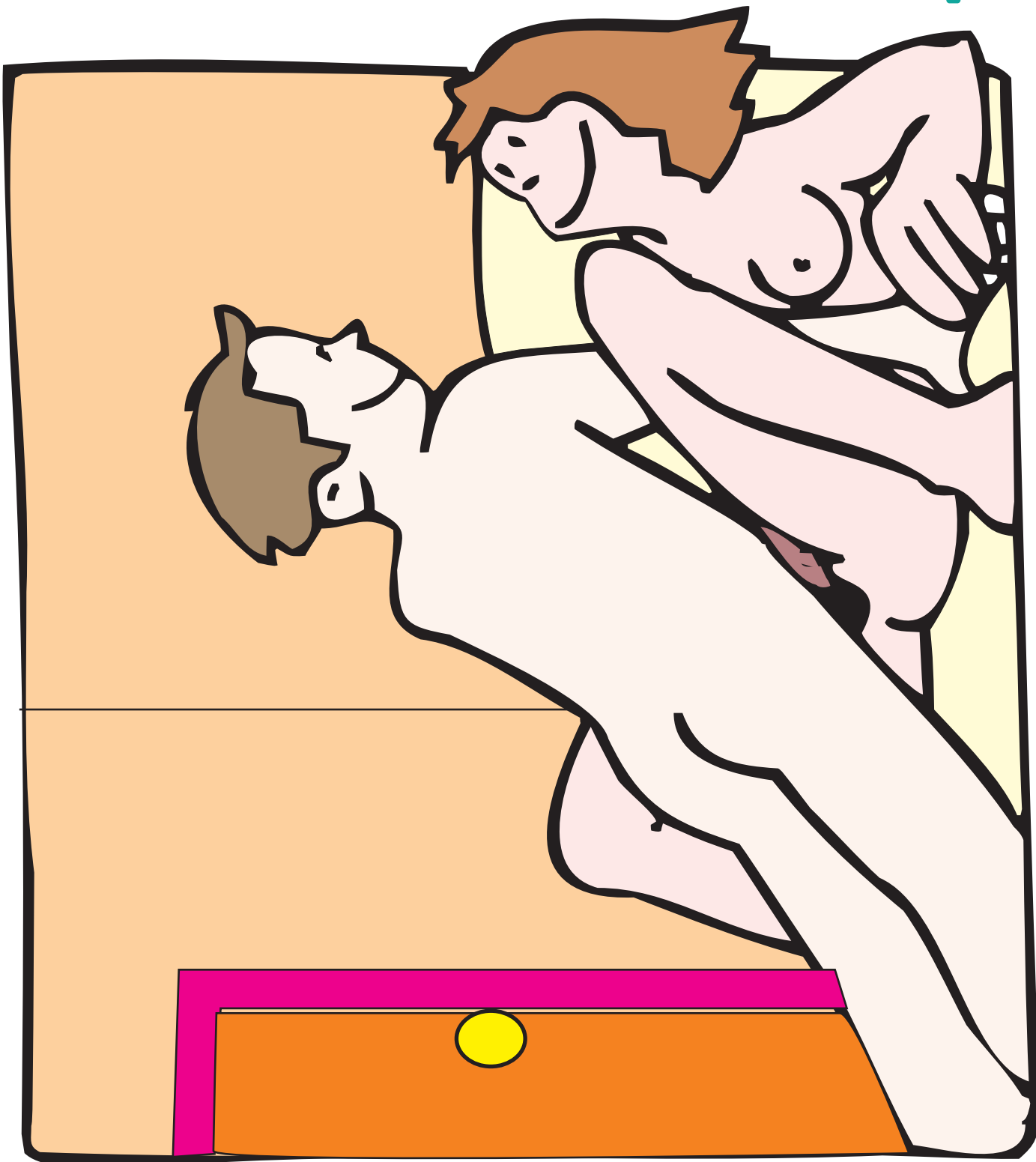
Quick reference guide

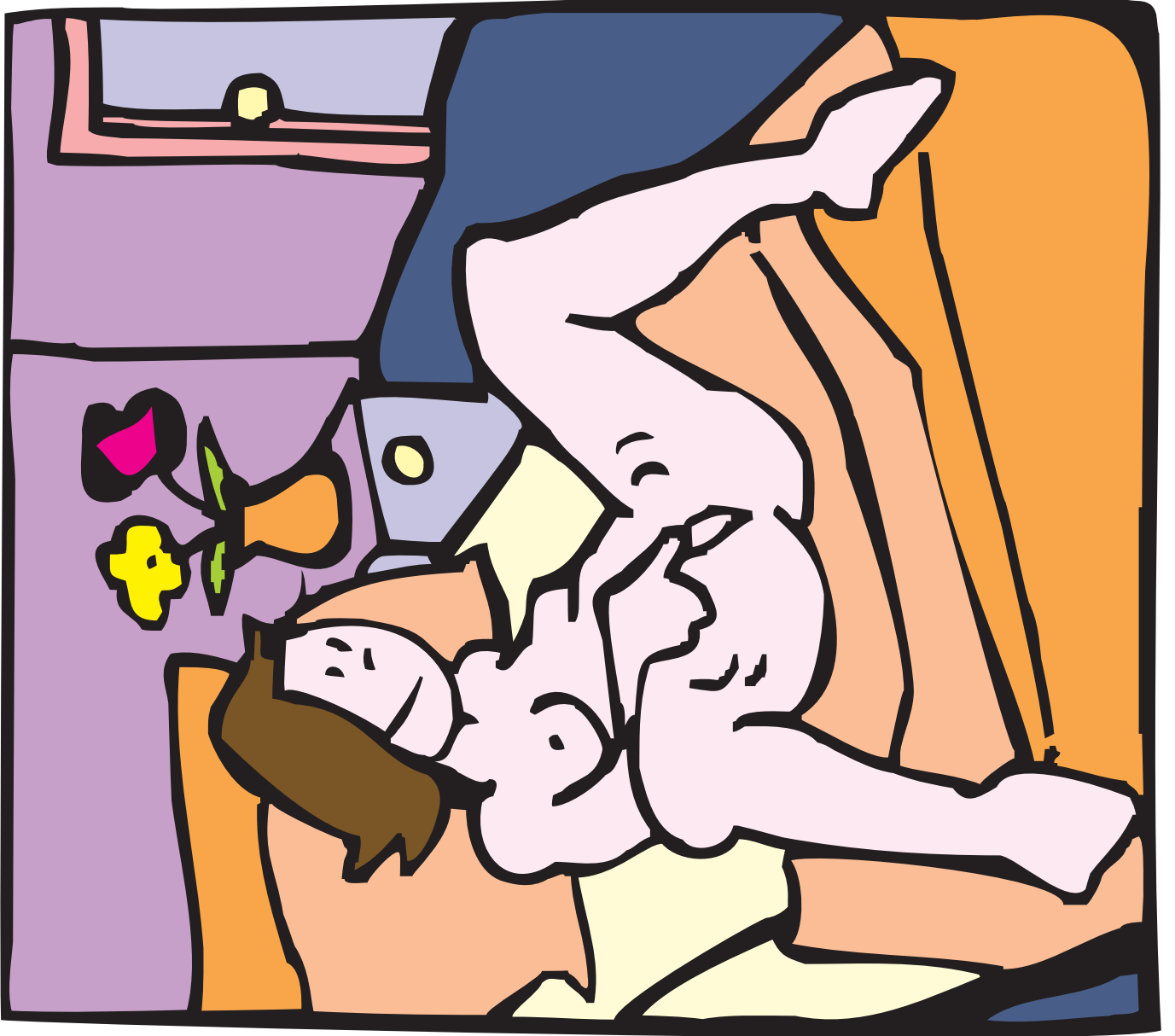
Good Sex	Bad Sex
 <p>What is the woman doing? Is the door closed? Is she by herself? How can you tell that she likes touching herself?</p>	 <p>What is the woman doing? Is the woman in a public place? How do you know the other people are upset? Where is it OK to masturbate?</p>
 <p>What is the man doing? Is the door closed? Is he by himself? How do you know this is a private place? How can you tell that he likes touching himself?</p>	 <p>What is the man doing? Is the man in a public place? How do you know the other people are upset? Where is it OK to masturbate?</p>
 <p>What do you think is happening in the picture? Do you think they want to touch each other? How can you tell they both want to touch each other?</p>	 <p>Does the woman like the man touching her? How can you tell she doesn't like it? What should the woman say to the man? Who should the woman talk to? Who could you tell if this happened to you?</p>
 <p>What is happening in the picture? Do you think the women want to touch each other? How can you tell they both want to touch each other? Are the women in a private place? Is the door shut?</p>	 <p>What is happening in the picture? How do you think the woman is feeling? Should the man stop? What should the woman say to the man? Who could you tell if this happens to you?</p>
 <p>What is happening in the picture? Do you think the men want to touch each other? How can you tell they both want to touch each other? Are the men in a private place? Is the door shut? What can they do to have safe sex?</p>	 <p>What is happening in the picture? How do you think the woman feels? Who should she tell? What should the woman say to the man? Who could you tell if this happens to you?</p>
 <p>Is the door shut? Do you think the man and woman want to have sex? What can they do to have safe sex? How can you tell that she likes it? How can you tell that he likes it?</p>	 <p>What is happening in the picture? How do you think the woman is feeling? Should she tell someone? Who could you tell if this happens to you?</p>
<h2 style="margin: 0;">More Information</h2>	
<p>For more information:</p>  <p>Talk to us Call our phone line called Talkline Phone 1300 658 886 8:30am to 5pm weekdays</p>	<p>Where can you get more information?</p>  <p>What is happening in the picture? How do you think the woman feels? Who should she tell? Who could you tell if this happens to you?</p>

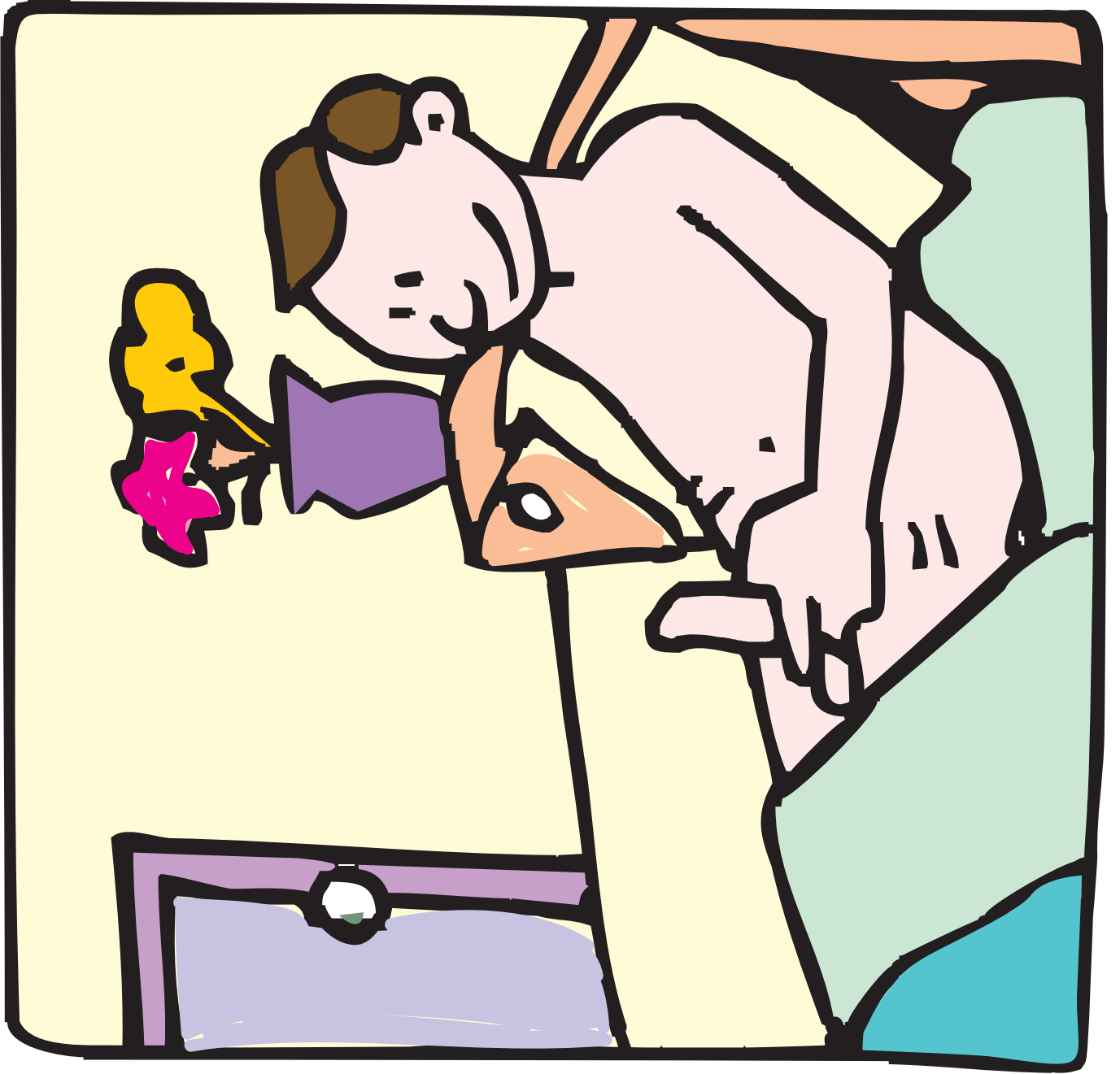
Good sex

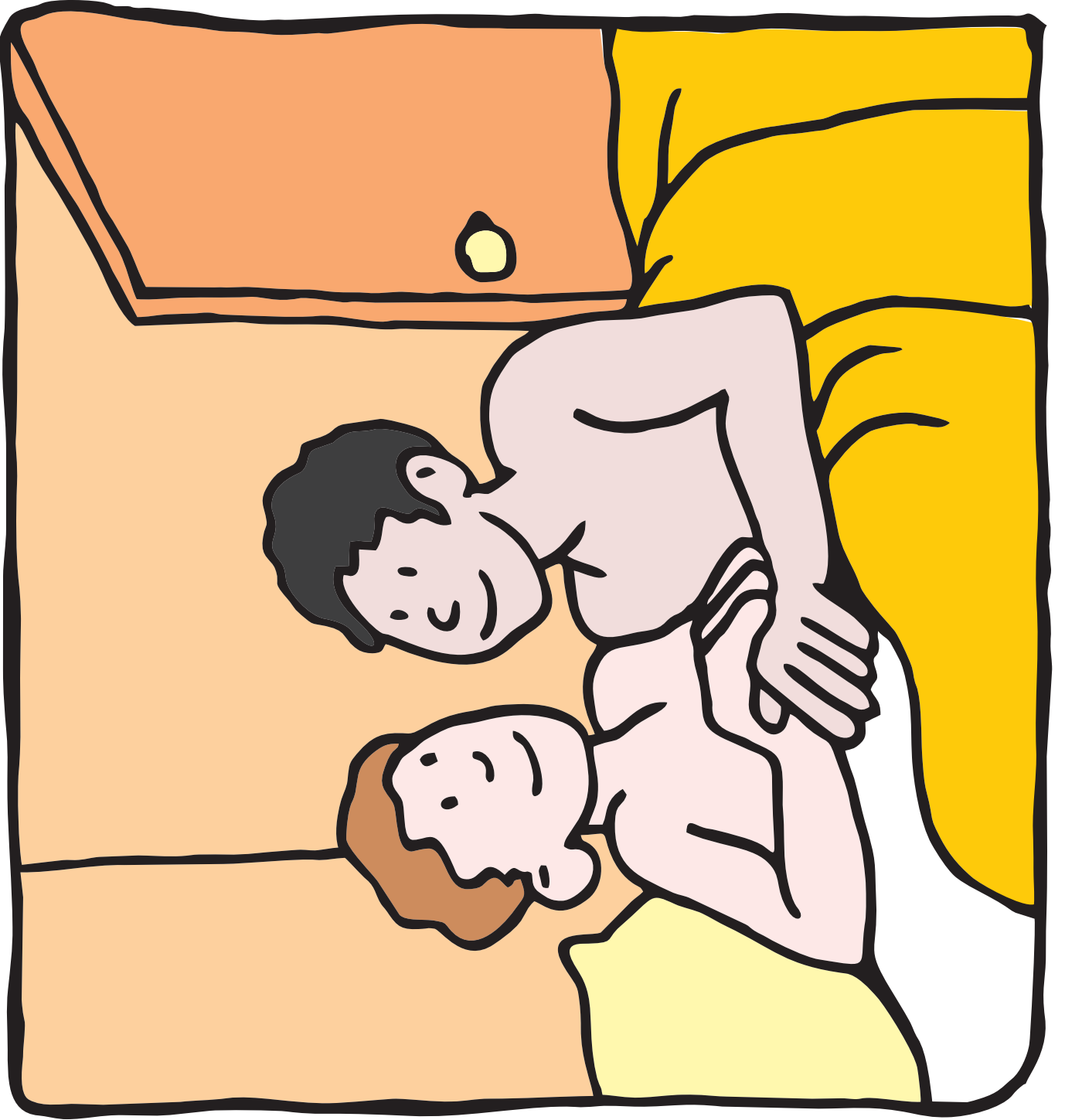
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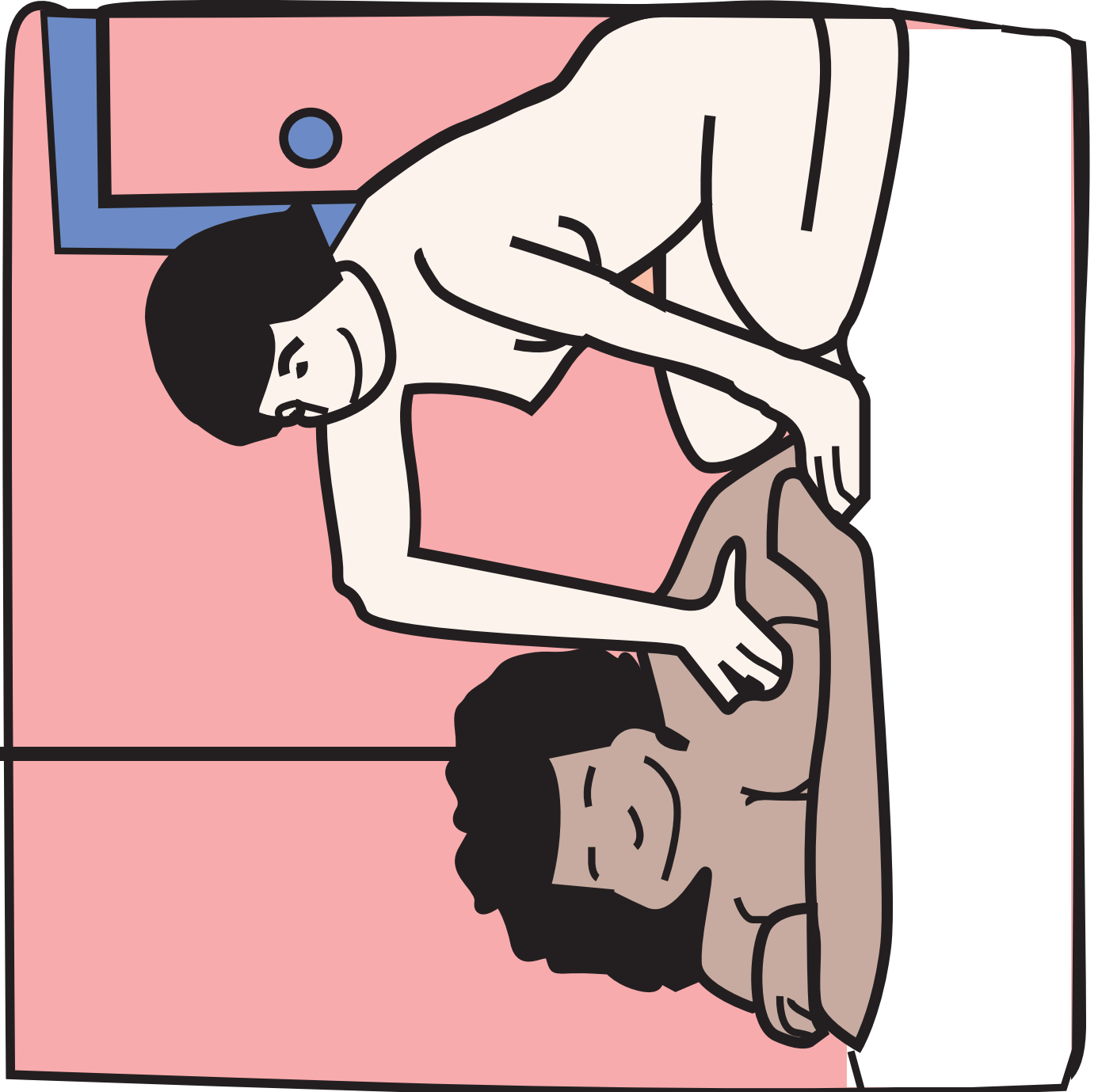


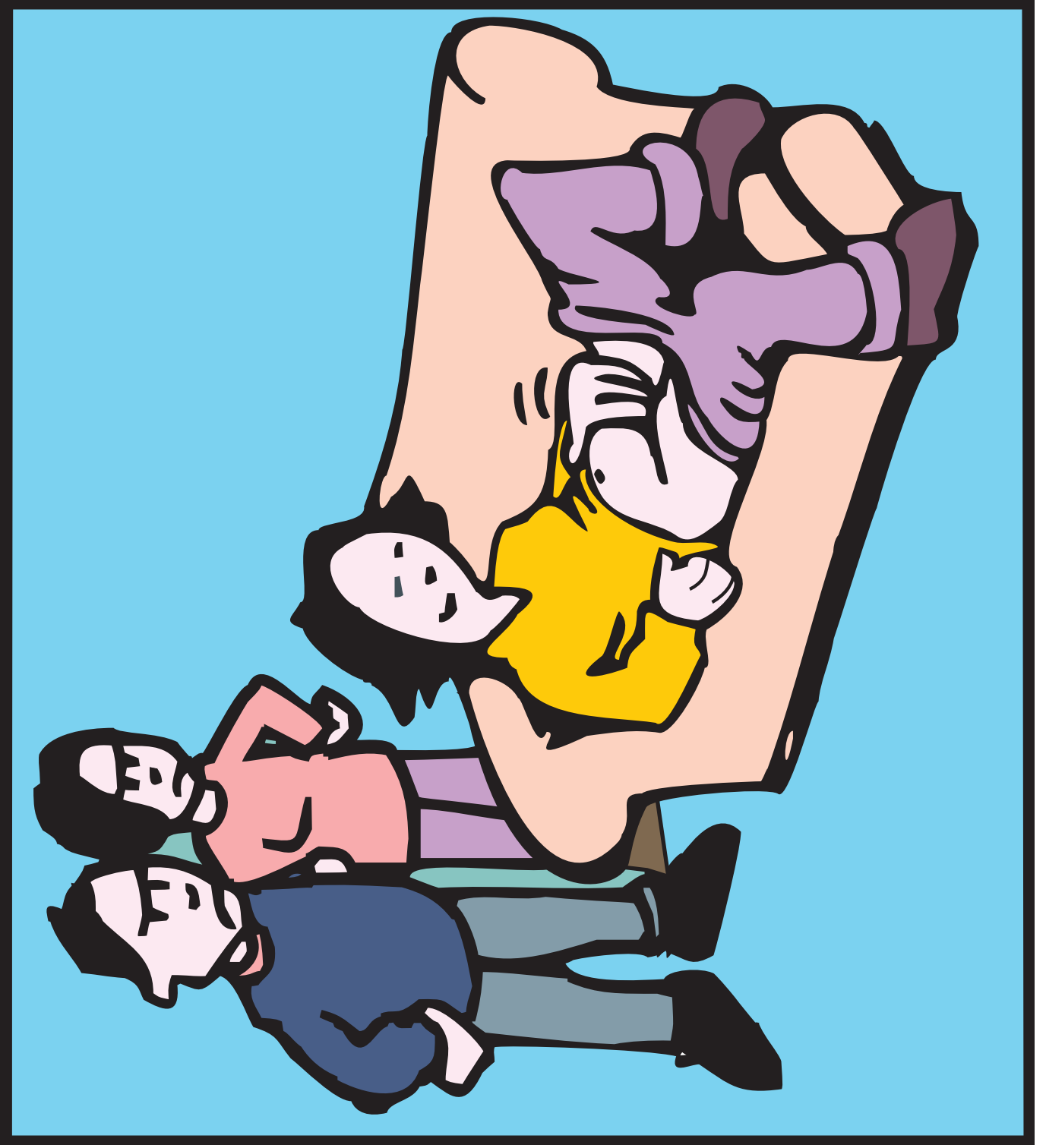






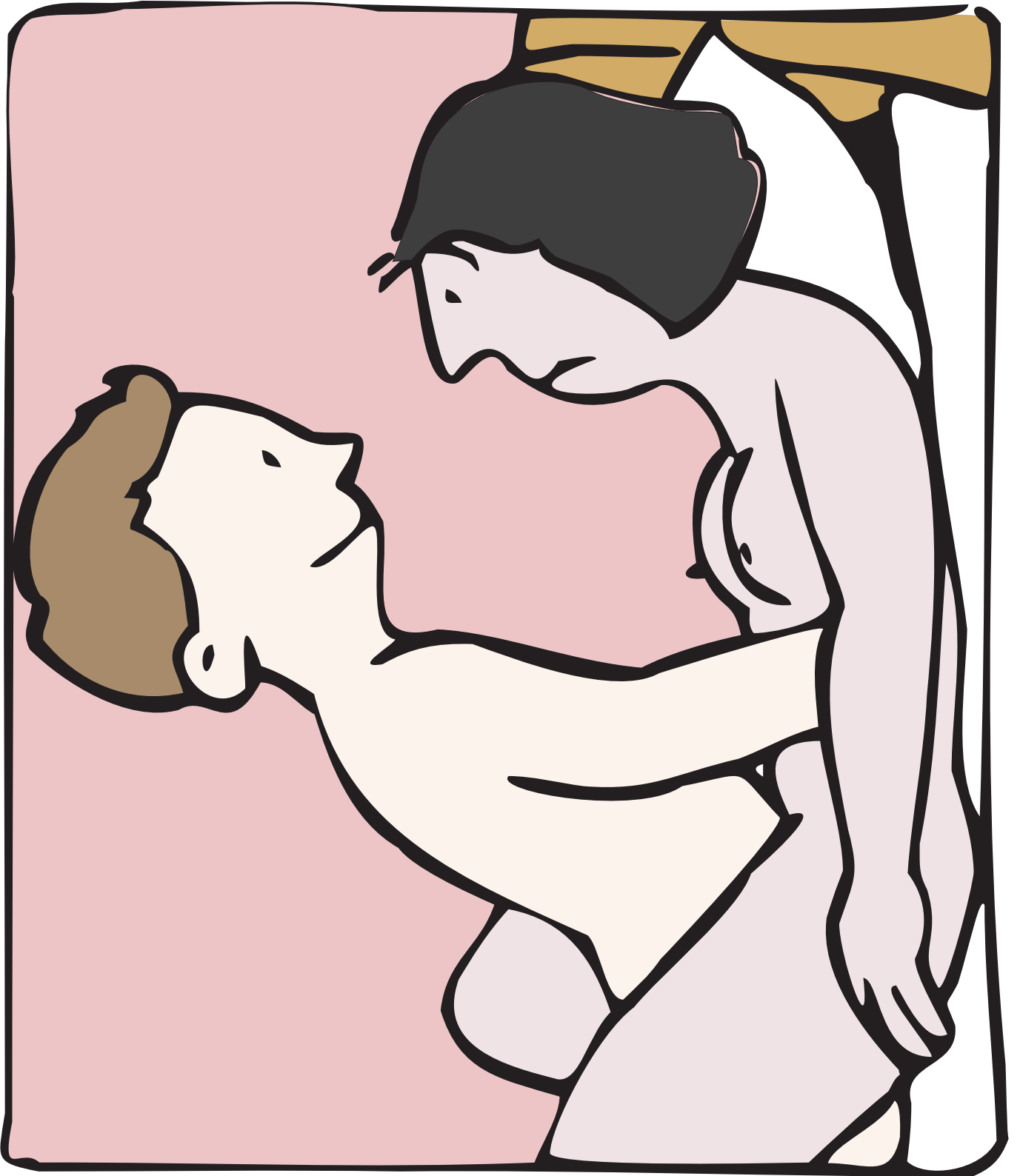




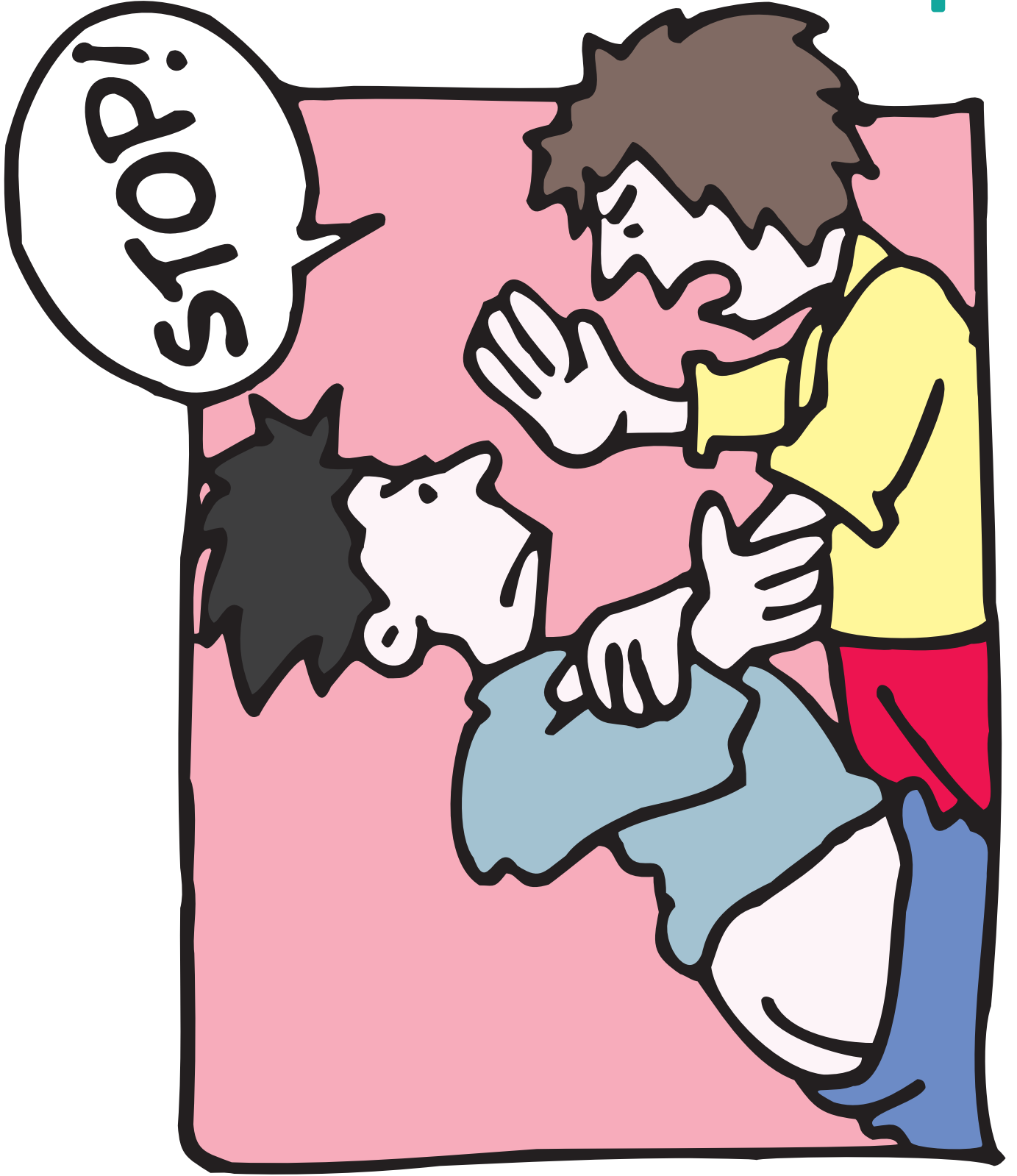








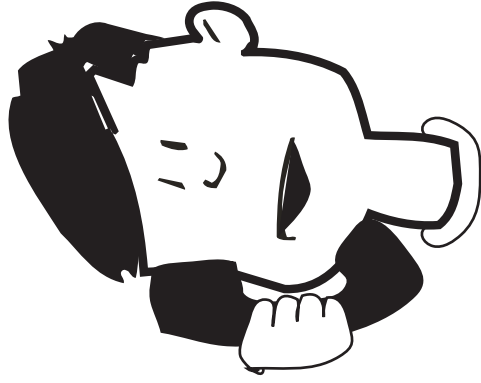








For more information:



Talk to us

Call our phone line called Talkline

Phone 1300 658 886

8:30am to 5pm weekdays