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# Puberty, Sexuality and Relationships:

## A webinar for parents and carers of people with intellectual disability and autism spectrum disorders

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**Find out how to support your family member's personal development and sexuality in a positive way!**



Come join the team at Family Planning NSW for an interactive webinar that will cover issues across the lifespan including:

- Disability and sexuality
- Preparing for puberty
- Decision making and safety
- Taking care of health and hygiene
- Supporting positive and safe sexual expression
- Tips for talking about sex and answering tricky questions

Parents, foster parents, relatives and other unpaid carers of people with intellectual disability and autism spectrum disorders of all ages are welcome.

Unfortunately we are unable to accept registrations from professionals for this event.

**Date:**

Thursday 18th of June 2020

**Time:**

Online 10:30 am - 12:00 pm

**Venue:**

Zoom link provided on registration

**Cost:**

This course is funded by the Hunter New England Local Health District.

Priority will be given to people living or working in the Hunter New England area.



**Health**  
Hunter New England  
Local Health District

**For more information:**

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[Click here to register online](#)

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