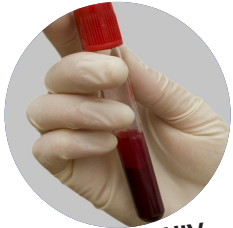




NSW Services & Websites

Women and HIV: A series of factsheets for women about HIV



Testing for HIV

Finding services

There are many free services you can contact for support. Call the numbers on this sheet, or follow the links. All services are confidential. See a full list of services in NSW at:

www.positivelife.org.au/contacts



Recently Diagnosed

Many medical services are free of charge if you have a Medicare card. This is called "bulk billing". If you do not have a Medicare card, call your nearest Sexual Health Service to find out what help you can get.



Treatments: The basics

Health Care Interpreters

Medical information can be hard to understand if English is not your first language. Interpreters can help with this. When you make an appointment, say that you will need an interpreter.



Looking after yourself

Your rights

You have the right to:

- Receive high quality and respectful health care regardless of your sexuality, cultural background or religion
- Choose a doctor you feel comfortable with
- Ask any questions you may have
- Make your own decisions about your health and your life.



Pregnancy and me

If you need an interpreter to talk to these services, call the Translating and Interpreting Service (TIS)

Ph: 131 450

FREE SUPPORT SERVICES

The Heterosexual HIV/AIDS Service (Pozhet): Support, information, referrals and events for HIV positive heterosexuals.

Freecall 1800 812 404

www.pozhet.org.au

ACON Women & Families Affected by HIV Project: Social events, peer support, women's days, information and massage.
Ph: (02) 9699 8756
www.acon.org.au/hiv/women-and-families/Peer-Support

Multicultural HIV/AIDS and Hepatitis C Service: Support for HIV positive people from different cultures. Information in other languages.

Ph: (02) 9515 5030

or toll free (NSW Country)

Freecall 1800 108 098

www.multiculturalhivhepc.net.au

Paediatric HIV Service at the Sydney Children's Hospital: Medical services and support for HIV positive pregnant women and HIV positive children.

Ph: (02) 9382 1851



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Positive Central:

Social workers, occupational therapists, physiotherapists and nutritionists for HIV positive people living in Sydney Inner West.

Ph: (02) 9395 0444

The Sanctuary: Support groups, massage, complementary therapies, social events and health education for HIV positive people living in Sydney Inner West.

Ph: (02) 9519 6142

HIV Community Team: Social workers, dietitians, mental health nurses and referrals for HIV positive people living in South East Sydney.

Ph: (02) 8305 3800

The Haven - Western Sydney:

Low cost groceries, social support, massage, internet access and daily lunch.

Ph: (02) 9672 3600

Karumah - Positive Living

Centre - Newcastle: Massage, complementary therapies, internet access, referrals, workshops, outings and counselling.

Ph: (02) 4940 8393

www.karumah.com.au

Positive Support Network

(PSN) - Gosford: Referrals, peer support and natural therapies.

Ph: (02) 4323 2905

Bobby Goldsmith Foundation

(BGF): Practical, emotional and financial support.

Ph: (02) 9283 8666

or freecall 1800 651 011

www.bgf.org.au

HIV/AIDS Legal Centre Inc (HALC):

HIV related legal matters including immigration.

Ph: (02) 9206 2060

or freecall 1800 063 060

www.halc.org.au

Women Partners of Bisexual Men

Service NSW: Counselling, support and information.

Ph: (02) 9560 3011

www.lwchc.org.au/womenpartners

Sex Workers Outreach Project

(SWOP): Information, education and counselling for sex industry workers.

Ph: (02) 9319 4866

www.swop.org.au

Scarlet Alliance (Australian Sex

Workers Association): Education, research and advocacy

Ph: (02) 9326 9455

www.scarletalliance.org.au

Needle and Syringe Programs

(NSP). For your nearest location call:

Alcohol and Drug Information Service

Ph: (02) 9361 8000

or freecall 1800 422 599

(for callers outside Sydney)

www.adin.com.au



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NSW Users and AIDS Association (NUAA): Peer education, support, information and advocacy to users of illicit drugs.

Freecall 1800 644 413
www.nuaa.org.au

The Gender Centre

Education, support and referral for people with gender issues.

Ph: (02) 9569 2366
www.gendercentre.org.au

FREE MEDICAL SERVICES

The Albion Street Centre: HIV and hepatitis C medicine, counselling, nutrition and education.

Ph: (02) 9332 9600
www.sesiahs.health.nsw.gov.au/albionstcentre

Sexual Health Services: HIV treatments and counselling, STI testing. For your nearest location call the Sexual Health Infoline.

Freecall 1800 451 624
or check: www.health.nsw.gov.au/PublicHealth/sexualhealth/sexual_phus.asp

PEP (Post Exposure Prophylaxis): is a treatment that may prevent HIV transmission to your sexual partner if the condom breaks. To find out more call the 24hrs PEP Hotline (NSW).

Freecall 1800 737 669
(1800 PEP NOW)

For your nearest HIV specialist call:

HIV Information Line
Ph: (02) 9332 9700
or freecall 1800 451 600

Family Planning NSW Healthline
Ph: 1300 658 886

You can also check:

www.ashm.org.au/images/prescriber/ashmprescribers.pdf

Women's Services in other States

Positive Women Victoria
Ph: (03) 9076 6918
www.positivewomen.org.au

HIV Women's Project, Women's Health Statewide, South Australia
Ph: (08) 8239 9600
www.whs.sa.gov.au/project_hiv.php

Other Australian Websites

National Association of People Living with HIV/AIDS
www.napwa.org.au
Australian Federation of AIDS Organisations
www.afao.org.au
Positive Life NSW
www.positivelife.org.au/factsheets

International Websites

www.positivewomen.co.nz
www.tht.org.uk
www.thebody.com
www.thewellproject.org
www.icw.org